

Older & Differently-abled Adults **RESOURCE GUIDE**

Napa County
2025

START HERE
(707) 253-4248



AREA AGENCY ON AGING
assistance ▶ advocacy ▶ answers



Providence



NAPA COUNTY
Health & Human
Services Agency



This guide has been developed in collaboration with the Healthy Aging Population Initiative (HAPI) and Senior Information & Assistance (N/S Area Agency on Aging/Providence Health). The purpose of the guide is to help adults, as well as persons with disabilities and their caregivers, find local resources. Although this is not a comprehensive list of resources, we have included the most frequently requested resources and where we have not included a specific resource, we have tried to include a source organization.

Every effort has been made to ensure the accuracy of the information contained in this guide; however, we cannot guarantee there are no errors. Inclusion in this guide does not constitute an endorsement.

If you need a service that is not listed here, or if you have questions about a service, please **contact (707) 253-4248 for assistance.**

Last updated **November 2024**

Visit www.aaans.org for the latest information

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Abuse & Neglect Resources

NAPA COUNTY DISTRICT ATTORNEY'S OFFICE: ELDER & DEPENDENT ADULT ABUSE

Provides information for victims and families coping with the effects of criminal abuse, neglect and exploitation.

- countyofnapa.org/1178/Elder-Dependent-Adult-Abuse
- (707) 299-1414

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: COMPREHENSIVE SERVICES FOR OLDER ADULTS (CSOA): ADULT PROTECTIVE SERVICES

Provides voluntary services to ensure the safety and well-being of seniors (65 years and older) and dependent adults (18-64 years old) who are in danger of being mistreated or neglected, are unable to take care of themselves, protect themselves from harm and have no one to assist them.

- www.countyofnapa.org/185/Adult-Protective-Services
- (707) 253-4398

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: PUBLIC ADMINISTRATOR/PUBLIC GUARDIAN/PUBLIC CONSERVATOR

Provides mandated conservatorship services to older and dependent adults who are no longer able to act in their own best interest, resist undue influence, or are gravely disabled as a result of a psychiatric or cognitive disorder. The Public Administrator is responsible for administering the estate of a county resident who dies without a will or family in California.

- www.countyofnapa.org/182/Comprehensive-Services-for-Older-Adults
- (707) 253-4049

NEWS: DOMESTIC VIOLENCE & SEXUAL ABUSE SERVICES

Confidential shelter provides 24-hour emergency response with law enforcement, 24-hour help line, children's services, court advocacy, support groups and other services including transitional housing, food, clothing, job skill training and life skills for survivors to establish their own households.

- www.napanews.org
- (707) 255-6397

STATE OF CALIFORNIA COMMUNITY CARE LICENSING (CCL): ADULT & SENIOR CARE REGIONAL OFFICE

Licensing agency for adult residential and day care, elderly assisted living and home care organizations. Search here to find a facility or file a complaint.

- <https://www.cdss.ca.gov/inforesources/community-care-licensing>
- (707) 588-5026

Adult Day Programs

PROVIDENCE ADULT DAY HEALTH NAPA VALLEY

Provides state-of-the-art nursing care, rehabilitative therapies, social service support, social engagement and stimulation for adults suffering from chronic illness and/or dementia.

- communityhealthnapavalley.org/adult-day-health
- (707) 258-9087

NAPA VALLEY SUPPORT SERVICES: BROWN STREET GALLERY

Brown Street is a small, art-focused day program providing services for 30 individuals with developmental disabilities.

- brownstreetgallery.com
- (707) 255-8523

VINE VILLAGE: VINE VILLAGE ARTS

Offers people with developmental disabilities a wide range of activities, including studio arts, multimedia and computer skills, continuing academic education, gardening, animal care, equine-assisted therapy, nature study, field trips, social events, music, drama and more.

- <https://vinevillage.org/>
- (707) 255-4006

Advocacy & Advisory Resources

AARP CALIFORNIA

Membership group advocating for seniors.

- www.aarp.org/states
- (866) 448-3614

ADA.GOV

Information about the American with Disabilities Act.

- www.ada.gov/index.html
- (800) 514-0301

ADVISORY COUNCIL ON AGING

Advocate for local senior issues.

- www.aaans.org
- (707) 784-8960

AMERICAN HEART ASSOCIATION

Heart disease information.

- www.heart.org
- (800) 242-8721

AMERICAN PARKINSON'S DISEASE ASSOCIATION

Parkinson's disease information.

- www.apdaparkinson.org
- (800) 223-2732

BETTER BUSINESS BUREAU (BBB)

Consumer information hotline.

- <http://www.bbb.org/>
- (866) 422-2221

CALIFORNIA COUNCIL OF THE BLIND (CCB)

Membership advocacy organization.

- www.ccbnet.org
- (800) 221-6359

CALIFORNIA ADVOCATES FOR NURSING HOME REFORM

Provides long-term care justice and advocacy.

- www.canhr.org
- (800) 474-1116

DEAF COUNSELING, ADVOCACY & REFERRAL AGENCY

Provides a comprehensive range of services to the deaf and hard-of-hearing people of the San Francisco Bay Area.

- dcara.org
- (510) 343-6670

DISABILITY RIGHTS CALIFORNIA

Advocates, educates, investigates and litigates to advance the rights, dignity, equal opportunities and choices for all people with disabilities.

- www.disabilityrightsca.org
- (916) 504-5800

DISABILITY SERVICES & LEGAL CENTER

Serves people with disabilities providing information, advice and assistance on a wide range of disability-related matters.

- mydslc.org
- (707) 258-0270

HEALTHY AGING POPULATION INITIATIVE (HAPI)

HAPI partners share a vision that older adults living in Napa Valley will have a high quality of life that allows them to remain healthy, safe, secure and independent for as long as possible. Current chairs are Celine Regalia and Naomi Dreskin-Anderson.

- cregalia@collabriacare.org
- (707) 254-4169

NAPA COUNTY LONG-TERM CARE OMBUDSMAN

Provides care facility complaint resolution and advocacy and maintains lists of local residential care facilities for the elderly (RCFE's) and skilled nursing facilities.

- napaombudsman.org
- (707) 255-4236

NAPA COUNTY COMMISSION ON AGING

Serves as an advocate for the senior population by helping them to maintain a good quality of life and to remain independent by increasing awareness of the issues facing older adults in Napa County and by influencing public policy through regular reports to the Board of Supervisors.

- www.countyofnapa.org/1000/Commission-on-Aging
- (707) 253-3818

ON THE MOVE: LGBTQ CONNECTION

Engages people, their families and community and trains providers from local organizations across northern California to increase the safety, visibility and well-being of LGBTQ residents.

- www.lgbtqconnection.org
- (707) 251-9432

UNITED CEREBRAL PALSY OF THE NORTH BAY

Resource for people with cerebral palsy and other disabilities.

- www.ucpnb.org
- (707) 584-5859

Aging & Disability Resources

CALIFORNIA HEALTH & HUMAN SERVICES AGENCY: MASTER PLAN FOR AGING

Governor Gavin Newsom issued an executive order calling for the creation of a Master Plan for Aging to be developed. The Master Plan will serve as a blueprint that can be used by state government, local communities and private and philanthropic organizations to build environments that promote an age-friendly California.

- www.chhs.ca.gov/home/master-plan-for-aging
- (916) 654-3454

CALIFORNIA SENIOR GATEWAY

A one-stop website intended to provide seniors, their families and caregivers with the information they need to connect to helpful services and resources, find answers and solve problems.

