



**AREA AGENCY ON AGING  
SERVING NAPA AND SOLANO**

*Assistance, Advocacy, Answers on Aging*

**Napa County Senior & Caregiver Resource Guide 2009-2010**

For Information and Assistance, call:

**1-800-510-2020**

# *INTRODUCTION*

This Guide has been developed to help older people, as well as persons with disabilities and their caregivers in Napa County, find needed services. We have tried to include the basic resources available, along with where to call for information and help.

The Guide's purpose is to help you start your search. The listings of services in this directory do not constitute an endorsement. You will find that some of the resources are free of charge, some have fees based on income, and others charge set fees.

We are not able to list some resources because of space limitations. If you need something not listed, or if you have questions about a service please call:

**Area Agency on Aging Serving Napa and Solano**

Information and Assistance line at

**(707) 643-1798** or

**(800)-510-2020**

(toll free from landline telephones in Napa County)

At the time of printing, all entries were current. Please be aware that changes occur.

**All Numbers are (707) Area Code unless otherwise noted.**

# *INTRODUCTION*

## INFORMATION AND REFERRAL

The Area Agency on Aging Serving Napa and Solano maintains an information file on services for older people, persons with disabilities and caregivers, disaster assistance and can assist with referrals

<b>AMERICAN CANYON LIBRARY</b> .....	<b>644-1136</b>
<b>AREA AGENCY ON AGING SERVING NAPA AND SOLANO</b>	
400 Contra Costa St, Vallejo 94590.....	<b>644-6612</b>
<b>Information &amp; Assistance</b> .....	<b>1-800-510-2020</b>
<b>CALISTOGA LIBRARY</b> .....	<b>942-4833</b>
<b>CATHOLIC CHARITIES</b> .....	<b>224-4403</b>
<b>COMMUNITY SERVICES</b> .....	<b>211</b>
<b>COMPREHENSIVE SERVICES FOR OLDER ADULTS</b> .....	<b>253-4625</b>
900 Coombs Street, Suite 257, Napa 94559 .....	<b>1-800-498-9455</b>
<b>EMERGENCY</b> .....	<b>911</b>
<b>NAPA CITY-COUNTY LIBRARY</b> .....	<b>253-4241</b>
580 Coombs Street, Napa .....	<b>1-800-248-8402</b>
<b>NAPA HELP</b> .....	<a href="http://www.napahelp.info">www.napahelp.info</a>
<b>NAPA-SOLANO UNITED WAY</b> .....	<b>644-4131</b>
<b>ADULT DAY SERVICES OF NAPA VALLEY</b> .....	<b>258-9087</b>
<b>ST. HELENA LIBRARY</b> .....	<b>963-5244</b>
<b>SOCIAL SECURITY ADMINISTRATION, 1800 Soscol Ave, Suite 102, Napa.....</b>	<b>1-800-772-1213, TTY 1-800-325-0778</b>
<b>YOUNTVILLE LIBRARY</b> .....	<b>944-1888</b>

## INFORMATION AND REFERRAL

# EMERGENCY

CALL 911 FOR POLICE-SHERIFF-FIRE-AMBULANCE-PARAMEDICS-ALL EMERGENCIES

**COPE FAMILY CENTER**, Mon-Fri ..... **252-1123**  
(24-hr hotline/ Caring Connection) ..... **1-866-289-8888**  
Parental/guardian support  
[www.copefamilycenter.org](http://www.copefamilycenter.org)

**DISASTER ASSISTANCE** ..... **252-6222**  
Volunteer Center of Napa County ..... **252-6222**

## HOTLINES:

Adult Protective Services (24 hr) ..... **1-888-619-6913**  
Domestic Violence Hotline ..... **1-800-799-7233**  
Drug/Alcohol Day Treatment ..... **253-4721** or **253-4063**  
24 Hour Psychiatric Emergency Response .... **253-4711**  
Mentally Ill, Adults, Mon-Fri—8 to 5 ..... **253-4306**  
Napa Elder Abuse Program (24 hr) ..... **258-8000**  
Napa Emergency Women’s Service (NEWS)  
24 hrs ..... **255-6397**  
Sexual Assault Victim (24 hr) ..... **258-8000**  
Poison Control ..... **1-800-876-4766**  
Psychotic Emergencies ..... **911**

## HOSPITALS:

Queen of the Valley, Napa ..... **252-4411**  
1000 Trancas Street  
Queen of the Valley, TTY/TDD Emergency ... **265-8222**  
[www.thequeen.org/](http://www.thequeen.org/)  
St. Helena Hospital ..... **963-3611**  
10 Woodland Road, St. Helena  
St. Helena Hospital TTY/TDD ..... **963-6527**  
[www.sthelenahospital.org/](http://www.sthelenahospital.org/)  
Kaiser Permanente--Vallejo  
975 Sereno Drive ..... **253-2605**  
Kaiser Medical Offices—Napa ..... **258-2500**  
3285 Claremont Way  
[www.kp.org](http://www.kp.org)

# EMERGENCY FOOD AND CLOTHING

## AMERICAN RED CROSS

Food and clothing vouchers, loan of home medical equipment. Assistance in case of disaster (flood, fire, etc)  
1790 Third Street, Napa ..... **257-2900**  
[www.redcross.org](http://www.redcross.org)

**CALISTOGA CARES**—Emergency Food ..... **942-6553**

**FOOD BANK** ..... **253-6128**

Emergency food supplies for those persons unable to get food elsewhere. Also runs the **BROWN BAG PROGRAM**. Donated surplus food is distributed regularly to low-income seniors.

**SOUTH NAPA SHELTER**, 100 Hartel Court, Napa, 94559 ..... **299-1739**

An Adult, emergency temporary shelter, call for more information.

**ST. HELENA COMMUNITY FOOD PANTRY**, 1777 Main Street, St. Helena ..... **963-5183**

Emergency food, Tuesday, Thursday, and Friday, 2:30 to 4:00 pm.

**SALVATION ARMY**, “Neighborhood Table,” 590 Franklin Street, Napa, P.O. Box 2250 ..... **226-8150**

[www.salvationarmy.org](http://www.salvationarmy.org)

Free meals Monday through Friday, 11:30 am to 12:30 pm. Emergency clothing and food, emergency assistance with energy bills.

**THE TABLE**, First Presbyterian Church, 1333 Third Street, Napa ..... **224-8693**

<http://www.fpcnapa.org/>

Free meals, Monday through Friday, 3:00 pm to 4:45 pm.

