



P.O. Box 3069, Vallejo, CA 94590

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ADVISORY COUNCIL, February 4, 2016, 1:00 PM
Area Agency on Aging Serving Napa and Solano
Training/Conference Room
400 Contra Costa Street, Vallejo, CA 94590

Minutes

- I. The meeting was called to order at 1:10 pm by, Suzanne Blakeley, Vice Chair, with the pledge of Allegiance. Leanne Martinsen introduced Sandy Calloway and Sandy Perez, Program Director at North Bay Adult Day Center.
 - A. Members Present, Nieves Fernandez, Lois Harper, Carl Bunch, Susan Okun, Carroll Cotten, Rozensky Sally Livingston, Betty Lou Mukerji, Patricia Scarcelli, Teri Ruggiero.
 - B. Staff Present: Leanne Martinsen – AAoA Executive Director, Jason Curletto -- Program Assistant/MIS, Terry Ann Steffen – Direct Services Supervisor.
 - C. Members Absent/Excused: Steven Rozensky, Arnold Koenig.
 - D. Board Members Present: Dr. Richard Lundin.
 - E. Guests Present: Sandy Calloway, applicant for membership, Sandy Perez, Manager NorthBay Adult Day Center.
- II. Consent Agenda
 - A. **Motion by Sally Livingston, seconded by Carl Bunch, to approve the agenda for the February 4, 2016 meeting minutes as presented.**
 - B. **Motion by Nieves Fernandez, seconded by Sally Livingston, to approve the January 7, 2016 meeting minutes as presented, motion carried.**
- III. Correspondence: None.
- IV. Presentation: Sandy Perez provided information about the North Bay Alzheimer's Resource Center and the Adult Day Center program that she manages. The program serves persons with dementia and their caregivers. They provide extended hours (7am to 7pm) to accommodate working caregivers. It is a social program, and they do not provide medical care. They do provide meals and recreational programs. They do have a fee schedule for private pay, and sliding scale and scholarships are available to support low income families. Funding from the AAoA Family Caregiver Support Program contract allows them to provide temporary and short-term respite for caregivers, as well as support groups and counseling. She answered questions from members.

- V. Community Input I – Teri Ruggiero reported that the IHSS Advisory Council is having their spring conference in Fairfield on May 5 from 9-3. They are seeking suggestions for speakers, and there will be a resource fair as well. Sally Livingston announced that the Senior Coalition of Solano County will be hosting a Dynamic Aging conference in Vacaville on March 15 & 16. The Save the date flyers are available, and flyers with more information about the speakers and topics and registration will be available within a week. Lois Harper commented that the conference that was held on January 29 by the PEAS on Alternative Approaches to Wellness was very interesting and informative.
- VI. AAoA Board Liaison Report – Dr. Lundin reported that the Board discussed issues related to senior housing at their last meeting. He also reported on a number of current Veterans issues. The USO is 75 years old. A new treatment for PTSD is hyperbaric chamber with oxygen. The Pathways Program at the Yountville is renovating the facility with private funds, assisted by trade unions. They expect to resume the residential treatment program there in the spring. This program has demonstrated success, providing training, counselling and preventing suicide.
- VII. Committee Reports:
- A. Program Performance Monitoring Committee – The July - December 2015 provider service delivery was included in the mailed meeting packet. Teri Ruggiero provided a report and recommendations from the Advisory Council Program Monitoring Committee meeting on February 1. A copy of the report is attached to these minutes. She complimented Jason Curletto on the good work in preparing reports and anticipating the questions from the committee. She discussed the providers that had fallen short at mid year, and noted that the committee had recommended requesting a Corrective Action Plan for two of the AAoA Direct Services (Napa I&A and Solano Outreach) and watching two Contractors that were low in one of their services. There was discussion regarding other providers that were slightly under 50% at the half-year time, but since trends and past performance indicated a likelihood they would meet their goals by the end of the contract year, no action was recommended at this time. The committee will have another meeting on February 29 to review contract revisions, and the service delivery reports will reflect the new funding levels and goals beginning in January. Jason offered more information, including trend reports. There was a discussion regarding the meaning of “on watch” status, and the prior year’s performance of some providers.
Motion by Pat Scarcelli, seconded by Carl Bunch, to approve the report of the Program Performance Monitoring Committee and recommendations to the Board of Directors as presented, motion carried.
- B. Area Plan subcommittee and work group. Leanne Martinsen indicated that the Solano and Napa County members were meeting separately to discuss priorities before coming back together to develop recommendations for the Advisory Council to consider at the March meeting. There will be public hearings and other opportunities for input before the plan is due to CDA on May 1.