- <https://seniors.insurance.ca.gov/>
- (916) 419-7500

CANINE COMPANIONS FOR INDEPENDENCE

A nonprofit organization that enhances the lives of people with disabilities by providing highly trained assistance dogs and ongoing support to ensure quality partnerships.

- www.cci.org
- (800) 572-2275

DIGITAL LITERACY, INCLUSION & SAFETY COUNCIL

Promoting a digitally inclusive society with safe and effective use of the internet by all Americans. Authors of the guide, "[Everything Medicare Covers Around the House.](#)"

- www.dliscouncil.org
- (888) 323-4128

DISABILITY RIGHTS CALIFORNIA

Advocates, educates, investigates and litigates to advance the rights, dignity, equal opportunities and choices for all people with disabilities.

- www.disabilityrightsca.org
- (916) 504-5800

EARLE BAUM CENTER

Provides low vision clinic support, counseling, core classes, enrichment programs and support groups to people with sight loss in Sonoma, Lake, Mendocino and Napa counties.

- <https://earlebaum.org/>
- (707) 523-3222

GUIDE DOGS FOR THE BLIND

Prepares highly qualified guide dogs to serve and empower individuals who are blind or have low vision throughout the United States and Canada. All services are provided free of charge.

- www.guidedogs.com
- (800) 295-4050

INSTITUTE ON AGING

Provides health services, social and emotional support, education and advocacy.

- www.ioaging.org
- (415) 750-4111

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: COMPREHENSIVE SERVICES FOR OLDER ADULTS (CSOA)

A division of Health and Human Services Agency providing services for the elderly, blind and people with disabilities. CSOA programs include In-Home Supportive Services (IHSS), IHSS Public Authority, Adult Protective Services (APS), Medi-Cal, Public Administrator/Guardian/Conservator, Older Adult Mental Health, Public Health and Veterans Services. Co-located at CSOA are Senior Information and Assistance, Healthy Minds and Healthy Aging (HMHA) and the Multi-Purpose Senior Services Program (MSSP).

- www.countyofnapa.org/182/Comprehensive-Services-for-Older-Adults
- (707) 253-3818

NAPA/SOLANO AREA AGENCY ON AGING

Area Agencies on Aging (AAAs) were established under the Older Americans Act (OAA) in 1973 to respond to the needs of Americans 60 year and older in every local community. By providing a range of options that allow older adults to choose the home and community-based services and living arrangements that suit them best, AAAs make it possible for older adults to “age in place” in their homes and communities.

- aaans.org
- (707) 784-8960

NATIONAL HEART ASSOCIATION

Voluntary organization dedicated to fighting heart disease and stroke.

- www.heart.org/en
- (800) 242-8721

NATIONAL LIBRARY SERVICE FOR THE BLIND & PHYSICALLY HANDICAPPED (NLS)

A free braille and talking book library service for people with temporary or permanent low vision, blindness or a physical disability that prevents them from reading or holding the printed page.

- www.loc.gov/nls
- (888) 657-7323

NATIONAL STROKE ASSOCIATION

Stroke education and programs.

- www.stroke.org
- (800) 787-6537

NORTH BAY REGIONAL CENTER

Coordinates services for children and adults with developmental and intellectual disabilities, including diagnosis and evaluation, individual program planning, prevention, crisis intervention, advocacy and family support.

- nbrc.net
- (707) 256-1100

UNITED CEREBRAL PALSY OF THE NORTH BAY

Resource for people with cerebral palsy and other disabilities.

- ucpnb.org
- (707) 584-5859

Caregiver Information

CAREGIVER ACTION NETWORK (CAN)

A nonprofit organization providing education, peer support and resources to family caregivers across the country free of charge.

- caregiveraction.org
- (202) 454-3970

PROVIDENCE ADULT DAY HEALTH NAPA VALLEY

Offers free family consultations, free family caregiver education and training classes. Support groups offered in English and Spanish.

- www.communityhealthnapavalley.org/caregiver-resources
- (707) 258-9087

PROVIDENCE CAREGIVER REFERRAL REGISTRY

Manages a registry of carefully screened caregivers and assists in connecting those in need of help with caregivers.

- <https://communityhealthnapavalley.org/information-and-assistance/>
- (707) 253-4248

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: CSOA: CAREGIVER REGISTRATION

To comply with the Elder and Dependent Adult Protection law, any individual working in Napa County and providing in-home care for compensation, must register as a caregiver through the California Department of Social Services Home Care Aide Registry. IHSS care providers who only work for IHSS recipients or individuals who hold a current state license (e.g. registered nurses, certified nursing assistants, licensed vocational nurses) are not required to register.

- www.countyofnapa.org/209/Caregiver-Registration
- (707) 259-8789

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: CSOA: IHSS PUBLIC AUTHORITY

Works in conjunction with IHSS to establish and maintain a “registry” of screened care providers that can be accessed by IHSS recipients. Upon request, the Public Authority will send a recipient a list of care providers. The Public Authority also helps recipients who need assistance interviewing and selecting a qualified and compatible home care provider. The Public Authority provides training opportunities for providers on CPR and first aid, caregiving skills, best practices, communication and other relevant topics.

- www.countyofnapa.org/702/In-Home-Supportive-Services-Public-Autho
- (707) 259-8359

NATIONAL ALLIANCE FOR CAREGIVING

Resources for family caregivers.

- www.caregiving.org
- (301) 718-8448

REDWOOD CAREGIVER RESOURCE CENTER

Part of a statewide system of 11 nonprofit Caregiver Resource Centers (CRCs) offering support and assistance to caregivers of adults with brain impairments through education, research, services and advocacy.

- www.redwoodcrc.org
- (800) 834-1636

Dementia & Alzheimer's Resources

ALZHEIMER'S ASSOCIATION

Funds critical research; provides education and resources; raises awareness; and advocates in partnership with government, private and nonprofit organizations for a solution to the Alzheimer's pandemic.

- <https://www.alz.org/>
- (707) 573-1210

PROVIDENCE ADULT DAY HEALTH NAPA VALLEY: ALZHEIMER'S RESOURCE CENTER

Offers free family consultations, free family caregiver education and training classes. Support groups offered in English and Spanish.

- www.communityhealthnapavalley.org/alzheimers-services
- (707) 258-9087

KAISER MEMORY & AGING CENTER

An interdisciplinary program designed to help provide Napa-Solano Kaiser Permanente members with a comprehensive assessment of their memory problems and link them with needed resources.

- thrive.kaiserpermanente.org/care-near-you/northern-california/napasolano/departments/memory-clinic
- (707) 651-2474

UC DAVIS HEALTH: ALZHEIMER'S DISEASE CENTER

Conducts basic and clinical research including clinical trials, clinical evaluations, community outreach and education, professional education and research training.

- health.ucdavis.edu/alzheimers
- (925) 357-6515

Disaster Assistance

AMERICAN RED CROSS: NAPA COUNTY OFFICE

Provides relief to those impacted by disasters and empowers the community to prepare for, respond to and recover from emergencies.

- www.redcross.org/local/california/northern-california-coastal/about-us/locations/north-bay.html
- (707) 438-7060

CENTER FOR VOLUNTEER & NONPROFIT LEADERSHIP (CVNL)

During an emergency and once activated, CVNL will set up Emergency Volunteer Center hubs where spontaneous volunteers will be guided by members through a training process and directed to a productive support role.

