



**ADVISORY COUNCIL, July 12 2012, 1:00 PM**  
**American Canyon Senior/Multi-Use Center, 2185 Elliot Drive, American Canyon, CA.**

**Minutes**

- I. The meeting was called to order at 1:00 pm by Sharon Monck, with the pledge of Allegiance.
  - A. Members Present: Sharon Monck, Richard Lundin, Constance Boulware, Suzanne Blakeley, Georgia Craddock, Rodrigo Galindo, Lois Harper, Betty Holland, Betty Rhodes, Lauren Rolfe, Steven Rosensky, Teri Ruggiero, Richard Sager, Heather Stanton, Rosemarie Wilson,
  - B. Staff Present: Leanne Martinsen – AAA Executive Director, Harriett Dietz, Planner, Dan Hernandez -- MIS Coordinator.
  - C. Members Absent/Excused: Christina Baird, Nieves Fernandez, Anita Ziebe.
  - D. Introduction of Guests: Rev. A.C. “Tony” Ubalde, Board Member. Leanne Martinsen reported that Rev. Curry, the new Senior Center Director was unable to join us today.
- II. Consent Agenda
  - A. **Motion by Teri Ruggiero, seconded by Richard Sager, to approve the agenda for the July 12, 2012 meeting, as presented, motion carried.**
  - B. **Motion by Constance Boulware, seconded by Teri Ruggiero to approve the minutes of the June 7, 2012 meeting, with a correction to reflect that Betty Holland was excused, motion carried.**
- III. Community Input – Betty Holland reported that she was concerned about the potential closure of the Fairfield Senior Center, and had been researching to determine how attendance is increasing on hot days. She is aware that homeless seniors are using the senior centers and libraries, and stated that they should be allowed to use the facilities as long as they are compliant. Lauren Rolfe stated that she had heard that there is very little will to close the senior center, and that the amount of money that would be saved is “peanuts”. Teri Ruggiero provided an update on IHSS in Solano County. She indicated that there are over 3,000 IHSS recipients, and 70% are over the age of 60. The state budget proposals included multiple cuts to the program, and most were not passed. However, the legislature did vote to extend the 3.6% cut in hours that was brought into being last year. The legislature has voted to move forward with the Coordinated Care Initiative, which will move recipients who receive both Medicare and Medi-Cal into managed care. Leanne Martinsen commented that many advocacy groups have made recommendations to extend the timeline for implementation, and Lauren Rolfe stated that it was important for individual constituents to contact their legislators about their concerns. Constance Boulware reported that she is working a September 20 health seminar, with presentations

on HICAP, Fall Prevention, and Joint Replacement in Rio Vista. She also reported on the progress on the Rio Vista Senior Center Renovations. Rodrigo Galindo reported that he had been in the Philippines for about 6 week, and was invited to speak at the High School graduation, and was designated as honorary mayor of his home town. He reported that he had talked to Captain Eric Strom of the Vallejo Fire Department about the Community Emergency Response Team (CERT) training, which is being offered as a 6-week class, starting on September 11. The training is free, and open to all Vallejo adult residents. The contact # for Captain Strom is 648-4526. Richard Sager indicated that the Library will be having a booth at the Napa Chef's market on July 26, and he requested senior resources for distribution at the event. Leanne Martinsen agreed to provide senior resource guides and program brochures. Lauren Rolfe reported that she had made a presentation on fall prevention at the IHSS conference on April 17. Lauren reported that the Fall Prevention Partnership in Solano County was planning a Fall Prevention Fair on September 21 at North Bay Administrative Center, with information on nutrition, medication, home modifications, etc. Sharon Monck recommended that they provide information about additional fall risk factors for diabetics. Su Blakeley reported that she had provided about 100 Solano Senior Guides to the Masonic Lodge, and they were all taken, so she let them know that she would provide more if requested. Betty Rhodes invited everyone to the Celebrating Seniors event being planned for Sunday October 7 from 11 am to 4 pm at the veterans Park in Napa. Richard Lundin reported that he was traveling and missed the last meeting, and shared concerns about issues at the veterans home and the need to serve returning veterans with Traumatic Brain Injury, Pos-Traumatic Stress Disorder, and severe injuries including amputations.

IV. Correspondence: none.

V. Presentation: Community Action Napa Valley (CANV) staff provided information on the Senior Nutrition and Senior Services Programs they provide in Napa County, and the plan of correction that has been developed in response to program monitoring. Drene Johnson, Executive Director, stated that the presentation would focus on the senior services Program. Alma Fuentes, Program Manager stated that they had a new menu in July for the Meals on Wheels and Congregate Dining program. She indicated that the meals were prepared at the County Correctional Facility Kitchen, and the menu was "No Added Salt", to accommodate participants with dietary restrictions. She offered to answer questions. In response to a question, she indicated that it was not a diabetic menu, but they work with the AAA dietitian to make sure that the menus comply with the requirements. Rosemarie Wilson asked if the program could provide more nutrient ingredient information about the meals (sodium, carbohydrate, fat and sugar content). She indicated that this information can be provided to the participants. Enrique Puente has been managing the senior service programs for about a year, since the Volunteer Center closed. He presented an overview of CANV, and how the volunteer programs support self-sufficiency of seniors, by providing assistance with transportation, and volunteers that visit isolated seniors in their homes and make telephone calls for reassurance. His presentation included testimonials of program participants. There are about 60 seniors currently receiving ongoing, and he indicated that a major challenge was the lack of volunteers, with only about 12 active volunteers, and some of these volunteers do not want to complete the reports that reflect the services provided. Sharon Monck suggested that the Program Monitoring Committee might come up with recommendations to enhance the volunteer program, incentives and expectations. Alma Fuentes indicated that they were learning a lot with their work with Napa "Can-Do"

about volunteer management. Betty Holland recommended that volunteers sign an agreement so expectations are clear. Lauren Rollfe asked if there was a time line set regarding the goal of recruiting volunteers in the plan of correction. Alma Fuentes indicated that she would be working with Enrique as the plan of correction is implemented. Drene Johnson asked if any Council members wished to volunteer for the programs.

