



ADVISORY COUNCIL, January 3, 2013, 1:00 PM
American Red Cross Office, 1790 3rd St, Napa, CA

Minutes

- I. The meeting was called to order at 1:05 pm by Chair Sharon Monck, with the pledge of Allegiance.
 - A. Members Present: Sharon Monck, Constance Boulware, Georgia Craddock, Betty Holland, Rodrigo Galindo, Lois Harper, Lauren Rolfe, Steven Rosensky, Richard Sager
 - B. Staff Present: Leanne Martinsen – AAA Executive Director, Harriett Dietz -- Planner, Dan Hernandez -- MIS Contracts Coordinator, Anne Payne –Direct Services Supervisor.
 - C. Members Absent/Excused: Suzanne Blakeley, Nieves Fernandez, Richard Lundin, Teri Ruggiero, Heather Stanton, Rosemarie Wilson, Anita Ziebe.
 - D. Introduction of Guests: Carolyn Wrage (Board Member), Carol Willis (HICAP), Angelica Joseph.
- II. Consent Agenda
 - A. **Motion by Lauren Rolfe, seconded by Betty Holland, to approve the agenda for the January 3, 2013 meeting, as presented, motion carried.**
 - B. **Motion by Steven Rozensky, seconded by Betty Holland to approve the minutes of the December 6, 2012 meeting, as presented, motion carried.**
- III. Community Input – Public Comment: Rudy Galindo reported that the new Vallejo City Council members have taken office, and the Filipino community has additional representation.
- IV. Correspondence: The Chair commented on the letter of recommendation for Lauren Rolfe’s application to serve on the California Commission on Aging, and reiterated that both she and Richard Lundin had served, but would be going off the Commission when their terms expire this year.
- V. Presentations:
 - A. Anne Steinhauer, Executive Director of the Napa County Red Cross, was unable to attend, but Council member Steven Rozensky, who also serves on the Red Cross Board, provided information about the programs and services offered by the Red Cross in Napa County. He stated that the American Red Cross was chartered by Congress, and the original mission was to protect victims of conflict, which has expanded to disaster relief. In Napa County, the Red Cross offers a variety of classes, including Health Safety, CPR, First Aid,

and Certified Nursing Assistant. They also provide support to families of veterans. The Chair expressed appreciation for the use of the room for today's meeting, and asked that this be relayed to Ms. Steinhauer. There was some discussion about helping the Red Cross to make emergency shelters more accommodating for older adults, especially those with special needs. Volunteer training, as well as specialized equipment and cots were among the suggestions offered.

- B. Carol Willis, HICAP Program Representative provided information about the Health Insurance Counseling and Advocacy Program. She stated that HICAP staff and volunteers are available for group presentations and individual counseling regarding Medicare benefits, focusing on enrollment options for low-income seniors. She discussed some of the changes and additional benefits coming up related to the Affordable Care Act, including Accountable Care Organizations, and the move toward managed care especially for those who have both Medicare and Medi-Cal. Some of the current issues related to qualifying hospital stays and Emergency Room extended observation practices, as well as Nursing Facility Rehab length of stay were also covered. She indicated that more information could be found on the California Health Advocates website, as well as Medicare.gov, and Healthcare.gov.
- VI. AAoA Board Liaison Report – Board Carolyn Wrage indicated that the Board had not met since the Joint meeting in December, and she encouraged Council members to attend the February 15 Board meeting, when the Fiscal Audit report would be presented. She also commented on the decision to not have the fundraising Variety show in February, and encouraged interested Council members to participate with Board members on the Fundraising Committee.
- VII. AAoA Executive Director & Staff Report
- A. Leanne Martinsen reported on AAoA status, including:
- Advisory Council meeting schedule, locations and speaker requests for the year are on the agenda today.
 - Planning for the AAoA office addition/classroom continues, but has been stalled at the City of Vallejo. Building plans area available for review at the main office.
 - Revised Planning Estimate was received, and budget revision has been submitted to CDA. Additional funds were allocated to supplement nutrition and FSCP providers, as well as direct services (funding CARS & FCSP).
 - StopFalls Napa Valley funding, The California Wellness Foundation approved \$150,000 for 3 years, Auction Napa Valley funding \$64,000 this year. We intend to apply for Napa County Master Settlement Agreement (MSA) funds to support the program. Napa Co. MSA funds are available for health-related programs through a competitive process, and the guidelines favor evidence-based programs, so we feel that our fall prevention program is a good fit.
 - Mental Health Services Act Prevention & Early Intervention (MHSA PEI) both counties, final year of initial grant. Solano and Napa will fund another year at same level. Additional foundation funding is being sought for Healthy Minds-Healthy Aging in Napa County, including a St. Joseph Health System wellness grant application, due this month.
 - Kaiser grant for Latino Outreach award \$20,000, applying for next year.

