

Advisory Council on Aging
January 6, 2026 Meeting Agenda
10:00 – 12:00
650 Imperial Way, 1st Floor, Napa CA 94558

The Advisory Council on Aging does not discriminate against persons with disabilities. Meetings are held in accessible facilities. If you wish to attend this meeting and require assistance in order to participate, please call the Area Agency on Aging at least 24 hours in advance of the event to make reasonable arrangements, 707/784-8960.

Non-confidential materials related to an item on this Agenda submitted to the Advisory Council on Aging after distribution of the agenda packet are available for public inspection during normal business hours at the Solano County Older and Disabled Adult Services receptionist's desk at 275 Beck Avenue, Fairfield, 1st Floor.

If you wish to address any items on the Agenda, please participate in the discussion so the Advisory Council on Aging can fulfill its purpose of being an informed community champion of older adults, advising the AAA, the Oversight Board, and the Napa and Solano Boards of Supervisors.

AGENDA

January 6, 2026

CALL TO ORDER – 10:00 a.m. Riitta DeAnda

1. **MEMBER BRIEF UPDATES ON RECENT ACTIVITIES AS PART OF ROLL CALL**

2. **COMMENTS FROM THE PUBLIC**

This is your opportunity to address the Advisory Council on a matter not on the Agenda, but it must be within the subject matter jurisdiction of the ACOA. Please limit comments to three minutes. Items from the public will be taken under consideration without discussion by the Advisory Council and may be referred to staff.

3. **APPROVAL OF THE AGENDA / APPROVAL OF THE DRAFT MINUTES**

4. **SPEAKER:** Michael Thompson, HICAP

5. **REPORTS**

- **Executive Committee:** Riitta DeAnda
- **AAA Staff Report:** Gwendolyn Gill
- **AgeWell:**
- **Recruitment:** Olga Curtright
- **Outreach:** Olga Curtright and Cathy Wagner
- **Legislative Update and CSL:** Richard White

6. **GOALS PROGRESS / TEAM REPORTS:** Riitta DeAnda

- **Needs of Providers:** Susan Ensey
- **Transportation:** Richard White
- **Caregiving:** Lynne Baker and Linda Chandler
- **Next Generation Caregivers:** Kathy Kahn

7. **NEW BUSINESS**

8. **OLD BUSINESS:**

9. **ADJOURN 12:00 to next meeting February 3, 2026 – 675 Texas Street, County Events Center, Room B, Fairfield, CA 94533.**

Advisory Council on Aging November 4, 2025 Meeting Minutes

CALL TO ORDER – 10:03 a.m.

1. **WELCOME AND INTRODUCTIONS** Members introduced themselves as part of roll call and shared their volunteer activities.
MEMBERS PRESENT: Riitta DeAnda, Chair; Olga Curtright, Vice Chair; Susan Ensey, Secretary; Richard White, Past Chair; Lynne Baker; Linda Chandler; Linda Giglio; Cheryl Johnson; Michelle Marin; Elizabeth Murphy; Sandy Stevens, Cathy Wagner; Neil Watter; Fran Rosenberg; Fern Yaffa. **ABSENT:** Cathy Kahn; Kristi Morrow; Anne Payne; Alan Werblin. **AAA STAFF:** Kobie Good; Jaquetta Jefferson.
GUESTS: Yvonne Baginsky, CSL; Tracee Stacy, Choice in Aging; Shannon Lovelace-White, Molly's Angels; Denise Walker, Meals on Wheels Solano.
2. **COMMENTS FROM THE PUBLIC:** Tracee Stacy with Choice in Aging shared issues related to services for the aging population and encouraged participation in Solano County's Community Health Needs Assessment Survey.
3. **APPROVAL OF AGENDA / APPROVAL OF MINUTES:** Motion by Richard White to approve the Agenda; Seconded by Linda Chandler; Approved. Motion by Lynne Baker to approve the Minutes with correction of Cathy Wagner as contact in the Outreach report; Seconded by Elizabeth Murphy; Approved.
4. **GUEST SPEAKER:** Deborah McQuilkin, Mobility Manager for Solano Transportation Authority. Deborah reviewed the mobility programs and services available to all seven Solano County cities.
5. **REPORTS:**
 - **Executive Committee:** Riitta DeAnda
 - A new Nominating Committee was formed to fill the open alternate Solano position: Olga Curtright is the lead, with Elizabeth Murphy and Richard White.
 - Riitta reviewed member attendance.
 - **Action Item:** Motion to cancel the December meeting was made by Michelle Marin; Seconded by Fran Rosenberg; Approved.
 - **AAA Report:** Kobie Good referred to the written ACOA Staff Report. Highlights include completion of nine program monitoring visits, and online availability of the 2026 Senior Guides at aaans.org.

