



ADVISORY COUNCIL, February 7, 2013, 1:00 PM
Fairfield Senior Center, 1200 Civic Center Drive, Fairfield

Minutes

- I. The meeting was called to order at 1:00 pm by Chair Sharon Monck, with the pledge of Allegiance. The Chair expressed appreciation to Jane Kibbey for the hospitality of the Fairfield Senior Center.
 - A. Members Present: Sharon Monck, Constance Boulware, Betty Holland, Rodrigo Galindo, Lois Harper, Lauren Rolfe, Richard Sager, Suzanne Blakeley, Nieves Fernandez, Richard Lundin, Teri Ruggiero, Heather Stanton, Rosemarie Wilson, Anita Ziebe
 - B. Staff Present: Leanne Martinsen – AAA Executive Director, Harriett Dietz -- Planner, Dan Hernandez -- MIS Contracts Coordinator, Anne Payne –Direct Services Supervisor, Terry Ann Steffen – Family Caregiver Support Program Coordinator.
 - C. Members Absent/Excused: Georgia Craddock, Steven Rosensky.
 - D. Introduction of Guests: Thomas McNicholas (Board Member), Jane Kibbey, Coordinator, Fairfield Senior Center.
- II. Consent Agenda
 - A. **Motion by Richard Lundin, seconded by Betty Holland, to approve the agenda for the February 7, 2013 meeting, as presented, motion carried.**
 - B. **Motion by Nieves Fernandez, seconded by Betty Holland to approve the minutes of the January 3, 2013 meeting, as presented, motion carried.**
- III. Community Input – Public Comment: Teri Ruggiero reported that the Solano County IHSS Public Authority was converting to a new computer system, and was scheduled to “go live” on CMIPS II on March 4. She also announced that the Spring Outreach Conference will be held on Wednesday April 24 in Fairfield. This year they have a grant from Kaiser to support the conference, with the theme of “Spring into Wellness”. More information and flyers will be available soon. Rudy Galindo reported that Vallejo CERT (Community Emergency Response Training) classes are starting soon. Rose Marie Wilson reported frustrations related to health insurance enrollment, the retirees were told they should enroll on-line, and when that didn’t work, they had to go to Oakland. She was concerned that many retirees would lose their coverage. She was referred to HICAP for advocacy. Anne Payne reported that she is chairing a group to organize a Walk to end Alzheimer’s event in Fairfield, and invited members to join the planning committee and attend the first meeting on February 21 at Merrill Gardens North Bay in Vallejo. Nieves Fernandez reported that she had attended an MHSA meeting in Vallejo.

Suzanne Blakeley reported that Medicare is covering annual mammograms, but recipients should be careful to schedule at least a year and a day apart, so they don't get billed. Rick Sager reported that the Napa Library presentation on the history of the Yountville Veterans Home was well received, and other programs that were scheduled in the next couple of months. Lois Harper reported on affordable life-long learning programs offered through an East Bay college. Lauren Rolfe reported that the Solano Fall Prevention video has been posted on a number of websites, and suggested that cities and other organizations be asked to post it as well. Sharon Monck reported that there are 8-9 vacancies on the California Commission on Aging.