# EMERGENCY FOOD AND CLOTHING

# HEALTH SERVICES

- ADULT DAY SERVICES OF NAPA VALLEY** .....258-9087  
414 South Jefferson Street, Napa 94559  
<http://www.napavalleyhospice-ads.org/>  
Comprehensive health care program, rehabilitative therapies, social services, personal care, and activities for frail elderly. Medi-Cal, private pay, and sliding fee scale. Hours: Monday through Friday—7:30 am to 5:30 pm.
- AMERICAN CANCER SOCIETY**, See sections, 6,7,8, and 11 for list of additional services.  
Napa Office: 1031 Jefferson Street, Napa 94559 ..... 24 hr**1-800-227-2345** or local **255-5911 x3**  
<http://www.cancer.org/docroot/home/index.asp>
- COMMUNITY HEALTH CLINIC OLE**  
<http://www.clinicole.org/>  
Medi-Cal, Medicare, CMSP, Sliding Fee Scale based on income. All locations closed for lunch 12:30pm-1:00pm.
- NAPA: CLINIC OLE, 1141 Pear Tree Lane, Suite 100 .....**254-1770**  
Hours: Mon. & Fri. - 7:30am-5:00pm; Tues.-Thurs – 7:30am-8:00pm; Sat. – 8:00am-4:00pm
- ST. HELENA: CLINIC OLE, 661 Main Street. ....**963-0931**  
Hours: Mon. – Fri.-8:30am-5:30pm
- CALISTOGA: CLINIC OLE & FAMILY CENTER, 1500 Cedar Street. ....**942-6206**  
Hours: Mon & Wed—5:30 pm to 8:00 pm.
- Free blood pressure screening available at all sites, please call for available times.**
- NAPA COUNTY MEDICAL SOCIETY** .....**255-3622**  
980 Trancas Street, No. 8, Napa 94558, <http://www.ncms.com/>  
Refers callers to competent physicians in Napa County. Durable Power of Attorney and Do Not Resuscitate forms available upon request.
- NAPA COUNTY HEALTH & HUMAN SERVICES** .....**253-4628**  
**COMPREHENSIVE SERVICES FOR OLDER ADULTS**  
900 Coombs Street, No. 257, Napa 94559, Mailing address: 2261 Elm Street, Napa 94559, <http://www.co.napa.ca.us/>  
The Public Health Nurse performs a variety of educational services in the home which include counseling and a senior health assessment of adults and older adults.
- NAPA/ SOLANO DENTAL SOCIETY** .....**428-3894**  
1023 Empire Street, Fairfield 94533, <http://napasolanodontalsociety.org/>  
Offers guidance in selecting a dentist in Napa and Solano Counties. Dental discount information for seniors.
- NAPA LONG TERM CARE OMBUDSMAN PROGRAM** .....**255-4236**  
1443 Main Street, Suite 125D, Napa 94559, [www.aaans.org/ltc.htm](http://www.aaans.org/ltc.htm)  
Advocates for residents in nursing homes and will provide lists of local licensed Board and Care Homes and skilled nursing facilities.
- NATIONAL EYE CARE PROJECT** P.O. Box 429098, San Francisco 94142-9098 ..... **1-800-222-3937**  
Financially disadvantaged seniors (65+) who have not recently seen an ophthalmologist will be referred to a local ophthalmologist for exam and treatment. Eyeglasses, medication, and hospital care not included.
- ST. HELENA HOSPITAL DOCTOR'S REFERRAL** ..... **1-800-540-3611**  
<http://www.sthelenahospital.org/>  
St. Helena Hospital only. 8:00 am to 5:00 pm, Monday through Thursday, and 8:00 am to 3:00 pm Friday.

## MEDICAL REFERRALS

# HEALTH SERVICES

## **ADULT DAY SERVICES OF NAPA VALLEY .....258-9087**

414 South Jefferson Street, Napa 94559

<http://www.napavalleyhospice-ads.org/>

Comprehensive health care program, rehabilitative therapies, social services, personal care, and activities for frail elderly. Medi-Cal, private pay, and sliding fee scale. Hours: Monday through Friday—7:30 am to 5:30 pm.

## **AMERICAN CANCER SOCIETY, See sections, 6,7,8, and 11 for list of additional services.**

Napa Office: 1031 Jefferson Street, Napa 94559 ..... 24 hr **1-800-227-2345** or local **255-5911 x3**

<http://www.cancer.org/docroot/home/index.asp>

## **COMMUNITY HEALTH CLINIC OLE**

<http://www.clinicole.org/>

Medi-Cal, Medicare, CMSP, Sliding Fee Scale based on income. All locations closed for lunch 12:30pm-1:00pm.

NAPA: CLINIC OLE, 1141 Pear Tree Lane, Suite 100 ..... **254-1770**

Hours: Mon. & Fri. - 7:30am-5:00pm; Tues.-Thurs – 7:30am-8:00pm; Sat. – 8:00am-4:00pm

ST. HELENA: CLINIC OLE, 661 Main Street. .... **963-0931**

Hours: Mon. – Fri.-8:30am-5:30pm

CALISTOGA: CLINIC OLE & FAMILY CENTER, 1500 Cedar Street. .... **942-6206**

Hours: Mon & Wed—5:30 pm to 8:00 pm.

**Free blood pressure screening available at all sites, please call for available times.**

## **AMERICAN RED CROSS .....Napa 257-2900 or St. Helena 963-2717**

<http://www.redcross.org/>

Loan of home medical equipment.

## **LIFELINE:**

Queen of the Valley Hospital, Napa ..... **257-4130**

St. Helena Hospital ..... **963-6472**

Lifeline is an electronic in-home emergency response system that is programmed to dial the hospital for emergency assistance. Units are leased for a small monthly contribution.

## **MEDICALERT FOUNDATION, UNITED STATES**

2323 Colorado Avenue, PO Box 819008, Turlock, CA 95381-1009..... **1-800-633-4298**

<http://www.medicalert.org>

Medical information bracelets/ necklaces provide emergency information to doctors, hospitals, etc.

## **MEDICAL EQUIPMENT & SUPPLIES**

Physician-prescribed medical equipment may be covered by Medicare, Medi-Cal, or private insurance. Check with your physician or call..... **MEDICARE 1-800-633-4227** or **MEDI-CAL 1-800-952-5253**

## **ST. HELENA HOSPITAL ..... 963-3611**

10 Woodland Road, St. Helena 94574 ..... TTY/TDD **963-6527**

<http://www.sthelenahospital.org/>

## **SISTER ANN'S COMMUNITY DENTAL CLINIC .....258-6128**

1141 Pear Tree Lane, Suite 120, Napa

CMSP, MEDI-CAL patients. Patients who have no funds and have a valid emergency will be given emergency treatment.

## **VIAL OF LIFE—Napa County Medical Society .....255-3622**

Vial to contain personal vital medical information to be used by emergency personnel in your home when you cannot give such information by yourself. FREE SERVICE.

# TRANSPORTATION

## VINE GO PARATRANSIT SERVICE

Napa ..... **252-2600**  
American Canyon (The "Duck") ..... **557-7557**

<http://www.nctpa.net/para.cfm>

Door-to-door service in Napa Valley for disabled and seniors age 65 and older, operating Monday to Sunday. Service area includes Calistoga to American Canyon and portions of Deer Park, plus sections of Vallejo along the VINE Route 10 (Kaiser Hospital). Fares are distance based, with a base fare beginning at \$2 in the City of Napa. Advance reservations required: 7 to 1 day(s). Operating hours: Mon—Fri 6:20 am to 8:30 pm, Sat. 7:30 am to 8:00 pm, Sun. 8:00 am to 6:00 pm. Vehicles accommodate wheelchairs.

**CALISTOGA HANDY VAN** ..... **963-4229**

<http://www.calistogahandyvan.net/>

Same day service within city limits. Operates Mon.—Sat. Cash fare is \$2.50 each way. \$1 each way with punch passes available at City Hall. Vehicles accommodate wheelchairs.

**ST. HELENA VINE SHUTTLE** ..... **963-3007**

<http://transit.511.org>

The Shuttle operates Mon. through Fri., 7:20 am to 4:45 pm, including 4 roundtrips to St. Helena Hospital daily. Fares are \$.50 for adults (age 19-64) and free to all others. Deviated route service fares are \$1 for adults and \$.50 for all others. Vehicles accommodate wheelchairs.

**YOUNTVILLE SHUTTLE** ..... **312-1509**

[www.nctpa.net](http://www.nctpa.net)

The Shuttle is a deviated, fixed route service that operates Tue. through Sun. 9:00 am to 4:00 pm. Fixed-route passengers and seniors (80+) ride for free. Fares for deviated-route service are \$1 for adults (age 19-64) and \$.50 for youth, disabled, and seniors (65-79). Vehicles accommodate wheelchairs.

