

NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS



Advisory Council on Aging

AGENDA

**ACOA Advisory Council Virtual Meeting
December 1, 2020 - 10:00 AM Pacific Time**

Join Zoom Meeting:

NAPA/SOLANO AREA AGENCY ON AGING MEETING PROTOCOL IN RESPONSE TO CORONAVIRUS COVID 19

California Governor Gavin Newsom issued Executive Order N-25-20 on March 12, 2020, relating to the convening of public meetings in light of the COVID-19 pandemic. The Napa/Solano Area Agency on Aging hereby provides notice that it will continue to convene its regularly scheduled public meetings of the Oversight Board and the Advisory Council telephonically, as provided in the publicly posted agenda notice, and until further notice. Pursuant to the Executive Order, and to maintain the orderly conduct of the meeting, the Napa/Solano Area Agency on Aging will allow Board members and Council members to attend the meetings telephonically and to participate in the meetings to the same extent as if they were present.

Members of the public who wish to participate may participate telephonically. For members of the public who wish to participate but not to attend telephonically, you may submit written comments on any matter within the Board or Council's subject matter jurisdiction, regardless of whether it is on the agenda for Board or Council consideration or action, and those comments will be entered into the administrative record of the meeting. To submit written comments by U.S. Mail or email for inclusion in the meeting record, they must be received by the Napa/ Solano Area Agency on Aging staff no later than 9:00 a.m. on the morning prior to the noticed meeting. To submit written comments by email, please forward them to eclark@solanocounty.com. To submit such comments by U.S. Mail, please forward them to:

Elaine Clark
Napa/Solano Area Agency on Aging
275 Beck Avenue
Fairfield, CA 94533

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AGENDA

December 1, 2020

CALL TO ORER – 10:00 a.m.

ROLL CALL

COMMENTS FROM THE PUBLIC

This is your opportunity to address the Advisory Council on a matter not listed on the Agenda, but it must be within the subject matter jurisdiction of the ACOA. Please limit your comments to three minutes. Items from the public will be taken under consideration without discussion by the Advisory Council and may be referred to staff.

APPROVAL OF THE AGENDA

APPROVAL OF THE NOVEMBER 3, 2020 MINUTES

GUEST SPEAKER – Lauren Rolfe, California Senior Assembly Member: CSL Overview

REPORTS

AD HOC MEMBERSHIP COMMITTEE – Upcoming term vacancies and current Napa vacancy. Call for volunteers on Committee.

CURRENT PROJECTS

- **Program Themes Calendar** – Donna Harris and Julie Spencer
- **Adopt a Provider** - Reports and updates from Council Members: Julie Spencer on Innovative Health Solutions, and Richard White on Faith in Action.
- **Elder Justice** – Arnold Koenig

EXECUTIVE COMMITTEE – Richard White

STAFF REPORT – Elaine Clark

OLD BUSINESS

- Approval and volunteers for new Project to develop Protocols for ACOA Advocacy role.
- State Economic Forecast released November 10 with funding for Dignity at Home - Fall Prevention.
- Update Speakers and organizers: Mark Foster, Vitals App DA by Richard White/Donna Altes; Brenda Lynn Goodall, California Commission on Aging by Brenda Crawford; and speaker on Elder Abuse Scams by Arnold Koenig and Dane Reeves.

NEW BUSINESS

- Approval of finalized Solano County Health RX Program – Elaine Clark
- TACC Meeting and Report – Richard White

ANNOUNCEMENTS

ADJOURN – 12:00 p.m.

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DRAFT MINUTES
November 3, 2020

CALL TO ORDER: 10:00 a.m.

PRESENT: Elaine Clark, Program Staff; Richard White, Chair; Dane Reeves, Vice Chair; Susan Ensey, Secretary; Donna Altes; Verneal Brumfield; Brenda Crawford; Deanna DuPont; Donna Harris; Cheryl Johnson; Arnold Koenig; Robert Padilla; Tony Provine; Fran Rosenberg; Julie Spencer. Absent: Brenda Burke.

COMMENTS FROM THE PUBLIC: No public representatives present.

APPROVAL OF THE AGENDA: Correct Guest Speaker to Nicole Braddock and Old Business to show Julie Spencer will do KVON Senior Moments. Motion to Approve by Fran Rosenberg; Seconded by Donna Altes; Approved.

APPROVAL OF THE MINUTES: Motion to Approve by Donna Altes; Seconded by Fran Rosenberg; Approved.