- IV. Presentation: Jane Kibbey distributed copies of the Golden Trumpet Newsletter published monthly by the Fairfield Senior Center. She reported that the Center was established in 1980, and serves between 300-350 seniors each day. It is a city facility, and as such is furloughed/closed on Fridays. She discussed several of the major programs, including the Meals on Wheels dining site, the Senior Day Program and Brain Boosters group.
- V. Correspondence: None.
- VI. AAoA Board Liaison Report – Tom McNicholas thanked the Advisory Council for their valuable input. He stated that the new financial software provides reports in a format that seems easier to understand. He reported that he was impressed by the AAoA website and the information that is available there. He stated that there are two new members on the Board from Napa County. He also reported that he had spent some time at the Drop-In Center in Vallejo last month and the staff was busy while he was there, including assisting seniors who needed help to pay their PG&E bills.
- VII. AAoA Executive Director & Staff Report
 - A. Leanne Martinsen reported on AAoA status, including:
 - The Fundraising Committee will meet at noon on Tuesday February 12 at the AAoA office in Vallejo. Advisory Council members are encouraged to participate.
 - The February 19 Board meeting at Florence Douglas Senior Center in Vallejo will include the presentation of the independent financial audit, and Advisory Council members are encouraged to attend.
 - The March 7 Advisory Council meeting is scheduled for the Lake Berryessa Senior Center. Members are encouraged to carpool.
 - Planning for the AAoA office addition/classroom has been delayed, but we hope to get the building permit very soon so that we can proceed. Building plans are available for review at the main office.
 - The Solano Long-term Ombudsman program is going through some changes with the retirement of Regional Ombudsman Laverne Appleby Stewart, and pending retirement of Program Manager Joan Parks. A long-term volunteer Ombudsman has been appointed to fill the regional position, and they still have a full complement of volunteers for Solano County, so the transition seems to be going smoothly.
 - StopFalls Napa Valley funding, Auction Napa Valley funding \$64,000 this year. And we will be submitting a Letter of Interest for next year's funding cycle. An application for Napa County Master Settlement Agreement (MSA) funds was submitted in January.
 - Mental Health Services Act Prevention & Early Intervention (MHSA PEI) both counties, final year of initial grant. Solano and Napa will fund another year at same

level. Additional foundation funding is being sought for Healthy Minds-Healthy Aging in Napa County, including a St. Joseph Health System wellness grant application, submitted in January.

- An application was submitted to Kaiser to continue support for the Latino Outreach program next next year.
 - We are expanding the evidence-based Chronic Disease Self-Management Programs. We are partnering with the Vallejo Adult School on Arthritis Foundation exercise classes and also offering AF Walk with Ease classes.
 - AAA representation at various Commission and Coalition meetings. There has been discussion with Napa City Senior Center Commission members about the possibility of space at the senior center being made available for an office that could be used by the Area Agency to enhance access to services such as Information and Assistance. There has also been discussion regarding the possible restoration of supplemental county funds to support and maintain services to Napa County seniors, including the Caregiver Permit Application process.
 - Governor Brown's State of the State message last month was optimistic about the balanced budget and fiscal stability, but there are still many challenges in the senior service sector. C4A will be holding another legislative day in Sacramento on April 18, and Council members are invited to participate. This is an opportunity for us to let our state legislators know that we have underfunded programs that struggle to meet the needs of our local seniors and caregivers. On the Federal level, Sequestration would result in across the board funding reductions for Older Americans Act Programs in the current and future years. Information will be shared with the Advocacy committee and other members, so that we can communicate the potential negative impacts, should sequestration occur.
 - CDA has scheduled hearings on the State Plan on Aging during May.
- B. Harriett Dietz, Planner, reported that she had worked on the MSA funding application. She is continuing presentations to city councils and other organizations throughout the PSA. She encouraged council members to let us know of other opportunities in their communities. She also indicated that the Agency was recruiting interns, and that she was working with Anne Payne to study issues related to seniors access to dental services. The upper Napa Valley community planning group is continuing to work, and the next meeting will be at the Rianda House in St. Helena on February 28. She distributed a draft schedule for the Request for Proposal (RFP) process which leads up to the issuance of provider contracts for the next fiscal year by July 1, 2013. At the March Advisory Council meeting, the Council will have an opportunity to review the draft RFP document and make recommendations to the Board of Directors. There was discussion regarding the Advisory Council's role in the process, with the Area Plan and Grants Review Committee taking the lead, and other members participating as they wish.
- C. Anne Payne reported that we are reaching out to various communities to expand access to services, and she has a meeting scheduled with city staff at American Canyon. They have been experiencing a post-holiday increase in calls from adult children seeking assistance for their parents. She discussed the caregiver registry program that maintains a list of private caregivers available for hire. The

calls for this service have been dropping off, and council members made suggestions, including a specific flyer for promoting this service. It was recommended that a more in-depth presentation about this program be scheduled for a future Advisory Council meeting.