**SENIOR SERVICES, Volunteer Center of Napa Valley** ..... **252-6222**

1820 Jefferson Street, Napa 94559

<http://www.volunteernapa.org/>

Volunteer transportation for frail elderly to medical/ dental appointments/ grocery shopping. Call in advance to schedule rides.

**VINE TRANSIT** ..... **251-2800 or 1-800-696-6443**

1151 Pearl Street, Downtown Napa Transit Center

[www.nctpa.net/para.cfm](http://www.nctpa.net/para.cfm)

Local and regional transit. Call for route and schedule information. Fare is \$1.25, with no charge for transfers. Discount fares of \$.60 for senior citizens and disabled. Seniors over 90 receive lifetime bus passes with proof of age. Discount passes available by mail through the Transit Center. Regional trip fares based on zones traveled with additional fares charged per zone; \$2.00 for adults, \$1.00 for seniors and disabled.

## AMERICAN CANCER SOCIETY

Napa Office: 1031 Jefferson Street, Napa 94559 ..... **1-800-227-2345 or 255-5911 ext 3**

[www.cancer.org](http://www.cancer.org)

Provides free transportation to and from cancer treatment and doctors appointments.

**BART (BAY AREA RAPID TRANSIT), Richmond, El Cerrito Stations** ..... **1-510-236-BART**

Main Office: 800 Madison Street, Oakland 94607 ..... **1-510-839-BART (TTY/TDD) or 1-510-465-BART**

[www.bart.gov](http://www.bart.gov)

Special BART passes for seniors are available from Napa Safeway—255-0866, \$6.00 for 16 rides.

**DEPARTMENT OF MOTOR VEHICLES** ..... **1-800-777-0133**

2550 Napa Valley Corporate Drive, Napa

[www.dmv.ca.gov/](http://www.dmv.ca.gov/)

Driver licenses, vehicle registrations, disabled persons parking placards, and I.D. cards for non-drivers.

## TAXI SCRIP PROGRAM

Transit Center—1151 Pearl Street, Napa, [www.nctpa.net/taxi.cfm](http://www.nctpa.net/taxi.cfm) ..... **251-2800**

Eligible persons must live in Napa, Yountville or within portions of the County (call for verification), and be 65 or older or disabled of any age. Registration is required, call for a packet and to request additional information.

**QUEEN'S CARRIAGE (Queen of the Valley Hospital) future appointments: 257-4036 same day appointments: 257-2011**

Transportation to Queen of the Valley Hospital services or Clinic Ole. Rides arranged through Central Scheduling Department. No fee. Operates Mon. thru Fri. 8:15 am to 4:00 pm.

# SELF HELP AND SUPPORT GROUPS

The Cancer Society, Heart Association and Red Cross, provide extensive educational and support services. Call listed agency for meeting dates. For a more complete listing of support groups, call Senior Services—252-6222.

<b>AL-ANON/ALATEEN</b> <a href="http://www.al-anon.alateen.org">http://www.al-anon.alateen.org</a> .....252-2270	<b>GUIDE DOGS FOR THE BLIND</b> ..... 1-415-499-4000 <a href="http://www.GuideDogs.com">www.GuideDogs.com</a>
<b>ALCOHOLICS ANOYMOUS</b> <a href="http://www.aa.org">www.aa.org</a> .....258-9087	<b>HEARING LOSS ASSOCIATION OF AMERICA</b> <a href="http://www.hearingloss.org">www.hearingloss.org</a> .....(Bern Klein) 226-9832
<b>AMERICAN CANCER SOCIETY</b> , <a href="http://www.cancer.org">www.cancer.org</a> Napa .....255-5911	<b>HOSPICE GRIEF SUPPORT GROUP</b> 414 South Jefferson Street, Napa ..... 258-9080 Napa and Calistoga meetings. <a href="http://www.napavalleyhospice-ads.org">www.napavalleyhospice-ads.org</a>
<b>AMERICAN DIABETES ASSOC.</b> .....1-800-342-2383 <a href="http://www.diabetes.org">www.diabetes.org</a>	<b>KAISER BEREAVEMENT SUPPORT</b> ..... 645-2106
<b>AMERICAN HEART ASSOCIATION</b> .....542-1992 1400 N. Dutton Ave. St. 20, Santa Rosa, 95401 <a href="http://www.americanheart.org">www.americanheart.org</a>	<b>NARCOTICS ANOYMOUS</b> <a href="http://www.na.org">www.na.org</a> .....258-9087
<b>AMERICAN RED CROSS</b> 1790 Third St., Napa .....257-2900 1474 Oak Ave., St. Helena .....963-2717 <a href="http://www.redcross.org">http://www.redcross.org</a>	<b>NAPA EMERGENCY WOMEN'S SERVICES</b> (NEWS) ..... 255-6397
<b>CAREGIVER SUPPORT GROUPS</b> Adult Day Services of Napa Valley .....1-800-834-1636 ..... or 258-9087	<b>PAWS FOR HEALING, INC.</b> ..... 258-3486 <a href="http://www.pawsforhealing.org">www.pawsforhealing.org</a>
<b>CATHOLIC CHARITIES</b> 1219 Jefferson St., Napa .....224-4403 <a href="http://www.catholiccharitiesusa.org">http://www.catholiccharitiesusa.org</a>	<b>REDWOOD CAREGIVER RESOURCE</b> ..1-800-834-1636
<b>QUEEN OF THE VALLEY MEDICAL CENTER</b> .....252-4411 1000 Trancas St., Napa 94558 <a href="http://www.thequeen.org">www.thequeen.org</a>	<b>SENIOR CENTERS</b> —Napa ..... 255-1800 Lake Berryessa ..... 966-0206 St. Helena ..... 963-8555
<b>BREAST CENTER</b> .....257-4047 or 251-2000 “Bosom Buddies”, support to women with breast cancer. Family and friends welcome. Meets 4 <sup>th</sup> Tuesday of the month 10 am at the Queen of the Valley Community Outreach Building, 3448 Villa Lane, Napa.	
<b>CANCER SUPPORT GROUP</b> .....257-4047 or 251-2000 Provides information and support. Meets Wed. at 4pm at the Community Outreach Building, 3448 Villa Lane, Napa.	
<b>ST. HELENA HOSPITAL—THE WOMEN'S CENTER</b> .....963-1912 1299 Pine Street, St. Helena 94574 <a href="http://www.sthelenahospital.org">www.sthelenahospital.org</a> State-of-the-art bone density testing, mammography, breast cancer treatment options, resources, a health resource library, support groups, classes on health and wellness	

