



Solano Master Plan *for* Aging & Disability

Charting Lifelong Livability: Together, We're Creating a Community for All Ages & Stages

Report Prepared By:

Innovative Health Solutions

This report is a result of a project funded by a contract with the California Department of Aging. The conclusions and opinions expressed may not be those of the California Department of Aging and may not be based upon or inclusive of all raw data.



**INNOVATIVE
HEALTH
SOLUTIONS**

“The way we build the world
tells the story about who we believe
belongs here.”

– Anonymous

Land Acknowledgement



We take a moment to acknowledge the land on which we are gathered. For thousands of years, this land has been the home of the Native American tribes of the Suisune, the Patwin of the Wintun tribes, Miwuk, Karkin Ohlone, Yoche Dehe Wintun, and the countless other California tribes that are the original stewards of this land. We honor Solano County's ancestral grounds.

We recognize the history of genocide and continued inequities experienced by the Native American People in Solano County. The forced cessation of Native Americans on this land is an open wound. We would like to acknowledge the displacement and lost lives due to colonization and ongoing disparities. We honor those who have passed and those who continue to maintain the traditions of this vibrant culture that benefit us today.



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Solano County Board of Supervisors' Age-Friendly Community Resolution

MONICA BROWN
District 2 Supervisor
MEBrown@SolanoCounty.gov
(707) 784-3038

675 Texas Street, Suite 6500
Fairfield, CA 94533-6342

SUPERVISOR MONICA BROWN, DISTRICT 2



**SOLANO
COUNTY**

JOHN GLIDDEN
District 2 Representative
JMGlidden@SolanoCounty.gov
(707) 784-3038

WLANDO J. MADEIROS
District 2 Representative
WLMadeiros@SolanoCounty.gov
(707) 784-3038

October 15, 2024

Re: AARP Network of Age-Friendly States and Communities

To Whom it May Concern

On behalf of the County of Solano, California, I am pleased to offer this resolution demonstrating our ongoing commitment to creating an age-friendly environment within our County. We are excited to join AARP's Age-Friendly Communities network. Solano County is committed to becoming a livable community promoting health, sustainable growth and contributing to the well-being of all residents in every stage of life.

As the County of Solano considers its local Master Plan for Aging, we want to promote successful aging and improve the quality of life for all residents. There is great value in utilizing the AARP's Eight Domains of Livability in establishing a more age-friendly county: making outdoor spaces and buildings more senior friendly, as well as increasing the accessibility and affordability of transportation and housing. In addition, increasing access and opportunities for social participation and inclusion, through programs that promote ethnic and cultural diversity, supporting work and volunteer opportunities, access to communication and information, and supporting the ability of older people to age in place, through community support and health services.

As a participant in the AARP and the World Health Organization (WHO) Age-Friendly Community, it is the intent of the County of Solano to:

- Pursue the active engagement of older adults in the planning process through outreach and inclusion by bringing events to where older people live and congregate.
- Pursue outreach through churches, civic organizations, AARP, providers of aging services and hosting events designed for older people.
- Establish a plan of action that responds to the needs identified by older people.
- Develop a means to measure our activities, reviewing action plan outcomes to determine if we are meeting our goals.
- Keep the public, focusing on older residents, informed throughout the process.

We look forward to collaborating with AARP staff, members, and volunteers in successfully ensuring that Solano County is a community where all can age with dignity and importance.

Yours Sincerely,

A handwritten signature in blue ink that reads "Monica Brown".

Solano County Supervisor Monica Brown

A Letter to Our Community

Dear Solano County Resident,

We are excited to present to you Solano County's inaugural Master Plan for Aging and Disability (Solano MPAD). This report is a comprehensive initiative aimed at examining our community diversity, the wealth of community resources, and opportunities associated with aging and living with a disability in Solano County. Through a comprehensive analysis of current data and information obtained from community engagement listening sessions, we have identified significant trends, highlighted existing resources, and uncovered potential opportunities to enhance support and current resources for older adults and adults with disabilities.