VI. AAoA Board Liaison Report – Rev. Ubalde, Board member stated that he was very appreciative of the work of the Advisory Council and Staff. He encouraged those present to assist with recruiting additional Board members. He stated that the Board had received good reports of agency finances, and is pleased with the proposed office expansion project. He also stated that we are looking for talents for the annual variety show fundraising event in February, and that Advisory Council members are welcome to attend Board meetings.

VI. AAoA Executive Director & Staff Report

A. Leanne Martinsen reported on AAoA status, including:

- Agency staffing is stable, with 2 new volunteers assisting with clerical tasks this summer.
- Work on AAA website, transitioned to new format that will be easier for consumers to navigate and easier for us to maintain in-house, will have calendar and place to post meeting agendas and minutes. Let Dan know if you have events for the calendar. If you want a new picture posted, please see me.
- New accounting software has been installed.
- Fiscal year ended 6/30, hold open for final expenses, so no July financial until August.
- Planning for building addition / classroom, and restroom and redesigned entrance that will be ADA compliant. This is possible because of a gift/grant from the Margaret A. Cargill Foundation.
- Area Plan Budget approved by CDA.
- Area Plan submitted 5/1, awaiting CDA approval.
- Solano Guide updated and printed this year.
- Napa Guide translated into Spanish, and is being printed this month.
- Napa Guide updated for printing next, as we have nearly run through the copies that were printed last September.
- Providers submitted applications for continued funding, and contracts developed for current fiscal year.
- Met with CANV staff to discuss corrective action plan.
- StopFalls Napa Valley funding, TCWF approved \$150,000 for 3 yr., ANV invited full application submitted 7-9.
- Mental Health Services Act Prevention & Early Intervention (MHSA PEI) both counties, final year of initial grant. Solano will extend, and RFP next year. Napa will fund another year at same level.
- Arthritis Foundation grant for \$3,000 to establish AF exercise class with Vallejo Adult School, starting in August or September. Did not receive AF funding for Walk with Ease, but Dianna Gonzalez plans to become certified so that we can offer this as well.
- AAA representation at various Commission and Coalition meetings.
- Napa Celebrating Seniors event planning (October 7).

- B. Harriett Dietz, Planner, provided a brief summary of progress towards implementing the FY 2012-2016 Area Plan, and discussed revising the AAoA Brochure and a powerpoint presentation that will be used to provide outreach and information about the AAoA. She indicated that she has been spending a lot of time on transportation and learning how services are provided in other counties, and how we might better coordinate with existing providers. She is also talking to the counties about GIS systems, which will improve our capacity for analysis.
- C. Anne Payne was not able to attend the meeting, but provided a written report which was distributed, and is attached to these minutes.
- D. Dan Hernandez, MIS Coordinator, distributed copies of the corrective action plan from the CANV senior services program. He had a few copies of the 3<sup>rd</sup> Quarter Provider Summary. The 4<sup>th</sup> Quarter report is not complete now, but will be available before the next Advisory Council meeting. Sharon Monck requested that it be provided in advance of the meeting. It was also requested that the Council be provided with information about the Volunteer Center provider performance in prior years. Leanne Martinsen explained that following the Advisory Council's recommendations, the Board considered the Council's concerns, but authorized the staff to proceed with developing a contract with CANV, with conditions to monitor progress. The discussion included concerns that the corrective action plan was not adequate, and whether there were other options for providing these services.

VIII. Committee Reports:

- A. Legislative Committee CSL Report –Lauren Rolfe reported on 10 CSL sponsored bills that are progressing through the state legislature. The CSL report is updated weekly, and we can make this available to Advisory Council members.
- B. Program Performance Monitoring Committee – Teri Ruggiero will schedule a meeting of the Program Monitoring Committee to look at the concerns raised about CANV Senior Services Program and to make specific recommendations for program improvement.

IX. Action Items:

- A. Recommendations to the Board of Directors.

X. Information Items

- A. There was a recommendation that at the next meeting of the Advisory Council, the AAA Direct Services be invited to make a more in-depth presentation with specific plans for program improvement.
- B. Lauren Rolfe announced that in preparation for the October CSL session, a program is being developed, and she asked if members would like to contribute funds to purchase an ad in the program booklet.

XI, Communication with AAoA Board: Both Sharon Monck will represent the Advisory Council at the July 17 Board of Directors Meeting at Florence Douglas Senior Center in Vallejo. The Board of Director meetings are open to the public, and Council members are encouraged to attend.

XII. Parking Lot items were not addressed due to lack of time.

XIII. The meeting was adjourned at 3:02 PM.