# SELF HELP AND SUPPORT GROUPS

# EDUCATION

- AMERICAN CANCER SOCIETY**  
1031 Jefferson Street, Napa 94559 ..... **1-800-227-2345** or **255-5911x3**  
[www.cancer.org](http://www.cancer.org)  
Information on cancers, nutrition, exercise, patient services.
- PARKS & RECREATION SERVICES** ..... **257-9529**  
1100 West Street, Napa 94559  
<http://www.cityofnapa.org>  
Recreation programs, fitness classes, senior activities.
- ELDERHOSTEL** ..... **1-877-426-8056**  
<http://www.elderhostel.org>  
Short college-level classes, local & international. Catalogue & application forms available
- 55 ALIVE— (A.A.R.P.)** Safe driving instruction referral. .... **255-1800**  
[www.aarp.org](http://www.aarp.org)
- NAPA CITY/COUNTY LIBRARY—ADULT LITERACY PROJECT** ..... **253-4283**  
[www.co.napa.ca.us/library](http://www.co.napa.ca.us/library)  
Trains volunteer tutors for teaching English language literacy skills to adults. Need volunteers to teach classes. Open to adults to take classes
- CALIFORNIA STATE BRAIL AND TALKING BOOK LIBRARY** ..... **1-800-952-5666**  
900 "N" Street, Sacramento, CA 95814 ..... or **253-4924**  
Free books and magazines in Braille and in recorded form. Call or write for application and a free catalog. Special equipment to play CDs or tapes loaned to readers at no charge. Open Monday through Friday 9:00 am to 4:30pm.
- REHABILITATION SERVICES FOR THE ADULT BLIND (STATE OF CA)** ..... **253-4924**  
1001 2nd St, Suite 245, Napa 94559  
<http://www.dor.ca.gov/ssd/blindser.htm>  
A counselor from Santa Rosa will come to Napa (on referral) to teach Braille, mobility, and homemaking skills to legally blind and visually impaired persons 16 years and older.
- NAPA VALLEY ADULT EDUCATION—OLDER ADULTS DEPT** ..... **253-3425**  
1600 Lincoln Avenue, Napa 94558  
<http://www.adulted.nvusd.k12.ca.us/>  
The Older Adults Department offers weekly classes throughout the community in a variety of subjects from music and fitness to needle-arts, drawing, and painting.
- NAPA VALLEY COLLEGE** ..... **253-3000**  
2277 Napa-Vallejo Highway, Napa 94558 [www.napavalley.edu](http://www.napavalley.edu)  
**CAREER CENTER:** Provides career testing, planning, and counseling services ..... **253-3050**  
**COLLEGE LIBRARY:** Napa City/County Library cards honored ..... **253-3011** or **253-3067**  
**COMMUNITY EDUCATION:** Classes, seminars, and activities located throughout the county, including Senior Centers ..... **253-3070**  
**TRIPS AND TOURS:** Special classes and trips for persons 50 years and over ..... **253-3070** or **967-2901**  
**WOMEN'S RE-ENTRY PROGRAM:** Designed for women returning to school or to careers ..... **253-3050**
- NORTH BAY DRIVING AND TRAFFIC SCHOOL** ..... **252-2066**  
Lessons for any age. 8:30 a.m. to 5:30 p.m. Teaches skills for handicapped, stroke, health, low vision, driving, and brush-up problems. Fee charged.
- PACIFIC UNION COLLEGE** ..... **1-800-862-7080**  
One Angwin Ave, Angwin, CA 94508 <http://www.puc.edu/>  
Brochures available for credit and non-credit classes.
- REDWOOD CAREGIVER RESOURCE CENTER** ..... **1-800-834-1636** or **542-0282**  
141 Stony Circle, Suite 200, Santa Rosa, 95401 [www.redwoodcrc.org](http://www.redwoodcrc.org)  
Non-profit agency provides training for families and caregivers of brain-impaired adults. Provides free fact sheets on neurological diseases and care-giving.
- SENIOR CENTER** ..... **255-1800**  
1500 Jefferson Street, Napa  
Senior Seminars: Speakers cover a wide range of topics on Friday mornings at the Center.
- ST. HELENA HOSPITAL—THE WOMEN'S CENTER** ..... **963-1912**  
[http://www.sthelenahospital.org/Hospital/HS\\_WomensCenter/Women.html](http://www.sthelenahospital.org/Hospital/HS_WomensCenter/Women.html)  
Offers lectures and classes of interest to seniors.
- THE HEALTH LIBRARY OF QUEEN OF THE VALLEY HOSPITAL** ..... **251-2000**  
3448 Villa Lane, Suite 102, Napa 94558 [www.thequeen.org](http://www.thequeen.org)  
Health Library offers collection of books, journals, and videotapes covering numerous health and disease-specific topics for patients and the community. Resource materials are available in Spanish. Assistance with research, including on-site Internet access, offered by appointment through our Health Librarian.
- THE IDA & JOSEPH FRIEND CANCER RESOURCE CENTER**, 1600 Divisadero St, B-101, SF 94115 ..... **415-885-3693**  
[www.cancer.ucsf.edu/crc](http://www.cancer.ucsf.edu/crc)  
The Cancer Resource Center supports wellness and healing by providing patients and their loved ones with information, emotional support, and community resources. The CRC maintains a multimedia library, provides access to specialized health databases, and offers research assistance. All CRC programs are free.

# ALZHEIMER'S DISEASE AND OTHER DEMENTIAS

**ADULT DAY SERVICES OF NAPA VALLEY**, 414 South Jefferson, Napa 94559 ..... **258-9087**

[www.napavalleyhospice-ads.org](http://www.napavalleyhospice-ads.org)

The Alzheimer's Day Care Center offers an alternative to institutionalization by meeting the social day care needs of those with early to severe Alzheimer's Disease and related dementias. ADCRC, a social day program, addresses the special needs of people with Alzheimer's disease and related dementias through activities specifically designed for each individual. Health monitoring, personal care, activities, caregiver education, and respite are all an integral part of the program. Information and referrals related to dementias is also offered and a wide array of services for caregivers and the community-at-large. Office hours: Mon through Fri, 8:30 am to 4:30 pm.

**EARLY STAGE SUPPORT GROUPS** ..... **258-9087 or 1-800-834-1636**

These specially designed support groups are designed for people both in the early stages of Alzheimer's disease and other types of dementia as well as their caregivers. Meetings are held for both groups at the same time in different rooms and focus on each group's particular needs. Groups meet the 4<sup>th</sup> Thursday of the month for potluck and group 5:30-7:30PM.

**CAREGIVERS SUPPORT GROUPS**, 414 South Jefferson, Napa 94559 ..... **258-9087 or 1-800-834-1636**

First and third Thursdays, 1 to 3 pm and each Wednesday 6 to 8 pm. Opportunity to discuss problems, receive support, get information, learn about resources and meet others dealing with similar issues (Not specific to any health condition.). For more information on caregiving services, see page 11.

**MIND BOOSTERS** [www.napavalleyhospice-ads.org](http://www.napavalleyhospice-ads.org) ..... **258-9087**

Mind Boosters is a one-day-a-week program specifically designed to meet the needs of people in the early stage of Alzheimer's disease and related dementias.

**Meadows of Napa Valley** 1800 Atrium Parkway, Napa 94559, Tuesday 11:30am-3:30pm

**Rianda House** 1475 Main Street, St. Helena 94574, Wednesday 11:00am-3:00pm

**Napa Valley Hospice & ADS** 414 S. Jefferson Street, Napa 94559, Friday 11:30am-3:30pm

**REDWOOD CAREGIVER RESOURCE CENTER** ..... **1-800-834-1636 or 542-0282**

141 Stony Circle, Suite 200, Santa Rosa 95401

[www.redwoodcrc.org/](http://www.redwoodcrc.org/)

Non-profit agency has limited funds for caregiver respite. Caregiver may use funds for in-home care or contracted day and agency programs. Co-pay, based on family income.

**ALZHEIMER'S ASSOCIATION OF NORTHERN CALIFORNIA** ..... **1-800-660-1993**

[www.alz.org](http://www.alz.org)

*For more information on caregiving services, see page 11*

## LEGAL

**CALIFORNIA OFFICE OF VITAL RECORDS, SACRAMENTO**, ..... **1-916-558-1784**

For copies of birth, marriage or divorce certificates, contact the county clerk in the county in which you were born.