We request your support as we come together with confidence to uphold these significant commitments:

- Solano County is **dedicated** to becoming a livable community that promotes health, sustainable growth, and the well-being of residents at all stages of life.
- We are **committed** to ensuring that outdoor spaces and buildings are friendly to older adults and adults with disabilities. This includes increasing the accessibility and affordability of transportation and housing and enhancing access to social participation and inclusion through programs that celebrate ethnic and cultural diversity.
- We **support** work and volunteer opportunities that improve access to communication and information, and facilitate the ability of older adults and adults with disabilities to age in place through community support and health services.
- Solano County **intends** to actively engage older adults and adults with disabilities in the planning process by prioritizing outreach and inclusion and bringing events to the locations where people live and socialize.

The MPAD goal is to support the needs of our grandparents, parents, neighbors, friends, and community members, deserving of a respected position within our society. The health of our community improves when we consciously embrace and promote the well-being of everyone.

Your support is not just vital; it's indispensable in prioritizing the needs of older adults and adults with disabilities as we build a village that fosters diversity, equity, inclusion, belonging, and collaboration. Together, we have the power to shape stronger, more compassionate communities.

Our commitment is to leverage this report as a foundational framework to guide our efforts in establishing strategic objectives that empower older adults and adults with disabilities in our communities.

We greatly appreciate your potential support on this inspiring journey and encourage you to join us in this important effort.

In Partnership,

The Solano MPAD Development Team

Acknowledgments

The Solano County Older & Disabled Adult Services (ODAS) and the Napa/Solano Area Agency on Aging (Napa/Solano AAA) were awarded the Local Aging and Disability Action Planning Grant by the California Department of Aging to support the development of the Solano Master Plan for Aging and Disability (Solano MPAD).

We thank the following Solano MPAD Advisory Committee members, who provided invaluable insight and support in developing this report.

Jennifer Aguilar

Health Worker
CommuniCare+OLE

Robert Basa

Caregiver/President
Filipino American
Community of Fairfield,
Suisun, Vacaville, Inc.

Monica Brown

County Supervisor, District 2
Solano County

Alisa Cromer

*Program Manager/Social
Worker Care Manager*
Multipurpose Senior
Services Program/Choice
in Aging

Ashley Cruz

Licensed Clinician
Solano County Behavioral
Health

Olga Curtright

Council Member
Advisory Council on Aging
to the Napa/Solano Area
Agency on Aging

Jenalee Dawson

Elected Councilmember
City of Suisun

Wendy Fabian

Field Representative
Assembly Member Lori
Wilson

Angelica Gemo

Director
United Cerebral Palsy of
the North Bay

Jennifer Hanley

Executive Director
Carquinez Village

Linda Jensen

Board Member
Rio Vista Citizens for
Seniors, Inc.

Sheralyn Lime

Coordinator
Aging and Disability
Resource Connection of
Solano County (ADRC)

Will McGarvey

Executive Director
Solano Pride Center

Deborah McQuilkin

Transit Mobility Coordinator
Solano Transportation
Authority

Susannah Meyer

Executive Director
Empowered Aging

Kim DeOcampo

Retired Case Worker
California Tribal TANF
Partnership

Ana Petero

*School Board Member/
Communication Studies
Teacher*
Solano Community
College

Misael Rivera

Case Manager
CommuniCare+OLE

Teri Ruggiero

Retired Executive Director
IHSS Public Authority
Solano County Older and
Disabled Adults

