

Older & Disabled Adults **RESOURCE GUIDE**

Napa County
2025 - 2026

START HERE
(707) 253-4248



This guide has been developed in collaboration with the Healthy Aging Population Initiative (HAPI) and Senior Information & Assistance (N/S Area Agency on Aging/Providence Health). The purpose of the guide is to help older adults, as well as persons with disabilities and their caregivers, find local resources. Although this is not a comprehensive list of resources, we have included the most frequently requested resources and where we have not included a specific resource, we have tried to include a source organization.

Every effort has been made to ensure the accuracy of the information contained in this guide; however, we cannot guarantee there are no errors. Inclusion in this guide does not constitute an endorsement.

If you need a service that is not listed here, or if you have questions about a service, please **contact (707) 253-4248 for assistance.**

Last updated **September 2025**

Visit **www.aaans.org** for the latest information

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Abuse & Neglect Resources

NAPA COUNTY DISTRICT ATTORNEY'S OFFICE: ELDER & DEPENDENT ADULT ABUSE

Provides information for victims and families coping with the effects of criminal abuse, neglect and exploitation.

- www.countyofnapa.org/1178/Elder-Dependent-Adult-Abuse
- (707) 299-1414

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: COMPREHENSIVE SERVICES FOR OLDER ADULTS (CSOA): ADULT PROTECTIVE SERVICES

Provides voluntary services to ensure the safety and well-being of seniors (60 years and older) and dependent adults (18-59 years old) who are in danger of being mistreated or neglected, are unable to take care of themselves, protect themselves from harm and have no one to assist them. Anyone can make a confidential report if they suspect an older or dependent adult who lives in Napa County is experiencing abuse or self-neglect, by calling or filling out an online report.

- www.countyofnapa.org/185/Adult-Protective-Services
- (707) 253-4398, or nights and weekends: (888) 619-6913

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: PUBLIC ADMINISTRATOR/PUBLIC GUARDIAN/PUBLIC CONSERVATOR

Provides mandated conservatorship services to older and dependent adults who are no longer able to act in their own best interest, resist undue influence, or are gravely disabled as a result of a psychiatric or cognitive disorder. The Public Administrator is responsible for administering the estate of a county resident who dies without a will or family in California.

- www.countyofnapa.org/199/Public-Guardian-Administrator
- (707) 253-4049

NEWS: DOMESTIC VIOLENCE & SEXUAL ABUSE SERVICES

Confidential shelter provides 24-hour emergency response with law enforcement, 24-hour help line, children's services, court advocacy, support groups and other services including transitional housing, food, clothing, job skill training and life skills for survivors to establish their own households.

- www.napanews.org
- (707) 255-6397 or (800) 799-7233

NAPA COUNTY LONG-TERM CARE OMBUDSMAN

Provides care facility complaint resolution and advocacy and maintains lists of local residential care facilities for the elderly (RCFE's) and skilled nursing facilities.

- www.napaombudsman.org
- (707) 255-4236 and California Long Term Care 24 Hour Crisis Line: (800) 231-4024

STATE OF CALIFORNIA COMMUNITY CARE LICENSING (CCL): ADULT & SENIOR CARE REGIONAL OFFICE

Licensing agency for adult residential and day care, elderly assisted living and home care organizations. Search our website to find a facility or file a complaint.

- www.cdss.ca.gov/inforesources/community-care-licensing
- Office: (707) 588-5026 or to file a complaint by phone: 844-LET US NO (844-538-8766)

Adult Day Programs

IMPERIAL WAY

Services at Imperial Way are directed toward supporting each individual to maximize their personal and vocational potential. Seventy percent of the individuals participating at Imperial Way work in the community. We encourage community participation in all areas of learning, including support to access Napa Valley College.

- www.napavalleysupportservices.org/programs/imperial-way
- (707) 253-0400

PROVIDENCE ADULT DAY HEALTH NAPA VALLEY

Our award-winning Day Program provides state-of-the-art nursing care, rehabilitative therapies, social service support, social engagement and stimulation for adults suffering from chronic illness and/or dementia. Hours of participation are Monday – Friday, 9:30 a.m. – 3 p.m.

- www.communityhealthnapavalley.org/adult-day-health
- (707) 258-9087

NAPA VALLEY SUPPORT SERVICES: BROWN STREET GALLERY

Brown Street is a small, art-focused day program providing services for 30 individuals with developmental disabilities.

- <https://www.napavalleysupportservices.org/programs/brown-street-gallery/>
- (707) 255-8523

NO BARRIERS

No Barriers is an Adult Day Program for Developmentally Disabled adults who are seeking to enrich their lives through community integration training. Using a 1:1 staffing ratio, consumers are provided with the flexibility to reach their goals with an individualized program plan.

- www.nobarriers.info
- erick@nobarriers.info

Advocacy & Advisory Resources

AARP CALIFORNIA

Membership group advocating for seniors.

- www.aarp.org/california
- (866) 448-3614

ADA.GOV

Information on their website about the American with Disabilities Act on their website, or call to talk to an ADA specialist or choose recorded summaries of services and further phone numbers by topic.

- www.ada.gov/index.html
- (800) 514-0301

ADVISORY COUNCIL ON AGING

Advocate for local senior and disabled issues.

- www.aaans.org/advisory-council
- (707) 784-8960

AMERICAN HEART ASSOCIATION

Heart disease information.

- www.heart.org
- (800) 242-8721

AMERICAN PARKINSON'S DISEASE ASSOCIATION

Parkinson's disease information.

- www.apdaparkinson.org
- (800) 223-2732

BETTER BUSINESS BUREAU (BBB)

Better Business Bureau has been helping people find businesses, brands and charities they can trust for over 110 years. BBB works to combat scams and dishonest business practices

- www.bbb.org
- (866) 411-2221

CALIFORNIA COUNCIL OF THE BLIND (CCB)

Advocacy organization whose mission is to increase the independence and equality for all Californians who are blind or low vision.

- www.ccbnet.org
- (800) 221-6359

CALIFORNIA ADVOCATES FOR NURSING HOME REFORM

Provides long-term care advocacy, as well as resources, such as elder-care lawyer referrals.

- www.canhr.org
- (800) 474-1116

DEAF COUNSELING, ADVOCACY & REFERRAL AGENCY

Provides a comprehensive range of services to the deaf and hard-of-hearing people of the San Francisco Bay Area, out of its San Leandro Office

- <https://caconnect.org/hearing>
- (800) 806-1191

DIGITAL LITERACY, INCLUSION & SAFETY COUNCIL

Promoting a digitally inclusive society with safe and effective use of the internet by all Americans.

- www.dliscouncil.org
- (888) 323-4128

DISABILITY RIGHTS CALIFORNIA

Advocates, educates, investigates and litigates to advance the rights, dignity, equal opportunities and choices for all people with disabilities.

- www.disabilityrightsca.org
- (916) 504-5800

DISABILITY SERVICES & LEGAL CENTER (DSLCL)

Serves people with disabilities providing information, advice and assistance on a wide range of disability-related matters.

- www.mydslc.org
- (707) 258-0272

HEALTHY AGING POPULATION INITIATIVE (HAPI)

HAPI partners share a vision that older adults living in Napa Valley will have a high quality of life that allows them to remain healthy, safe, secure and independent for as long as possible. Current chairs are Devereaux Smith and Marc Frankenstein.

- dsmith@mollysangels.com
- (707) 224-8971

NAPA COUNTY LONG-TERM CARE OMBUDSMAN

Provides care facility complaint resolution and advocacy and maintains lists of local residential care facilities for the elderly (RCFE's) and skilled nursing facilities.

- www.napaombudsman.org
- (707) 255-4236 or California Long Term Care 24 Hour Crisis Line: (800) 231-4024

NAPA COUNTY COMMISSION ON AGING

Serves as an advocate for the older adult population by increasing awareness of the issues facing older adults in Napa County and by influencing public policy through regular reports to the Board of Supervisors. The public is invited to speak at the beginning of the monthly meetings.

