



ADVISORY COUNCIL, February 2, 1:00 PM
Queen of the Valley Community Outreach
3448 Villa Lane, Suite 102, Napa, CA 94558

Minutes

- I. The meeting was called to order at 1:05 pm by Sharon Monck, with the pledge of Allegiance.
 - A. Members Present: Sharon Monck, Georgia Craddock, Suzanne Blakeley, Nieves Fernandez, Teri Ruggiero, Rodrigo Galindo, Lois Harper, Betty Holland, Richard Lundin, Lauren Rolfe, Richard Sager, Heather Stanton, Rosemarie Wilson, Juliana Williams.
 - B. Staff Present: Leanne Martinsen – AAA Executive Director, Harriett Dietz, Planner, Dan Hernandez -- MIS Coordinator, Anne Payne – AAA Direct Services Supervisor, Liliya Peterson – Coordinator Healthy Minds-Healthy Aging.
 - C. Members Absent/Excused: Constance Boulware, Christina Baird, Elsie Tate, Nancy Yingst.
 - D. Introduction of Guests: Tom McNicholas, Board Member, Betty Rhodes and Steven Rosensky, applicants for membership.
- II. Consent Agenda
 - A. **Motion by Richard Lundin, seconded by Richard Sager to correct the Consent Agenda item section to read:**
“A. Amendment/Approval of February 2, 2012 Agenda
B. Amendment/Approval of January 5, 2012 Minutes (copy attached)”,
motion carried.
 - B. **Motion by Betty Holland, seconded by Teri Ruggiero approve the agenda for the February 2, 2012 meeting, as corrected, motion carried.**
 - C. **Motion by Richard Lundin, seconded by Suzanne Blakeley to approve the minutes for the January 5, 2012 as presented, motion carried.**
- III. Community Input –. Suzanne Blakeley announced two events coming up at the Florence Douglas Senior Center in Vallejo: A Mardi Gras fundraiser on February 24, and Disaster Preparedness training on February 27. She also reported that Medicare and AARP had information available on Long-Term Care and Medi-Gap Insurance. Rudy Galindo reported that he had attended a meeting in Vallejo with Fighting Back Partnership and they were starting a CERT class (one day a week for 6 weeks). He also reported that he had participated with Dan on a mealsite monitoring at Florence Douglas Senior Center, and commented that the cleanliness and orderliness reminded

him of his time as a navy cook. He stated that he had been asked to pay \$6.75 for the meal, and inquired if volunteers could get free meals. Leanne Martinsen stated that he should have the option of making the suggested donation as any other senior. The payment should only apply to non-seniors, and this was a program requirement. Rudy asked to be excused from the April and May meetings, as he planned to be in the Philippines. He also donated a flag and table stand for use at meetings. Dr. Lundin indicated that the Selective Service was seeking an Hispanic male from Napa County to serve on the Board. Nieves Fernandez indicated that she was interested in a class for older drivers, and several options were offered (AARP, AAA, locations for 55 Alive classes). Rick Sager inquired about getting a speaker on Alzheimer's for the library and several options were offered, including Hospice & Adult Day Services in Napa, the North Bay chapter of the Alzheimer's Society. Teri Ruggiero announced that the Solano IHSS Public Authority was planning their spring conference for April 17, the theme was to be "Wellness, and she welcomed recommendations for presenters. Sharon Monck recommended the Healthier Living - Chronic Disease Self Management program, which is offered by the AAoA at several locations, and has been well-received at Merrill Gardens North Bay. Betty Holland requested to purchase tickets for the variety show to use as prizes.

- IV. Correspondence: Leanne Martinsen reported that we received an e-mail message from Lauren Rolfe, who is out of town, and recommended item VIII E, which is an action item. In addition to Lauren, members Constance Boulware, Christina Baird and Nancy Yingst had called to report that they were unable to attend and request to be excused from the meeting today.
- V. AAoA Board Liaison Report – Tom McNicholas reported that the Board had met in January at the USA World Classic Event Center, and he was impressed by the facility and antique vehicles there, which will be the venue for the variety show. He also reported that the Board had accepted two new members, Edwin Warren from the Veterans Home in Yountville and Sarah Johnson from Benicia. He reported that the Board had a presentation about the PEAS (Mental Health Prevention & Early Intervention) program in Solano County. .
- VI. Committee Reports:
 - A. Lois Harper indicated that she had met with Nancy Yingst to begin the process for the Nominating Committee. Leanne Martinsen confirmed that elections should be held in May, and that the current officers who were completing an unexpired term would be eligible for re-election.
 - B. Legislative Committee CSL Report – Richard Lundin distributed a report and indicated that the CSL members would be walking the halls in Sacramento to solicit the support of state legislators for these proposals. The Bay Area Caucus were well represented, seven of the top ten proposals coming from members of this group. He also reported on the progress of establishing Senior Courts in Napa County. It was recommended that Dr. Lundin provide an overview of the California Senior Legislature at the next meeting.
 - C. Program Performance Monitoring Committee – Teri Ruggiero indicated that she had been out and unable to participate in monitoring visits. She also stated that she had begun to look at the Service Delivery Report, which had been provided to committee members before the meeting, but the committee had really not met