Terry Scott

Vice Mayor
City of Benicia

Tracee Stacy

*Education and Outreach
Specialist*
Choice in Aging

Jillian Stevens

Programs Manager
Meals on Wheels of
Solano County

Cathy Von Der Porten

Retired
Trilogy Resident
Rio Vista

Meredith Wylie

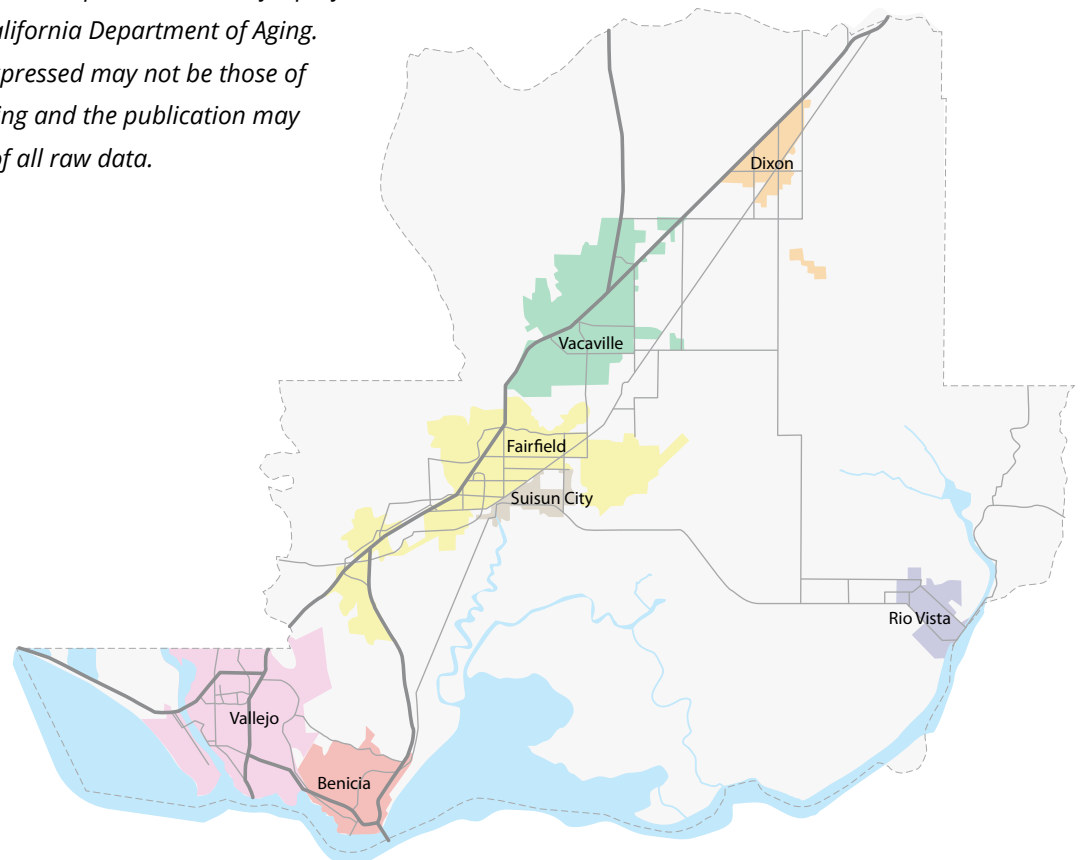
*Regional Community
Relations Director*
Welcome Home Care

Solano MPAD Development Team

Solano County Health and Social Services, together with the Older and Disabled Adults Services (ODAS) and Napa/Solano Area Agency on Aging (Napa/Solano AAA) applied for and received a grant to develop a framework for addressing the needs of the growing number of older adults, as well as adults with disabilities and their caregivers, living and working in Solano County. With the support of County Supervisor Monica Brown, work began on creating the Solano Master Plan for Aging and Disability, with the goal for the County to become an Age-Friendly Community. Special thanks to Supervisor Monica Brown, Gwendolyn Gill, Health Services Administrator; and Elaine Clark, Executive Director Napa/Solano Area Agency on Aging; and Jaquetta Jefferson, Administrative Assistant, for their invaluable guidance, administrative support, and assistance in developing the Solano Master Plan for Aging and Disability.

Innovative Health Solutions (IHS), a Solano-based nonprofit organization, is dedicated to leading the way in connecting public and private organizations to create collective policy, systems, and environmental community changes. IHS diligently collected and synthesized data, analyzed local trends, facilitated listening sessions and Committee discussions, drafted documents, and incorporated feedback from multiple stakeholders throughout the process to formulate the final Solano Master Plan for Aging and Disability report.

California Department of Aging. *This report is a result of a project funded by a contract with the California Department of Aging. The conclusions and opinions expressed may not be those of the California Department of Aging and the publication may not be based upon or inclusive of all raw data.*



Executive Summary

Aging is transforming California in ways that affect everyone.

In a call to action in 2021, the California Governor's Administration revealed its first-ever Master Plan for Aging (MPA), a comprehensive framework designed to prepare for significant demographic changes. The plan anticipates the growth of the 60-and-over population to 10.8 million people by 2030, fundamentally reshaping the state.