**DISTRICT ATTORNEY'S OFFICE**, 931 Parkway Mall, Napa 94559 ..... **253-4211**

CONSUMER AFFAIRS DIVISION (See page 14 for complete listing of services) ..... **253-4059**

**COMPREHENSIVE SERVICES FOR OLDER ADULTS-NAPA COUNTY**, 900 Coombs Street, Suite 257 94559. **253-4625**

**Napa County Adult Protective Services**—Comprehensive Services for Older Adults. Social workers investigate and provide case management to any dependent adult age 18 or older, as well as to any elderly adult over 65 who is a victim of, or at risk of, physical injury, serious neglect, deprivation, and/or financial exploitation.

**FAIR HOUSING OF NAPA VALLEY**, 601 Cabot Way, Napa 94559 ..... **224-9720**

Fair Housing Napa Valley is the voice of fair housing in the Napa Valley, and its mission is to eliminate housing discrimination and ensure equal housing opportunity through education, advocacy, and enforcement. The Center also provides tenant and landlord information, mediation and education.

**LEGAL AID OF NAPA VALLEY**, 1001 2nd Street, Suite 335, Napa 94559 ..... **259-0579**

Limited free legal services to Napa County residents over age 60. Assistance regarding problems in income maintenance, health care, long term care rights, protective services, housing, debt collection, wills, and power of attorney for health and finances.

**NAPA ELDER ABUSE PROGRAM**, Run by the Volunteer Center of Napa Valley, 1820 Jefferson Street, Napa **252-6222**

Provides 24-hour hotline support to any adult 65 years and older who is a victim of physical, psychological neglect, or financial abuse. Assists elder abuse victims in Napa County with information and support throughout the criminal justice system process.

**NAPA LONG TERM CARE OMBUDSMAN PROGRAM**, 1443 Main Street, Suite 125D, Napa 94559 ..... **255-4236**

Mandated by Federal and State law to identify, investigate, and resolve problems of care home residents.

**REDWOOD CAREGIVER RESOURCE CENTER**, 141 Stony Circle, Suite 200, Santa Rosa ..... **1-800-834-1636**

Non-profit agency has limited free legal consultations with contracted elder law attorneys. RCRC provides these services to caregivers of brain-impaired adults.

**SENIOR LEGAL HOTLINE** ..... **1-800-222-1753**

**SEXUAL ASSAULT VICTIM SERVICE** ..... **(24 HOUR HOTLINE 258-8000) or 252-6222**

The Volunteer Center of Napa Valley, 1820 Jefferson Street, Napa

Provides a 24-hour hotline to inform and support sexual assault victims & offers educational programs to the community and to local schools. Use the hotline for immediate advocacy and assistance. The Sexual Assault Victim Services also assists sexual assault victims in Napa County with preparation of State Compensation forms and information on emotional support, as well as on case follow-up.

**VICTIM/ WITNESS ASSISTANCE**, The Volunteer Center of Napa Valley, 1820 Jefferson Street, Napa ..... **252-6222**

Assists victims of crime in Napa County with preparation of State Compensation forms, referrals for counseling and follow-up information as to case status. Provides witnesses with information about how courts function, how to be an effective witness, and follow-up services.

# INCOME ASSISTANCE/BENEFITS

**CONSUMER CREDIT COUNSELOR (non-profit)** ..... 1-800-777-7526  
Debt counseling and consolidation of payments

## EMPLOYMENT:

Experience Works ..... 253-6028  
[www.experienceworks.org](http://www.experienceworks.org)  
650 Imperial Way, Suite 101, Napa CA 94559  
A program to help people 55 and older, that are income eligible, find work.

Work Force Napa ..... 253-4291  
Napa County Employment and Training Center  
[www.workforcenapa.org](http://www.workforcenapa.org)  
650 Imperial Way, Suite 101, Napa 94559  
Provides training and help in finding part or full time employment.

**HOMEOWNERS AND RENTERS ASSISTANCE FRANCHISE TAX BOARD** ..... 1-800-868-4171  
[www.ftb.ca.gov/individuals/hra/](http://www.ftb.ca.gov/individuals/hra/)  
Tax relief for seniors and disabled persons. Qualifications are: 62 years of age or older, blind, disabled, and low income. Contact the Franchise Tax Board for forms and more information. Forms and assistance are also available at the Napa Senior Center.

## MEDICARE HOTLINE

**U.S. DEPARTMENT OF HEALTH & HUMAN SERVICES** ..... 1-800-633-4227  
[www.medicare.gov](http://www.medicare.gov)

**NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY** ..... 253-4625  
COMPREHENSIVE SERVICES FOR OLDER ADULTS  
900 Coombs Street, Suite 257, Napa, CA 94559  
[www.co.napa.ca.us](http://www.co.napa.ca.us)  
Food stamps, **Medi-Cal**, funds for elderly and disabled persons.

**NAPA COUNTY VETERANS SERVICES** ..... 253-4558  
COMPREHENSIVE SERVICES FOR OLDER ADULTS  
900 Coombs Street No. 257, Napa, CA 94559  
Advocacy in filing claims, counseling, hospitalization, burial, G.I. home loans.  
Home and institutional visits can be arranged.

**NATIONAL ASSOCIATION OF ACTIVE AND RETIRED FEDERAL EMPLOYEES (NARFE)** 257-2228  
Federal retirees and surviving spouses needing assistance on benefits, please write to:  
NARFE, Chapter 0281, P.O. Box 4082, Napa, CA 94558  
[www.narfe.org](http://www.narfe.org)  
Business hours: Monday through Thursday by appointment.

**NORTH COAST ENERGY SERVICES** ..... 707-463-0303  
Weatherization services minor home repairs and/or rehabilitation

**REDWOOD CAREGIVER RESOURCE CENTER** ..... 1-800-834-1636 or 542-0282  
141 Stony Circle, Suite 200 Santa Rosa 95401  
[www.redwoodcrc.org/](http://www.redwoodcrc.org/)  
Non-profit agency has limited funds for caregiver respite. There is a waiting list. Funds may be used by caregiver for in-home care or contracted day and agency programs. There is a co-pay based on family income.

## PACIFIC GAS & ELECTRIC COMPANY

Medical Baseline, P.O. Box 8329, Stockton, CA 95208.....1-800-743-5000 (English), 1-800-660-6789 (Español)  
[www.pge.com](http://www.pge.com)  
Medical Baseline is a financial assistance program for residential customers that have special energy needs due to certain qualifying medical conditions. A licensed California doctor must certify that full-time resident at your home needs or uses life-support, a paraplegic, hemiplegic, quadriplegic, or multiple sclerosis patient, a scleroderma, or other qualifying diseases. Call for an application, complete it, and then mail it to the above address.

**PAID LEAVE**.....1-877-BE-THERE (English), 1-877-379-3819 (Español)  
For people who wish to be with their parents during a health crisis like a heart attack, Alzheimer's, or at the end of life to provide comfort and care. Request an application from your doctor or by calling the above numbers.

**VETERANS ADMINISTRATION REGIONAL OFFICE** ..... 1-800-827-1000  
[www.va.gov](http://www.va.gov)  
Benefits information and assistance.

**SOCIAL SECURITY ADMINISTRATION** ..... 1-800-772-1213 or TTY/TTD 1-800-325-0778  
1850 Soscol Ave Suite 102, Napa CA 94559, [www.ssa.gov](http://www.ssa.gov)  
Social Security provides benefits for retirement, disability, and survivors. Also Medicare insurance and Supplemental Security Income (SSI) for aged, blind, or disabled. SSI is Supplemental Security Income, a program for those in financial need administered by the Social Security Administration. If you are 65 or over, disabled, or blind, you can get checks and qualify for Medi-Cal to help with your medical bills. Criteria for SSI supplements, please call Social Security Administration.