- cvnl.org/volunteerism/disaster-services
- (707) 252-6222

COMMUNITY ORGANIZATIONS ACTIVE IN DISASTER (COAD)

Develops and enhances partnerships for communication, coordination and collaboration amongst the whole community including nonprofit and faith-based organizations, government agencies and the private sector during all phases of a disaster.

- napavalleycoad.org
- (707) 815-4227

MOLLY'S ANGELS: EMERGENCY GROCERY DELIVERY

During times of community need, such during the wildfire season, public safety power shutoffs (PSPS) and emerging crises such as the COVID-19 pandemic, Molly's Angels activates a network of volunteers who deliver necessary food and supplies, as well as check-in phone calls to isolated seniors in need.

- www.mollysangels.com
- (707) 224-8971

UPVALLEY FAMILY CENTERS: SENIOR SERVICES

The Emergency Assistance Program provides support for local individuals and families in times of crisis. Aid can come in the form of tangible goods or monetary aid.

- upvalleyfamilycenters.org/seniors
- (707) 965-5010

Education & Recreation Resources

AMERICAN CANYON LIBRARY

- www.countyofnapa.org/610/American-Canyon-Library
- (707) 644-1136

AMERICAN CANYON ADULT ACTIVITY CENTER

Offers health, recreational and educational programs, as well as cultural events and social services for adults 50 years and older.

- <https://www.americancanyon.gov/Play/Recreation/Programs/Active-Adults>
- (707) 647-5350

BERRYESSA SENIOR CENTER

Provides older adults, families and children with a friendly, supportive place for social interaction, activities, educational opportunities, community involvement and access to public services.

- lakeberryessanews.com/the-lake-berryessa-senior.html
- (707) 966-0206

BOOKSHARE

An online library of digital books for people with reading disabilities.

- www.bookshare.org
- (650) 644-3400

CALISTOGA LIBRARY

- www.countyofnapa.org/612/Calistoga-Library
- (707) 942-4833

CALISTOGA PARKS & RECREATION

Offers a variety of indoor and outdoor facilities and activities that promote health, fitness, education, cultural awareness, sportsmanship, family interaction and appreciation of surroundings.

- www.ci.calistoga.ca.us/city-hall/departments-services/recreation-services
- (707) 942-2838

CITY OF NAPA SENIOR ACTIVITY CENTER

Offers health, recreational and educational programs, as well as cultural events and social services for adults 50 years and older. Nutritionally balanced hot meals are served daily as part of the CANV Congregate Meal Program. A membership program is available and provides discounts on holiday meals.

- www.cityofnapa.org/Facilities/Facility/Details/Senior-Activity-Center-18
- (707) 255-1800

COVIA: WELL CONNECTED

Offers groups and classes on a wide range of topics.

- covia.org/services/well-connected
- (877) 797-7299

NAPA COUNTY HISTORICAL SOCIETY

Operates a noncirculating research library that is open to the public.

- napahistory.org
- (707) 224-1739

NAPA COUNTY MAIN LIBRARY

- www.countyofnapa.org/614/Napa-Main-Library
- (707) 253-4241

NAPA PARKS & RECREATION SERVICES

Provides a variety of recreation programs for community members including seniors and individuals with special needs. Activities include sports leagues and instruction, aquatics, day camps and a diverse array of fun, educational classes.

- www.cityofnapa.org/354/Parks-Recreation-Services
- (707) 257-9529

NAPA VALLEY ADULT EDUCATION

Educates and prepares the community for civic life, higher education, the workplace environment and lifelong learning.

- <https://adulthood.nvusd.org/>
- (707) 253-3594

NAPA VALLEY COLLEGE

- www.napavalley.edu
- (707) 256-7000

NAPA VALLEY COLLEGE: UPPER VALLEY CAMPUS

- <https://nvcsharepoint.napavalley.edu/AboutNVC/CampusInfo/Pages/UpperValleyCampus.aspx>
- (707) 302-2452

OLE HEALTH: CLASSES & GROUPS

Offers many classes to help seniors manage their health and maintain healthful, happy lifestyles.

- www.olehealth.org/our-services/classes-groups/
- (707) 254-1770

PACIFIC UNION COLLEGE

- www.puc.edu
- (707) 965-6313

RIANDA HOUSE SENIOR ACTIVITY CENTER

Offers a one-stop-shop approach to connect the community's senior population to the programs, services and resources needed to support independence and successful aging.

- www.riandahouse.org
- (707) 963-8555

ST. HELENA LIBRARY

- www.shpl.org
- (707) 963-5244

YOUNTVILLE LIBRARY

- www.countyofnapa.org/613/Yountville-Library
- (707) 944-1888

Employment & Volunteerism Resources

CALIFORNIA DEPARTMENT OF REHABILITATION

Provides assistance to community members with a disability or disabilities who are looking for new employment, need help with maintaining their current employment or who desire to advance in their current employment.

- www.dor.ca.gov
- (707) 253-4924

CENTER FOR VOLUNTEER & NONPROFIT LEADERSHIP (CVNL)

Connects individuals to the causes that meet their interests and need their help.

- cvnl.org
- (707) 252-6222

NAPA VALLEY CANDO

Connects and facilitates volunteer action by alerting interested Napa Valley residents about opportunities for service.

- nvcando.org
- (707) 252-7743

NAPA VALLEY PSI

Provides work training and job placement for adults with developmental disabilities.

- www.napavalleypsi.org
- (707) 255-0177

NAPA VALLEY SUPPORT SERVICES: IMPERIAL WAY PROGRAM

Supports individuals with developmental disabilities to maximize their personal and vocational potential.

- www.napavalleysupportservices.org/programs/imperial-way
- (707) 253-0400

NAPA VALLEY SUPPORT SERVICES: NAPA PERSONNEL SYSTEMS

Supports individuals with disabilities find, learn and maintain jobs.

- www.napavalleysupportservices.org/programs/napa-personnel-systems
- (707) 253-7490

UNITED CEREBRAL PALSY OF THE NORTH BAY: WINEBEV SERVICES

An employment program for adults with disabilities, adults with barriers to employment and those who support workers with disabilities.

- ucpnb.org
- (707) 603-0010

End-of-Life Care Resources

CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS' CEMETERY & FUNERAL BUREAU

Licenses funeral agencies and publishes a consumer guide.

- cfb.ca.gov
- (916) 574-7870

PROVIDENCE HOSPICE NAPA VALLEY

Specialized care that addresses the unique needs of individuals and their families when facing the end of life.

- www.communityhealthnapavalley.org/hospice-services
- (707) 258-9080

PROVIDENCE PALLIATIVE CARE NAPA VALLEY

An interdisciplinary caregiving approach aimed at optimizing quality of life and providing relief from the symptoms and stress of progressive or advanced illnesses.

- www.communityhealthnapavalley.org/palliative-services
- (707) 258-9080

HOSPICE FOUNDATION OF AMERICA

End-of-life information.

- www.hospicefoundation.org
- (800) 854-3402

Financial & Utility Assistance

AT&T ACCESS

Provides home internet to limited income households who participate in the Supplemental Nutrition Assistance Program or receive Supplemental Security Income benefits in California.

- <https://www.att.com/internet/access/>
- (855) 220-5211

CALIFORNIA LIFELINE

The California LifeLine Program is a state program that provides discounted residential and cellphone services to eligible households.

- www.californialifeline.com/en
- (866) 272-0357

CALIFORNIA'S LOW COST AUTO INSURANCE PROGRAM

A state-sponsored program that makes auto insurance affordable, helping people drive responsibly and legally.