- www.countyofnapa.org/1000/Commission-on-Aging
- (707) 253-3818

ON THE MOVE: LGBTQ CONNECTION

Engages people, their families and community and trains providers from local organizations across northern California to increase the safety, visibility and well-being of LGBTQ residents.

- www.lgbtqconnection.org
- (707) 251-9432

UNITED CEREBRAL PALSY OF THE NORTH BAY

Resource for people with cerebral palsy and other disabilities, based in Petaluma.

- www.ucpnb.org
- Main number: (707) 766-9990 / Senior Adult Services: (707) 584-5859

Aging & Disability Resources

AMERICAN HEART ASSOCIATION

Voluntary organization dedicated to fighting heart disease and stroke.

- www.heart.org
- (800) 242-8721

CALIFORNIA HEALTH & HUMAN SERVICES AGENCY: MASTER PLAN FOR AGING

Governor Gavin Newsom issued an executive order calling for the creation of a Master Plan for Aging to be developed. Released in 2021, the Master Plan serves as a blueprint that can be used by state government, local communities and private and philanthropic organizations to build environments that promote an age-friendly California.

- www.chhs.ca.gov/home/master-plan-for-aging
- (800) 510-2020

CALIFORNIA SENIOR GATEWAY

A one-stop website intended to provide seniors, their families and caregivers with the information they need to connect to helpful services and resources, find answers and solve problems.

- www.seniors.insurance.ca.gov

CANINE COMPANIONS FOR INDEPENDENCE

A nonprofit organization that enhances the lives of people with disabilities by providing highly trained assistance dogs and ongoing support to ensure quality partnerships.

- www.cci.org
- (800) 572-2275

DISABILITY RIGHTS CALIFORNIA

Advocates, educates, investigates and litigates to advance the rights, dignity, equal opportunities and choices for all people with disabilities.

- www.disabilityrightsca.org
- (916) 504-5800

DISABILITY SERVICES AND LEGAL CENTER

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- www.mydslc.org
- (707) 258-0272

EARLE BAUM CAMPUS/LIGHTHOUSE FOR THE BLIND AND VISUALLY IMPAIRED

Provides low vision clinic support, counseling, core classes, enrichment programs and support groups. Earle Baum Campus has officially joined the LightHouse community to continue to deliver expansive and innovative services and contiguous support. As a result, the Earle Baum Campus services in Santa Rosa will now officially be provided by LightHouse, who will continue to support people who are blind or low vision in Sonoma, Napa, Lake, and Mendocino Counties.

- www.lighthouse-sf.org
- (415) 431-1481

GUIDE DOGS FOR THE BLIND

Prepares highly qualified guide dogs to serve and empower individuals who are blind or have low vision throughout the United States and Canada. All services are provided free of charge.

- www.guidedogs.com
- (800) 295-4050

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: COMPREHENSIVE SERVICES FOR OLDER ADULTS (CSOA)

Provides services for the elderly, blind and people with disabilities. CSOA programs include In-Home Supportive Services (IHSS), IHSS Public Authority, Adult Protective Services (APS), Medi-Cal, Public Administrator/Guardian/Conservator, Older Adult Mental Health, Public Health and Veterans Services.

- www.countyofnapa.org/182/Comprehensive-Services-for-Older-Adults
- (707) 253-3818

NAPA/SOLANO AREA AGENCY ON AGING

Area Agencies on Aging (AAAs) were established under the Older Americans Act (OAA) in 1973 to respond to the needs of Americans 60 year and older in every local community. By providing a range of options that allow older adults to choose the home and community-based services and living arrangements that suit them best, AAAs make it possible for older adults to “age in place” in their homes and communities.

- www.aaans.org
- (707) 784-8960

NATIONAL LIBRARY SERVICE FOR THE BLIND & PHYSICALLY HANDICAPPED (NLS)

A free braille and talking book library service for people with temporary or permanent low vision, blindness or a physical disability that prevents them from reading or holding the printed page.

- www.loc.gov/nls
- (888) 657-7323

NATIONAL STROKE ASSOCIATION

Stroke education and resources, such as finding a support group.

- www.stroke.org
- (888) 478-7653

NORTH BAY REGIONAL CENTER

Coordinates and can financially support services for children and adults with developmental and intellectual disabilities, including diagnosis and evaluation, individual program planning, prevention, crisis intervention, advocacy and family support.

- www.nbrc.net
- (707) 256-1100 / TDD (707) 257-0213

UNITED CEREBRAL PALSY OF THE NORTH BAY

Resource for people with cerebral palsy and other disabilities.

- www.ucpnb.org
- Main number: (707) 766-9990 / Senior Adult Services: (707) 584-5859

Caregiver Information

CAREGIVER ACTION NETWORK (CAN)

A nonprofit organization providing education, peer support and resources to family caregivers across the country free of charge.

- www.caregiveraction.org
- Caregiver Help Desk (855) 227-3640

PROVIDENCE ADULT DAY HEALTH NAPA VALLEY

Offers free family consultations, free family caregiver education and training classes. Support groups offered in English and Spanish.

- www.communityhealthnapavalley.org/caregiver-resources
- (707) 258-9087

PROVIDENCE COMMUNITY HEALTH CAREGIVER REFERRAL REGISTRY

Manages a registry of carefully screened caregivers and assists in connecting those in need of help with caregivers.

- www.communityhealthnapavalley.org/information-and-assistance
- (707) 253-4248

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: CSOA: CAREGIVER REGISTRATION

To comply with the Elder and Dependent Adult Protection law, any individual working in Napa County and providing in-home care for compensation, must register as a caregiver through the California Department of Social Services Home Care Aide Registry. IHSS care providers who only work for IHSS recipients or individuals who hold a current state license (e.g. registered nurses, certified nursing assistants, licensed vocational nurses) are not required to register.

- www.countyofnapa.org/209/Caregiver-Registration
- caregiverregistration@countyofnapa.org
- (707) 259-8789

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: CSOA: IHSS PUBLIC AUTHORITY

Works in conjunction with IHSS to establish and maintain a “registry” of screened care providers. Upon request, the Public Authority will send a recipient an IHSS recipient a list of care providers. The Public Authority provides training opportunities for providers on CPR and first aid, caregiving skills, best practices, communication and other relevant topics.

- www.countyofnapa.org/702/In-Home-Supportive-Services-Public-Autho
- (707) 259-8359

NATIONAL ALLIANCE FOR CAREGIVING

Non-profit coalition based in Washington, D.C., with valuable resources for family caregivers.

- www.caregiving.org/guidebooks
- (202) 918-1013

REDWOOD CAREGIVER RESOURCE CENTER

As part of a statewide system of 11 nonprofit Caregiver Resource Centers (CRCs), serves family caregivers providing care for people with adult-onset cognitive impairment and/or older adults (65+) with disabilities in two or more ADLs. RCRC has a wide variety of services, which are free of charge or low-cost.

- www.redwoodcrc.org
- (800) 834-1636

Dementia & Alzheimer's Resources

ALZHEIMER'S ASSOCIATION

Funds critical research; provides education and resources; raises awareness; and advocates in partnership with government, private and nonprofit organizations for a solution to the Alzheimer's pandemic.

- www.alz.org
- (707) 573-1210

PROVIDENCE ADULT DAY HEALTH NAPA VALLEY: ALZHEIMER'S RESOURCE CENTER

Offers free family consultations, free family caregiver education and training classes. Support groups offered in English and Spanish.

- www.communityhealthnapavalley.org/alzheimers-services
- (707) 258-9087

KAISER PERMANENTE MEMORY & AGING CENTER

An interdisciplinary program designed to help provide Napa-Solano Kaiser Permanente members with a comprehensive assessment of their memory problems and link them with needed resources.