GUEST SPEAKER: Nicole Braddock, Executive Director, Solano Land Trust: The purpose of the land trust is to work to conserve land, serve people, and inspire love of the land. Nicole highlighted information that relates to older adults. The group discussed the overlap and tie-in of goals for older adults in addressing issues such as isolation, and discussed ideas and opportunities for further engagement and access. Brenda Crawford will follow-up with Nicole regarding older adults in Vallejo. The Power Point Presentation is available to Members.

REPORTS:

AD HOC MEMBERSHIP COMMITTEE: The Napa Advisory Council vacancy remains open.

EXECUTIVE COMMITTEE: See written report.

PROJECTS:

- **COMMUNICATIONS:** Elaine Clark submitted a Letter-to-the-Editor to the Register and Daily Republic which highlights many of the outstanding efforts and results by Providers during this difficult time.
- **PROGRAM THEMES CALENDAR:** Donna Harris and Julie Spencer will report at the December Meeting.
- **NEWSLETTER:** Constant Contact has been selected as the provider. Elaine Clark is working with the county on final details. Elaine added that she expects the new website to be up early next year.
- **ADOPT-A-PROVIDER:** Dane Reeves provided an update on Collaborative Care programs including their Adult Care Day Program. Cheryl Johnson reported on Alzheimers' Association activities including her involvement in supporting the organization. Next month: Julie Spencer will report on Innovative Health Solutions; Richard White on Faith in Action.
- **ELDER JUSTICE:** Arnold Koenig reported that he continues to reach out to contacts.
- **LEGISLATIVE:** Richard White reported on his advocating for transportation access for remote populations in response to a new grant to the Solano Transit Authority. This is an example of how we can be involved in advocacy in local issues. Going forward the Advisory Council will select and vote on issues to advocate that are related to the Master Plan. The Legislative team includes Richard, Tony Provine and Dane Reeves. Richard invited other Council Members to join the team.

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PROJECTS Continued:

- **INTERNAL CALENDAR:** An updated PDF copy will be included in Member Meeting Packets each month. This is an internal ACOA planning tool and includes columns for:
 - Notation of themes for each month, e.g., March is Meals on Wheels. Knowing this in advance we can be ready with a speaker, information and activities for the Advisory Council.
 - Highlights of our Meetings and Membership including speakers
 - Project Milestones
 - Key AAA contract activities

STAFF REPORT: Elaine Clark referenced her written report. Highlights:

- The work required of her for the end of the year is extensive.
- CARES Act contracts finalized.
- Template created for ACOA Press Releases.
- Elaine reported good news in seeing that the state's activities and programs entail consideration of equity and the impact upon diverse populations such as people of color and LGBTQ.
- The state Economic Forecast will be released November 10. Elaine explained that if funding for Dignity at Home - Fall Prevention is cut, there will be no additional funding for Napa or Solano fall prevention. Elaine is ensuring Providers are capturing data to show results with pre- and post-assessments of incidents.
- The group discussed the decline in Congregate Meal attendance. Elaine's report lists considerations and alternatives being discussed by our Napa and Solano providers. Julie Spencer provided insights from experience at Rianda House.

OLD BUSINESS:

- Julie Spencer will participate in the KVON Senior Moments program and Elaine will provide talking points.
- The Master Plan is going to the Governor in December. The expectation is that the funding will not be changed for this coming fiscal year. The funding may change in the following years based on recommendations to move to wrap around services, that is, all services available in one location.
- Elder Index charts for Solano and Napa provided by UCLA Center for Health Policy Research: The group briefly reviewed the cost of living numbers. The numbers show why our services are needed.

NEW BUSINESS:

- Member terms: The terms for seven Members will expire this year. Richard asked Members to consider renewing for another two years.
- Future Speakers: Donna Altes previously recommended a speaker, Mark Foster Vitals App DA, and she will pursue for December. Brenda Crawford recommended and will pursue Brenda Goodall who has been recently appointed to the California Commission on Aging.

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ANNOUNCEMENTS:

- The Senior Coalition of Solano County is meeting by Zoom on November 6, at 10:00.
- Senator Dodd will hold a virtual town hall on November 10, 6:00 p.m. on streaming video KSVY.org.

ADJOURNED 12:13 Motion to Adjourn by Verneal Brumfield; Seconded by Robert Padilla; Approved.

