



**ADVISORY COUNCIL, March 1, 2012, 1:00 PM**  
**Rio Vista City Hall, One Main St.**

**Minutes**

- I. The meeting was called to order at 1:05 pm by Sharon Monck, with the pledge of Allegiance. The chair thanked Constance Boulware for hosting the meeting and providing refreshments.
  - A. Members Present: Sharon Monck, Constance Boulware, Rodrigo Galindo, Betty Holland, Richard Lundin, Betty Rhodes, Steven Rosensky, Richard Sager.
  - B. Staff Present: Leanne Martinsen – AAA Executive Director, Dan Hernandez -- MIS Coordinator, Anne Payne – AAA Direct Services Supervisor.
  - C. Members Absent/Excused: Christina Baird, Georgia Craddock, Suzanne Blakeley, Nieves Fernandez, Lois Harper, Lauren Rolfe, Teri Ruggiero, Heather Stanton, Elsie Tate, Juliana Williams, Rosemarie Wilson, Nancy Yingst.
  - D. Introduction of Guests: Sarah Johnson, Board Member, Anita Ziebe, applicant for membership, Barbara Bieber, Janith Norman.
- II. Consent Agenda
  - A. **Motion by Betty Holland, seconded by Rudy Galindo to approve the agenda for the March 1, 2012 meeting, as presented and to approve the minutes for the February 2, 2012 with a correction to reflect that Constance Boulware was excused, motion carried.**
- III. Constance Boulware, Rio Vista City Council member, thanked those present for coming to Rio Vista, and shared information about the community. Located on the Sacramento River, with a population of 7,300, and 1/3 are seniors. Seniors live both in the city and also in Trilogy, an active adult community. She spoke about the local business community including auto dealerships, restaurants, and specialty vegetable (producing endive), as well as the library. The old Army Base is being renovated. She discussed the repairs and renovations to the senior center that are being completed with the assistance of Rebuilding Together. She introduced Janith Norman, who is also a city council member. Janith announced that she was running for mayor of Rio Vista, and was working with a group to bring a hospital to Rio Vista.
- IV. Community Input – Betty Holland reported that she had attended a wonderful workshop on Happiness with Dr. Gauntlet (presented by the AAA Prevention & Early Access program), and was very impressed. Rudy Galindo reported that he had seen a notice in the Vallejo paper about CERT training. Rudy asked to be excused from the April and May meetings, as he planned to be in the Philippines. Sarah Johnson spoke about the Rebuilding Together organization, that provides volunteer labor and

coordinates home repair projects for seniors. Janith Norman reported on the Alzheimer's support group in Rio Vista that is seeking facilitator. Sharon Monck reported that she had the privilege of presenting fall prevention information, including the DVD that was produced for the Fall Prevention Coalition of Solano County to TACC and the California Commission on Aging. Anne Payne reported that a Fall Prevention "Call to Action" event was planned for March 15 in at 1:00 at Jesse Bethel High School in Vallejo. Leanne Martinsen indicated that the AAA had a copy of California Commission on Aging report on Senior Center Innovation, and Sharon Monck stated that Merrill Gardens was shipping copies of the report to Senior Centers throughout the state. Betty Holland reported that the Suisun Senior Center had renovations planned and would not be available for the August meeting, but the Council could schedule the October meeting there.