- <https://healthy.kaiserpermanente.org/northern-california/facilities/Vallejo-Medical-Center-100316/departments/clinical-services-dlp-171805>
- (707) 651-2474

UC DAVIS HEALTH: ALZHEIMER'S DISEASE CENTER

Conducts basic and clinical research including clinical trials, clinical evaluations, community outreach and education, professional education and research training.

- <https://health.ucdavis.edu/alzheimers-research/>
- (916) 734-5496

Disaster Assistance

AMERICAN RED CROSS: NAPA COUNTY OFFICE

Provides relief to those impacted by disasters and empowers the community to prepare for, respond to and recover from emergencies.

- www.redcross.org/local/california/northern-california-coastal/about-us/locations/north-bay.html
- (707) 438-7060

CENTER FOR VOLUNTEER & NONPROFIT LEADERSHIP (CVNL)

During an emergency and once activated, CVNL will set up Emergency Volunteer Center hubs where spontaneous volunteers will be guided by members through a training process and directed to a productive support role.

- www.cvn.org/volunteerism/disaster-services
- (707) 252-6222

NAPA VALLEY COMMUNITY ORGANIZATIONS ACTIVE IN DISASTER (COAD)

Develops and enhances partnerships for communication, coordination and collaboration amongst the whole community including nonprofit and faith-based organizations, government agencies and the private sector during all phases of a disaster. Website includes valuable information on seasonal preparedness, a disaster resource guide, and volunteer opportunities.

- www.napavalleycoad.org
- (707) 815-4227

MOLLY'S ANGELS: EMERGENCY SUPPLIES DELIVERY

In times of community need, Molly's Angels respond to urgent situations by delivering emergency provisions to seniors experiencing a crisis or navigating changes in living or medical situations.

- www.mollysangels.com
- (707) 224-8971

UPVALLEY FAMILY CENTERS: SENIOR SERVICES

The Emergency Assistance Program provides support for individuals and families in times of crisis. Aid can come in the form of tangible goods or monetary aid. Serves Yountville, Oakville, St. Helena, Calistoga, Deer Park and Angwin.

- www.upvalleyfamilycenters.org/seniors
- (707) 965-5010

Education & Recreation Resources

AMERICAN CANYON LIBRARY

- www.countyofnapa.org/610/American-Canyon-Library
- (707) 644-1136

AMERICAN CANYON ADULT ACTIVITY CENTER

Offers health, recreational and educational programs, as well as cultural events and social services for adults 50 years and older.

- www.americancanyon.gov/Play/Recreation/Programs/Active-Adults
- (707) 647-5350

BOOKS BY MAIL

Books by Mail is a free service for Napa County residents who are unable to come to the library due to physical disabilities, lack of transportation, or live in remote areas.

- www.countyofnapa.org/852/Books-by-Mail
- (707) 253-4007

CALISTOGA LIBRARY

- www.countyofnapa.org/612/Calistoga-Library
- (707) 942-4833

CALISTOGA PARKS & RECREATION

Offers a variety of indoor and outdoor facilities and activities that promote health, fitness, education, cultural awareness, sportsmanship, family interaction and appreciation of surroundings.

- <https://www.ci.calistoga.ca.us/city-hall/departments-services/parks-recreation>
- (707) 942-2838

CITY OF NAPA SENIOR ACTIVITY CENTER

Offers health, recreational and educational programs, as well as cultural events and social services for adults over fifty and fabulous. Nutritionally balanced hot meals are served daily as part of the CANV Congregate Meal Program.

- www.cityofnapa.org/386/Adults-Seniors
- (707) 255-1800

COMMUNICARE+OLE: CLASSES & GROUPS

Offers many classes to help seniors manage their health.

- <https://communicareole.org/patient-info/classes-groups/>
- (707) 254-1770

NAPA COUNTY HISTORICAL SOCIETY

Operates a non-circulating research library that is open to the public.

- www.napahistory.org
- (707) 224-1739

NAPA COUNTY MAIN LIBRARY

- www.countyofnapa.org/614/Napa-Main-Library
- (707) 253-4241

NAPA PARKS & RECREATION SERVICES

Provides a variety of recreation programs for community members including seniors and individuals with special needs. Activities include sports leagues and instruction, aquatics, day camps and a diverse array of fun, educational classes.

- www.cityofnapa.org/354/Parks-Recreation-Services
- (707) 257-9529

NAPA VALLEY ADULT EDUCATION

Educates and prepares the community for civic life, higher education, the workplace environment and lifelong learning.

- www.adulted.nvusd.org
- (707) 253-3594

NAPA VALLEY COLLEGE

Napa Valley College offers programs in various areas of study for general education or community enrichment. There are two campuses in Napa Valley.

- www.napavalley.edu
- **Main Campus:** 2277 Napa-Vallejo Highway, Napa. Call (707) 256-7000.
- **Upper Valley Campus:** 1088 College Ave., St. Helena. Call (707) 302-2452

PACIFIC UNION COLLEGE

- www.puc.edu
- (707) 965-6313

RIANDA HOUSE SENIOR ACTIVITY CENTER

Offers a one-stop shop approach to connect the community's senior population to the programs, services and resources needed to support independence and successful aging.

- www.riandahouse.org
- (707) 963-8555

SHARE THE CARE

Provides hands-on training to caregivers and clients for use of durable medical equipment, fall prevention and home safety. Our free services support aging-in-place and living independently for older adults and those who are disabled.

- www.sharethecarenv.org
- (707) 492-3198

ST. HELENA LIBRARY

- www.shpl.org
- (707) 963-5244

YOUNTVILLE LIBRARY

- www.countyofnapa.org/613/Yountville-Library
- (707) 944-1888

YOUTVILLE PARKS & RECREATION/COMMUNITY CENTER

We offer a range of programs for individuals of all ages and abilities, open to everyone, not just Yountville residents. Our adult offerings include the Golden Ticket Program for those 50+, which offers up to 40 classes and programs each season for one low membership fee. We also offer trips and sports such as pickleball for adults. Financial Assistance is available for those who qualify.

- www.yvilleparksandrec.com
- (707) 944-8712

Employment & Volunteerism Resources

CALIFORNIA DEPARTMENT OF REHABILITATION

Provides assistance to community members with a disability or disabilities who are looking for new employment, need help with maintaining their current employment or who desire to advance in their current employment.

- www.dor.ca.gov
- (707) 253-4924

CENTER FOR VOLUNTEER & NONPROFIT LEADERSHIP (CVNL)

Connects individuals to the causes that meet their interests and need their help.

- www.cvnl.org
- (415) 479-5710

NAPA VALLEY CANDO

Connects and facilitates volunteer action by alerting interested Napa Valley residents about opportunities for service.

- www.nvcando.org
- (707) 225-8942

NAPA VALLEY PSI

Provides work training and job placement for adults with developmental disabilities.

- www.napavalleypsi.org
- (707) 255-0177

NAPA VALLEY SUPPORT SERVICES: IMPERIAL WAY PROGRAM

Supports individuals with developmental disabilities to maximize their personal and vocational potential.

- www.napavalleysupportservices.org/programs/imperial-way
- (707) 253-0400

NAPA VALLEY SUPPORT SERVICES: NAPA PERSONNEL SYSTEMS

Supports individuals with disabilities find, learn and maintain jobs.

- www.napavalleysupportservices.org/programs/napa-personnel-systems
- (707) 253-7490

UNITED CEREBRAL PALSY OF THE NORTH BAY: WINEBEV SERVICES

An employment program for adults with disabilities, adults with barriers to employment and those who support workers with disabilities.

- www.ucpnb.org
- (707) 603-0010

End-of-Life Care Resources

CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS' CEMETERY & FUNERAL BUREAU

Licenses funeral agencies and publishes a consumer guide.

- www.cfb.ca.gov
- (916) 574-7870

HOSPICE FOUNDATION OF AMERICA

End-of-life information.

- www.hospicefoundation.org
- (800) 854-3402

PROVIDENCE HOSPICE NAPA VALLEY

Specialized care that addresses the unique needs of individuals and their families when facing the end of life.