- D. Terry Ann Steffen distributed a report that outlined activity in the Family Caregiver Support Program. She indicated that there are 59 clients currently receiving services. There are ongoing caregiver support groups and groups for kinship care as well. Annual events for Caregivers and Kinship (Grandparents caring for grandchildren) Picnic are scheduled in June. She indicated that although the supplemental services provided numbers are low in terms of items provided, the expenses have increased, due to the cost of home modifications such as installation of grab bars and ramps by contractors. Council members suggested contacting unions to find additional vendors for home modification.
- E. Dan Hernandez, MIS Coordinator, discussed the second quarter service delivery report, and indicated that most providers were at or above 50%, which is to be expected at this point in the fiscal year. For those that are below that level, he has followed up to ask how they plan to reach their goals for the year. Council members asked questions about CANV senior services, and the lack of response to the letter that was sent last fall. Leanne Martinsen indicated that while there was no written response, there has been ongoing communication between CANV and AAOA staff, and the provider has reported increased services in the home visits and telephone calls, but still falls short in the assisted transportation category. **Motion by Heather Stanton, to move the scheduled site monitoring visit for CANV to an earlier date.** Leanne Martinsen indicated that she will follow up with a letter to the provider, informing them that this lack of response is placing the contract in jeopardy, and scheduling an earlier site monitoring visit. The provider site visit schedule was provided at the last meeting, and he encouraged Council members to participate in visits as they are able.

VII. Committee Reports:

- A. Legislative Committee CSL Report – Dr. Lundin distributed copies of the February Commission on Aging Newsletter and a SCAN Foundation fact sheet on the Impact of the State budget on California’s Seniors and Persons with Disabilities. The committee report was deferred due to the late hour.
- B. Program Performance Monitoring Committee – Teri Ruggiero indicated that the committee’s concerns had been expressed during the staff report.
- C. The Membership Committee report was deferred due to the late hour.
- D. HICAP Coordinating Committee– Suzanne Blakeley indicated that the committee report could be deferred until the next meeting due to the late hour.

IX. Action Items:

- A. The committee list was updated at the January meeting, and members present indicated additional committee preferences. **Motion by Richard Lundin, seconded by Lauren Rolfe to accept these committee assignments, motion carried.** An updated list is attached to these minutes.
- B. Other recommendations to the Board of Directors, none at this time.

X. Information Items – none at this time

- XI. Communication with AAA Board: Sharon Monck will present information from the Council at the next AAA Board meeting on February 19, 2013 at the Florence Douglas Senior Center in Vallejo.
- XII. Parking lot items – none at this time
- XIII. The meeting was adjourned at 3:05 PM.

**Area Agency on Aging Serving Napa and Solano
Advisory Council**

Standing Committees

1. Area/Strategic Plan and Grants Committee
Rick Sager – Chair
Constance Boulware
Steven Rozensky
Heather Stanton

2. Program Performance Monitoring Committee
Teri Ruggiero – Chair
Rudy Galindo
Lauren Rolfe
Rosemarie Wilson
Betty Holland
Heather Stanton

3. Advocacy Committee
Suzanne Blakeley – Chair
Nieves Fernandez
Sharon Monck
Teri Ruggiero
Anita Ziebe

4. Legislative Committee
Richard Lundin – Co-Chair
Lauren Rolfe – Co-Chair
Steven Rozensky

5. Nominating & Elections Committee (membership)
Lois Harper
Constance Boulware
Betty Holland

Ad Hoc Committees

1. Rules & Procedures
Sharon Monck
Constance Boulware

2. HICAP Coordinating Committee
Suzanne Blakeley

4. Fundraising/Variety Show planning (Board of Directors Committee)
Suzanne Blakeley
Teri Ruggiero
Lois Harper
Sharon Monck