- IV. Correspondence: Leanne Martinsen reported that the letter in support of SB 345 had been sent to to Senator Lois Wolk
- V. AAOA Board Liaison Report – Sarah Johnson is a fairly new Board member, appointed by Solano County Supervisor Linda Siefert, and reported that the variety show / fundraising event had been very successful. She also discussed the proposed plans to expand the Vallejo office and add a training/conference room.
- VI. Committee Reports:
  - A. Legislative Committee CSL Report – Richard Lundin distributed a report and indicated that the Bay Area Caucus were well represented, seven of the top ten proposals coming from members of this group. His proposal has resulted in June 30 being established as the day to Welcome Home Korea Veterans. Sharon Monck informed those present that Dr. Lundin has been recognized as the Senior Legislator having the most proposals chaptered into law and signed. He is continuing to work on issues related to premium conversion for retired federal employees. HR 4 provides that premium conversion for public safety employees. He also reported on the progress of establishing Senior Courts in Napa County. The chair noted that although legislators are often criticized, they should be commended for the good work they do, for example the Highway 12 improvements, which were a priority for State Senator Lois Wolk.
  - B. Lois Harper was unable to attend today, but called in to report that the Nominating Committee had the consent of the current chair and vice chair to stand for election, and they were seeking members to nominate for secretary. Leanne Martinsen confirmed that nominations would be posted in April and elections would be held in May.
  - C. Program Performance Monitoring Committee – Teri Ruggiero was not able to attend today, and the committee has not met. Dan Hernandez distributed a summary report of 2<sup>nd</sup> quarter service delivery to members present at the meeting, and responded to questions from Council members. He indicated that the program monitoring of the Volunteer Center program had been postponed, due to illness. The program is approximately 27% below their goal at six months into the fiscal year. Technical assistance will be provided to help them achieve the service goals. He indicated that he was providing additional technical assistance to North Bay Adult Day Care, as their reports must only count units of service provided to registered clients, and not aggregate. The Chair recognized

Dan for his work on improving the reports for the Council. Constance Boulware thanked Dan for allowing her to participate in the nutrition program site monitoring visits.

- D. Sharon Monck stated that she had presented a report to the Triple-A Council of California (TACC), the state-wide organization of Advisory Council chairs. She had presented the Solano Fall Prevention Partnership information and video to TACC and the California Commission on Aging. She distributed a copy of the February 12 News Release issued by the Department of Health Care Services about the transition of Adult Day Health Care (ADHC) programs to Community-Based Adult Services (CBAS) under an amendment to the existing 115 "Bridge to Reform" waiver. Anne Payne reported that both of the existing ADHC programs in Napa and Vallejo have gone through the process to become CBAS centers.

## VII. AAoA Executive Director & Staff Report

- A. Leanne Martinsen reported on AAoA status. She indicated that the AAA staffing remains stable. A revised planning estimate for the current fiscal year was issued by CDA. A copy of the Program Memo PM 12-01 and Area Plan Budget Display were included in the meeting packet. This included \$56,844 in One-Time-Only funds, additional funding that is mostly in Title III E and III B for the current year. A revised Area Plan Budget has been submitted to CDA within the 30 days following the Program Memo, and a number of current provider contracts are being modified to direct additional funding to programs that are able to utilize funds to provide services consistent with their current contracts. We have not yet received the planning estimate for the fiscal year that begins in July 2012, but we will be going to public hearing on the Area Plan later this month. She reported that the Variety Show on February was a successful benefit and the committee has met to debrief and begin plans for the next year's event. The increased involvement of Advisory Council members was much appreciated this year. The updated Solano Senior Resource Guides have been printed and soon will be on the AAA website as well. Naoma Riddle, the HICAP volunteer that serves the Rio Vista area was unable to attend this meeting, but submitted a written communication, which is attached to these minutes. The HICAP Coordinating committee meets tomorrow in Santa Rosa, and Sue Blakeley will be participating.
- B. Harriett Dietz, Planner Harriett Dietz, Planner, was unable to attend the meeting today, and Leanne Martinsen reported that Harriett has been working hard on the new 4-year Area Plan, and has scheduled seven public hearings/community forums. Council members and are encouraged to attend and provide input on the issues and strategies as we develop goals and related objectives to be implemented over the next four years. The plan will be presented for approval at the April meetings of the Board and Advisory Council, to be submitted to CDA by May 1.
- C. Anne Payne, Direct Services Supervisor reported on status of AAoA Direct Services. She reported that Terry Ann Steffen Coordinator for the Family Caregiver Support Program had moved to the Drop-In Center, and currently had a short waiting list, and the I&A staff is assisting clients on the waiting list with resources. Staff training was provided by the Long-Term Care Ombudsman program and also from a group that is working to help social service programs be more welcoming to

the LGBT community, so that they know this is a safe place to seek assistance. She reports that calls from Napa for assistance are low, and that we have been collaborating with the Family Resource Center in American Canyon on an outreach event for family caregivers.