- www.communityhealthnapavalley.org/hospice-services
- (707) 258-9080

PROVIDENCE PALLIATIVE CARE NAPA VALLEY

An interdisciplinary caregiving approach aimed at optimizing quality of life and providing relief from the symptoms and stress of progressive or advanced illnesses.

- www.communityhealthnapavalley.org/palliative-services
- (707) 258-9080

SHARE THE CARE

Accepts new and used durable medical equipment that are functional, hospital beds, home health supplies, adaptive gear, tube-feeding supplies, liquid nutrients, and nutritional supplement drinks at our donation center. The hours of operation are Monday – Friday from 10 am – 3 pm for anyone to donate or receive items in need.

- www.sharethecarenv.org
- (707) 492-3198

Financial & Utility Assistance

AT&T ACCESS

Provides home internet to limited income households who participate in the Supplemental Nutrition Assistance Program or receive Supplemental Security Income benefits in California.

- www.att.com/internet/access
- (800) 288-2020

CALIFORNIA LIFELINE

The California LifeLine Program is a state program that provides discounted residential and cellphone services to eligible households.

- www.californialifeline.com
- (866) 272-0357

CALIFORNIA'S LOW COST AUTO INSURANCE PROGRAM

A state-sponsored program that makes auto insurance affordable, helping people drive responsibly and legally.

- www.mylowcostauto.com/get-started/program-overview
- (866) 602-8861

CALIFORNIA CONNECT

Provides communication equipment and services, available at no cost, to persons with disabilities, such as vision, hearing, speech, memory and mobility.

- <https://caconnect.org/>
- (800) 806-1191; TTY English (800) 806-4474

FRANCHISE TAX BOARD

Provides information on California state taxes.

- www.ftb.ca.gov
- (800) 852-5711

INTERNAL REVENUE SERVICES (IRS)

Provides information on federal taxes.

- www.irs.gov
- (800) 829-1040

LOW INCOME ENERGY ASSISTANCE PROGRAM (LIHEAP)

Assists eligible low-income households with their heating and cooling energy costs, bill payment assistance, energy crisis assistance, weatherization and energy-related home repairs.

- www.benefits.gov/benefit/623
- (866) 674-6327

NORTH COAST ENERGY SERVICES

Provides energy conservation, consumer education and advocacy, weatherization and home improvement to people in need.

- www.nces.org
- (707) 422-3200

PG&E: CALIFORNIA ALTERNATIVE RATES FOR ENERGY (CARE)

Provides discounts on gas/electric bills for qualified low-income households.

- www.pge.com/en/account/billing-and-assistance/financial-assistance/california-alternate-rates-for-energy-program.html
- (866) 743-2273

PG&E: FAMILY ELECTRIC RATE ASSISTANCE (FERA)

Provides discounts on gas/electric bills for qualified low-income households.

- www.pge.com/en/account/billing-and-assistance/financial-assistance/family-electric-rate-assistance-program-fera.html
- (866) 743-2273

PG&E: MEDICAL BASELINE

Financial assistance for those with medical conditions.

- www.pge.com/medicalbaseline
- (877) 660-0789

PUERTAS ABIERTAS COMMUNITY RESOURCE CENTER

Bilingual/bicultural staff provide health, social and educational services that significantly impact family interaction, financial stability, civic involvement and educational success.

- www.puertasabiernasapa.org
- (707) 224-1786

SEASON OF SHARING

Provides temporary financial assistance to individuals and families in crisis to pay for housing and emergency needs (rental/mortgage, utilities, medical/dental, auto) that cannot be met through other resources.

- www.countyofnapa.org/3445/Season-of-Sharing
- (707) 299-1890

UPVALLEY FAMILY CENTERS: SENIOR SERVICES

Provides income tax assistance, adult education (Plaza Comunitaria), financial education and more. Serves Yountville, Oakville, St. Helena, Calistoga, Deer Park and Angwin.

- www.upvalleyfamilycenters.org/economic-stability
- (707) 965-5010

Food & Meal Resources

CANV: FOOD BANK/FOOD PANTRY NETWORK

Allows low-income residents of Napa County to receive an allotment of food from one of seven locations every 30 days.

- www.canv.org
- (707) 253-6128

CANV: MEALS ON WHEELS

Delivers meals to individuals at home who are unable to purchase or prepare their own meals.

- www.canv.org
- (707) 253-6100, extension 111

CANV: SILVER FOX PROGRAM

Enables seniors 60 years and older to remain independent as long as possible by giving them a box with approximately ten to 14 food items twice a month.

- www.canv.org
- (707) 253-6128

FEEDING IT FORWARD

Works to reduce waste and alleviate hunger in Napa County through collaborative efforts to rescue excess fresh food from donors and deliver it to community organizations.

- www.fifnv.org
- (707) 927-3213

NAPA COUNTY HEALTH AND HUMAN SERVICES AGENCY: SELF SUFFICIENCY SERVICES: CALFRESH

Provides eligibility determinations for a food supplement program.

- www.countyofnapa.org/3304/Self-Sufficiency-Services
- (707) 253-4511

SHARE THE CARE

Operates a donation center with tube-feeding supplies, liquid nutrients, and nutritional supplement drinks. Other items include durable medical equipment and home health supplies.

- www.sharethecarenv.org/
- (707) 492-3198

Health Care Resources

ADVENTIST HEALTH ST. HELENA: HOSPITAL

- www.adventisthealth.org/st-helena
- (707) 963-3611

COMMUNICARE+OLE

Offers team-based care that includes preventive health services and urgent care, as well as management of chronic illnesses.

- www.communicareole.org
- **Calistoga Clinic:** (707) 709-2308
- **Napa Clinic:** (707) 254-1770
- **St. Helena Clinic:** (707) 963-0931

COMMUNICARE+OLE: DENTAL SERVICES

An expert team of dental providers committed to providing high quality and affordable dental care to patients.

- www.communicareole.org/services/dental/
- (707) 258-6128

KAISER PERMANENTE NAPA

- **Napa Medical Offices:**
 - www.healthy.kaiserpermanente.org/northern-california/facilities/Napa-Medical-Offices-100349
 - (707) 258-2500
- **Vallejo Medical Center:**
 - www.healthy.kaiserpermanente.org/northern-california/facilities/Vallejo-Medical-Center-100316
 - (707) 651-1000

MEDI-CAL DENTAL PROGRAM

Covers a variety of dental services for Medi-Cal beneficiaries.

- www.dental.dhcs.ca.gov
- (800) 322-6384

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: PUBLIC HEALTH

The Public Health division serves the people of Napa County by protecting health, working to prevent disease, premature death and disability, promoting healthy lifestyles, supporting families in the work of raising whole and healthy children and responding to disasters, outbreaks and epidemics.

- www.countyofnapa.org/243/Public-Health
- (707) 253-4270

NAPA/SOLANO DENTAL SOCIETY

A professional association of dentists that is committed to the enhancement of the oral health education and dental welfare of the public.

- www.napasolanodentalsociety.org
- (916) 634-4211

PROVIDENCE PACE NAPA VALLEY (PROGRAM OF ALL-INCLUSIVE CARE FOR THE ELDERLY)

An all-inclusive care program designed to help seniors maintain their independence by providing a range of services, including medical care, rehabilitation therapies, social services, and transportation. To qualify, participants must be 55 or older, live in the service area, and require a nursing home level of care while being able to live safely and even thrive in the community with PACE's support.

- www.communityhealthnapavalley.org/pace
- (707) 254-4159 / TTY: (800) 855-2880

SHARE THE CARE

Operates a donation center with durable medical equipment, home health supplies, tube-feeding supplies, liquid nutrients, and nutritional supplement drinks.

