



P.O. Box 3069, Vallejo, CA 94590

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ADVISORY COUNCIL, October 6, 2016, 1:00 PM

Area Agency on Aging Serving Napa and Solano
Training/Conference Room
400 Contra Costa Street, Vallejo, CA 94590

Minutes

- I. The meeting was called to order at 1:05 pm by Chair, Steven Rozensky, with the pledge of Allegiance. Guests were introduced
 - A. Members Present, Steven Rozensky, Susan Okun, Carl Bunch, Lois Harper, Arnold Koenig, Sally Livingston, Carroll Cotten, Teri Ruggiero, Betty Lou Mukerji.
 - B. Staff Present: Leanne Martinsen – AAoA Executive Director, Jason Curletto, Program Assistant – MIS.
 - C. Members Absent/Excused: Suzanne Blakeley, Sandy Calloway.
 - D. Board Members Present: Dr. Richard Lundin.
 - E. Guests Present: Joyce Goodwin – Interim Health Services Administrator for Older and Adult Services in Solano Co, Joy Gastrejon, John Morris – Napa Resident, Applicant for Advisory Council membership, Steve Sillen -- Benicia Resident, Applicant for Advisory Council membership.
- II. Consent Agenda
 - A. **Motion by Carl Bunch, seconded by Teri Ruggiero, to approve the agenda for the October 6, 2016 meeting minutes as presented, motion carried.**
 - B. **Motion by Carl Bunch, seconded by Susan Okun, to approve the September 1, 2016 meeting minutes, as presented, motion carried.**
- III. Correspondence: A letter of resignation has been received from Nieves Fernandez, and a letter of appreciation for her service will be sent to her.
- IV. Presentation: Cathy Lavaroni Hall, Executive Director of Meals on Wheels of Solano County provided an update on Solano Senior nutrition programs. She discussed the reasons for contracting with Valley Services to manage the kitchen in Suisun City, where meals are now prepared for congregate sites and home-delivered meals in both Solano and Napa County. This arrangement has provided new equipment and greater purchasing power, and will allow the program to control costs and grow to meet the increasing demand. Hot meals are served at congregate sites, and frozen meals are delivered to homebound clients. There have been challenges, but the quality and food safety issues have been addressed consistently. The participation at congregate sites has increased, and a survey of Napa clients indicates satisfaction with the meals provided. She answered questions from members, including the menu requirements and additional costs for serving congregate meals.

- V. Community Input I – Teri Ruggiero reported that planning for the IHSS Spring conference in Solano County begins in November, and input is welcome. Sally Livingston reported that the Solano Centenarian Commemoration was very successful, with 19 in attendance. She also commented that the Senior Coalition of Solano County is focusing on issues related to senior poverty, and will be offering a “train the trainer” for the “Savvy Saving Senior” program. Also the Senior Poverty working group has scheduled a presentation to the 4 C’s meeting where County and City leadership meet together. Carroll Cotton reported that the follow up Napa Housing Summit will be held on October 21 in Yountville, and encouraged members who are interested to register as soon as possible, as space is limited and at the first summit in June, they had to turn folks away. Dr. Lundin reported on veteran issues, including that the VA is paying for some healthcare services outside of the VA system, PTSD is being considered to be a disability, WWII vets and Korean War vets are able to take the “Freedom Flight” to Washington DC, and more information about this can be obtained from the County Veterans Service Officers. He also reported that Veterans can receive treatment for heart and cancer at the David Grant Hospital on Travis AFB in Fairfield.
- VI. AAoA Board Liaison Dr. Richard Lundin noted that the Board met on September 20, and there was a decision to engage a consultant to conduct a review of the AAoA organization. Leanne Martinsen stated that the Counties are willing to share in the cost of an organizational assessment, and that is an opportunity to implement changes to improve the agency’s effectiveness and efficiency. The Executive Committee has met to refine the scope of work, and the full Board will act on initiating the contract at their October meeting.
- VII. Committee Reports:
- A. Program Performance Monitoring Committee –Teri Ruggiero. The next meeting of the Committee will be on October 31, when the service delivery reports for the first quarter will be available for review.
- B. Legislative Committee CSL Report – Leanne Martinsen reported that the California Senior Legislature will be in session in Sacramento October 25-27. It was suggested that Lauren Rolfe be invited to the November Advisory Council meeting to share the priority proposals and news from the CSL.
- C. Advocacy Committee – Suzanne Blakeley was not present to report.
- D. Membership Committee – Lois Harper reported that she and Susan Okun had attended in a meeting of the Carquinez Village organization, and was pleased to know that Steve Sillen from Benicia had followed up and submitted an application for Advisory Council membership. Mr. Sillen indicated that he is a retired teacher and school administrator who has lived in several Solano County cities, and also served on the Solano County Grand Jury, and is now on the advisory board for the Carquinez Village. His application for membership was included in the meeting packet, and will be on the next meeting agenda for a vote. She recognized John Morris, who was in attendance for the second time. He indicated that he is a retired engineer, having worked at Mare Island, and also an Episcopal Priest. He has served on the Napa County Grand Jury. His application for membership was also included in the meeting packet. **Motion by Susan Okun, seconded by Carl**

Bunch to to accept the membership application of John Morris, and appoint him to a three year term ending in October 2019.