- C. Legislative Committee CSL Report – There were no members present to report on Legislative Activity. Information about how individuals can make voluntary contributions to the California Senior Legislature when they file their California State Income Tax forms was distributed. Leanne Martinsen asked for volunteers to join her at the C4A Capitol Day in Sacramento on February 25. Carl Bunch and Pat Scarcelli volunteered.
- D. Advocacy Committee – Suzanne Blakeley shared information about scams. The newest one is a political scam, and the IRS and lottery phone scams are still happening. She encouraged members to inform their friends to be aware. There are a number of scam stopper presentations scheduled in the area, and these are also good opportunities to educate the public. Terry Ann Steffen reported that somehow the Drop-In Center is receiving response calls from some of the people that have received the scam calls, and this is a good opportunity to provide information on how to recognize and avoid being scammed. Several members shared recent personal experiences with scams. Sally Livingston also noted that the Savvy Saving Seniors program has a unit on scams, and this series is being presented by the Senior Coalition of Solano County in several locations. Suzanne also discussed a new approach that has been reported in Germany, where older women who have sold their single-family homes and purchased apartment buildings where they can live independently together, and support each other as they age.
- E. Membership Committee – Lois Harper reported that she did not have any new applications, and Sandy Calloway indicated that she would be making application for membership.

VIII. AAoA Executive Director & Staff Report:

- A. Leanne Martinsen reported on AAoA activity, including the following items:
 - Provider Contract revisions with One-Time-Only (OTO) funds and adjusted goals have been issued, waiting on a couple of budget revisions.
 - Flyers are available for various events and workshops: “A Matter of Balance” (MoB) Coach training in Napa in March, “Tai-Chi Moving for Better Balance” workshops in Yountville and Fairfield. “Eat Smart-Live Strong” workshops in American Canyon, some of the evidence-based health promotion programs that are offered.
 - Staff working on application for funding from Kaiser Community Benefit for Latino Outreach and Napa County Master Settlement Agreement to support StopFalls Napa Valley.
 - Staffing: Promotion of Terry Ann Steffen to Direct Services Supervisor. Promotion of Tori Campi to Family Caregiver Support Program Coordinator, vacant positions are posted.
 - Met with group facilitated by Solano Co. Family Justice Center re: funding opportunity for Elder Abuse Prevention.
 - Meeting scheduled with Solano Co. D.A. to discuss re-establishing Solano FAST (Financial Abuse Specialist Team).

- Opportunity to advocate for funding to support increased senior mobility services at Solano Co. Board of Supervisors meeting next Tuesday.
 - The Napa Senior Guide has been updated and copies are available now.
- B. Jason Curletto reported that he would be starting program monitoring site visits this month, and would be contacting Advisory Council members who had previously responded to his email, expressing interest in participating with specific providers.

IX. Action Items:

- A. Teri Ruggiero will bring the program monitoring committee recommendations to the Board of Directors at the February 16 Board Meeting.

X. Information Items: None

.XI. Communication with AAoA Board: none this month.

XII Community Input II:

XIII. The meeting was adjourned at 3:15 PM.

Submitted by: Leanne Martinsen, Executive Director

Approved by _____, Advisory Council Secretary

Date: March 3, 2016

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