## TAXES

Franchise Tax Board ..... 1-800-388-0505  
Internal Revenue Services (IRS) [www.irs.org](http://www.irs.org) ..... 1-800-829-1040  
Napa County Treasure Tax Collector ..... 253-4311

Napa Senior Center ..... 255-1800  
Provides free service to people 50 and over on taxes. Free help with Renter's Assistance (July-Oct.); Homeowner's Property Tax Assistance (Feb-April).

# CAREGIVERS

A Home Health Agency is a State-licensed public or private agency that provides skilled nursing or other therapeutic services on a part-time basis to patients in their homes. A complete list of profit agencies can be found in the Yellow Pages under Home Health Services or under Nurses Registry.

**ADULT DAY SERVICES OF NAPA VALLEY .....258-9087**

414 South Jefferson, Napa 94559, [www.napavalleyhospice-ads.org](http://www.napavalleyhospice-ads.org)

Comprehensive health care program, rehabilitative therapies, social services, personal care and activities for frail elderly. Provides respite and support to over-extended caregivers. Medi-Cal, private pay, and sliding fee scale. Hours: Monday through Friday 8:30am to 4:30pm. Extended care hours available for working caregivers.

**AMERICAN CANCER SOCIETY, [www.cancer.org](http://www.cancer.org)**

Napa Office: 1031 Jefferson Street, Napa 94559 ..... **1-800-227-2345 or 255-5911 x3**  
Referrals to respite programs

**AMERICAN RED CROSS, [www.redcross.org](http://www.redcross.org)**

1790 Third Street, Napa ..... **257-2900**

1474 Oak Avenue, St. Helena ..... **963-2717**

Food and clothing vouchers, loan of home medical equipment.

**IN-HOME CAREGIVER REFERRAL REGISTRY, 575 Sacramento Street, Vallejo 94590.....643-1798**

For assistance in hiring reliable, affordable in-home help. Ask for program by name.

**FAMILY CAREGIVER SUPPORT PROGRAM, Area Agency on Aging .....644-6612**

The Family Caregiver Support Program provides support to the caregiver of seniors and grandparents raising grandchildren. Through a combination of financial resources, information, and guidance, the program assists caregivers with all issues connected to their "labor of love".

**SENIOR SERVICES VOLUNTEER PROGRAMS, Volunteer Center of Napa Valley.....252-6222**

1820 Jefferson Street, Napa

[www.seniorvolunteerservices.org](http://www.seniorvolunteerservices.org)

Volunteer programs dedicated to preserving the independence of seniors. Services include: minor home repairs, transportation for frail elderly, Friendly Visitors for the isolated, homebound seniors, shopping and personal errands.

**A list of private conservators registered with the court can be obtained at the Court Executive Offices, Civil Court, 824 Brown Street, Napa. For more information call 299-1130.**

**ST. HELENA HOSPITAL HOME CARE SERVICES—ADVENTIST HEALTH .....967-5770**

By physicians referral; skilled nursing care, medical and social workers; physical, occupational, and speech therapy. Direct billing to Medicare, Medi-Cal, and private insurance.

**ST. JOSEPH'S HOME CARE NETWORK, Queen of the Valley Hospital .....257-4124**

1100 Trancas Street, Suite 210, Napa 94558, [www.stjosephhealth.org](http://www.stjosephhealth.org)

In-home health care services by RN's, Home Health Aides, Social Workers, physical, occupational, and Speech Therapists. Billing to Medicare, Medi-Cal, and private insurance with physician prescription.

**HOME-DELIVERED MEALS/ MEALS ON WHEELS**

Senior Nutrition of Napa Valley ..... **253-6111 or 1-800-788-0124**

[www.mowaa.org](http://www.mowaa.org)

Home delivered ("Meals on Wheels") meals are available to home-bound or convalescing seniors, Monday through Friday in Napa, St. Helena, Yountville, Calistoga, and American Canyon.

**HOSPICE OF NAPA VALLEY, [www.napavalleyhospice-ads.org](http://www.napavalleyhospice-ads.org).....258-9080**

414 South Jefferson, Napa 94559 ..... **1-800-451-4664**

Medical, emotional, and spiritual support services offered to terminally ill patients and families in home or nursing home settings. Direct billing Medicare, Medi-Cal, private insurance. Medicare, Medi-Cal benefits cover equipment and medications related to terminal illness.

**IN-HOME SUPPORTIVE SERVICES (IHSS), <http://www.dss.cahwnet.gov/cdssweb/PG139.htm>.....253-4625**

**IHSS PUBLIC AUTHORITY .....259-8359**

900 Combs Street, No. 257, Napa 94559

In-home supportive services and Public Authority Registry to low income, aged, blind, or disabled. Includes household tasks and shopping. Non-medical personal care available when needed to ensure safety.

**MULTIPURPOSE SENIOR SERVICES PROGRAM (MSSP) AND LINKAGES CASE MANAGEMENT .....664-6612**

400 Contra Costa Street, Vallejo 94590

[www.aaans.org](http://www.aaans.org)

Provides comprehensive assessment, case management, and support services to assist low income seniors and disabled adults that are at risk of institutionalization.

**REDWOOD CAREGIVER RESOURCE CENTER .....1-800-834-1636 or 542-0282**

141 Stony Circle, Suite 200, Santa Rosa 95401

Respite for caregivers of brain-impaired adults (waiting list) & Friendly Visitor Program.

**MANDATED REPORTING:**

Persons who assume full or intermittent responsibility for care of the elderly are legally mandated to report any abuse or suspicion of abuse. Report to APS—253-4625, Napa Long Term Care Ombudsman—255-4236, or your local Police Department.

## SENIOR CENTERS/ MEALS & CLUBS

Space will not allow the listing of all organizations in Napa County; therefore, this is only a sample. For detailed listings of lodges, veterans and military organizations, business and professional clubs, charities, garden and hobby, music and dance, political meetings, check the COMMUNITY CALENDAR in the Napa Valley Register. A list of services, clubs and organizations may be obtained from the NAPA CHAMBER OF COMMERCE, 1556 First Street, Napa—226-7455.

**AARP** [www.aarp.org](http://www.aarp.org) ..... 1-888-687-2277

**BERRYESSA SENIOR CENTER**, 4380 Spanish Flat Loop Road, Napa 94558 ..... 966-0206  
The center offers a variety of health, educational, social, and recreational programs. Call for monthly schedule of events including: pot lucks, bingo, crafts, Adventure College classes, trips, fund raisers, dances, etc. Membership available.

**CALIFORNIA STATE PARKS & RECREATION** (Bothe National State Park) ..... 942-4575  
3801 St. Helena Highway, Calistoga 94515, <http://www.parks.ca.gov>  
Discounted fees for State Park use for ages 62 and over. Tours through State Historic Bale Grist Mill available. Discounts for camping also available.

**CALISTOGA SENIOR ASSOCIATION** ..... 942-2760  
Community Center, 1307 Washington Street, Calistoga  
Meets fourth Friday of the month, 2:00 to 3:30 pm.

**NAPA SENIOR CENTER**, 1500 Jefferson Street, Napa 94559 ..... 255-1800  
A meeting place for 70 clubs, classes, and organizations. Programs include nutrition, exercise, and educational opportunities. Call for a monthly schedule of events.

**NAPA VALLEY FOOD BANK** ..... 253-6128  
Donated surplus food is distributed regularly to low-income seniors.

**NATIONAL ASSOCIATION OF ACTIVE AND RETIRED FEDERAL EMPLOYEES (NARFE)**  
Napa Chapter No. 0281, P.O. Box 4082, Napa 94558, [www.narfe.org](http://www.narfe.org) ..... (Leave message) 257-2228  
Serving entire Napa County. Business meetings are held on the last Wednesday of each month at the Napa Senior Center at 1:30 pm. No meetings in August or December.