- We are expanding the evidence-based Chronic Disease Self-Management Programs, and establishing Arthritis Foundation exercise and walking classes.
 - AAA representation at various Commission and Coalition meetings.
 - Monitoring legislative initiatives, including the potential of “sequestration” of federal funds, which would impact funding for community-based programs.
 - An orientation for new and potential Board and Advisory Council Members will be scheduled in the next month.
- B. Harriett Dietz, Planner, reported that she has been developing a Facebook Page for the AAoA, and hoped that it would be on-line by the end of this month. She is also scheduling presentations for City Councils and other organizations in the coming months.
- C. Anne Payne reported that the Holiday Connection had provided gifts to over 300 seniors during the recent holiday season, and also that they had an open house at the Drop-In Center in Vallejo.
- D. Dan Hernandez, MIS Coordinator, reported that program monitoring visits were being scheduled beginning in February with the nutrition programs, and continuing to the other contract and direct service programs in the following months. The schedule was in the meeting packet, and he distributed a sign up sheet encouraging Council members to participate in visits as they are able.

VIII. Committee Reports:

- A. Legislative Committee CSL Report –Lauren Rolfe reported that the the 2012 session of the California Senior Legislature book of proposals had been published, and this would be used to approach legislators who might sponsor bills. She is aware that SB411, which was sponsored by SEIU would be put forth again, and also that Senator Lois Wolk is considering legislation that would require background checks on caregivers.
- B. Program Performance Monitoring Committee – Teri Ruggiero was not able to attend the meeting, and there was no report provided on the committee activities.
- C. The Membership Committee had no report.

IX. Action Items:

- A. The bylaws indicate that meetings should be held in accessible locations throughout the PSA, and that meetings should alternate between the two counties. Council members designated locations for meetings for calendar year 2013 as follows: February 7 - Fairfield Sr. Ctr. (Betty Holland), March 7 - Lake Berryessa Sr. Ctr. (Georgia Craddock), April 4 - Suisun Sr. Ctr. (Lauren Rolfe), May 2 - Queen of the Valley Napa (Steve Rozensky), June 6 - Rio Vista (Constance Boulware), August 1 – American Canyon Sr. Ctr., September 5 – AAoA training room Vallejo, October 3 – Veterans Home Yountville, November 7 – Benicia Sr. Ctr., December 5 – Joint meeting with AAoA Board of Directors.
- B. Council members are encouraged to serve on one or more committees. The committee list was viewed and members present volunteered for additional committees. The updated list is attached to these minutes. It was noted that

several members are not in attendance, and some of these do not have a committee assignment. **Motion by Constance Boulware, seconded by Betty Holland to accept the updated list, and give other members the opportunity to join committees, motion carried.**

- C. Lauren Rolfe has submitted an application to serve on the California Commission on Aging. Leanne Martinsen wrote a letter of support to Governor Brown (copy attached). **Motion by Betty Holland, seconded by Steven Rozensky to ratify the letter, motion carried.**
- D. Other recommendations to the Board of Directors, none at this time.
- X. Information Items – Lauren Rolfe commented on the pride that Solano County has in being designated (for several years) as one of the best 100 communities for children, and noted that in their strategic plan, the Board of Supervisors has not included seniors. She wondered what it would take to raise awareness and promote the County/community as being a good place for seniors to live. There was some discussion about what it means to be “senior friendly”, and whether there are organizations that have established criteria for such a designation. She suggested that the Advisory Council could advocate with local elected officials establish priorities and commit to policies that consider the needs of seniors. She offered to research and referred the matter to the Advocacy Committee.
- XI. Communication with AAA Board: Sharon Monck will present information from the Council at the next AAA Board meeting on January 15, 2013 at the Florence Douglas Senior Center in Vallejo.
- XII. Parking lot items – Betty Holland suggested that a benefit dinner like a crab feed might be a good fundraising event, and that we might be able to combine with another organization and split the proceeds. She was invited to join the fundraising committee and participate in the ongoing discussion.
- XIII. The meeting was adjourned at 3:00 PM.

**Area Agency on Aging Serving Napa and Solano
Advisory Council**

Standing Committees

1. Area/Strategic Plan and Grants Committee
Rick Sager – Chair
Constance Boulware
Steven Rozensky

2. Program Performance Monitoring Committee
Teri Ruggiero – Chair
Rudy Galindo
Lauren Rolfe
Rosemarie Wilson
Betty Holland
Heather Stanton

3. Advocacy Committee
Suzanne Blakeley – Chair
Nieves Fernandez
Betty Holland
Sharon Monck

4. Legislative Committee
Richard Lundin – Co-Chair
Lauren Rolfe – Co-Chair
Steven Rozensky

5. Nominating & Elections Committee (membership)
Lois Harper
Constance Boulware
Betty Holland

Ad Hoc Committees

1. Rules & Procedures
Sharon Monck
Constance Boulware

2. HICAP Coordinating Committee
Suzanne Blakeley

4. Fundraising/Variety Show planning (Board of Directors Committee)
Suzanne Blakeley
Teri Ruggiero
Lois Harper