DRAFT

Lauren Rolfe Introduction

Lauren Rolfe was born in Isleton and went to High School in Rio Vista. After getting married, she lived in several different locations and had two sons. Eventually she bought a home in Suisun City (Solano County). She and her husband have lived in Suisun for 40+ years.

Lauren completed both a Bachelor's and a Master's Degree from University of San Francisco, majoring in Organizational behavior and Rehabilitation Administration while working for an organization that provides work opportunities for people with disabilities. She helped establish a Supported Employment program that served people with developmental, psychiatric, and brain injury disabilities. Later, as Vice President of Human Services for Goodwill Industries of Greater East Bay she oversaw the Training, Employment, and Human Resources Divisions. Subsequently as Executive Director of the Solano County IHSS Public Authority, she continued and focused her work with seniors and people with disabilities.

Throughout Lauren's life she volunteered in many agencies and organizations. Today she continues a ten-year commitment to California's seniors by volunteering as Past Chair for the California Senior Legislature. Additionally, she is an original member of the Solano County Senior Coalition and actively advocates for truly affordable housing solutions.

Lauren enjoys her retirement with her husband of 54 years and her children and grandchildren.

Internal Calendar - Napa / Solano Advisory Council on Aging - FY20-21

Month	Meetings / Membership	Project & Advocacy Milestones	Key AAA / Contract Activities
JULY	Review of 2020-2024 Area Plan		FY20-21 Provider Contracts begin
AUGUST	8/4 Speaker Patti Prunhuber, Justice in Aging. Subject: Elder Housing Resignation from Linda Chandler, Solano	Elder Justice Committee approved	Elaine Clark presented a Summary of the top 5 Community/AAA Priorities for each county including supporting objectives and goals.
SEPTEMBER Fall Prevention Month	Welcome new ACOA Solano Council Members: Tony Provine and Cheryl Johnson 9/1 Speakers Caroline Perry and Elizabeth Hansell. Subject: Proposition 19	Adopt-A-Provider Project Started	CARES Funding recommendations reviewed with Council. Senior Resource Guide for each county published.
OCTOBER Emergency Preparedness	Members received ACOA business cards, cloth brief-cases and materials.	Move to Project structure and elimination of Committees, except Executive and Ad Hoc Nominating Committees. Motion Approved.	CARES funding finalized
NOVEMBER Family Caregiver Month	11/3 Speaker: Nicole Braddock, Solano Land Trust Dane Reeves -- Collabria Care Provider update; Cheryl Johnson - Alzheimer's Association Provider Update		CARES funding available to Providers starting November 1st, expiring September 30th.
DECEMBER	12/1 Speaker: Lauren Rolfe, California Senior Assembly Member. Subject: CSL Emergency Housing Funding Explained	Approve new Project to create protocols for Council to move toward advocacy role.	New AAA website launch
JANUARY	New Website revealed		
FEBRUARY	Report March for Meals activities -- TBD	Involvement in review process for: --Area Plan --Services and Provider allocations Capital Day February 28	Start review process for: --Area Plan --Services and Provider allocations
MARCH March for Meals	Nominating Committee appointed	ACOA members participate in March for Meals activities -- TBD	
APRIL	Nominating Committee presents slate of Officers. Opportunity for additional nominations from the floor. Final slate mailed 1 week before May Meeting.		
MAY Older Americans Month	May Meeting: New Officers appointed Presentation: Solano Pride activities-- Donna Harris -- TBD		
JUNE Gay Pride Mont Elder Abuse Awareness			

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EXECUTIVE COMMITTEE AGENDA December 1, 2020 – 12:00–12:30 – Zoom Meeting

CALL TO ORDER 12:00

ROLL CALL

APPROVAL OF AGENDA

APPROVAL OF MINUTES FROM NOVEMBER 3, 2020 MEETING

DISCUSSION TOPICS

- Plan Agenda for ACOA Meeting January 5, 2021
- Discuss open Napa Council Member position
- Review returning and exiting Officers and Members for FY21-22

ADJOURN 12:30

EXECUTIVE COMMITTEE DRAFT MINUTES From November 3, 2020 – Zoom Meeting

CALL TO ORDER: 12:15

ROLL CALL: Richard White, Chair; Susan Ensey, Secretary; Elaine Clark, Staff. Excused: Dane Reeves, Vice Chair

DISCUSSION TOPICS:

- Development of Protocols for ACOA Advocacy: At the December Meeting Members will be asked to vote on and volunteer for a new Project to create the guidelines for ACOA moving into an advocacy role.
- Review of Member Terms Ending: Verneal Brumfield, Brenda Burke, Deanna DuPont, Arnold Koenig, Fran Rosenberg and Robert Padilla. Richard will contact these Members regarding their interests in continuing.
- Press Release Template approved.
- Attendance Records: Richard asked Susan to review Member attendance.
- California State Legislature: Elaine proposed having Lauren Rolfe, California Senior Assembly Member provide an overview at the December or January Meeting, and proposed organizing a future workshop.
- Future Speakers: Dane will work with Arnold Koenig for a speaker on Elder Justice Scams.