- D. Dan Hernandez, MIS Coordinator reported that the providers are transitioning to a new version of SAMS and are in the dual access phase. [SAMS is the National Aging Programs Information System (NAPIS) compliant database/program used by our providers for reporting services provided with Older Americans Act (OAA) funding]. He continues to work with the providers to make sure that the reports are accurate and timely. He discussed plans for monitoring contracted providers and direct services, and distributed a schedule of program monitoring visits for the remainder of the current year, and encouraged members to participate. Constance Boulware reported that she had observed and participated in site visits at congregate nutrition sites in Benicia and Rio Vista, and that it was very informative. Dan reviewed the summary report of 2nd quarter service delivery, which indicates that most providers were at or above 50%, and he will be following up with those that are under.

#### VIII. Action Items:

- A. Membership applications have been received from Jeanne Narbut and Anita Ziebe. **Motion by Richard Lundin, seconded by Betty Holland to accept the membership application of Anita Ziebe to fill a vacancy on the Council and serve a three year term starting today, motion carried.** Leanne Martinsen reported another orientation session is scheduled next Monday to accommodate those members and applicants who were not able to attend on the last one, and current members are welcome to attend for a refresher.

#### IX. Information Items

- A. Contract Amendment #1 – The California Department of Aging issued Program Memo #12-01 dated January 27, 2012, with revised allocation and amending contract (copy included in the meeting packet). Copies of the Area Plan Budget Revision #1 for fiscal year 2011-2012 submitted to CDA were distributed, and Leanne Martinsen discussed the process of allocating the additional funds to direct and contracted service providers. Sharon Monck encouraged Advisory Council members to participate in the Public Hearings and community forums to provide input into the next year's plan for service delivery.
- B. Little Hoover Commission's Report, "A Long-Term Strategy for Long-Term Care" (Copy of Executive Summary distributed previously). The full report can be found on line at <http://www.lhc.ca.gov/studies/205/Report205.pdf>. Members without internet access can call the office and request a copy (146 pages). It was recommended that this item be moved to the "parking lot" agenda for a future meeting.
- C. Community-Based Adult Services Program. Information provided about this program that has been developed by the California Department of Health Care Services to fill the void created when Adult Day Health Care was eliminated as a Medi-Cal benefit, and this was discussed by the Chair during the TACC Report agenda item.

- X. Communication with AAoA Board: Both Sharon Monck will represent the Advisory Council at the March 20 Board of Directors Meeting at Florence Douglas Senior Center in Vallejo. The Board of Director meetings are open to the public, and Council members are encouraged to attend.
- XI. Announcements
  - A. The next **Advisory Council** Meeting is scheduled on Thursday April 5 at 1:00 pm at the Napa Senior Center. The space will be available at 12:30, and committees are encouraged to meet prior to the regular meeting.
  - B. The Schedule of Events included in the meeting packet lists numerous meetings and events of interest to seniors, and members are encouraged to participate as their schedule allows.
  - C. Leanne Martinsen reviewed the materials that were available for distribution, including a notice about the Fall Prevention Partnership Call to Action event on March 15, the Healthy Aging and Population Initiative (HAPI) Public Policy Platform (Both the Advisory Council and AAA Board of Directors have adopted the policy goals as legislative priorities.) Solano County is offering Brown Act Training in March. She encouraged members to sign up. She also shared the very informative Robert Wood Johnson Foundation Report “Health Care’s Blind Side: The Overlooked Connection between Social Needs and Good Health”, that found that 4 in 5 physicians surveyed say unmet social needs are directly leading to worse health, 4 in 5 physicians say patients social needs are as important to address as their medical conditions, and 4 in 5 physicians are not confident in their capacity to address their social needs. The physicians reported that they wished they could write prescriptions to help patients with social needs, and if they could do so, they would write prescriptions for fitness programs (75%), nutritional food (64%) and transportation assistance (47%). Members were encouraged to read the report and consider the recommendations for future advocacy.
- XII. The meeting was adjourned at 2:50 PM.