The Stop Falls Program includes a home safety assessment, assistive device installation, and home modification recommendations for those who qualify. Share the Care provides hands-on guidance for individuals and caregivers on using equipment and preparing the home for safety. The Declutter Program serves individuals living in severely cluttered or hazardous conditions, often facing eviction, providing intensive support to restore safe living environments. Our free services are in-place to support aging-in-place and living independently for older adults and those who are disabled.

- www.sharethecare.org
- (707) 492-3198

ST. JOSEPH HEALTH: QUEEN OF THE VALLEY MEDICAL CENTER: HOSPITAL

- www.providence.org/locations/norcal/queen-of-the-valley
- (707) 252-4411

VA NORTHERN CALIFORNIA HEALTH CARE SYSTEM (VANCHCS)

Healthcare delivery system for veterans

- www.va.gov/northern-california-health-care
- (800) 698-2411

Health Insurance Resources

COMMUNITY HEALTH INITIATIVE (CHI) NAPA COUNTY

Specially trained, bilingual/bicultural staff help families in Napa County who need information and assistance in enrolling in affordable health insurance plans, including Medi-Cal, Medicare and Covered California.

- www.calchi.org/local-services/napa-county
- (707) 227-0830

COVERED CALIFORNIA

A free service that connects Californians with brand-name health insurance under the Patient Protection and Affordable Care Act.

- www.coveredca.com
- (800) 300-1506

MEDICARE

Federal health care insurance program for people aged 65 years and older and for disabled persons.

- www.medicare.gov
- (800) 633-4227

MEDICARE HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM (HICAP)

Provides seniors and disabled individuals with objective information about Medicare and other insurance issues so they can make informed decisions about their health care coverage. HICAP does not endorse, recommend, or sell health insurance plans. HICAP counseling is a free service funded by the California Department of Aging.

- www.senioradvocacyservices.org/hicap
- (800) 434-0222 or (707) 526-4108

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: SELF SUFFICIENCY SERVICES: MEDI-CAL

Provides eligibility determinations for medically needy county residents; benefits are administered through the Partnership Health Plan of California for physical health and by HHSA for mental health coverage.

- www.countyofnapa.org/361/Self-Sufficiency-Services
- (707) 253-4511

PARTNERSHIP HEALTHPLAN OF CALIFORNIA

Partnership HealthPlan of California (PHC) is a nonprofit community-based health care organization that contracts with the State to administer Medi-Cal benefits through local care providers to ensure Medi-Cal recipients have access to high-quality comprehensive cost-effective health care.

- www.partnershiphp.org/Pages/PHC.aspx
- (800) 863-4155

PROVIDENCE PACE NAPA VALLEY (PROGRAM OF ALL-INCLUSIVE CARE FOR THE ELDERLY)

An all-inclusive care program designed to help seniors maintain their independence by providing a range of services, including medical care, rehabilitation therapies, social services, and transportation. To qualify, participants must be 55 or older, live in the service area, and require a nursing home level of care while being able to live safely and even thrive in the community with PACE's support.

- www.communityhealthnapavalley.org/pace
- (707) 254-4159 / TTY: (800) 855-2880

SOCIAL SECURITY ADMINISTRATION

A government agency that administers social programs covering old age, disability, retirement and survivors' benefits.

- www.ssa.gov
- (800) 772-1213

STATE OF CALIFORNIA UNEMPLOYMENT DEVELOPMENT DEPARTMENT

Services include assisting employers with labor needs, helping job seekers obtain employment, administering workforce programs for adults, dislocated workers and youth, assisting disadvantaged recipients in becoming self-sufficient, helping unemployed and disabled workers through the administration of the UI and SDI programs, supporting state activities and benefit programs by collecting and administering employment-related taxes.

- www.edd.ca.gov
- (800) 300-5616

Home Care & In-Home Services

CHOICE IN AGING: MULTIPURPOSE SENIOR SERVICES PROGRAM (MSSP)

Care management program for Medi-Cal eligible recipients that helps keep seniors safely at home and out of skilled nursing facilities.

- www.choiceinaging.org/mssp
- (707) 708-0571

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: CSOA: IN-HOME SUPPORTIVE SERVICES (IHSS)

Assists eligible low-income aged, blind and disabled persons, who are at risk for out-of-home placement, to remain safely at home by authorizing payment for care provider services. IHSS care providers may provide personal care services such as: bathing and grooming, dressing and toileting, as well as domestic services such as: house cleaning, meal preparation/cleanup, shopping and laundry.

- www.countyofnapa.org/187/In-Home-Supportive-Services
- (707) 253-3818

ST. JOSEPH HEALTH: ST. JOSEPH HOME CARE

Skilled clinical staff will provide personalized care in the patient's home environment.

- www.providence.org/locations/norcal/st-joseph-home-health-napa
- (707) 257-4124

QUEEN OF THE VALLEY MEDICAL CENTER: COMMUNITY OUTREACH DEPARTMENT: CARE NETWORK

Helps low-income, uninsured or underinsured clients who have chronic medical conditions and who would benefit from services such as case management, advocacy, resource and referral and education.

- www.providence.org/locations/norcal/queen-of-the-valley/about-us/community-outreach/care-network
- (707) 251-2000

Hotlines

ADULT PROTECTIVE SERVICES

- (888) 619-6913

ALZHEIMER'S ASSOCIATION 24/7 HELPLINE

- (800) 272-3900

CALIFORNIA AGING & ADULT INFORMATION LINE

- (800) 510-2020

DOMESTIC VIOLENCE & SEXUAL ABUSE 24 HOURS HOTLINE

- (800) 799-7233 or text 88788
- 24-hour Help Line out of NEWS: confidential support is provided by a trained domestic violence and sexual assault counselor in either English or Spanish at (707) 255-NEWS (6397)

MENTAL HEALTH CRISIS HOTLINE

- (707) 253-4711

NAPA COUNTY MENTAL HEALTH MOBILE RESPONSE TEAM

- (707) 299-2111

NATIONAL SEXUAL ASSAULT HOTLINE

- (800) 656-4673

SAGE LGBT HOTLINE

- (877) 360-5428

SUICIDE PREVENTION HOTLINE

- (800) 273-8255 or call or text 988

THE TRANS LIFELINE

- (877) 565-8860

VETERANS CRISIS LINE

- www.veteranscrisisline.net/get-help-now/chat
- (800) 273-8255, press 1; 988, press 1; or text 838255

Housing & Homeless Services

ABODE SERVICES

Operates an emergency shelter and Day Center in Napa and provides outreach, housing support and rental assistance. They also create and manage affordable housing.

- www.abodeservices.org/napa-county
- (707) 271-7818

CALIFORNIA DEPARTMENT OF HOUSING & COMMUNITY DEVELOPMENT

Provides housing and community development assistance and attempts to ensure everyone has access to “fair and equal” housing.

- www.hcd.ca.gov
- (800) 952-8356

CALIFORNIA DEPARTMENT OF HOUSING & COMMUNITY DEVELOPMENT: MANUFACTURED & MOBILE HOMES

Provides manufactured and mobile home assistance.

- www.hcd.ca.gov/manufactured-mobile-home/mobile-home-ombudsman/index.shtml
- (800) 952-8356

CALIFORNIA HOUSING FINANCE AGENCY (CALHFA)

Supports the needs of renters and homebuyers by providing financing and programs so more low-to-moderate income-Californians have a place to call home.

- www.calhfa.ca.gov/index.htm
- (916) 326-8000

DEPARTMENT OF HOUSING & URBAN DEVELOPMENT (HUD)

Federal agency responsible for national policy and programs that address America’s housing needs, improve and develop the Nation’s communities and enforce fair housing laws.

- www.hud.gov
- (415) 489-6400

FAIR HOUSING NAPA VALLEY

Provides extensive educational activities, covering general and in-depth presentations on fair housing and enforcement activities, which includes intake of discrimination complaints, testing, investigation, mediation, reconciliation and referrals for litigation and/or administrative enforcement.

- www.napafairhousing.org
- (707) 224-9720

FAIR HOUSING ADVOCATES OF NORTHERN CALIFORNIA

Fair housing services and mortgage foreclosure prevention.