yet. Dan Hernandez distributed copies to members present at the meeting, and responded to questions from Council members. There was discussion about the Volunteer Center program, which is only at 22-23% of their goal at six months into the fiscal year. Technical assistance will be provided to help them achieve the service goals. Staff have been meeting with contract providers, and have begun site monitoring visits. It was suggested that another column be added to the report comparing current year to last year performance. There were also questions about whether providers have been reimbursed based on performance. Leanne Martinsen referred to the Statement of Activities for the period ending December 31, to illustrate that the majority of contractors had drawn down half of their contract limit for the year, and that this report had columns for current and prior year-to-date expenses. The Chair recognized Dan for his work on improving the reports for the Council.

- D. Leanne Martinsen reported that the Board Fundraising Committee was making plans for a benefit variety show on February 12, 2012 at the USA World Classic Event Center. Ad cards were distributed, and she has tickets for sale. The next planning committee meeting will be on February 7, and they would welcome the participation of more Advisory Council members. Members were encouraged to distribute promotional fliers and help sell tickets. Su Blakeley volunteered to pour wine. Several members indicated that they had items for the silent auction.
- E. Sharon Monck stated that she would be presenting a report to the Triple-A Council of California (TACC), the state-wide organization of Advisory Council chairs. A copy of the draft report was included in the agenda packet, and she indicated that she would welcome additional input from members.

VII. AAoA Executive Director & Staff Report

- A. Leanne Martinsen reported on AAoA status. The Solano Senior Guide has been updated and printed. Copies are available now. Leanne reported that the taping of the "Seniors Today" show for Vallejo Cable TV had suffered technical difficulties, but one of the camera operators offered to tape an alternate session, so there is a 15 minute presentation showing now on Tuesdays and Thursdays that features Leanne speaking about the programs & services of the Area Agency on Aging and the upcoming variety show. Leanne reported that the State Long-Term Care Ombudsman had conducted an on-site monitoring visit for both Solano and Napa Ombudsman programs last week, and the preliminary report was very positive. She also reported that the revised planning estimate for the current year had just been received, but we have not yet received the planning estimate for the coming fiscal year.
- B. Liliya Peterson distributed information and gave an informative presentation on "Healthy Minds-Healthy Aging", the program that provides Prevention and Early Intervention (PEI) services for Older Adults in Napa County. She explained that this is a collaborative project funded through Napa County with Mental Health Services, Prevention and Intervention dollars. Queen of the Valley has also provided funding and office space for the staff including her and a part-time Information & Assistance Navigator, as well as a therapist employed by Family Services of Napa Valley. She shared some program statistics for the current year.

- C. Harriett Dietz, Planner Harriett Dietz, Planner, discussed the development of the Four-Year Area Plan (2012-2016) and indicated that we have been reviewing the current plan and recent studies, working with many partners, including the Senior Coalition of Solano County and the Healthy Aging Population Initiative (HAPI) group in Napa County, to assess the major needs and priorities for seniors in Napa and Solano Counties. She stated that staff would be asking the Council for input on the public input process and develop goals and relative objectives to be implemented over the next four years. The Council will be involved in the public hearing process, and the plan will need to be approved at the April meeting to be submitted to CDA by May 1. .
- D. Anne Payne, Direct Services Supervisor reported on status of AAoA Direct Services. She reported announced that the “Get Connected-Stay Independent” event was held on January 26 at the Napa Senior Center. Stephen Campbell was the keynote speaker, and a panel of speakers, including Tom Roberts from NCTPA spoke about local senior services and how to access them. Tom McNicholas stated that he and his wife had attended, and felt it was a good presentation. Anne also mentioned that Dianna Gonzalez was working with a group of Latino Grandparents that meet regularly at McPherson Elementary School in Napa, to provide outreach and information. Anne will be giving a presentation to the American Canyon City Council on the Caregiver Ordinance on February 7. She has arranged for staff training by the Long-Term Care Ombudsman program and also from a group that is working to help social service programs be more welcoming to the LGBT community, so that they know this is a safe place to seek assistance.
- E. Dan Hernandez, MIS Coordinator reported that the providers had provided the service data in a timely manner and that he had uploaded the second quarter data reports, only to have CDA request that he take them down, as they were still reviewing the first quarter reports. He continues to work with the providers to make sure that the reports are accurate and timely. He also reported that the SAMS 3.0 Upgrade is proceeding, and we are in the dual access phase. [SAMS is the National Aging Programs Information System (NAPIS) compliant database/program used by our providers for reporting services provided with Older Americans Act (OAA) funding]. He discussed plans for monitoring contracted providers and direct services, and distributed a schedule of program monitoring visits for the remainder of the current year. Advisory Council members are encouraged to participate in monitoring visits, and at congregate meal sites are expected to contribute the suggested donation (or visitor rate if under age 60). The Council commended AAA staff for their good work.