- www.mylowcostauto.com/get-started/program-overview
- (866) 602-8861

CALIFORNIA PHONES: CALIFORNIA TELEPHONE ACCESS PROGRAM

Provides free specialized phones and accessories for mobile phones to all qualified Californians.

- <https://caconnect.org/>
- (800) 330-5100

FRANCHISE TAX BOARD

- <https://www.ftb.ca.gov/>
- (800) 852-5711

INTERNAL REVENUE SERVICES (IRS)

- <https://www.irs.gov/>
- (800) 829-1040

LIFELINE

A federal program that lowers the monthly cost of phone and internet.

- www.lifelinesupport.org
- (800) 234-9473

LOW INCOME ENERGY ASSISTANCE PROGRAM (LIHEAP)

Assists eligible low-income households with their heating and cooling energy costs, bill payment assistance, energy crisis assistance, weatherization and energy-related home repairs.

- www.benefits.gov/benefit/623
- (866) 674-6327

NORTH COAST ENERGY SERVICES

Provides energy conservation, consumer education and advocacy, home improvement, utility assistance, job training and other services to people in need.

- <https://nces.org/>
- (707) 422-3200

PG&E: CALIFORNIA ALTERNATIVE RATES FOR ENERGY (CARE)

Provides discounts on gas/electric bills for qualified low-income households.

- <https://www.pge.com/en/account/billing-and-assistance/financial-assistance/california-alternate-rates-for-energy-program.html>
- (866) 743-2273

PG&E: FAMILY ELECTRIC RATE ASSISTANCE (FERA)

Provides discounts on gas/electric bills for qualified low-income households.

- <https://www.pge.com/en/account/billing-and-assistance/financial-assistance/family-electric-rate-assistance-program-fera.html>
- (877) 660-6789

PG&E: MEDICAL BASELINE

Financial assistance for those with medical conditions.

- www.pge.com/medicalbaseline
- (800) 743-5000

PUERTAS ABIERTAS COMMUNITY RESOURCE CENTER

Bilingual/bicultural staff provide a variety of health, social and educational services that have a significant impact on family interaction, financial stability, civic involvement and educational success.

- www.puertasabiernasapa.org
- (707) 224-1786

SEASON OF SHARING

Provides temporary financial assistance to individuals and families in crisis to pay for housing and emergency needs (rental/mortgage, utilities, medical/dental, auto) that cannot be met through other resources.

- <https://www.countyofnapa.org/3445/Season-of-Sharing>
- (707) 299-1890

UPVALLEY FAMILY CENTERS: SENIOR SERVICES

Provides income tax assistance, adult education (Plaza Comunitaria), financial education and more.

- upvalleyfamilycenters.org/economic-stability
- (707) 965-5010

TELEPHONE ACCESS PROGRAM

End-of-life information.

- <https://caconnect.org/>
- (800) 806-1191

Food & Meal Resources

CANV: FOOD BANK/FOOD PANTRY NETWORK

Allows low-income residents of Napa County to receive an allotment of food from one of seven locations every 30 days. Allotments are based on household size but will consist of meat, dairy, produce and dry and canned food items.

- canv.org
- (707) 253-6128

CANV: MEALS ON WHEELS

A program that delivers meals to individuals at home who are unable to purchase or prepare their own meals.

- canv.org
- (707) 253-6100

CANV: SENIOR BROWN BAG PROGRAM

Enables seniors 60 years and older to remain independent as long as possible by giving them a “brown bag” with approximately ten to 14 food items twice a month.

- canv.org
- (707) 253-6128

FEEDING IT FORWARD

Works to reduce waste and alleviate hunger in Napa County through collaborative efforts. They rescue excess fresh food from donors and deliver it to organizations fighting hunger in the community.

- fifnv.org/home/about
- (707) 927-3213

NAPA COUNTY HEALTH AND HUMAN SERVICES AGENCY: SELF SUFFICIENCY SERVICES: CALFRESH

Provides eligibility determinations for a food supplement program for low-income county residents.

- <https://www.countyofnapa.org/3304/Self-Sufficiency-Services>
- (707) 253-4511

SALVATION ARMY: NAPA CORPS

Coordinates the Neighborhood Table Program, which serves a free hot lunch on weekdays, 11:30 am - 12:30 pm.

- napa.salvationarmy.org
- (707) 226-8150

Health Care Resources

ADVENTIST HEALTH ST. HELENA: HOSPITAL

- <https://www.adventisthealth.org/st-helena/>
- (707) 963-3611

KAISER PERMANENTE NAPA MEDICAL OFFICE

- <https://healthy.kaiserpermanente.org/northern-california/front-door>
- (707) 258-2500

KAISER PERMANENTE VALLEJO MEDICAL CENTER

- <https://healthy.kaiserpermanente.org/northern-california/front-door>
- (707) 651-1000

MEDI-CAL DENTAL PROGRAM

Covers a variety of dental services for Medi-Cal beneficiaries, such as: diagnostic and preventative dental hygiene, tooth extractions, fillings, root canal treatments periodontal maintenance.

- dental.dhcs.ca.gov
- (800) 322-6384

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: PUBLIC HEALTH

The Public Health division serves the people of Napa County by protecting health, working to prevent disease, premature death and disability, promoting healthy lifestyles, supporting families in the work of raising whole and healthy children and responding to disasters, outbreaks and epidemics.

- www.countyofnapa.org/243/Public-Health
- (707) 253-4270

NAPA/SOLANO DENTAL SOCIETY

A professional association of dentists that is committed to the enhancement of the oral health education and dental welfare of the public.

- napasolanodentalsociety.org
- (707) 428-3894

OLE HEALTH: CALISTOGA

Offers team-based care that includes preventive health services and urgent care, as well as management of chronic illnesses.

- www.olehealth.org
- (707) 709-2308

OLE HEALTH: DENTAL SERVICES

An expert team of dental providers committed to providing high quality and affordable dental care to patients.

- www.olehealth.org/our-services/dental
- (707) 258-6128

OLE HEALTH: NAPA

Offers team-based care that includes preventive health services and urgent care, as well as management of chronic illnesses.

- www.olehealth.org
- (707) 254-1770

OLE HEALTH: ST. HELENA

Offers team-based care that includes preventive health services and urgent care, as well as management of chronic illnesses.

- www.olehealth.org
- (707) 963-0931

SHARE THE CARE

Manages a Stop Falls Program, which includes home safety assessments, grab bar installation and home modification recommendations and provides other services including dental care funding, friendly visitors, rides, home and well-being assessments, care/crisis management, assistance with paperwork and a free medical equipment and home health supplies recycling and exchange program.

- <https://www.sharethecarenv.org/>
- (707) 492-3198

ST. JOSEPH HEALTH: QUEEN OF THE VALLEY MEDICAL CENTER: HOSPITAL

- www.thequeen.org
- (707) 252-4411

VA NORTHERN CALIFORNIA HEALTH CARE SYSTEM (VANHC)

Healthcare delivery system for veterans.

- <https://www.va.gov/northern-california-health-care/>
- (800) 382-8387

Health Insurance Resources

COMMUNITY HEALTH INITIATIVE (CHI) NAPA COUNTY

Specially trained, bilingual/bicultural staff help families in Napa County who need information and assistance in enrolling in affordable health insurance plans, including Medi-Cal, Medicare and Covered California.

- <https://calchi.org/local-services/napa-county/>
- (707) 227-0830

COVERED CALIFORNIA

A free service that connects Californians with brand-name health insurance under the Patient Protection and Affordable Care Act.

