

NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS



Advisory Council on Aging

AGENDA

**ACOA Advisory Council Virtual Meeting
January 5, 2021 - 10:00 AM Pacific Time**

Join Zoom Meeting:

<https://us02web.zoom.us/j/85921418390>

Meeting ID: 859 2141 8390

Call In Number: 669-900-9128

NAPA/SOLANO AREA AGENCY ON AGING MEETING PROTOCOL IN RESPONSE TO CORONAVIRUS COVID 19

California Governor Gavin Newsom issued Executive Order N-25-20 on March 12, 2020, relating to the convening of public meetings in light of the COVID-19 pandemic. The Napa/Solano Area Agency on Aging hereby provides notice that it will continue to convene its regularly scheduled public meetings of the Oversight Board and the Advisory Council telephonically, as provided in the publicly posted agenda notice, and until further notice. Pursuant to the Executive Order, and to maintain the orderly conduct of the meeting, the Napa/Solano Area Agency on Aging will allow Board members and Council members to attend the meetings telephonically and to participate in the meetings to the same extent as if they were present.

Members of the public who wish to participate may participate telephonically. For members of the public who wish to participate but not to attend telephonically, you may submit written comments on any matter within the Board or Council's subject matter jurisdiction, regardless of whether it is on the agenda for Board or Council consideration or action, and those comments will be entered into the administrative record of the meeting. To submit written comments by U.S. Mail or email for inclusion in the meeting record, they must be received by the Napa/ Solano Area Agency on Aging staff no later than 9:00 a.m. on the morning prior to the noticed meeting. To submit written comments by email, please forward them to eclark@solanocounty.com. To submit such comments by U.S. Mail, please forward them to:

Elaine Clark
Napa/Solano Area Agency on Aging
275 Beck Avenue
Fairfield, CA 94533

NAPA/SOLANO AREA AGENCY ON AGING



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Advisory Council on Aging

AGENDA

January 5, 2021

CALL TO ORER – 10:00 a.m.

ROLL CALL

COMMENTS FROM THE PUBLIC

This is your opportunity to address the Advisory Council on a matter not listed on the Agenda, but it must be within the subject matter jurisdiction of the ACOA. Please limit your comments to three minutes. Items from the public will be taken under consideration without discussion by the Advisory Council and may be referred to staff.

APPROVAL OF THE AGENDA

APPROVAL OF THE DECEMBER 1, 2020 MINUTES

GUEST SPEAKER – Lauren Rolfe, California Senior Assembly Member: CSL Overview

REPORTS

AD HOC MEMBERSHIP COMMITTEE – Upcoming term vacancies and current Napa vacancy.

EXECUTIVE COMMITTEE – Richard White

CURRENT PROJECTS

- **Newsletter** – Cheryl Johnson
- **Program Themes Calendar** – Donna Harris and Julie Spencer
- **Adopt a Provider Reports and Updates:** Julie Spencer on Innovative Health Solutions, and Deanna DuPont on Meals on Wheels Napa.
- **Elder Justice** – Arnold Koenig
- **Proposed: ACOA Advocacy** – Motion to Approve as Project. Team. First focus may be The Vitals App.

STAFF REPORT INCLUDING NEW COVID RELIEF BILL AND WEBSITE LAUNCH – Elaine Clark

OLD BUSINESS

- Speakers: February Speaker: Julie Bates, Associate State Director AARP by Richard White. Future Speakers: Cristal Little, Vallejo Housing Justice Coalition, by Brenda Crawford; Allison Haley, District Attorney Napa County on Elder Abuse Scams, by Arnold Koenig.
- Recommendations on communications and education for building trust in COVID vaccines – Brenda Crawford.

NEW BUSINESS

ANNOUNCEMENTS

ADJOURN – 12:00 p.m.

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Advisory Council on Aging

DRAFT MINUTES
December 1, 2020

CALL TO ORDER: 10:00 a.m.

PRESENT: Elaine Clark, Program Staff; Richard White, Chair; Dane Reeves, Vice Chair; Susan Ensey, Secretary; Donna Altes; Verneal Brumfield; Brenda Crawford; Deanna DuPont; Donna Harris; Cheryl Johnson; Robert Padilla; Tony Provine; Fran Rosenberg; Julie Spencer. **Absent:** Brenda Burke; Arnold Koenig.
Guests: Joyce Goodwin, Executive Director Napa/Solano Area Agency on Aging; Laurie Hartmann, Executive Director Meals on Wheels Solano County.