- **AgeWell:** Cheryl Johnson and Lynne Baker led discussion. Each edition will now include a member profile. Jaquetta Johnson suggested that paper copies of *AgeWell* could be provided for tabling events. Next due date for articles is December 10th.
- **Outreach:** Olga Curtright reminded members she and Cathy Wagner are the contacts for coordinating tabling events. Upcoming events: November 20, Benicia Senior Resource Volunteer Fair, 10:00-2:00; and December 5, Molly's Angels Holiday Lunch and Resource Fair 11:30-2:00; and January 22 _____,
- **Legislative Update and CSL:** Richard White described implementation issues with SB707 which is the bill that will allow open meetings. Richard also provided updates on CSL initiatives.

6. **GOALS FY2025/26:** Riitta DeAnda

- **Needs of Providers:**
Team: Susan Ensey, Michelle Marin, Elizabeth Murphy; Fran Rosenberg, Fern Yaffa, and Denise Walker with Meals on Wheels Solano.
Update: Susan referred to the teams and next steps. Lynne Baker introduced a summary one-page form of questions to be considered. The members indicated they were open to fewer questions. Lynne offered to work further on the list.
- **Transportation:**
Team: Richard White, Shannon Lovelace-White, Cathy Kahn, Susan Ensey, Neil Watter.
Update: Richard updated the Council on participation by the team members in transportation activities.
- **Caregiving:**
Team: Lynne Baker and Linda Chandler. Lynne said they will be reaching out to Innovative Health Solutions.
- **Next Generation Caregivers:**
Team: Cathy Kahn and Ashley Cumpas.
Update: Cathy sent information on the new Instagram account to members via email dated October 24.

7. **NEW BUSINESS**

8. **OLD BUSINESS**

ACTION ITEMS: Approved canceling December meeting.

9. Motion to Adjourn by Neil Watter; Seconded by Cathy Wagner; Approved.

ADJOURNED 12:00 to next meeting January 6, 2026 – 650 Imperial Way, 1st Floor, Napa CA 94558.

Advisory Council on Aging Executive Committee Agenda/Minutes

January 6, 2026 Agenda

CALL TO ORDER: 12:30

ROLL CALL / APPROVE MINUTES / APPROVE AGENDA

REVIEW HIGHLIGHTS AND NEXT STEPS RESULTING FROM TODAY'S MEETING

REVIEW PROGRESS OF GOALS TEAMS

PLAN NEXT MEETING

OPEN DISCUSSION:

November 4, 2025 Minutes

CALL TO ORDER: 12:30

ROLL CALL: Present: Riitta DeAnda, Chair; Olga Curtright, Vice Chair; Richard White, Past Chair; Susan Ensey, Secretary. Absent: AAA Staff: Gwendolyn Gill; Ashley Cumpas.

DISCUSSION OF TODAY'S MEETING

- Meeting went well considering the very full agenda.

PLANS FOR JANUARY MEETING

- Team Updates on Goals
- Michael Thomas with HICAP will be the speaker.
- Riitta will make an announcement regarding voting by alternate members.

DISCUSSION:

- Should ACOA allow senior service providers who are not funded by AAA to have a platform at ACOA meetings? ACOA will continue the policy of not allowing them.
- Can *AgeWell* include notices such as the gift guide appeals? Yes, but from the standpoint of letting readers know about the appeals in a regularly scheduled edition, and not from the standpoint of requesting gifts.
- Confirm attendance policy in Bylaws.
- Riitta will contact Kristo Morrow and request her attendance at meetings.
- Riitta will contact Gwendolyn Gill to discuss Ashley Cumpas' role with ACOA.