- www.coveredca.com
- (800) 300-1506

MEDICARE

Federal health care insurance program for people aged 65 years and older and for disabled persons.

- www.medicare.gov
- (800) 633-4227

MEDICARE HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM (HICAP)

Provides seniors and disabled individuals with objective information about Medicare and other insurance issues so they can make informed decisions about their health care coverage. HICAP does not endorse, recommend, or sell health insurance plans. HICAP counseling is a free service funded by the California Department of Aging.

- senioradvocacyservices.org/hicap
- (800) 434-0222

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: SELF SUFFICIENCY SERVICES: MEDI-CAL

Provides eligibility determinations for medically needy county residents; benefits are administered through the Partnership Health Plan of California for physical health and by HHS for mental health coverage.

- www.countyofnapa.org/361/Self-Sufficiency-Services
- (707) 253-4511

PARTNERSHIP HEALTHPLAN OF CALIFORNIA

Partnership HealthPlan of California (PHC) is a nonprofit community-based health care organization that contracts with the State to administer Medi-Cal benefits through local care providers to ensure Medi-Cal recipients have access to high-quality comprehensive cost-effective health care.

- www.partnershiphp.org/Pages/PHC.aspx
- (800) 863-4155

SOCIAL SECURITY ADMINISTRATION

A government agency that administers social programs covering old age, disability, retirement and survivors' benefits.

- www.ssa.gov
- (800) 772-1213

STATE OF CALIFORNIA UNEMPLOYMENT DEVELOPMENT DEPARTMENT

Services include assisting employers with labor needs, helping job seekers obtain employment, administering workforce programs for adults, dislocated workers and youth, assisting disadvantaged recipients in becoming self-sufficient, helping unemployed and disabled workers through the administration of the UI and SDI programs, supporting state activities and benefit programs by collecting and administering employment-related taxes.

- www.edd.ca.gov
- (866) 333-4606

Home Care & In-Home Services

CHOICE IN AGING: MULTIPURPOSE SENIOR SERVICES PROGRAM (MSSP)

Care management program for Medi-Cal eligible recipients that helps keep seniors safely at home and out of skilled nursing facilities.

- <https://www.choiceinaging.org/mssp>
- (707) 708-0571

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: CSOA: IN-HOME SUPPORTIVE SERVICES (IHSS)

Assists eligible low-income aged, blind and disabled persons, who are at risk for out-of-home placement, to remain safely at home by authorizing payment for care provider services. IHSS care providers may provide personal care services such as: bathing and grooming, dressing and toileting, as well as domestic services such as: house cleaning, meal preparation/cleanup, shopping and laundry.

- www.countyofnapa.org/187/In-Home-Supportive-Services
- (707) 253-6272

ST. JOSEPH HEALTH: ST. JOSEPH HOME CARE

Skilled clinical staff will provide personalized care in the patient's home environment.

- <https://www.providence.org/locations/norcal/st-joseph-home-health-napa>
- (707) 257-4124

QUEEN OF THE VALLEY MEDICAL CENTER: COMMUNITY OUTREACH DEPARTMENT: CARE NETWORK

Helps low-income, uninsured or underinsured clients who have chronic medical conditions and who would benefit from services such as case management, advocacy, resource and referral and education.

- <https://www.providence.org/locations/norcal/queen-of-the-valley/about-us/community-outreach>
- (707) 251-2000

Hotlines

ADULT PROTECTIVE SERVICES

- (888) 619-6913

ALZHEIMER'S ASSOCIATION 24/7 HELPLINE

- (800) 272-3900

CALIFORNIA AGING & ADULT INFORMATION LINE

- (800) 510-2020

DOMESTIC VIOLENCE & SEXUAL ABUSE 24 HOURS HOTLINE

- (800) 799-7233

MENTAL HEALTH CRISIS HOTLINE

- (707) 253-4711

SAGE LGBT HOTLINE

- (877) 360-5428

SUICIDE PREVENTION HOTLINE

- (800) 273-8255

THE TRANS LIFELINE

- (877) 565-8860

VETERANS CRISIS LINE (PRESS 1)

- (800) 273-8255

Housing & Homeless Services

ABODE SERVICES

Operates an emergency shelter and provides outreach, housing support and rental assistance. They also create and manage affordable housing.

- www.abodeservices.org/napa-county
- (707) 271-7818

CALIFORNIA DEPARTMENT OF HOUSING & COMMUNITY DEVELOPMENT

Provides housing and community development assistance and attempts to ensure everyone has access to “fair and equal” housing.

- www.hcd.ca.gov
- (800) 952-8356

CALIFORNIA DEPARTMENT OF HOUSING & COMMUNITY DEVELOPMENT: MANUFACTURED & MOBILE HOMES

Provides manufactured and mobile home assistance.

- www.hcd.ca.gov/manufactured-mobile-home/mobile-home-ombudsman/index.shtml
- (800) 952-8356

CALIFORNIA HOUSING FINANCE AGENCY (CALHFA)

Supports the needs of renters and homebuyers by providing financing and programs so more low-to-moderate income-Californians have a place to call home.

- <https://www.calhfa.ca.gov/index.htm>
- (800) 922-5432

DEPARTMENT OF HOUSING & URBAN DEVELOPMENT (HUD)

Federal agency responsible for national policy and programs that address America’s housing needs, improve and develop the Nation’s communities and enforce fair housing laws.

- <https://www.hud.gov/>
- (415) 489-6400

FAIR HOUSING NAPA VALLEY

Provides extensive educational activities, which include both general and in-depth presentations on fair housing and enforcement activities, which includes intake of discrimination complaints, testing, investigation, mediation, reconciliation and referrals for litigation and/or administrative enforcement.

- napafairhousing.org
- (707) 224-9720

FAIR HOUSING ADVOCATES OF NORTHERN CALIFORNIA

Fair housing services and mortgage foreclosure prevention.

- fairhousingnorcal.org
- (415) 457-5025

HABITAT FOR HUMANITY

Affordable housing construction.

- www.solanonapahabitat.org
- (707) 422-1948

HOUSING AUTHORITY OF THE CITY OF NAPA

Administers various federal, state and local programs to assist the community by providing affordable housing and supportive services at all levels of affordability.

- www.cityofnapa.org/176/Housing-Division
- (707) 257-9543

NAPA VALLEY COMMUNITY HOUSING

Plans and builds new housing, purchases existing run-down properties for rehabilitation and manages affordable rental units for Napa County's low to moderate income residents.

- www.nvch.org
- (707) 253-6140

SOUTH NAPA SHELTER

A shelter for individuals 18 years and older.

- <https://www.countyofnapa.org/272/Homeless-Services>
- (707) 271-7818

VA HOUSING & URBAN DEVELOPMENT: VA SUPPORTIVE HOUSING (HUD-VASH)

A collaborative program between HUD and VA combines HUD housing vouchers with VA supportive services to help veterans who are homeless and their families find and sustain permanent housing.

- www.va.gov/homeless/hud-vash.asp
- (877) 424-3838

Housing Lists

AFFORDABLE AND SUBSIDIZED HOUSING LIST NAPA COUNTY

- www.cityofnapa.org/DocumentCenter/View/5618

COMMUNITY CARE FACILITIES

- <https://www.ccl.dss.ca.gov/carefacilitysearch/>

RESIDENTIAL CARE FACILITIES UP VALLEY

- napaombudsman.org/residential-care-facilities-up-valley

RESIDENTIAL CARE FACILITIES NAPA

- napaombudsman.org/residential-care-facilities-napa

RESIDENTIAL CARE FACILITIES AMERICAN CANYON

- napaombudsman.org/residential-care-facilities-american-canyon

SKILLED NURSING FACILITIES NAPA

- napaombudsman.org/skilled-nursing-facilities-napa

Information & Assistance

UNITED WAY BAY AREA

A comprehensive information and referral service for San Francisco, San Mateo, Napa, Marin, Santa Clara and Solano counties.