The framework for the California MPA revealed Five Bold Goals for 2030:

1. **Housing for All Ages and Stages** – Target: Millions of New Housing Options to Age Well.
2. **Health Reimagined** – Target: Close the Equity Gap and Increase Life Expectancy.
3. **Inclusion and Equity, Not Isolation** – Target: Keep Increasing Life Satisfaction as We Age.
4. **Caregiving That Works** – Target: One Million High-Quality Caregiving Jobs.
5. **Affording Aging** – Target: Close the Equity Gap and Increase Elder Economic Sufficiency.

The State of California's call to action prompted Solano County to develop a Master Plan for Aging and Disability, driven by the following trends:

Solano County's aging community is growing.

In 2025, there are an estimated 115,287 adults aged 60 years and over in Solano County.² By 2040, we expect this number to increase by 15%, and by 2060, we expect it to increase by nearly 30%. In Solano County, older adults ages 60 and older represent 26% of the population, and by 2044, they are estimated to represent 28% of the population. Older adults already outnumber children in Solano. This gap will continue to widen in the coming decades.

"How do we plan as a society financially as the workforce shrinks and the retirement group grows?"

— Listening Session Participant

Solano's 60+ population is becoming more racially and ethnically diverse. Between 2020 and 2060, white, non-Hispanic older adults will transition from representing almost half of the population 60 and over to a bit over one-third, with the remaining majority being persons of color.³

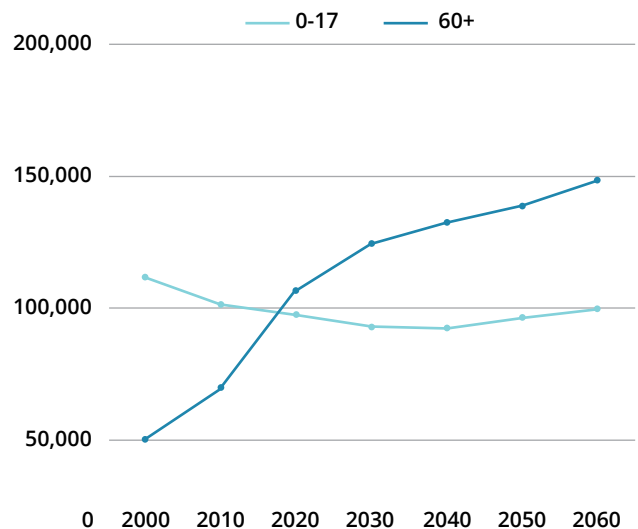


Figure 1. Trends in Age in Solano County residents from 2000 to 2060, with two groups 0-17 years and 60+ years old.³

The racial demographic of the aging community in Solano County is becoming increasingly diverse.

Solano County is renowned for its rich diversity. The micro-cultural differences in some of our cities are complex and must be recognized to foster inclusivity and effective communication among diverse groups. Figure 2 shows the percentage of race and ethnicity for adults 60+ in Solano County.³