ADJOURNED: 12:45

INTERNAL CALENDAR - Napa / Solano Advisory Council on Aging - FY 25/26

Updated 12/18/25

Month	Meetings / Membership	Calendar of Events (Ongoing monthly meetings listed at end)	Project & Advocacy Milestones	Key AAA / Contract Activities
JUL	-Officers begin terms Riitta DeAnda, Chair; Olga Curtright, Vice Chair; Susan Ensey, Secretary. Richard White, Past Chair. -Recess of regular meeting. -Strategy discussion via zoom, for interested members 7/8.	-Senior Roundtable, Florence Douglas Ctr, Vallejo 1:30-3:00, 7/7. (Meets 1st Monday/month.) -American Canyon Meet Me in the Street, 5-8 PM, 7/9.	-Strategy setting meeting resulted in 7 proposed priorities for FY 2025/26. - <i>Agewell</i> published. -Quarterly Report.	-Elaine Clark retired 7/31. -Gwendolyn Gill interim Director. -Napa ADRC: "Connections Napa County" -Solano ADRC has a new case manager; funding for emergency services cut. --Solano MPPAD Community Meeting planned for the fall.
AUG	-Solano -Speaker on Creative Aging: Clara Dawson, Vacaville Museum	-American Canyon Meet Me in the Street, 5-8 PM, 8/13 -Senior Resource Fair, 575 S. Jefferson Str, Dixon, 10-12, 8/20 -Senior Health Fair, Joseph Nelson Community Center, Suisun, 9-12, 8.28.	-Further action on The 7 Priorities for 2025/26.	-Ashley Cumpas and Norma Lisenko with Innovative Health Solutions leading Solano MPAD work. -Creating schedule for all service providers to be monitored this year. -AAA Outreach activities continue.
SEP	-Napa -Speaker: Melissa Schumann, Partnership HealthPlan of California.	-Senior Wellness Afternoon, Yountville Commons, 6554 Yount Street, Yountville, 1-3, 9/9. -Airport Day, 3000 Baumann Road, Rio Vista, 10-4, 9/13. -Legislative Update and Community Conversation, Yountville Commons, 6554 Yount Street, Yountville, 1-3, 9/18. -Fall Prevention Month.	- <i>Agewell</i> articles due 9/10. Adding Poetry Corner feature. --Review of Master Plan for Solano by Riitta DeAnda and Olga Curtright. -Teams making progress on goal setting.	-Service provider orientations in Solano and Napa. ACOA members are invited. -The progress and impact of N/S AAA's comprehensive communication program presented to ACOA. The goals are to elevate the visibility of N/S AAA and connect more Napa and Solano residents to services and support. -Coordinating MPAD kickoff for Solano. -CalFresh funding lost \$600k.
OCT	-Solano -Speaker Tiffanie Walker, Connections Napa County (I&A, ADRC).	-Napa Town Hall, Los Flores Community Ctr, 5:15-7:00, 10/30. Emergency Preparedness Month. -Ageism Awareness Day.	- <i>Agewell</i> published 10/15 -Quarterly Report. -Provider Interview Teams formed. -Transportation Team participating	NSAA Service Provider Orientation events held in Solano and Napa with 18 of the 19 providers participating. -Senior Resource Guides now online.

Month	Meetings / Membership	Calendar of Events (Ongoing monthly meetings listed at end)	Project & Advocacy Milestones	Key AAA / Contract Activities
	-Recognition and condolences for Donna Harris for her excellent energy and contributions.		in transportation forums.	-MPAD kickoff for Solano County 10/2/25. -Program monitoring visits held with nine providers.
NOV	-Napa -Speaker Deborah McQuilkin, Mobility Manager for Solano Transportation Authority.	-Family Caregiver Month. -Dia De Los Muertos 11/1: —Vacaville: Andrews Park, 4-7PM. ---Napa: Veterans Park, Brown Street, 3-8PM. -Napa Town Hall, Browns Valley Elementary, 5:30-7:00, 11/13. -Benicia Senior Resource Volunteer Fair, Benicia, 10-2PM, 11/20. -California Alzheimer's Awareness & Family Caregivers Month.	-Reports / updates from two teams: Provider Needs and Transportation. -Provider interview teams begin scheduling interviews.	-Gwendolyn Gill and Ashley Cumpas attend California AAA Conference.
DEC	-Recess of regular meeting.	-Resource Fair, Molly's Angels Senior Luncheon, Elks Lodge, 2840 Soscol Ave, 11:30-2PM, 12/5.	-Agewell articles due 12/10.	
JAN	-Napa -Speaker: Michael Thompson, HICAP.		-Agewell published 1/15. -Quarterly Report.	
FEB	-Solano -Review Officer Nomination process.			
MAR	-Napa -Officer Nomination Committee formed.	-March for Meals.	-Agewell articles due 3/10.	-Work on Area Plan update.