VIII. Action Items:

- A. Membership applications have been received from Jeanne Narbut, Betty Rhodes, Steven Rozensky, and Anita Ziebe. **Motion by Nieves Fernandez, seconded by Suzanne Blakeley to accept the membership applications of Betty Rhodes and Steven Rozensky to fill a vacancy on the Council and serve a three year term starting today, motion carried.** Leanne Martinsen reported that seven individuals participated in the orientation for new members on January 30, and another session will be scheduled before the next regular meeting, to accommodate at least three who were not able to attend on Monday.

- B. Consideration of meeting location. The bylaws indicate that meetings should be held in accessible locations throughout the PSA, and that meetings should alternate between the two counties. Staff has made arrangements to hold the March 1 meeting in Rio Vista and the April 5 meeting at the Napa Senior Center. In discussion, members requested that more meetings be held at the Napa Senior Center, as that would facilitate more community input. Teri Ruggiero offered to contact the Dixon Senior Center about meeting there in May. Betty Holland offered to contact the Suisun City Senior Center about meeting there in August. It was recommended that the October meeting be scheduled at the McBride Senior Center in Vacaville, and the December meeting at the Florence Douglas Senior Center in Vallejo. It was recommended that the joint meeting with the Board of Directors in June be at the Napa Senior Center, and to also consider meeting in St. Helena or Calistoga some time. Georgia Craddock also recommended the Gasser Foundation Board Room as a location for Napa meetings. **Motion by Heather Stanton, seconded by Teri Ruggiero to schedule meetings for the remainder of the calendar year based on these recommendations, if the sites were available, motion carried.**
- C. Planning for next joint meeting with AAA Board of Directors. **Motion by Betty Rhodes, seconded by Betty Holland to have the Executive Committee (officers) work with the Board to plan the agenda for the next joint meeting.**
- D. Lauren Rolfe, CSL Assembly member requests that the Council consider supporting the Ombudsman Independence and Improvement Bill, SB 345, which is being heard in Assembly committee this month. A draft letter of support was included for consideration. **Motion by Juliana Williams, seconded by Heather Stanton to authorize the Chair to sign the letter to California Senator Lois Wolk in support of SB 345. motion carried.**

IX. Information Items

- A. Little Hoover Commission's Report, "A Long-Term Strategy for Long-Term Care". Sharon Monck indicated that executive summary had been distributed at the October meeting, and again in this meeting packet. The full report (146 pages) is available on line. She highlighted the three recommendations that were included in the report. There was discussion about the importance and complexity of this issue, and concerns about the proposed changes with a focus on managed care, more of a medical model, and the need to advocate for social supports as well. The consensus was that more information would be welcome and perhaps a presentation from someone who could provide more information could be arranged for a future meeting. Staff will research this further.
- X. Communication with AAoA Board: Both Sharon Monck and Richard Lundin are unable to represent the Advisory Council at the February Board of Directors Meeting, due to a conflict with the CCoA / TACC meeting in Sacramento. Suzanne Blakeley volunteered to represent the Advisory Council at the February 21 Board of Directors Meeting in Vallejo.
- XI. XI. Parking lot items –. For discussion at a future meeting
 - A. Legislative Priorities.

B. Leanne Martinsen announced that Solano County is offering Brown Act Training in March. She distributed flyers and encouraged members to sign up.

XII. The meeting was adjourned at 3:00 PM.

The next **AAA Board** Meeting is scheduled on Tuesday, February 21 at Florence Douglas Senior Center in Vallejo.

The next **Advisory Council** Meeting is scheduled on Thursday March 1 at 1:00 pm in Rio Vista.