RACE/ETHNICITY OF SOLANO RESIDENTS AGE 60+

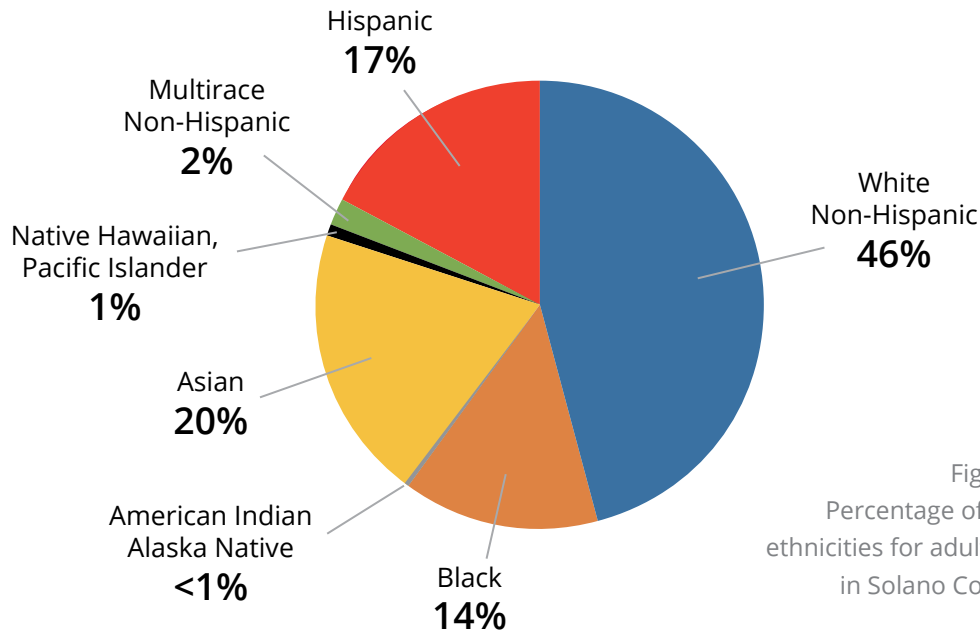


Figure 2.
Percentage of race/
ethnicities for adults 60+
in Solano County.³

A recent report ranked Vallejo and Fairfield among the top six most diverse cities in America.⁵ In 2022, the California Department of Finance declared that Solano County is one of the most diverse counties in the nation and projected that it will continue to grow in diversity over the next ten years.⁶ Figure 3 shows the estimated growth percentage by ethnicity for adults aged 60+ in Solano County in the years 2020, 2040, and 2060.³

“Interpreters often do not give correct information when translating at medical appointments. This is dangerous. [There are] different dialects in every language.”

— Listening Session Participant

Solano residents live longer than ever, with an average life expectancy of 80 years.

Solano residents live longer lives than ever before and wish to remain in their homes and connected to their communities. However, life expectancy in Solano County is not the same across racial and ethnic groups. Besides the Asian population, Hispanics have the highest life expectancy, and the Hispanic population is expected to grow substantially over the next several decades.³ Figure 4 shows the life expectancy in years by self-identified Racial/Ethnic Groups.⁷

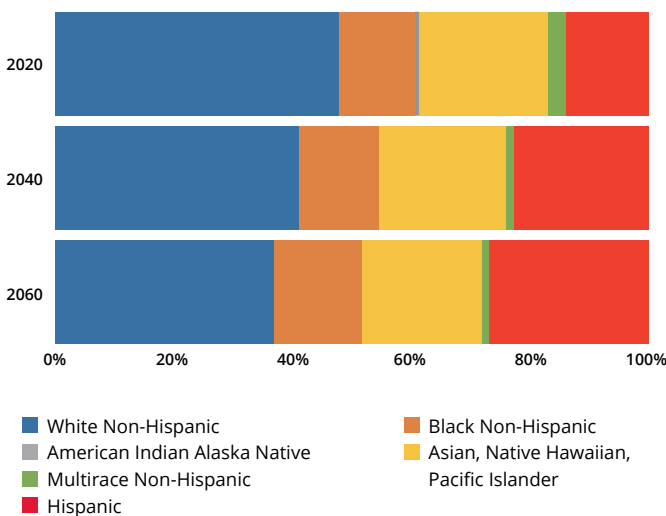


Figure 3. The estimated proportion of individuals 60+ in Solano County who self-identified as various Racial/Ethnic groups in the years 2020, 2040, and 2060.³

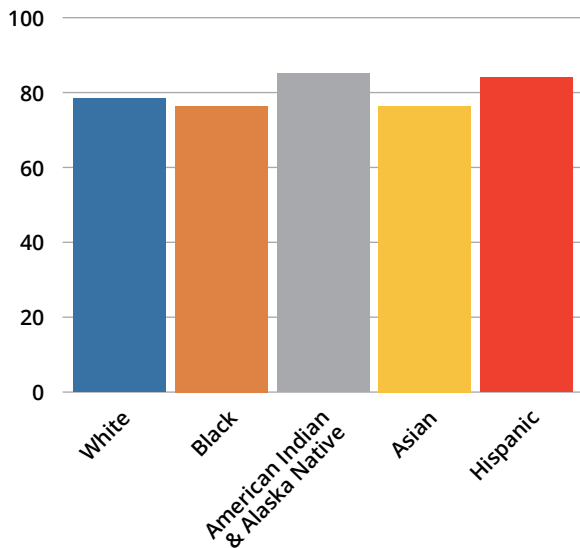


Figure 4. Solano County Life Expectancy in Years by Self-identified Racial/Ethnic Group.⁷

Life expectancy is also different by gender. Females live longer compared to males; this impacts the socioeconomic status of older adults, as females are more likely to experience poverty.³ Figure 5 displays the percentage of individuals aged 65+ by gender in Solano County for the year 2022.³

“I am retired, but I had to go back to work to pay rent. Since I work, I don’t qualify for low-income housing; I make just over the amount. It is hard because I must always make tough decisions about how to survive. I will need to live with my son soon, and I don’t want to. I want my own house.”