COMMENTS FROM THE PUBLIC: No public representatives present.

APPROVAL OF THE AGENDA: Add Guest Speaker Mark Foster with Vital Apps. Motion to Approve by Donna Altes; Seconded by Verneal Brumfield; Approved.

APPROVAL OF THE MINUTES: Motion to Approve by Fran Rosenberg; Seconded by Donna Harris; Approved.

GUEST SPEAKER: Mark Foster, Chief Investigator, Napa County District Attorney. Subject: The Vitals App

The Vitals App is a smart phone application that provides first responders and care providers with key care information on vulnerable members of the community. Mark reported that the \$25,000 estimated cost to Napa County is the primary issue and his strategy is to build broad grass roots support for the program prior to going to the Board of Supervisors for approval. Mark is asking for the support of the Advisory Council in advocating for the program. Questions and positive comments were made by Donna Altes, Donna Harris, Brenda Crawford, other Members, as well as guests Joyce Goodwin and Laurie Hartmann.
Website: <https://thevitalsapp.com>

REPORTS:

AD HOC MEMBERSHIP COMMITTEE: Seven Member's terms are up this year. Members who have indicated intent to stay include Verneal Brumfield and Donna Harris. Richard White called for volunteers for this committee to identify and recruit new members.

EXECUTIVE COMMITTEE: Richard White, Chair

Advocacy Role: We will be forming a group project to develop guidelines for the Advisory Council to move toward an advocacy role. The first program to advocate may be for The Vitals App. Richard called for volunteers.

Future Speakers: The February Meeting speaker will be Julie Bates, Associate State Director AARP, on Age Friendly Communities including the Livability Index. Speakers and topics yet to be invited include Elder Abuse Scams by Arnold Koenig, and Housing by Brenda Crawford

CURRENT PROJECTS:

- **Program Themes Calendar:** Donna Harris and Julie Spencer will report at the January Meeting.
- **Adopt-A-Provider:** Richard White provided an update on Faith in Action. Julie Spencer will report on Innovative Health Solutions in January. Donna Altes reported that Yvonne Baginsky, Executive Director of Share the Care is retiring. Elaine added that a new Executive Director has been selected and that they plan to continue the Dignity at Home Fall Prevention Program for Napa.
- **Elder Justice:** Arnold Koenig is reaching out to contacts.

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STAFF REPORT: Elaine Clark referenced her written report. Highlights:

- A Justice in Aging webinar Elaine attended explained how COVID revealed where some gaps are in our systems, and in turn revealed priorities for building the future. See details in Elaine's Staff Report.
- AAA is planning to help service providers address the challenge of recruiting volunteers by creating ways for them to work together.
- Fiscal and programmatic monitoring of all service providers will be carried out this year. Forms and process guidelines to be used for monitoring are being developed.
- Seventy five Google Home devices for low income seniors were applied for from the CDA's state wide program. Google Home devices enable users to speak voice commands to a virtual assistant to interact with services. All service providers were invited to participate and Innovative Health Solutions asked to participate. They will be gathering data on reducing social isolation. There is no funding for the considerable training, monitoring and follow-up required. The program will begin after the first of the year.
- Cheryl Johnson will be working with Elaine on the Constant Contact newsletter.
- The Emergency Aid Program Flyer was sent to Members. The internal application process is being finalized and Members will be notified when to begin communicating the program to contacts. The program provides one time only, last resort funding assistance for emergencies related to housing issues. Discussion included comments and questions from Tony Provine, Julie Spencer and others. Brenda Crawford explained how payouts made to creditors by service providers instead of being paid to the individuals are disempowering.

NEW BUSINESS:

- Solano County Health RX Program: Elaine Clark reported moving forward with the agreement for Solano County Health RX Program to deliver medically tailored foods and activities. Innovative Health Solutions will collect the data. The details of the proposal have been sent to Advisory Members. **MOTION: Motion by Brenda Crawford to approve agreement for the Solano County Health RX Program;** Deanna DuPont Seconded. Discussion included comments from Julie Spencer, Donna Harris and others. Approved.
- TACC Meeting Report: Richard White submitted the Report and will send a copy to Advisory Members.