- www.fairhousingnorcal.org
- (415) 457-5025

HABITAT FOR HUMANITY

Affordable housing construction.

- www.solanonapahabitat.org
- (707) 863-0692

HOUSING AUTHORITY OF THE CITY OF NAPA

Administers various federal, state and local programs to assist the community by providing affordable housing and supportive services at all levels of affordability.

- www.cityofnapa.org/176/Housing-Division
- (707) 257-9543

NAPA VALLEY COMMUNITY HOUSING

Plans and builds new housing, purchases existing run-down properties for rehabilitation and manages affordable rental units for Napa County's low to moderate income residents.

- www.nvch.org
- (707) 253-6140

VA HOUSING & URBAN DEVELOPMENT: VA SUPPORTIVE HOUSING (HUD-VASH)

A collaborative program between HUD and VA combines HUD housing vouchers with VA supportive services to help veterans who are homeless and their families find and sustain permanent housing.

- www.va.gov/homeless/hud-vash.asp
- (877) 424-3838

Housing Lists

AFFORDABLE AND SUBSIDIZED HOUSING LIST NAPA COUNTY

- www.cityofnapa.org/DocumentCenter/View/5618

COMMUNITY CARE FACILITIES

- www.ccl.dss.ca.gov/carefacilitysearch

RESIDENTIAL CARE FACILITIES UP VALLEY

- www.napaombudsman.org/residential-care-facilities-up-valley

RESIDENTIAL CARE FACILITIES NAPA

- www.napaombudsman.org/residential-care-facilities-napa

RESIDENTIAL CARE FACILITIES AMERICAN CANYON

- www.napaombudsman.org/residential-care-facilities-american-canyon

SKILLED NURSING FACILITIES NAPA

- www.napaombudsman.org/skilled-nursing-facilities-napa

Information & Assistance

AMERICAN STROKE ASSOCIATION

Stroke education and programs.

- www.stroke.org
- (888) 478-7653

BENEFITS.GOV

Online resource to help find federal benefits.

- www.usa.gov
- (844) 872-4681

BORN TO AGE

Publishes senior advocacy, care and resource directories for Alameda, Contra Costa, Napa, Solano, Sonoma and Marin counties.

- www.borntoage.com/directories
- (707) 652-9966

CONSUMER AFFAIRS CEMETERY & FUNERAL BUREAU

Licenses funeral agencies and publishes consumer guides.

- www.cfb.ca.gov
- (916) 574-7870

DISABILITY SERVICES & LEGAL CENTER

Serves people with disabilities providing information, advice and assistance on a wide range of disability-related matters.

- www.mydslc.org
- (707) 258-0272

EMPLOYMENT SERVICES & LEGAL CENTER (EDD)

Benefits enrollment.

- www.edd.ca.gov
- (866) 333-4606

FRANCHISE TAX BOARD

State tax agency with tax counseling for older adults.

- <https://www.aarp.org/money/taxes/aarp-taxaide/?msockid=3a76da4f6c596e7e18b7cffc6dd6fc5>
- (888) 227-7669

INTERNAL REVENUE SERVICE (IRS)

Federal income and business tax agency with information for older adults.

- www.irs.gov/individuals/seniors-retirees
- (800) 906-9887

HEARING LOSS ASSOCIATION OF AMERICA (HLAA)

Hearing loss information and assistance.

- www.hearinglossca.org
- (301) 657-2249

NAPA COUNTY COMPREHENSIVE SERVICES FOR OLDER ADULTS

Services for older, blind and disabled adults.

- www.countyofnapa.org/182/Comprehensive-Services-for-Older-Adults
- (707) 253-3818

NAPA COUNTY PUBLIC HEALTH

Responds to the community's public health needs.

- www.countyofnapa.org/243/Public-Health-Services-PHS
- (707) 253-4270

PUERTAS ABIERTAS COMMUNITY RESOURCE CENTER

Bilingual/bicultural staff provide a variety of health, social and educational services that have a significant impact on family interaction, financial stability, civic involvement and educational success.

- www.puertasabiernasapa.org
- (707) 224-1786

POISON CONTROL

Poison expertise and treatment advice.

- www.calpoison.org
- (800) 222-1222

PROVIDENCE INFORMATION & ASSISTANCE FOR SENIORS

The main access point for services and support necessary for seniors aged 60 years and older, so they can maintain their long-term independence.

- www.communityhealthnapavalley.org/information-and-assistance
- (707) 253-4248

REDWOOD CAREGIVER RESOURCE CENTER

As part of a statewide system of 11 nonprofit Caregiver Resource Centers (CRCs), serves family caregivers providing care for people with adult-onset cognitive impairment and/or older adults (65+) with disabilities in 2 or more ADLs. RCRC has a wide variety of services, which are free of charge or low-cost.

- www.redwoodcrc.org
- (800) 834-1636

SAGE

Resources for lesbian, gay, bisexual and transgender (LGBTQ) older adults.

- www.sageusa.org
- (212) 741-2247

SOCIAL SECURITY OFFICES

Federal Social Security office.

- www.ssa.gov
- (800) 772-1213

UPVALLEY FAMILY CENTERS: SENIOR SERVICES

Provides resource, referral, case management and advocacy services specifically for seniors, serving Yountville, Oakville, St. Helena, Calistoga, Deer Park and Angwin.

- <https://upvalleyfamilycenters.org/our-programs/older-adults/>
- (707) 965-5010

UNITED WAY BAY AREA

A comprehensive information and referral service for San Francisco, San Mateo, Napa, Marin, Santa Clara and Solano counties.

- www.211bayarea.org
- 211 or text your ZIP CODE to 898211

Legal Services

BAY AREA LEGAL AIDE

Provides meaningful access to the civil justice system through quality legal assistance regardless of a client's location, language or disability

- www.baylegal.org
- (707) 259-0579

DISABILITY RIGHTS CALIFORNIA

Advocates, educates, investigates and litigates to advance the rights, dignity, equal opportunities and choices for all people with disabilities.

- www.disabilityrightsca.org
- (916) 504-5800

DISABILITY SERVICES AND LEGAL CENTER

Serves people with disabilities by providing information, advice and assistance on a wide range of disability-related matters.

- www.mydslc.org
- (707) 258-0272

LEGAL SERVICES OF NORTHERN CALIFORNIA

Provides low-income clients with free civil legal assistance, including legal advice and counsel, effective referrals and legal representation.

- www.lsncl.net
- (707) 643-0054 / nighttime number: (866) 815-5990

LONG-TERM CARE

Information about long-term care.

- www.acl.gov/ltc
- (202) 401-4634

NAPA COUNTY DISTRICT ATTORNEY'S OFFICE

Investigates alleged crimes in cooperation with law enforcement and files criminal charges or brings evidence before the grand jury. This office includes the following divisions: Administration, Consumer / Environmental Protection, Criminal Division, Investigations Unit and Victim-Witness Services.

- www.countyofnapa.org/2086/District-Attorney
- (707) 253-4211

NAPA SUPERIOR COURT

Responsible for processing all criminal cases and all civil cases including family law, probate, juvenile and general civil matters.

- www.napa.courts.ca.gov
- (707) 299-1100

PUERTAS ABIERTAS COMMUNITY RESOURCE CENTER

Bilingual/bicultural staff provide a variety of health, social service and educational services that have a significant impact on family interaction, financial stability, civic involvement and educational success.

- www.puertasabiernasnapa.org
- (707) 224-1786

Long-Term Care Resources

NAPA LONG-TERM CARE OMBUDSMAN

Provides care facility compliant resolution and advocacy as well as maintaining lists of local residential care facilities for the elderly (RCFE's) and skilled nursing facilities.