- www.211bayarea.org
- (415) 808-4300

BENEFITS.GOV

Online resource to help find federal benefits.

- benefits.gov
- (866) 487-2365

BORN TO AGE

Publishes senior advocacy, care and resource directories for Alameda, Contra Costa, Napa, Solano, Sonoma and Marin counties.

- borntoage.com
- (707) 652-9966

PROVIDENCE INFORMATION & ASSISTANCE FOR SENIORS

The main access point for services and support necessary for seniors aged 60 years and older, so they can maintain their long-term independence.

- www.communityhealthnapavalley.org/information-and-assistance
- (707) 253-4248

CONSUMER AFFAIRS CEMETERY & FUNERAL BUREAU

Licenses funeral agencies and publishes consumer guides.

- www.cfb.ca.gov
- (916) 574-7870

DISABILITY SERVICE & LEGAL CENTER

Services for persons with disabilities.

- www.mydslc.org
- (707) 258-0270

EMPLOYMENT SERVICES & LEGAL CENTER (EDD)

Benefits enrollment.

- www.edd.ca.gov
- (866) 333-4606

FRANCHISE TAX BOARD

State tax agency.

- www.ftb.ca.gov
- (800) 852-3571

INTERNAL REVENUE SERVICE (IRS)

Federal income and business tax agency.

- www.irs.gov
- (800) 829-1040

HEARING LOSS ASSOCIATION OF AMERICA (HLAA)

Hearing loss information and assistance.

- www.hearinglossca.org
- (301) 657-2249

NAPA COUNTY COMPREHENSIVE SERVICES FOR OLDER ADULTS

Services for older, blind and disabled adults.

- www.countyofnapa.org/243
- (707) 253-3818

NAPA COUNTY PUBLIC HEALTH

Responds to the community's public health needs.

- www.countyofnapa.org/CSOA
- (707) 253-4270

NATIONAL STROKE ASSOCIATION

Stroke education and programs.

- www.stroke.org
- (800) 787-6537

PUERTAS ABIERTAS COMMUNITY RESOURCE CENTER

Bilingual/bicultural staff provide a variety of health, social and educational services that have a significant impact on family interaction, financial stability, civic involvement and educational success.

- www.puertasabiernasapa.org
- (707) 224-1786

POISON CONTROL

Poison expertise and treatment advice.

- www.calpoison.org
- (800) 222-1222

REDWOOD CAREGIVER RESOURCE CENTER

Part of a statewide system of 11 nonprofit Caregiver Resource Centers (CRCs) offering support and assistance to caregivers of adults with brain impairments through education, research, services and advocacy.

- <https://www.redwoodcrc.org/>
- (800) 834-1636

SAGE

Resources for lesbian, gay, bisexual and transgender (LGBTQ) older adults.

- <https://www.sageusa.org/>
- (877) 360-5428

SOCIAL SECURITY OFFICES

Federal Social Security office.

- ssa.gov
- (800) 772-1213

UPVALLEY FAMILY CENTERS: SENIOR SERVICES

Provides resource, referral, case management and advocacy services specifically for seniors in the region.

- upvalleyfamilycenters.org/seniors
- (707) 965-5010

Legal Services

BAY AREA LEGAL AIDE

Provides meaningful access to the civil justice system through quality legal assistance regardless of a client's location, language or disability

- <https://baylegal.org/>
- (707) 259-0579

LEGAL SERVICES OF NORTHERN CALIFORNIA

Provides low-income clients with free civil legal assistance, including legal advice and counsel, effective referrals and legal representation.

- <https://lsnc.net/>
- (916) 551-2150

LONG-TERM CARE

Information about long-term care.

- <https://acl.gov/ltc>
- (202) 401-4634

DISABILITY RIGHTS CALIFORNIA

Advocates, educates, investigates and litigates to advance the rights, dignity, equal opportunities and choices for all people with disabilities.

- www.disabilityrightsca.org
- (916) 504-5800

DISABILITY SERVICES AND LEGAL CENTER

Serves people with disabilities by providing information, advice and assistance on a wide range of disability-related matters.

- mydslc.org
- (707) 258-0270

NAPA COUNTY DISTRICT ATTORNEY'S OFFICE

Investigates alleged crimes in cooperation with law enforcement and files criminal charges or brings evidence before the grand jury. This office includes the following divisions: Administration, Consumer / Environmental Protection, Criminal Division, Investigations Unit and Victim-Witness Services.

- <https://www.countyofnapa.org/2086/District-Attorney>
- (707) 253-4211

NAPA SUPERIOR COURT

Responsible for processing all criminal cases and all civil cases including family law, probate, juvenile and general civil matters.

- www.napa.courts.ca.gov
- (707) 299-1100

PUERTAS ABIERTAS COMMUNITY RESOURCE CENTER

Bilingual/bicultural staff provide a variety of health, social service and educational services that have a significant impact on family interaction, financial stability, civic involvement and educational success.

- www.puertasabiernasapa.org
- (707) 224-1786

Long-Term Care Resources

NAPA LONG-TERM CARE OMBUDSMAN

Provides care facility compliant resolution and advocacy as well as maintaining lists of local residential care facilities for the elderly (RCFE's) and skilled nursing facilities.

- napaombudsman.org
- (707) 255-4236

STATE OF CALIFORNIA COMMUNITY CARE LICENSING (CCL): ADULT & SENIOR CARE REGIONAL OFFICE

Licensing agency for Adult Residential and Day Care, Elderly Assisted Living and Home Care organizations. Search here to find a facility or file a complaint.

- <https://www.cdss.ca.gov/inforesources/community-care-licensing>
- (707) 588-5026

STATE OF CALIFORNIA DEPARTMENT OF PUBLIC HEALTH

Licensing agency for skilled nursing facilities. Search here to find a skilled nursing facility or file a complaint.

- www.cdph.ca.gov/Programs/CHCQ/LCP/Pages/PatientsResidentsFamily.aspx
- (916) 558-1784

Medical Equipment & Access

ALL MEDICAL SUPPLY & EQUIPMENT

Sells, rents, services and repairs medical equipment; accepts Medi-Cal.

- www.allmedical-supplies.com
- (866) 514-9967

CANINE COMPANIONS FOR INDEPENDENCE

A nonprofit organization that enhances the lives of people with disabilities by providing highly trained assistance dogs and ongoing support to ensure quality partnerships.

- www.cci.org
- (800) 572-2275

CALIFORNIA PHONES: CALIFORNIA TELEPHONE ACCESS PROGRAM

Provides free specialized phones and accessories for cellular phones to all qualified Californians.

- <https://caconnect.org/>
- (800) 330-5100

CONNECT AMERICA

Largest independent provider of medical alert systems.

- www.connectamerica.com
- (800) 949-2434

DEAF AND DISABLED TELECOMMUNICATIONS PROGRAM (DDTP)

Provides telephone communications access for all deaf and disabled Californians.