ANNOUNCEMENTS:

- **MOTION: Motion by Tony Provine that the Advisory Council will express our support for The Vital Apps Program and will pursue implementation in Napa and Solano Counties;** Donna Altes Seconded; Approved.
- KVON Senior Moments Program: On December 9, 7:30 a.m. Julie Spencer and Richard White will be guests.
- Solano Older Adult Pedestrian Safety Project: Debbie McQuilkin of the Solano Transportation Authority will be the speaker on this topic at the Senior Coalition Meeting on December 8.
- COVID Vaccination communications and education: Brenda Crawford pointed out the importance of trust and confidence in the COVID vaccine particularly from Black and people of color communities. Brenda recommended that the Advisory Counsel support communication and education around vaccinations. Elaine Clark suggested the Advisory Council develop a plan and consider involving service providers. Brenda volunteered to head up this effort and will put some thoughts together. Advisory Members are invited to work with Brenda.
- Livable Communities: Richard White briefly reviewed the two counties' Livability Indexes and will send copies to Members.
- Donna Altes, shared information on the ADL (Accessory Dwelling Unit) Zoom meeting.
- Since the second quest speaker planned for today, Lauren Rolle with CSL, did not call in in time, she may be invited for the January meeting.

AJDOURNED: 12:03

Internal Calendar - Napa / Solano Advisory Council on Aging - FY20-21

Updated 12.22.20

Month	Meetings / Membership	Project & Advocacy Milestones	Key AAA / Contract Activities
JULY	Review of 2020-2024 Area Plan		FY20-21 Provider Contracts begin
AUGUST	8/4 Speaker Patti Prunhuber, Justice in Aging. Subject: Elder Housing Resignation from Linda Chandler, Solano	Elder Justice Committee approved	Elaine Clark presented a Summary of the top 5 Community/AAA Priorities for each county including supporting objectives and goals.
SEPTEMBER Fall Prevention Month	Welcome new Solano Council Members: Tony Provine and Cheryl Johnson 9/1 Speakers Caroline Perry and Elizabeth Hansell. Subject: Proposition 19	Adopt-A-Provider Project Started	CARES Funding recommendations reviewed with Council. Senior Resource Guide for each county published.
OCTOBER Emergency Preparedness	Members received ACOA business cards, cloth brief-cases and materials.	Project structure and elimination of Committees, except Executive and Ad Hoc Nominating Committees Approved.	CARES funding finalized
NOVEMBER Family Caregiver Month	11/3 Speaker: Nicole Braddock, Solano Land Trust Collabria Care update by Dane Reeves; Alzheimer's Assoc. by Cheryl Johnson		CARES funding available to Providers starting November 1st, expiring September 30th.
DECEMBER	12/1 Speaker: Mark Foster, Chief Investigator, Napa Co District Attorney. Subject: The Vital Apps Emergency Housing Funding Explained	Motion approved for Advisory Council to support and pursue implementation of The Vitals App.	Agreement approved for the Solano County RX Health Program.
JANUARY	1/5 Speaker: Lauren Rolfe, California Senior Assembly Member. Subject: CSL New Website overview New COVID Relief Bill reviewed	Approve new Project to create protocols for Council to move toward advocacy role.	New AAA website launch New COVID Relief Bill reviewed
FEBRUARY	2/3 Speaker: Julie Bates, Associate State Director AARP. Subject: Livable Communities and Livability Index Report March for Meals activities -- TBD	Involvement in review process for: --Area Plan --Services and Provider allocations Capital Day February 28	Start review process for: --Area Plan --Services and Provider allocations
MARCH March for Meals	Review and suggest changes to Area Plan Nominating Committee appointed	Recommendation for changes to Area Plan ACOA members participate in March for Meals activities -- TBD	Update Area Plan
APRIL	Approve funding allocations for Service Provider Contracts Slate of Officers presented. Opportunity for nominations from the floor.		Public Hearing on Area Plan Update Funding allocations approved
MAY Older Americans	New Officers appointed Presentation: Solano Pride: Donna Harris		Submit Area Plan to CDA
JUNE Gay Pride & Elder Abuse			

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EXECUTIVE COMMITTEE AGENDA January 5, 2021 – 12:00–12:30 – Zoom Meeting

