



ADVISORY COUNCIL, February 5, 2015, 1:00 PM

Napa Senior Center (Large Annex)
1500 Jefferson Street, Napa

Minutes

- I. The meeting was called to order at 1:17 pm by, Steven Rozensky, Chair, with the pledge of Allegiance. . Guests were introduced.
 - A. Members Present, Steven Rozensky, Lois Harper, Carroll Cotton, Carl Bunch, Sally Livingston, Susan Okun, Teri Ruggiero.
 - B. Staff Present: Leanne Martinsen – AAoA Executive Director, Harriett Dietz, Planner, Ruth Feigel, Program Assistant - MIS Specialist, Elizabeth Mautner – Coordinator, Napa Long Term Care Ombudsman Program.
 - C. Members Absent/Excused: Suzanne Blakeley, Nieves Fernandez, Betty Lou Mukerji.
 - D. Board Members Present: Dr. Richard Lundin.
 - E. Guests Present: Drene Johnson – Executive Director, Community Action Napa Valley (CANV), and Lisa DeRose, Nutrition Program Manager CANV.
- II. III. Consent Agenda
 - A. **Motion by Carroll Cotten, seconded by Teri Ruggiero, to approve the agenda for February 5, 2015 meeting minutes as presented.**
 - B. **Motion by Carl Bunch, seconded by Teri Ruggiero, to approve the January 8 meeting minutes as presented, motion carried.**
- III. Correspondence: Leanne Martinsen stated that the letter from the California Department of Aging (CDA), dated January 8, 2015, indicated that all corrective actions from the February 2014 on-site monitoring had been accepted.
- IV. Presentation: Drene Johnson responded to questions about the Napa Senior Nutrition Program. She indicated that the changes to the program this year, including the transition to a central kitchen, and increased start-up costs, had resulted in projecting a lower number of home-delivered meals in Napa than in the previous year. She pointed out that they can only provide home-delivered meals to qualified participants, and there was no waiting list. She also stated that they had not decreased the goal for congregate meals, because they had noted a trend of increasing participation in that program, and were working to build even greater participation at the sites, especially following the earthquake in August. Elizabeth Mautner gave an informative presentation regarding the Long Term Care Ombudsman Program that advocates for residents of licensed facilities throughout all of Napa County. There are 4 free-

standing Nursing facilities, and units at the Veterans Home in Yountville, that are visited at least weekly. There are 41-43 licensed Residential Care Facilities for the Elderly (RCFE) in the county that are visited at least once a month. The program has 4 part-time employees and 10 volunteers. She indicated that she is part of a state-wide coalition that is working with Community Care Licensing to update manuals and changes following the RCFE regulations that are being implemented following recent legislation. One of the changes is a new poster “If you see something, say something” that encourages reporting of problems. She stated that the Ombudsman volunteers submit reports monthly that account for activities - visits, hours and mileage, and she compiles the data for reporting to the AAoA and the database for the State Ombudsman. In January there were 78 visits to Nursing Facilities and 35 to RCFE. She answered questions from Council members and also encouraged participation in a seminar on “Comfort Care” as an alternative to the use of medications when dealing with clients with dementia.

- V. Community Input I – Teri Ruggiero stated that the Public Authority is Solano County is working with North Bay to sponsor training on Dementia Care and Medication Management and she will bring more information when the dates and details are confirmed. She also announced that the Napa Community Chorus is accepting new members, and they will be rehearsing at the Napa Senior Center. Lois Harper reported that Raley’s is now charging for a magazine that used to be free and charging for bags as well.
- VI. AAoA Board Liaison Report – Dr. Lundin reported that the Board of Directors had met on January 20, and received a financial report from the Fiscal Officer, and accepted the Advisory Council Program Monitoring recommendations.. He also reported about the Pathways program at the Yountville Veterans home and reported that Veterans receiving a Federal check received a \$1.00 raise.
- VII. Committee Reports:
 - A. Program Performance Monitoring Committee – The July – December 2014 provider service delivery was included in the mailed meeting packet. Teri Ruggiero reported that the committee did meet this week with staff and reviewed the service delivery report. She distributed a draft of the meeting summary that focused on providers with less than 40% of services delivered at the end of December, and included issues and recommendations. The committee recommendations were:
 1. Request that the AAoA Board review the chart in this document.
 2. The Board direct staff to provide the remaining information needed for a discussion about current year reductions and to work with the Advisory Council for next year to ensure this discussion occurs prior to the recommendation of the contracts to the Board.
 3. Regarding the analysis of the variance in unit cost between Napa and Solano in several areas, and request that the new CFO be assigned to assist in this matter.In the discussion that followed, the consensus was that to request earlier or more frequent reports would be a burden to the program, and those programs that are required to report quarterly (Ombudsman, Legal and Nutrition