- www.napaombudsman.org
- (707) 255-4236 or California Long Term Care 24 Hour Crisis Line: (800) 231-4024

STATE OF CALIFORNIA COMMUNITY CARE LICENSING (CCL): ADULT & SENIOR CARE REGIONAL OFFICE

Licensing agency for Adult Residential and Day Care, Elderly Assisted Living and Home Care organizations. Search here to find a facility or file a complaint.

- www.cdss.ca.gov/inforesources/community-care-licensing
- (707) 588-5026

STATE OF CALIFORNIA DEPARTMENT OF PUBLIC HEALTH

Licensing agency for skilled nursing facilities. Search here to find a skilled nursing facility or file a complaint.

- www.cdph.ca.gov/Programs/CHCQ/LCP/Pages/PatientsResidentsFamily.aspx
- (916) 558-1784

Medical Equipment & Access

ALL MEDICAL SUPPLY & EQUIPMENT

Sells, rents, services and repairs medical equipment; accepts Medi-Cal.

- www.allmedical-supplies.com
- (866) 514-9967

CANINE COMPANIONS FOR INDEPENDENCE

A nonprofit organization that enhances the lives of people with disabilities by providing highly trained assistance dogs and ongoing support to ensure quality partnerships.

- www.cci.org
- (800) 572-2275

CALIFORNIA CONNECT

Provides communication equipment and services, available at no cost, to persons with disabilities, such as vision, hearing, speech, memory and mobility.

- www.caconnect.org
- (800) 806-1191; TTY English (800) 806-4474

CONNECT AMERICA

Largest independent provider of medical alert systems.

- <https://www.connectamerica.com/>
- (800) 815-5809

CONNECT AMERICA WEST

Medical alert systems consisting of an alert device that can be carried or worn as a necklace or wristband.

- www.connectamerica.com/west
- (707) 200-2138

GUIDE DOGS FOR THE BLIND

Prepares highly qualified guide dogs to serve and empower individuals who are blind or have low vision throughout the United States and Canada. All services are provided free of charge.

- www.guidedogs.com
- (800) 295-4050

MEDICARE & MEDICAID: EVERYTHING MEDICARE COVERS AROUND THE HOUSE

A comprehensive guide to home modifications, equipment, qualifying benefits including how to approve and prove medical necessity.

- www.theseniorlist.com/research/medicare-benefits-home-improvements
- (503) 334-4642

SHARE THE CARE

Operates a donation center with durable medical equipment, home health supplies, tube-feeding supplies, liquid nutrients, and nutritional supplement drinks.

- www.sharethecare.org
- (707) 492-3198

Mental Health & Substance Abuse Resources

ALDEA CHILDREN & FAMILY SERVICES

Provides a wide range of services for children, their families and young adults.

- www.aldeainc.org
- (707) 224-8266

ALTERNATIVES FOR BETTER LIVING

Provides outpatient alcohol and drug abuse (substance abuse) counseling, treatment and education for adults. Drug testing services are available.

- www.a4bl.org
- (707) 226-1248

BAY AREA COMMUNITY SERVICES (BACS)

Acute crisis aftercare and residential services for adults with serious mental illness.

- www.bayareacs.org
- (707) 654-8875

FOOD ADDICTS IN RECOVERY ANONYMOUS

Food addiction recovery program.

- www.foodaddicts.org
- (781) 932-6300

INSTITUTE ON AGING: FRIENDSHIP LINE

Telephone reassurance program.

- www.ioaging.org/friendship-line-california
- (888) 670-1360

GAMBLERS ANONYMOUS

Support group for gambling addiction.

- www.gamblersanonymous.org
- (909) 931-9056

MENTIS: HEALTHY MINDS-HEALTHY AGING

A prevention and early intervention program for residents of Napa Valley 60 years and older who show early signs of depression and/or cognitive decline.

- www.mentisnapa.org
- (707) 255-0966

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: ALCOHOL & DRUG SERVICES

Provides centralized access and standardized assessments, outreach, community information, service coordination, linkage and referral services for community partners, public and private sectors and other agency programs.

- www.countyofnapa.org/160/Alcohol-Drug-Services
- (707) 259-8151; 24 Hour hotline (707) 253-4711

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: MENTAL HEALTH DIVISION: OLDER ADULT MENTAL HEALTH

Provides mental health case management and related services to older and disabled adults.

- www.countyofnapa.org/197/Older-Adult-Mental-Health
- (707) 253-3818

NARCOTICS ANONYMOUS

Support group for substance abuse recovery.

- www.napasolanona.org
- (866) 642-3848

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

Provides advocacy, education, support and public awareness about mental illness.

- www.nami.org
- (800) 950-6264

Senior & Community Centers

AMERICAN CANYON ADULT ACTIVITY CENTER

Offers health, recreational and educational programs, as well as cultural events and social services for adults 50 years and older. Nutritionally balanced hot meals are served daily as part of the CANV Congregate Meal Program.

- www.americancanyon.gov/Play/Recreation/Programs/Active-Adults
- (707) 647-5350

CITY OF NAPA SENIOR ACTIVITY CENTER

Offers recreational and educational programs, as well as cultural events and social services for adults over fifty and fabulous. Nutritionally balanced hot meals are served daily as part of the CANV Congregate Meal Program.

- www.cityofnapa.org/386/Adults-Seniors
- (707) 255-1800

ON THE MOVE: INNOVATIONS COMMUNITY CENTER

Providers and consumers work together to foster healing through storytelling, artistic expression, healthy living, spiritual practice and social connections. Members of the Innovations Community Center participate in support groups, one-on-one peer coaching, work experience and volunteer opportunities.

- www.innovationscommunitycenter.org
- (707) 259-8692

PUERTAS ABIERTAS COMMUNITY RESOURCE CENTER

Bilingual/bicultural staff provide a variety of health, social and educational services that have a significant impact on family interaction, financial stability, civic involvement and educational success.

- www.puertasabiernasapa.org
- (707) 224-1786

RIANDA HOUSE

Offers a one-stop shop approach to connect the community's senior population to the programs, services and resources needed to support independence and successful aging.

- www.riandahouse.org
- (707) 963-8555

YOUNTVILLE PARKS & RECREATION/COMMUNITY CENTER

We offer a range of programs for individuals of all ages and abilities, open to everyone, not just Yountville residents. Our adult offerings include the Golden Ticket Program for those 50+, which offers up to 40 classes and programs each season for one low membership fee. We also offer trips and sports such as pickleball for adults. Financial Assistance is available for those who qualify.

- www.yvilleparksandrec.com
- (707) 944-8712

Support & Counseling Resources

ALDEA CHILDREN & FAMILY SERVICES

Provides a wide range of services for children, their families and young adults.

- www.aldeainc.org
- (707) 224-8266

ALZHEIMER'S ASSOCIATION

Funds critical research; provides education and resources; raises awareness; and advocates in partnership with government, private and nonprofit organizations for a solution to the Alzheimer's pandemic.

- <https://www.alz.org/>
- (707) 573-1210 or 24/7 Helpline at (800) 272-3900

COMMUNICARE+OLE: CLASSES & GROUPS

Offers many classes to help seniors manage their health and maintain healthful, happy lifestyles.

- <https://communicareole.org/patient-info/classes-groups/>
- (707) 254-1770

DEPRESSION BIPOLAR SUPPORT ALLIANCE: NAPA CHAPTER

The Napa Valley Bipolar Depression Support Group is open to those with bipolar disorder or major depression, as well as to family members of those with dramatic shifts in mood, energy or activity levels.

- www.napabipolardepression.com
- NapaDBSAGroup707@gmail.com
- (707) 834-0011

GAY, LESBIAN, BISEXUAL, TRANSGENDER NATIONAL HELP CENTER

Provides telephone, online and private one-to-one chat and email peer-support, as well as factual information and local resources to communities, town and cities across the United States.

- www.lgbthotline.org
- (888) 843-4564

INSTITUTE ON AGING: FRIENDSHIP LINE

Telephone reassurance program.