CALL TO ORDER 12:00

ROLL CALL

APPROVAL OF AGENDA

APPROVAL OF MINUTES FROM NOVEMBER 3, 2020 MEETING

DISCUSSION TOPICS

- Plan Agenda for ACOA Meeting January 5, 2021
- Discuss Council Members nomination process

ADJOURN 12:30

EXECUTIVE COMMITTEE DRAFT MINUTES From December 1, 2020 – Zoom Meeting

CALL TO ORDER: 12:15

ROLL CALL: Richard White, Chair; Susan Ensey, Secretary; Elaine Clark, Staff. Excused: Dane Reeves, Vice Chair

DISCUSSION TOPICS:

- The Advisory Council Projects and activities should include a call to action and results.
- Development of Protocols for ACOA Advocacy: At the January Meeting Members will be asked to vote approval for a new Project to create the guidelines for ACOA moving into an advocacy role. The Vitals App may be the first focus.
- Review of Member Terms and interests
- Future Speakers: Lauren Rolfe, California Senior Assembly Member will be asked to speak in January. Richard will ask Julie Bates, Associate State Director AARP to speak in February, and Brenda's contact in March. Dane will continue to work with Arnold Koenig for a speaker on Elder Justice Scams.

ADJOURNED 12:26

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Staff Report January 2021

Lots of internal issues addressed in December, as well as the C4A Annual Conference, virtual this year.

C4A Conference Highlights

- Lance Robertson, Administration for Community Living (ACL)
 - 50,000 calls have been received to the Friendship Line since the pandemic
 - The crisis must be addressed at the local level, through local AAA programs and services
 - Promote integration of healthcare and social services – ACL will look at:
 - Shared approach for integration
 - Highlight different models
 - Establish strategies for partnerships
 - 41% of aging and disabilities service providers contract with healthcare
 - Pandemic vaccination programs will rely on AAA service providers to get the word out
- Nazarian
 - COVID-19 amplified the structural issues facing the aging community in CA.
 - Budget discussions happening now are the time to elevate senior issues
- Ashton Applewhite
 - Race isn't a risk factor, "racism" is a risk factor.
 - Intersectionality – need to address all "ableisms" because we are more than one thing.
 - Ageist – how we think they are based on age
 - Ableist – how we think their minds and bodies should be
 - Uses the term "olders" not "senior" or "elder"
 - Age and disability are not the problem. Discrimination is the problem... the wheelchair is not the problem. The stairs are the problem.
 - If you wake up in the morning, you are aging successfully
- Mexican Gerontologist said, "The appearance of the bull changes when you enter the ring... looks different as a spectator than the matador... the bull is change..."
- Audrey Lorde, no such thing as a single-issue struggle because we don't lead single issue lives.

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- Livable Communities – AARP
 - 8 Domains of livable communities. Cities are looking at each and seeing where we can make a difference. Don't need to tackle everything at once.
- Christina Miller – National Alliance to End Homelessness
 - 560,000 homeless people nationally on any given night.
 - CA: 159,000 homeless, 2/3 are unsheltered, beds don't turnover as often as they used to, not enough beds.
 - Need to frame homelessness as a healthcare crisis.
 - Pandemic has caused a shift away from "NIMBYs" because of the acute health emergency
 - Homelessness is an interconnected social justice issue.
- Front Porch – L.A. based technology solution for older adults and their caregivers
- OASIS has technology classes for "olders"
- LTSS – greatest focus – preventing people from entering nursing homes. Do what is needed in the home to help people remain independent.
- Home Bridge – SF contractor – set up shelter in place hotels include rapid assessments and getting people set up with services quickly.
- How do we create our own Master Plan for Aging in Napa/Solano?

Newsletter

Cheryl Johnson created the template and sent for input. Would like to start sending in January. Need to create email lists of individuals. Encourage people to sign up. Share the newsletter with your lists. We need to name the newsletter. Cheryl suggested a contest. Your thoughts?

AAA Planners Meeting

Different AAAs want to start an Adopt a Provider program similar to ours. You guys rock!

CalFresh Healthy Living Quarterly Call

Providers are not meeting goals because of the pandemic. Most of the work is direct: classes, events, gardens. Converting to virtual and attracting older adults is not working well. CDA is aware and trying to help ease restrictions.