Month	Meetings / Membership	Calendar of Events (Ongoing monthly meetings listed at end)	Project & Advocacy Milestones	Key AAA / Contract Activities
APR	-Solano -Presentation of Slate of Officers. -Presentation of Area Plan Update.		- <i>Agewell</i> published 4/15. -Quarterly Report.	-Area Plan Update presentation to ACOA.
MAY	-Recess of regular meeting. -	-Older Americans Month.		-Submit Area Plan Update 5/1.
JUN	-Solano -Election of Officers	-Gay Pride Month. -Elder Abuse Awareness 6/15.	- <i>Agewell</i> articles due 6/10 -Plan 2026/27 ACOA calendar of events.	-Review 25/26 provider contracts with council.

Ongoing Monthly Meetings:

- **Vallejo Senior Roundtable**, Florence Douglas Ctr, Vallejo 1:30-3:00, 1st Monday/month.
- **HAPI, (Healthy Aging Population Initiative - Napa)**, Zoom, 11:00-12:00, 2nd Wednesday/month: Contact dsmith@mollysangels.com
- **Napa County Commission on Aging**, In-person and Zoom, 2:00-4:00, 4th Monday/month, countyofnapa.org/1000/Commission-on-Aging

Advisory Council Roster and Attendance

Regular Members

[illegible]

ACOA Staff Report

January 6, 2026

Aging Disability Resource Connection (ADRC)

Napa ADRC is branded as **Connections Napa County**. Connections Napa County has an English Spanish flyer and an English Tagalog flyer available for distribution. Or visit [Connections Napa County – ADRC Napa County](#).

Solano ADRC continues to serve Solano County residents with referrals to resources.

California Area Agency on Aging Conference Highlights

Ashley Cumpas and Gwendolyn Gill attended the California Area Agency on Aging Conference (C4A) where AAA agencies on Nov 5-7, 2025. Highlights include:

- Dr. Norma Lisenko -Innovative Health Solutions - gave an excellent presentation on the Bistro program at the Benicia Senior Center
- The future of services for seniors and people with disabilities will be challenged with the federal and state changes in funding for health care and an array of programs.
- California is working diligently to mitigate losses of programs.
- Our AAA safety net of services matters. Coordinating our services and establishing more partnerships will be important to navigate in this new arena.

Senior Nutrition Service Needs

Over the last few months, there has been a growing demand for home delivered and congregate meals throughout both counties. We have been using our ADRCs to direct clients to alternative food resources such as the

Community Action Napa Valley, Food Bank, Food is Free, and other community organizations.

Additional NSAAA Service Provider Funding

The California Department of Aging allocated the NSAAA one-time only designated funds in certain service categories for 11 service providers in November 2025. These contract amendments were completed in November-December 2025. There are two amendments pending in January 2026.

Collabria Care	Innovative Health Solutions
Community Action of Napa Valley	Legal Services of Northern California
Empowered Aging	Meals on Wheels
Faith in Action	Molly's Angels
Food is Free Solano	Solano Pride Center
Independent Living Resources of Solano & CC	

Board Items

The Solano County Board of Supervisors will hear two items in January 2026:

- January 6, 2026 – Food is Free to receive \$71,419 to provide grocery bags to older adults through June 30, 2026.
- January 13, 2026 - Innovative Health Solutions to receive \$78,284 to support sustainability of the Cal-Fresh Education and Outreach program before sunset March 31, 2026.

Senate Bill 707 - Update on Brown Act

“Open and Public VI: A Guide to the Ralph Brown Act” Booklet sent to all ACOA members. Details about the bill’s implementation are still being clarified. The initial step was sending out this booklet.

Our meeting rooms in Napa and Solano Counties have video-conferencing capabilities. Our meetings can be hybrid meetings – both in person and virtually.

Senior Resource Guides

The 2026 version of the guides are now available online. Both updated guides have been posted to the [Solano Resources](#) and [Napa Resources](#) pages on the NSAAA website www.aaans.org. We are in the process of ordering guides for distribution.

Community Outreach

- Facebook and Instagram messages continue to run on various topics including caregiver resources and directing individuals to our NSAAA website.

AgeWell Newsletter

- We have intern support through April 2026 to help support the layout of the newsletter. We will be discussing in our January 2026 ACOA meeting next steps.

ACOA Meeting Invites –

- Invites will be sent out at 3-month intervals so our ACOA committee members and community residents can plan early. Parking passes for Solano County will be attached to the invites, as necessary. Please let Kobie Good at 707-784-8960 know if you have questions about the ACOA meeting invites.