Education) should be held to the reporting guidelines and contract with the CDA. **Motion by Suzan Okun, seconded by Carl Bunch to forward these recommendations to the Board of Directors, motion carried.** .

- B. Legislative Committee CSL Report – There were no members present to report on Legislative Activity, and Leanne Martinsen reported that there were some informational handouts from the CSL, as well as information on Senate Bill 128 End of Life Options, and the Reauthorizaiton of the Older Americans Act.
- C. Advocacy Committee – Suzanne Blakeley was not present to make a committee report.
- D. Membership Committee – Lois Harper indicated that the committee needed additional members. She had met with the Director of the Florence Douglas Senior Center. Members are encouraged to recommend potential members to apply.

VIII. AAoA Executive Director & Staff Report.

Leanne Martinsen reported on AAoA activity, including the following items:

- The next Board meeting will be on February 17 at the Veterans Home in Yountville.
- New CFO Jacquelin Bell started this week, and Doug Hanson is staying to assist with the transition.
- Anne Payne has left the Direct Service Supervisor has left for another position, and that position will be posted.
- StopFalls Napa Valley has applied for Napa Master Settlement funds to maintain program in FY 2015-16. We have been informed that 2014-15 is the last year we will be receiving funding from The California Wellness Foundation (have received \$50,000/year for 6 years = \$300,000), as they have established new funding priorities.
- Applying for Kaiser grant to continue Latino Outreach.
- We have hired a Health Educator to provide Nutrition Education – SNAP-Ed at congregate nutrition sites in both counties and also to work with Healthy Minds-Healthy Aging in Napa County.
- Contract with Molly's Angels for Napa Telephone Reassurance was issued, started in January.
- HAPI senior needs assessment survey is in process.
- C4A Capitol Day February 26 this year. Advisory Council members are invited to participate.
- CSL Senior Rally Day in May is another opportunity to advocate.
- Provider monitoring site visits are ongoing, Advisory Council members encouraged to participate.

Harriett Dietz reported that the Area Plan Subcommittee had met (Steve Rozensky, Carl Bunch and Sally Livingston) and discussed potential changes. It has been proposed that additional objectives related to prevention of Elder Financial Abuse (Telephone and Cyber) be added. Information from the Solano Senior Poverty Summit will be incorporated as well. A working group will be formed to look at issues related to the allocation of Title IIIB funds during the summer and fall, leading up to the development of the next major Area Plan Update in 2016. She distributed flyers for

the Community Forums/Area Plan Public Hearings that are scheduled for February 24 & 25. Input is sought from Council members and community members. Approval of the Area Plan Update will be on the March Advisory Council and Board Agendas. She also encouraged members to consider coming to the Shared Housing Workshop.

- IX Action Items: were included under committee and staff report agenda items.
- X. Information Items Dr. Lundin reported that the flu season has hit hard, and immunization is important. It was suggested that Legal Services of Northern California or Catholic Social Services be invited to make the Provider presentation at the next Advisory Council meeting.
- XI. Communication with AAoA Board: Steven Rozensky indicated that he and Teri Ruggiero would report on Advisory Council activity at the February 17 Board of Directors meeting in Yountville.
- XII Community Input II –.Sally Livingston announced that the Senior Coalition of Solano County will be sponsoring a Mini-Medical School series on Saturdays in March at the Kroc Center in Suisun City, and transportation will be provided from the other cities in Solano County. A flyer was distributed. Steve Rozensky announced that the Napa Red Cross office was closing due to a merger, and the regional office is in Santa Rosa.
- XIII. The meeting was adjourned at 2:55 PM.

Submitted by: Leanne Martinsen, Executive Director

Approved by _____, Advisory Council Secretary

Date: _____

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