**RIANDA HOUSE**, 1475 Main Street, St. Helena, CA 94574 ..... 963-8555  
The Rianda House serves senior citizens in St. Helena and Calistoga and is a meeting place for many groups and organizations, including Mind Boosters. The Rianda House also hosts a variety of activities and entertainment opportunities for seniors. Contact Julie Spencer for more information.

**SENIOR NUTRITION COMMUNITY ACTION OF NAPA VALLEY**, 2310 Laurel Street, Napa 94559 ..... 253-6111  
Serves hot, nutritious meals to persons 60 and over, who qualify, on a donation basis. Call one (1) day in advance for reservations. Home delivery available when needed.

### DINING SITES:

**AMERICAN CANYON** ..... 1-800-788-0124  
260 American Canyon Road, Monday through Friday.

**NAPA—LAUREL MANOR** ..... 255-9709  
3201 Laurel Street, Monday through Friday.

**NAPA SENIOR CENTER** ..... 253-6114  
1500 Jefferson Street, Monday through Friday.

**ST. HELENA—RIANDA HOUSE** ..... 963-8555  
1475 Main Street, Monday through Friday.

## RESOURCES FOR VETERANS

**CA DEPARTMENT OF VETERANS AFFAIRS**, 1277 O St, Sacramento 95814..... 1-800-952-5626 or TDD1-800-324-5966  
[www.cdva.ca.gov](http://www.cdva.ca.gov)  
Provides advocacy for veterans, benefits, counseling, and other services. Call to find out about home loans for veterans, as well as for information regarding tax exemptions.

### **COUNSELING & MEDICAL SERVICES**

**ROHNERT PARK VET CENTER**, 6225 State Farm Drive, Suite 101, Rohnert Park 94928..... 586-3295  
The Vet Center offers broad readjustment services. They focus on counseling for military traumas, employment, and family problems. The Vet Center also provides referral services for VA benefits and medical assistance and liaisons with community agencies.

**VA NORTHERN CALIFORNIA HEALTH CARE SYSTEM**, 150 Muir Rd, Martinez 94553..... 1-925-372-2000  
[www.northerncalifornia.va.gov](http://www.northerncalifornia.va.gov), Offers mental health and substance abuse treatment, including services for combat-related stress and readjustment issues.  
24-Hour Advice Nurse..... 1-800-382-8387

### **OUTPATIENT CLINICS**

Mare Island Outpatient Clinic, 201 Walnut Ave., Vallejo 94592..... 562-8200

Santa Rosa Outpatient Clinic, 3315 Chanate Rd, Santa Rosa 95404..... 570-3855

### **COUNTY VETERANS SERVICES**

Provides information and assistance about obtaining veterans' benefits in your respective county and advocates assist with filing claims for entitlements from the Department of Veterans Affairs, as well as counseling, hospitalization, burial, G.I. and home loans, providing case management even after the DVA renders its decision. Home and institutional visits can be arranged.

Napa County Veterans Services..... 253-6072

Solano County Veterans Services..... 421-6590

**VETERANS HOME OF CALIFORNIA, YOUNTVILLE** ..... 944-4600 or 1-800-404-8387  
<http://www.cdva.ca.gov/homes/yountville.aspx>, A state home for California residents who are war veterans. Hospital and nursing care available. A limited number of private apartments for non-veterans and their veteran spouses.

## COUNSELING & GOVERNMENT

- CATHOLIC CHARITIES**, 1219 Jefferson Street, St. 2, Napa, [www.srcharities.org](http://www.srcharities.org) Counseling referral program.... **224-4403**
- DISABILITY SERVICES & LEGAL CENTER** [www.cri-dove.org](http://www.cri-dove.org) ..... **258-0270**  
Program services assist persons with disabilities to achieve maximum independence.
- COPE FAMILY CENTER**, [www.copefamilycenter.org](http://www.copefamilycenter.org) Support and information for parents, guardians, and families. **252-1123**
- COUNSELING/CRISIS INTERVENTION** (Call for meeting places and times)
- AL-ANON and Family Group Meeting of Northern California [www.ncwsa.org](http://www.ncwsa.org) ..... **252-2270**
- ALCOHOLICS ANONYMOUS [www.aa.org](http://www.aa.org) ..... **255-4900**
- NARCOTICS ANONYMOUS of Napa Solano [www.napasolano.org](http://www.napasolano.org) ..... **251-5982**
- CRISIS SUICIDE PREVENTION** ..... **1-866-289-8888**  
**24-hour** crisis intervention hotline offering suicide prevention, grief counseling, emotional support and non-judgmental listening.
- GERO-PSYCHIATRIC CASE MANAGEMENT** <http://www.co.napa.ca.us> ..... **253-3818**  
COMPREHENSIVE SERVICES FOR OLDER ADULTS, 900 Coombs Street, Suite 257, Napa, CA 94559. Drug & Alcohol Services for older adults, psychiatric case management for individuals over 62 years of age suffering from mental illness and/or Alzheimer's disease.
- HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM (HICAP)** ..... **1-800-434-0222**  
[http://www.aging.ca.gov/aaa/guidance/health\\_insurance\\_counseling\\_and\\_advocacy\\_program\\_index.asp](http://www.aging.ca.gov/aaa/guidance/health_insurance_counseling_and_advocacy_program_index.asp) Information and counseling on Medicare, Senior HMO's, Medicare Supplement Plans and Long Term Care Insurance.
- HOMELESS SHELTERS:** For information, call Community Action of Napa Valley ..... **253-6103**
- HOSPICE OF NAPA VALLEY** [www.napavalleyhospice-ads.org](http://www.napavalleyhospice-ads.org) ..... **1-800-451-4664 or 258-9080**  
414 South Jefferson, Napa, 94559. Counseling for those coping with the loss of a loved one.
- HUMAN SERVICES AGENCY:** [www.co.napa.ca.us](http://www.co.napa.ca.us)
- Alcohol/Drug Outpatient Services, 2344 Old Sonoma Rd., Napa 94559 ..... **253-4721**  
Mailing Address: 2261 Elm Street, Napa CA 94559
- Adult Mental Health, 2344 Old Sonoma Rd., Napa 94559 ..... **253-4306**  
Mailing Address: 2261 Elm Street, Napa CA 94559
- Social Services, 2261 Elm Street, Napa 94559 ..... **253-4625**
- NAPA VALLEY AIDS PROJECT**, 603 Cabot Way, Napa, CA 94559 ..... **258-2437**
- NAPA EMERGENCY WOMEN'S SERVICES (NEWS)** [www.napanews.org](http://www.napanews.org)  
HOTLINE ANSWERING SERVICES, Crisis intervention and counseling for battered women. .... **255-6397**
- NON-PROFIT LOW FEE COUNSELING SERVICES**
- FAMILY SERVICE OF NAPA VALLEY**, 709 Franklin Street, Napa 94459, [www.familyservicenapa.org](http://www.familyservicenapa.org) ..... **255-0966**  
Family Service of Napa Valley provides affordable Mental Health services to residents of Napa County—all ages. FSNV offers clinical case management services for our housing programs. These housing programs serve adults with mental illness, dual diagnosis, and HIV/AIDS. We also have an Animal Assisted Therapy Program that provides additional psychological & social support to individuals served by FSNV.
- REDWOOD CAREGIVER RESOURCE CENTER** <http://redwoodcrc.org> ..... **1-800-834-1636 or 542-0282**  
141 Stony Circle, Suite 200, Santa Rosa CA 95401 Provides six sessions of individual counseling on caregiver issues. Co-pay based on income. Conducts various group trainings, including anger management classes for caregivers.