- <https://www.cpuc.ca.gov/consumer-support/financial-assistance-savings-and-discounts/ddtp>
- (800) 806-1191

GUIDE DOGS FOR THE BLIND

Prepares highly qualified guide dogs to serve and empower individuals who are blind or have low vision throughout the United States and Canada. All services are provided free of charge.

- www.guidedogs.com
- (800) 295-4050

LIFELINE MEDICAL ALARM SERVICE

Medical alert system consisting of an alert device that can be carried or worn as a necklace or wristband.

- <https://www.adventisthealth.org/st-helena/>
- (707) 778-7883

MEDICARE & MEDICAID: EVERYTHING MEDICARE COVERS AROUND THE HOUSE

A comprehensive guide to home modifications, equipment, qualifying benefits including how to approve and prove medical necessity.

- <https://www.theseniorlist.com/research/medicare-benefits-home-improvements/>
- (888) 323-4128

SHARE THE CARE

Provides information and referrals as well as dental care funding, friendly visitors, rides, home and well-being assessments, care/crisis management, assistance with paperwork and fall prevention resources. They also manage a free medical equipment program, a home health supplies recycling program and an equipment exchange program.

- <https://www.sharethecarenv.org/>
- (707) 492-3198

Mental Health & Substance Abuse Resources

ALDEA CHILDREN & FAMILY SERVICES

Provides a wide range of services for families, including mental health, children services, counseling and support groups.

- www.aldeainc.org
- (888) 992-5332

ALTERNATIVES FOR BETTER LIVING

Provides outpatient alcohol and drug abuse (substance abuse) counseling, treatment and education for adults. Drug testing services are available.

- a4bl.org
- (707) 226-1248

BAY AREA COMMUNITY SERVICES (BACS)

Acute crisis aftercare and residential services for adults with serious mental illness.

- www.bayareacs.org
- (707) 654-8875

FOOD ADDICTS IN RECOVERY ANONYMOUS

Food addiction recovery program.

- www.foodaddicts.org
- (800) 228-1286

INSTITUTE ON AGING: FRIENDSHIP LINE

Telephone reassurance program.

- <https://www.ioaging.org/friendship-line-california/>
- (888) 670-1360

GAMBLERS ANONYMOUS

Support group for gambling addiction.

- www.gamblersanonymous.org/ga/locations
- (909) 931-9056

MENTIS: HEALTHY MINDS-HEALTHY AGING

A prevention and early intervention program for residents of Napa Valley 60 years and older who show early signs of depression and/or cognitive decline.

- mentisnapa.org
- (707) 299-1885

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: ALCOHOL & DRUG SERVICES

Provides centralized access and standardized assessments, outreach, community information, service coordination, linkage and referral services for community partners, public and private sectors and other agency programs.

- www.countyofnapa.org/160/Alcohol-Drug-Services
- (707) 253-4063

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: MENTAL HEALTH DIVISION: OLDER ADULT MENTAL HEALTH

Provides mental health case management and related services to older and disabled adults.

- www.countyofnapa.org/197/Older-Adult-Mental-Health
- (707) 253-3818

NARCOTICS ANONYMOUS

Support group for substance abuse recovery.

- <https://www.napasolanona.org/>
- (866) 642-3848

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

Provides advocacy, education, support and public awareness about mental illness.

- nami.org/home
- (800) 950-6264

WELL CONNECTED

Telephone support and classes for seniors.

- covia.org/programs/well-connected
- (877) 797-7299

Senior & Community Centers

AMERICAN CANYON ADULT ACTIVITY CENTER

Offers health, recreational and educational programs, as well as cultural events and social services for adults 50 years and older. Nutritionally balanced hot meals are served daily as part of the CANV Congregate Meal Program.

- <https://www.americancanyon.gov/Play/Recreation/Programs/Active-Adults>
- (707) 647-5350

BERRYESSA SENIOR CENTER

Provides older adults, families and children with a friendly, supportive place for social interaction, activities, educational opportunities, community involvement and access to public services.

- lakeberryessanews.com/the-lake-berryessa-senior.html
- (707) 966-0206

CITY OF NAPA SENIOR ACTIVITY CENTER

Offers recreation program registration, contract classes, meal programs and private rentals.

- www.cityofnapa.org/Facilities/Facility/Details/Senior-Activity-Center-18
- (707) 255-1800

ON THE MOVE: INNOVATIONS COMMUNITY CENTER

Providers and consumers work together to foster healing through storytelling, artistic expression, healthy living, spiritual practice and social connections. Members of the Innovations Community Center participate in support groups, one-on-one peer coaching, work experience and volunteer opportunities.

- www.innovationscommunitycenter.org/#contact-us-1
- (707) 259-8692

PUERTAS ABIERTAS COMMUNITY RESOURCE CENTER

Bilingual/bicultural staff provide a variety of health, social and educational services that have a significant impact on family interaction, financial stability, civic involvement and educational success.

- www.puertasabiernasapa.org
- (707) 224-1786

RIANDA HOUSE SENIOR ACTIVITY CENTER

Offers a one-stop shop approach to connect the community's senior population to the programs, services and resources needed to support independence and successful aging.

- www.riandahouse.org
- (707) 963-8555

Support & Counseling Resources

ALDEA CHILDREN & FAMILY SERVICES

Provides a wide range of services for families, including mental health, children services, counseling and support groups.

- <https://www.aldeainc.org/>
- (888) 992-5332

ALZHEIMER'S ASSOCIATION

Funds critical research; provides education and resources; raises awareness; and advocates in partnership with government, private and nonprofit organizations for a solution to the Alzheimer's pandemic.

- <https://act.alz.org/site/SPageServer/>
- (707) 573-1210

PROVIDENCE

Offers free family consultations, free family caregiver education and training classes. Support groups offered in English and Spanish.

- communityhealthnapavalley.org
- (707) 258-9087

DEPRESSION BIPOLAR SUPPORT ALLIANCE: NAPA CHAPTER

The Napa Valley Bipolar Depression Support Group is open to those with bipolar disorder or major depression, as well as to family members of those with dramatic shifts in mood, energy or activity levels.

- napabipolardepression.com
- (707) 738-2195

GAY, LESBIAN, BISEXUAL, TRANSGENDER NATIONAL HELP CENTER

Provides telephone, online and private one-to-one chat and email peer-support, as well as factual information and local resources to communities, town and cities across the United States.

- <https://nationaltoolkit.csw.fsu.edu/resource/gay-lesbian-bisexual-and-transgender-national-hotline-1-888-843-4564/>
- (888) 843-4564

INSTITUTE ON AGING: FRIENDSHIP LINE

Telephone reassurance program.

- <https://www.ioaging.org/friendship-line-california/>
- (888) 670-1360

ON THE MOVE: LGBTQ CONNECTION

- www.lgbtqconnection.org
- (707) 251-9432

MOLLY'S ANGELS: TELEPHONE REASSURANCE

Volunteers make weekly check-in calls to seniors living alone in Napa County offering a safety check and friendly conversation, helping to alleviate loneliness and depression.

- www.mollysangels.com
- (707) 224-8971

NEWS: DOMESTIC VIOLENCE & SEXUAL ABUSE SERVICES

Confidential shelter provides 24-hour emergency response with law enforcement, 24-hour help line, children's services, court advocacy, support groups and other services including transitional housing, food, clothing, job skill training and life skills for survivors to establish their own households.

- www.napanews.org
- (707) 255-6397

OLE HEALTH: CLASSES & GROUPS

Offers many classes to help seniors manage their health and maintain healthful, happy lifestyles.