- E. TACC Report – Arnold Koenig participated in the TACC meeting in Sacramento on September 12-13, as Steve Rozensky was not able to attend. He reported that that it was good to see so many advocates from around the state, and they agreed that housing was the number one problem. He shared the California Commission on Aging Bill Tracking List. Arnold Koenig also reported that the TACC members were very interested in the Napa Caregiver Ordinance, which requires that paid caregivers have a background check. He discussed the local concerns about enforcing the ordinance and said that he has volunteered to assist Napa Commission on Aging members with developing educational materials for the community, including first responders. Leanne Martinsen indicated that the AAoA has been responsible for processing the permit applications, and there is information, including the actual ordinance, posted on the AAoA website. There was a discussion regarding the definition of a caregiver and reporting elder abuse. Joyce Goodwin provided input about the role of Adult Protective Services. Teri Ruggiero reported that the AAoA caregiver referral registry program had been helpful in linking her with caregivers when a family member was seeking to hire help in Napa County. Arnold Koenig also reported that the Napa County Alliance for Senior Education is planning to offer workshops on senior safety.

VIII. AAoA Executive Director & Staff Report.

- A. Leanne Martinsen reported on AAoA activity, including the following items:
- Area Plan submitted to CDA on April 29, awaiting approval.
 - Area Plan Budget approved by CDA.
 - Following up with both nutrition contractors regarding transition to subcontract with Valley Services.
 - Kaiser Public Affairs Event Sponsorship for Fall Prevention Events in September were awarded \$5,000 for each county. An event was held on September 7 in Suisun City, on September 21 in Calistoga, September 23 in Napa and September 28 in St. Helena. All events were well received.
 - Submitted application to Napa Valley Vintners for Auction Napa Valley funds to support community health programs in Napa (Including StopFalls Napa Valley) on August 15. Funding decisions will be made in mid-October.
 - Two staff members went to San Diego for training to become leaders for Tai-Chi: Moving for Better Balance. This was made possible by our grant from Solano Co. public health for fall prevention activities, and will expand our capacity to provide evidence-based fall prevention programs.
 - Staffing: Interviewing for a full-time Planner position and a part-time clerical assistant position to support Fiscal operations.
 - Attended the SCAN Foundation California Summit on Long-Term Services and Supports: Advancing Person-Centered Care in Sacramento on September 13. This was an opportunity to learn about the major initiatives in the state, as we prepare to serve clients and do business with our partners in County programs and Health Plans under these initiatives. Supplementary information is available for distribution.

- Many health fairs and outreach opportunities are scheduled in the next month. Copies of event flyers were provided for those who wish to take for themselves to distribute in the community. and a sign-up sheet was provided so that members could indicate their availability to join staff at each event. Advisory Council members and others are especially welcome to join the AAoA Go Getters team at the Solano Walk to End Alzheimer's on October 22 in Suisun City, and donations are welcome. Susan Okun commented that she had heard a good presentation from the Alzheimer's Foundation at the Carquinez Villages meeting.

B. Jason Curletto offered to answer questions from members about the provider performance reports or any other concerns about program monitoring. The reports distributed reflect 2 months activity, and we would expect to see about 16% of the annual goal.

IX. Action Items:

A. The Council had no new recommendations to the Board of Directors.

B. The Council took action to accept the membership application of John Morris during the Membership Committee agenda item.

C. Members are encouraged to sign up to participate in outreach events scheduled in October and November.

D. Arnold Koenig and Susan Okun expressed interest in forming a committee on Elder Abuse. This will be placed on the agenda for next month.

X. Information Items: Request from the Vallejo Veterans Memorial Building Council, seeking WW II veterans to honor on December 16. Contact information was shared. Leanne Martinsen indicated that the Solano District Attorney's office has budgeted funds to revive the Financial Abuse Specialist Team (SolanoFAST), and they will be giving a presentation at the Senior

.XI. Communication with AAoA Board: Steven Rozensky indicated that he would be able to attend the next Board meeting on October 18 in Napa..

XII. Community Input II. None.

XIII. The meeting was adjourned at 2:20 PM. With thanks to Steven Rozensky for providing cookies.

Submitted by: Leanne Martinsen, Executive Director

Approved by _____, Advisory Council Secretary

Date: November 3, 2016

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