- www.ioaging.org/friendship-line-california
- (888) 670-1360

ON THE MOVE: LGBTQ CONNECTION

- www.lgbtqconnection.org
- (707) 251-9432

MOLLY'S ANGELS: TELEPHONE REASSURANCE

Volunteers make weekly check-in calls to seniors living alone in Napa County offering a safety check and friendly conversation, helping to alleviate loneliness and depression.

- www.mollysangels.com
- (707) 224-8971

NEWS: DOMESTIC VIOLENCE & SEXUAL ABUSE SERVICES

Confidential shelter provides 24-hour emergency response with law enforcement, 24-hour help line, children's services, court advocacy, support groups and other services including transitional housing, food, clothing, job skill training and life skills for survivors to establish their own households.

- www.napanews.org
- (707) 255-6397

PROVIDENCE COMMUNITY HEALTH

Offers free family consultations. Support groups offered in English and Spanish. Offers Grief Support classes for community members. Website provides additional community resources.

- www.communityhealthnapavalley.org
- (707) 258-9080

Transportation Resources

AMERICAN CANCER SOCIETY: ROAD TO RECOVERY

Provides transportation to and from treatment for people with cancer who do not have a ride or are unable to drive themselves.

- www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html
- (800) 227-2345

CALIFORNIA DEPARTMENT OF MOTOR VEHICLES: CALIFORNIA SENIOR DRIVERS

Information developed specifically for senior drivers.

- www.dmv.ca.gov/portal/driver-education-and-safety/special-interest-driver-guides/senior-drivers
- (800) 777-0133

MOLLY'S ANGELS: TRANSPORTATION

Free transportation to and from medical and dental appointments for seniors.

- www.mollysangels.com
- (707) 224-8971

PARTNERSHIP HEALTHPLAN OF CALIFORNIA: MEDICAL TRANSPORTATION MANAGEMENT

For members who need assistance getting to medical appointments by car, bus, train or taxi.

- <https://www.partnershiphp.org/Members/Medi-Cal/Pages/Transportation-Services.aspx>
- (866) 828-2303

VINE TRANSIT, OPERATED BY NAPA VALLEY TRANSPORTATION AUTHORITY

Operates the VINE bus, the Napa Valley's area's bus system and oversees the planning and funding of paratransit (transportation for special needs and disabled riders). NVTA provides the maintenance and improvement of highways, streets and roads, bicycle and transit including VINE Routes, VINE Go Paratransit, St. Helena Shuttle, Calistoga Shuttle, Yountville Bee Line, Vine 29 Express, Taxi Script Program and the Transit Ambassador Program.

- www.vinetransit.com
- (707) 259-8631

VINE TRANSIT: AMERICAN CANYON TRANSIT

A fixed route and on-demand, door-to-door, transit service within specific areas of the city. Same-day pick-up is available. Rides can be requested and tracked using the Ride the Vine mobile app.

- www.vinetransit.com/routes/american-canyon-transit
- (707) 557-7557

VINE TRANSIT: CALISTOGA SHUTTLE

An on-demand transit service within Calistoga city limits for the general public. No advanced reservations are required. The shuttle is wheelchair-accessible and connects with Vine Transit routes 10 and 29.

- www.vinetransit.com/routes/calistoga-shuttle
- (707) 963-4229

VINE TRANSIT: LIFELINE TAXI PROGRAM

Supplements the regular VINE bus system for seniors and/or persons with disabilities that have evening trips after the bus goes out of service, or on a day when the rider may not feel well enough to take the bus.

- www.vinetransit.com/taxi-scrip
- (707) 251-2800

VINE TRANSIT: ST. HELENA SHUTTLE

An on-demand, door-to-door, transit service within specific areas of the city. The service also operates on a fixed route during the a.m. and p.m. on weekdays.

- www.vinetransit.com/routes/st-helena-shuttle
- (707) 963-3007

VINE TRANSIT: VINE TRANSIT AMBASSADOR PROGRAM

Offers personalized orientation for new users of public transit in Napa County. Trained volunteers assist new riders in learning how to read schedules, plan a trip, where to catch the bus, plan transfers, pay the fare/use passes and use special features such as the wheelchair lift.

- www.nvta.ca.gov/programs/transportation-programs-for-senior-and-disabled
- (707) 259-8631

VINE TRANSIT: VINEGO PARATRANSIT

Passenger pick-up from home to their destinations. The service is strictly for individuals with physical and/or cognitive limitations that prevent them from riding the Vine bus.

- www.vinetransit.com/vine-go
- (707) 251-2800

VINE TRANSIT: YOUNTVILLE BEE LINE

Free service that provides door-to-door rides for residents and visitors to the Town of Yountville and the Veterans Home.

- www.vinetransit.com/routes/yountville-bee-line
- (707) 312-1509

Veteran Services

CALIFORNIA DEPARTMENT OF VETERANS AFFAIRS

Provides California veterans and their families with aid and assistance in presenting their claims for veterans' benefits under the laws of the United States; to provide them with beneficial opportunities through direct low-cost loans to acquire farms and homes; and to provide the state's aged or disabled veterans with rehabilitative, residential and medical care and services in a home-like environment at the Veterans Homes of California.

- <https://www.calvet.ca.gov>
- (800) 952-5626

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: CSOA: VETERANS SERVICES

Provides assistance to veterans and their dependents to help them obtain federal benefits, including compensation for service-related disabilities, pensions for low-income veterans who served during a time of war, medical care, spousal benefits, tuition fee waivers for eligible dependents and other services.

- www.countyofnapa.org/203/Veterans-Services
- (707) 253-4558

NATIONAL ARCHIVES: VETERANS SERVICE RECORDS

Repository of military records.

- www.archives.gov/veterans
- (866) 272-6272

NATION'S FINEST

Resource centers are embedded in local communities across California, Arizona and Nevada with a primary focus on housing assistance, behavioral health treatment and case management for all veterans.

- www.nationsfinest.org/locations/vacaville
- (707) 341-2641

THE AMERICAN LEGION, POST 113

A service organization, committed to mentoring youth and sponsorship of wholesome programs in the communities, advocating patriotism and honor, promoting strong national security and continued devotion to service members and veterans.

- www.legion.org
- (707) 637-4484

US DEPARTMENT OF VETERANS AFFAIRS

Provides health care services, benefits programs and access to national cemeteries to former military personnel and their dependents. Provides access to a web portal that provides service members, veterans, their families and authorized caregivers with a single sign-on, central access point to clinical and benefits information.

- <https://www.va.gov/>
- (800) 698-2411

VA HEALTH CARE SYSTEM: NORTHERN CA

Provides a wide range of services including traditional hospital-based services such as surgery, critical care, mental health, orthopedics, pharmacy, radiology and physical therapy.

- www.northerncalifornia.va.gov/locations/Mare_Island_OPC.asp
- (855) 771-9321

VA HEALTH CARE SYSTEM: SAN FRANCISCO

Provides a wide range of services including traditional hospital-based services such as surgery, critical care, mental health, orthopedics, pharmacy, radiology and physical therapy.

- www.va.gov/san-francisco-health-care
- (877) 487-2838

VA HOUSING & URBAN DEVELOPMENT: VA SUPPORTIVE HOUSING (HUD-VASH)

A collaborative program between HUD and VA combines HUD housing vouchers with VA supportive services to help veterans who are homeless find and sustain permanent housing.

- www.va.gov/homeless/hud-vash.asp
- (877) 424-3838

VETERANS HOME OF CALIFORNIA: YOUNTVILLE

The largest Veterans' Home in the United States, offering residential accommodations with a wealth of recreational, social and therapeutic activities for independent living.

- www.calvet.ca.gov/VetHomes/Pages/Yountville.aspx
- (707) 944-4500

VIETNAM VETERANS OF AMERICA (VVA-CHAPTER 702)

Promotes and supports a full range of issues important to Vietnam veterans, creates new identities for this generation of veterans and changes public perception of Vietnam veterans.

- www.vva.org/chapter/vva-chapter-702
- (707) 944-2431

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