## GOVERNMENT

FOR COMPLETE LISTINGS OF STATE AND FEDERAL LEGISLATURE MEMBERS SEE PHONE DIRECTORY UNDER GOVERNMENT OFFICES.

- AMERICAN CANYON CITY COUNCIL**, 300 Crawford Way, American Canyon 94503  
[www.ci.american-canyon.ca.us](http://www.ci.american-canyon.ca.us) ..... **647-4360**
- CALISTOGA CITY COUNCIL**, 1232 Washington Street, Calistoga 94515 [www.ci.calistoga.ca.us](http://www.ci.calistoga.ca.us) ..... **942-2800**
- NAPA CITY COUNCIL**, 955 School Street, Napa 94559 [www.cityofnapa.org](http://www.cityofnapa.org) ..... **257-9500**
- ST. HELENA CITY COUNCIL**, 1480 Main Street, St. Helena 94574 [www.ci.st-helena.ca.us](http://www.ci.st-helena.ca.us) ..... **963-2792**
- YOUNTVILLE CITY COUNCIL**, 6550 Yount Street, Yountville 94599 [www.townofyountville.com](http://www.townofyountville.com) ..... **944-8851**
- IMMIGRATION SPECIALIST** ..... **255-8666**
- LEAGUE OF WOMEN VOTERS (Sonoma Co.)** [www.lwvsonoma.org](http://www.lwvsonoma.org) ..... **546-5721**
- NAPA COUNTY BOARD OF SUPERVISORS (Clerk's Office)** [www.co.napa.ca.us](http://www.co.napa.ca.us) ..... **253-4580**  
Districts 1, 2, 3, 4, 5.
- NAPA COUNTY CALL CENTER SERACH** [www.211.org](http://www.211.org) ..... **211**
- NAPA COUNTY COMMISSION ON AGING** P.O. Box 312, Napa, CA 94559 [www.co.napa.ca.us](http://www.co.napa.ca.us)  
Board of Supervisor's appointed commission to gather information on senior needs and advice the County Government. Meets last Monday of each month at Napa County Administration Building, 1195 Third Street, 2 to 4pm.

# HUMAN SERVICES

## NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY

COMPREHENSIVE SERVICES FOR OLDER ADULTS <a href="http://www.co.napa.ca.us">www.co.napa.ca.us</a> .....	253-4625
900 Coombs Street, No. 257, Napa, 94559 .....	or 1-800-498-9455
Adult Protective Services <a href="http://www.co.napa.ca.us">http://www.co.napa.ca.us</a> .....	Page 9
Alcohol & Drug Counseling .....	13
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IHSS Public Authority .....	11
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## CONSUMER AFFAIRS

### NAPA COUNTY CONSUMER AFFAIRS [www.co.napa.ca.us](http://www.co.napa.ca.us) ..... 253-4059

The Consumer Affairs Division of the Napa County District Attorney's office offers mediation on consumer complaints, referrals to proper agencies, and educational services regarding consumer issues. Volunteers are supervised by the Consumer Affairs Deputy and are available on Monday, Wednesday, and Friday mornings. If a volunteer is not available when you call, you may leave a message on the answering machine.

BROCHURES ON THE FOLLOWING SUBJECTS ARE AVAILABLE UPON REQUEST

Advertising	Identity Theft	Sales
Automobiles:	Mobile Homes Consumer's Guide	Door to Door Sale,
Avoid Car Theft	Pest Control	Mail Order
Lemon Law	Privacy Information	Merchandising Frauds
Inspecting Used Cars	Medical records	Schemes, Scams & Flim Flams
Charity—Tips for Giving	Online & Offline	Sweepstakes
Contests, Sweepstakes, Lotteries	Leave Me Alone	Senior Information on Scams
Credit Counseling Service	Telephone & Telemarketing:	Shopping at Home Rights—
Home Improvement Frauds	Prepaid Phone Cards	Consumer Card
	Telephone Sales	

### CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS [www.dca.ca.gov](http://www.dca.ca.gov) ..... 1-800-952-5210

### BETTER BUSINESS BUREAU OF GOLDEN GATE/NORTHERN CALIFORNIA [www.goldengate.bbb.org](http://www.goldengate.bbb.org) 1-510-238-1000

For Alameda, Contra Costa, San Francisco and all counties in 707 Area Code: 510 16<sup>th</sup> Street, Oakland, CA 94612

## HOUSING

### COMMUNITY CARE FACILITIES:

Napa County Ombudsman Program, <a href="http://www.ltombudsman.org">www.ltombudsman.org</a> .....	255-4236
Napa County Comprehensive Services for Older Adults, <a href="http://www.co.napa.ca.us">www.co.napa.ca.us</a> .....	253-4625

### FAIR HOUSING NAPA VALLEY..... 224-9720

601 Cabot Way, Napa 94559, [www.napafairhousing.org](http://www.napafairhousing.org), [fnv@napafairhousing.org](mailto:fnv@napafairhousing.org)  
Fair Housing Napa Valley is the voice of fair housing in the Napa Valley. Its mission is to eliminate housing discrimination and ensure equal housing and equal opportunity through education, advocacy, and enforcement. The Center also provides tenant and landlord information, mediation, and education.

### HOUSING AUTHORITY, City of Napa ..... 257- 9543

1115 Seminary Street, Napa, CA 94559, [www.cityofnapa.org](http://www.cityofnapa.org)  
Rental subsidies to qualifying low-income families and individuals. Applications for are housing available during office hours: Mon-Thurs 8:00-12:00 and 1:00-5:00, Fri 8:00-12:00 and 1:00-5:00.

### MOBILEHOMES—HOUSING & COMMUNITY DEVELOPMENT

Mobile Home Law & Ombudsman .....	1-916-323-9801 or 1-800 952-5275
Registration and Titling Program <a href="http://www.napaland.com">www.napaland.com</a> .....	1-916-323-9224 or 1-800-952-8356

### NAPA VALLEY COMMUNITY HOUSING [www.nvch.org](http://www.nvch.org) ..... 253-6140

5 Financial Plaza, Suite 200, Napa CA 94558  
A housing development and property management agency that provides affordable housing to Napa's low-income population.

### NAPA EMERGENCY WOMEN'S SERVICES (NEWS) <http://www.napanews.org/> ..... 255-6397

Emergency shelter and services to victims of domestic violence. 24-hour hotline. Emergency services for women and Children. Services include crisis intervention, counseling, resources and referrals, battered women support group, Hispanic Services, and a support group for Hispanic women.

### CATHOLIC CHARITIES, SHARED HOUSING ..... 224-4403

### SOUTH NAPA SHELTER ..... 299-1739

100 Hartel Ct., Napa, 94559. An adult temporary shelter, call for more information.

### VETERANS HOME OF CALIFORNIA, YOUNTVILLE ..... 944-4600 or 1-800-404-8387

180 California Drive, PO Box 120, Yountville, 94599  
[www.cdva.ca.gov/homes/yountville.aspx](http://www.cdva.ca.gov/homes/yountville.aspx)  
A state home for California residents who are war veterans. Hospital and nursing care available. A limited number of private apartments are available for non-veterans and their veteran spouses.

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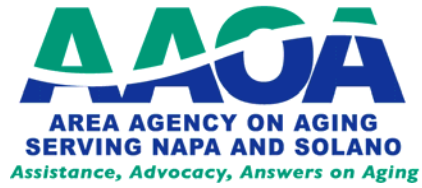
**Area Agency on Aging**

*Assistance, Advocacy, Answers on Aging*

**For Information and Assistance, call:**

**1-800-510-2020**

**SENIOR GUIDE INDEX**



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