

# CALIFORNIA SENIOR FACTS

## DEMOGRAPHICS

- 7,000 Californians turn 65 every week; that is 30,000 per month and 365,000 per year.
- One-in-five (20%) Californians will be 65 years old or older in 2030.
- More than 30% of Californians over the age of 65 are not white. Over one-third of older adults speak a language other than English.
- People age 85 or older constitute the fastest growing segment of the U.S. population.

## LONG-TERM CARE & CAREGIVING

- 70% of people 65 years old and older will need Long-Term Care (LTC) services and supports.
- Family caregivers deliver 80% of LTC often making them more vulnerable to health issues and economic hardship than the person for whom they care.
- California's 4.4 million family caregivers provide over 4 billion hours a year of unpaid care with an estimated value of \$57 billion.
- The availability of family caregivers is declining. The 2010 ratio of caregivers for every person in the high-risk years of 80-plus was 7:1. That ratio is projected to decline to 4:1 by 2030.
- 63% of seniors have not planned for their future in-home care needs. Many believe Medicare will cover their in-home long term care needs. It will not!
- A majority of seniors cannot afford LTC. As a result government programs currently account for 63 percent of LTC.
- Under a high health care cost growth scenario, California's cost for LTC could increase 88 percent — from an estimated \$6.6 billion in 2013 to \$12.4 billion in 2023.

## POVERTY AND HOMELESSNESS

- One in six seniors is living in poverty including 43% of Hispanic women who live alone and 34% of black women who live alone.
- 20% of California adults over age 65 – compared to 15 percent nationally – live below the poverty threshold of about \$16,000 annually.
- People age 65 and over are projected to make up the highest growth segment of California's homeless population.

## ALZHEIMER'S

- Almost 600,000 Californians 55 and over are living with Alzheimer's disease and comprise one-tenth of the nation's Alzheimer's patients. By 2030, this number will nearly double to over 1.1 million.