Website

Up and running! Can use your input/suggestions. Will review site during the meeting. Thank you Julie for sending the website addresses for senior/community centers.

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Contract Monitoring

Fiscal monitoring has begun. Programmatic will start in January. I have alerted the providers.

Area Plan Update

CDA released the guidance for the Area Plan update, due in May. Once I review, I will present to the ACOA and ask for your input/approval. Anticipate March/April ACOA item. Public Hearings will be virtual again this year.

Tribal Funding

Solano County will receive a small amount of funding from the Yoche Dihe Nation again this year. Approximately \$20,000 will be available for fall prevention. I anticipate rolling the additional funds into the Fall Prevention contract for the Solano County provider.

Volunteers

Hosted a meeting with service providers re: volunteer needs. They need help as many volunteers have left because of the pandemic. I reached out to CVNL to host a volunteer "speed dating" type event. Will add a Volunteer page to the website, include volunteer spotlight in the newsletter.

COVID Relief Bill

Congress passed a new COVID relief package that sets aside \$175 million for senior nutrition (down from \$750 million). No funds for IIIB programs. It will take months to see how much is released to the states and then to us. The bill included funding for the regular 2021-2022 fiscal year as well. The annual funding remains flat for the new year.

Joyce Goodwin Retirement

Executive Director of the N/S AAA, Joyce Goodwin, retires effective 12/30/20. Gwendolyn Gill will be the acting Executive Director. A search for a new Administrator for Older and Disabled Adult Services for Solano County, which includes the position of Executive Director of the N/S AAA, will begin immediately.

Senior Isolation/Digital Divide

Thanks to Brenda Crawford for reaching out to CA Senator Bill Dodd's office to request he look into changing CA legislation that requires ongoing tracking of electronic equipment purchased for seniors. The current rule makes it too difficult for AAAs and their providers to track the equipment – such as iPads – which can help reduce isolation. I am working with other AAAs to eliminate this road block. Once the rule is changed service providers could purchase electronic equipment to give/loan to homebound seniors.

Program	FY20 Final	FY21 Final
Elder Americans Act Programs		
Title III-B Home and Community-Based Services	\$390 million	\$392.5 million
Title III-C Nutrition Total	\$936.7 million	\$951.7 million
<i>III-C-1 Congregate Meals</i>	\$510 million	\$515 million
<i>III-C-2 Home-Delivered Meals</i>	\$266 million	\$276 million
<i>III-C Nutrition Services Incentive Program (NSIP)</i>	\$160 million	\$160 million
Title III-D Preventive Health	\$24.8 million	\$24.8 million
Title III-E Family Caregiver Support Program	\$185.9 million	\$188.9 million
Title V Senior Community Service Employment Program (SCSEP)	\$405 million	\$405 million
Title VI Native Americans Nutrition/Supportive Services	\$34.7 million	\$35.2 million
Title VI Native Americans Caregiver Program	\$10.3 million	\$10.8 million
Title VII Long-Term Care Ombudsman	\$22.7 million	\$23.7 million
Title VII Elder Rights Support Activities Total	\$15.9 million	\$17.9 million
<i>Elder Justice Initiative</i>	\$12 million	\$12 million + \$2m
<i>Other Elder Rights Activities</i>	\$3.9 million	\$3.9 million
Block Grants		
Social Services Block Grant (HHS-ACF)	\$1.7 billion	\$1.7 billion
Community Services Block Grant (HHS-ACF)	\$740 million	\$745 million
Community Development Block Grant (HUD)	\$3.4 billion	\$3.45 billion
Other Aging Programs		
Senior Corps (CNCS)	\$221 million	\$225 million
Chronic Disease Self-Management Program (HHS-ACL)	\$8 million	\$8 million
Elder Falls Prevention (HHS-ACL)	\$5 million	\$5 million
Low-Income Home Energy Assistance Program (LIHEAP) (HHS-ACF)	\$3.74 billion	\$3.75 billion
Medicare SHIPs (State Health Insurance Assistance Program) (HHS-ACL)	\$52.1 million	\$52.1 million
Housing for the Elderly (HUD)	\$793 million	\$855 million
Commodity Supplemental Food Program (USDA)	\$245 million	\$325 million