- www.olehealth.org/our-services/classes-groups
- (707) 254-1770

SHARE THE CARE

Provides information and referral services as well as dental care funding, friendly visitors, rides, home and well-being assessments, care/crisis management, assistance with paperwork and fall prevention resources. They also manage a free medical equipment and home health supplies recycling and exchange program.

- <https://www.sharethecarenv.org/>
- (707) 492-3198

Transportation Resources

AMERICAN CANCER SOCIETY: ROAD TO RECOVERY

Provides transportation to and from treatment for people with cancer who do not have a ride or are unable to drive themselves.

- www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html
- (800) 227-2345

CALIFORNIA DEPARTMENT OF MOTOR VEHICLES: CALIFORNIA SENIOR DRIVERS

Information developed specifically for senior drivers.

- www.dmv.ca.gov/portal/driver-education-and-safety/special-interest-driver-guides/senior-drivers/
- (800) 777-0133

MOLLY'S ANGELS: TRANSPORTATION

Free transportation to and from medical appointments for seniors. By offering free transportation, we support seniors living longer in their own homes.

- www.mollysangels.com
- (707) 224-8971

NAPA VALLEY TRANSPORTATION AUTHORITY (NVTA)

Operates the VINE bus, the Napa Valley's area's bus system and oversees the planning and funding of paratransit (transportation for special needs and disabled riders). NVTA provides the maintenance and improvement of highways, streets and roads, bicycle and transit including VINE Routes, VINE Go Paratransit, St. Helena Shuttle, Calistoga Shuttle, Yountville Bee Line, Vine 29 Express, Taxi Script Program and the Transit Ambassador Program.

- www.nvta.ca.gov
- (707) 259-8631

NVTA: AMERICAN CANYON TRANSIT

A fixed route and on-demand, door-to-door, transit service within specific areas of the city. Same-day pick-up is available. Rides can be requested and tracked using the Ride the Vine mobile app.

- vinetransit.com/routes/american-canyon-transit
- (707) 557-7557

NVTA: CALISTOGA SHUTTLE

An on-demand transit service within Calistoga city limits for the general public. No advanced reservations are required. The shuttle is wheelchair-accessible and connects with Vine Transit routes 10 and 29.

- vinetransit.com/routes/calistoga-shuttle
- (707) 963-4229

NVTA: LIFELINE TAXI PROGRAM

Supplements the regular VINE bus system for seniors and/or persons with disabilities that have evening trips after the bus goes out of service, or on a day when the rider may not feel well enough to take the bus.

- vinetransit.com/taxi-scrip
- (707) 251-2800

NVTA: ST. HELENA SHUTTLE

An on-demand, door-to-door, transit service within specific areas of the city. The service also operates on a fixed route during the a.m. and p.m. on weekdays.

- vinetransit.com/routes/st-helena-shuttle
- (707) 963-3007

NVTA: VINE TRANSIT AMBASSADOR PROGRAM

Offers personalized orientation for new users of public transit in Napa County. Trained volunteers assist new riders in learning how to read schedules, plan a trip, where to catch the bus, plan transfers, pay the fare/use passes and use special features such as the wheelchair lift.

- <https://nvta.ca.gov/programs/transportation-programs-for-senior-and-disabled/>
- (707) 259-8631

NVTA: VINEGO PARATRANSIT

Passenger pick-up from the doorsteps of their home to their destinations. The service is strictly for individuals with physical and/or cognitive limitations that prevent them from riding the Vine bus.

- vinetransit.com/vine-go
- (707) 251-2800

NVTA: YOUNTVILLE BEE LINE

Free service that provides door-to-door rides for residents and visitors to the Town of Yountville and the Veterans Home.

- <https://vinetransit.com/routes/yountville-bee-line/>
- (707) 944-1234

PARTNERSHIP HEALTHPLAN OF CALIFORNIA: MEDICAL TRANSPORTATION MANAGEMENT

For members who need assistance getting to medical appointments by car, bus, train or taxi.

- memberportal.net/?planCode=PSC
- (888) 828-1254

Veteran Services

CALIFORNIA DEPARTMENT OF VETERANS AFFAIRS

Provides California veterans and their families with aid and assistance in presenting their claims for veterans' benefits under the laws of the United States; to provide them with beneficial opportunities through direct low-cost loans to acquire farms and homes; and to provide the state's aged or disabled veterans with rehabilitative, residential and medical care and services in a home-like environment at the Veterans Homes of California.

- <https://www.calvet.ca.gov/>
- (800) 952-5626

NAPA COUNTY HEALTH & HUMAN SERVICES AGENCY: CSOA: VETERANS SERVICES

Provides assistance to veterans and their dependents to help them obtain federal benefits, including compensation for service-related disabilities, pensions for low-income veterans who served during a time of war, medical care, spousal benefits, tuition fee waivers for eligible dependents and other services.

- www.countyofnapa.org/203/Veterans-Services
- (707) 253-4558

NATIONAL ARCHIVES: VETERANS SERVICE RECORDS

Repository of military records.

- www.archives.gov/veterans
- (866) 272-6272

NATION'S FINEST

Resource centers are embedded in local communities across California, Arizona and Nevada with a primary focus on housing assistance, behavioral health treatment and case management.

- <https://nationsfinest.org/locations/vacaville/>
- (707) 341-2641

THE AMERICAN LEGION, POST 113

A service organization, committed to mentoring youth and sponsorship of wholesome programs in the communities, advocating patriotism and honor, promoting strong national security and continued devotion to service members and veterans.

- www.legion.org
- (707) 287-3439

US DEPARTMENT OF VETERANS AFFAIRS

Provides health care services, benefits programs and access to national cemeteries to former military personnel and their dependents.

- <https://www.va.gov/>
- (844) 698-2311

VA HEALTH CARE SYSTEM: NORTHERN CA

Provides a wide range of services including traditional hospital-based services such as surgery, critical care, mental health, orthopedics, pharmacy, radiology and physical therapy.

- www.northerncalifornia.va.gov/locations/Mare_Island_OPC.asp
- (855) 771-9321

VA HEALTH CARE SYSTEM: SAN FRANCISCO

Provides a wide range of services including traditional hospital-based services such as surgery, critical care, mental health, orthopedics, pharmacy, radiology and physical therapy.

- <https://www.va.gov/san-francisco-health-care/>
- (877) 487-2838

VA HOUSING & URBAN DEVELOPMENT: VA SUPPORTIVE HOUSING (HUD-VASH)

A collaborative program between HUD and VA combines HUD housing vouchers with VA supportive services to help veterans who are homeless find and sustain permanent housing.

- www.va.gov/homeless/hud-vash.asp
- (877) 424-3838

VA/DOD EBENEFITS

A web portal that provides service members, veterans, their families and authorized caregivers with a single sign-on, central access point to clinical and benefits information.

- <https://www.va.gov/>
- (800) 983-0937

VETERANS HOME OF CALIFORNIA: YOUNTVILLE

The largest Veterans' Home in the United States, offering residential accommodations with a wealth of recreational, social and therapeutic activities for independent living.

- www.calvet.ca.gov/VetHomes/Pages/Yountville.aspx
- (707) 944-4500

VIETNAM VETERANS OF AMERICA (VVA-CHAPTER 702)

Promotes and supports a full range of issues important to Vietnam veterans, creates new identities for this generation of veterans and changes public perception of Vietnam veterans.

- vva.org/chapter/vva-chapter-702
- (707) 944-2431

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assistance ▶ advocacy ▶ answers