ADJOURNED 12:51

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December 2020 Staff Report

1. Completed work on the Solano County HealthRx Program pilot which will integrate healthcare, outdoor recreation, and medically tailored meals to 75 participants over 9 months. The program measures health outcomes. The goal is to encourage healthy activities and improve key health metrics. This program uses CARES Act funding.

2. Share the Care Napa Valley Executive Director Yvonne Baginski is retiring December 31. A new Executive Director will be named. The AAA will work with the new E.D. to continue the Dignity at Home Fall Prevention program.

3. Completed revisions to the Area Plan as requested by the CDA. Revisions include more detail written into the goals and objectives. Goals and objectives remain the same.

4. Attended a webinar by Justice in Aging on their priorities for seniors, post-election. Focus includes:

- COVID – 40% of deaths occurred in long term care facilities. Only 8% of cases were for people living in long term care facilities. Outbreaks were in facilities of primarily residents of color.
Need to understand why, make sure COVID relief targets older adults and supports for older adults.

Building our Future

COVID taught us where our systems are lacking. Seniors 65+ will be 21% of the population in 2030. Take these 4 years to prepare/address racial inequities.

- Medicaid – Expand to include community-based programs, oral care, and vision.
- Social Security – Create solvency and expand basic funding for low- and middle-income individuals who rely on social security.
- 33% of Medicaid budget is spent on home and community-based services (HCBS)
- 67% on nursing homes just because some low risk procedures need to be conducted by nurses. Need to change that.
- Create formal paid caregiving infrastructure so people can stay home.

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- Elder Abuse
- Transportation
- Health

5. Sent emails to AAA Service Providers and Supervisor Monica Brown letting them know we will have ACOA openings in May and asking to spread the word. Adding it to the Oversight Board agenda for the December meeting. Also contacted Linda Chandler to see if she has the time to devote. Waiting to hear back from her.

6. Convened a group of AAA Planners to make recommendations to present to CDA to streamline the Area Plan review process. I submitted first draft of recommendations to the Planners group and am waiting for their additions/edits.

7. Attended the CAA Annual Board meeting – virtual this year. Discussed the paper being presented to the CDA on recommendations/considerations as the CDA considers changing the structure or number of Area Agencies on Aging in conjunction with the Master Plan for Aging.

8. Working with Diane Kaljian (consultant) on creating Monitoring documents and process to begin formally monitoring every service provider. All service providers will include fiscal and programmatic monitoring this year.

9. Website is almost ready to launch. The information and Assistance inquiries will go directly to the emails of the I&A service providers. Contact information for all service providers will be included, integrated fall assessment request form, as well as a calendar of meetings and events. ACOA and Advocacy have pages that can be expanded. There is a sign-up form for newsletters.

10. Applied for 75 Google Home devices through CDA to distribute to low income seniors as part of a statewide pilot. Devices were offered to all service providers. Only one provider asked to participate – Innovative Health Solutions. Lots of follow-up and training required. The program is not funded. Clients keep the devices after the program ends.

11. Met with Constant Contact representative to review newsletter/email process and set up templates, different email lists. Will work with Cheryl on this project.

12. Emergency Aid program is launching December first. The flyer is included. Please forward the flyer to all of your contacts. One-time financial assistance is available to seniors who have an emergency housing issue. The Benicia Family Resource Center (FRC) is administering the program. Benicia FRC will advise FRCs in Napa and Solano. AAA will send flyers to Solano Senior Coalition, Napa Commission on Aging, AAA Service Providers, Oversight Board members, Solano ODAS, Napa Health and Human Services. Asking ACOA to send to your contacts. Approximately \$300,000 is available for Solano residents and \$50,000 for Napa residents (less admin expenses). This is CARES Act funding that expires 9/30/2021.