— Listening Session Participant

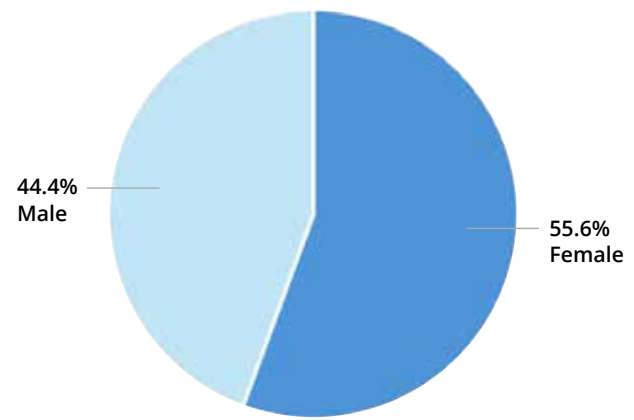


Figure 5. Population of individuals aged 65 years and older, Solano County, 2022³

Aging is becoming harder to afford in Solano.

As the proportion of older adults living in poverty has steadily increased, dramatic economic disparities exist. According to the 2015 Income Inequality in the San Francisco Bay Area Research Brief, Solano County has historically been among the counties with the least income inequality in the Bay Area. However, it is among the counties with the most poverty overall. This means that more of our older adults struggle to make ends meet, and the County has fewer resources available to us than in higher-income counties.

Solano County outperforms the state in median household income for adults aged 65 and over (\$69,000 compared to \$65,000 for the state)⁸ and the percentage of persons living in poverty (10% compared to 12% for the state)⁹. However, the higher household incomes do not account for the cost of living in the expensive Bay Area, and many Solano residents, especially older adults and individuals in certain areas are housing cost-burdened (60% for age 65+) or severely housing-burdened (33% for age 65+).¹⁰ More than one-third of older adults in Solano are either in objective poverty or part of a group called the “hidden poor,” meaning they are unable to afford the basic necessities of life.^{11,12}

The 2024 Elder Economic Security Standard Index reports that a single renter in poor health in Solano County requires at least \$3,174 for the basic cost of living expenses.

“I could not get food stamps because I was \$1.49 over the income. I then became disabled and got \$24 per month in food stamps. What can you do with \$24 for food?”

— Listening Session Participant

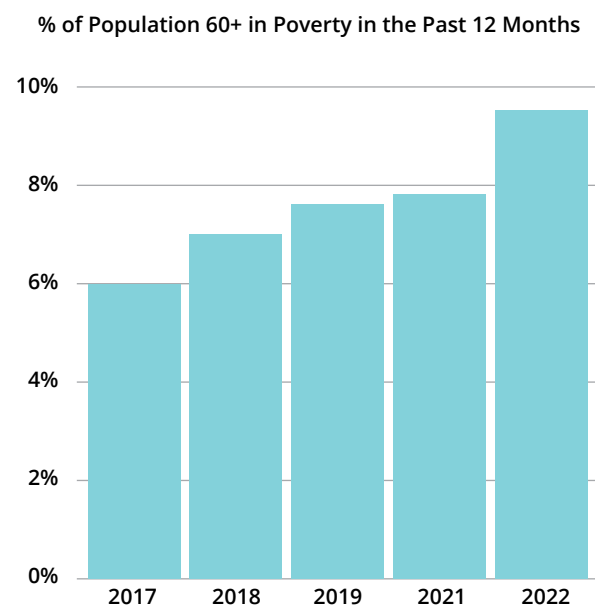


Figure 6. Solano County Proportion of Adults Age 60+ Living in Poverty in the Past 12 months during Years 2017-2022¹³

Aging populations often have an increased need for healthcare, which comes at a cost, and those unable to afford that increased cost may suffer poor health outcomes. Health outcomes vary within Solano County based on demographics. In Solano County, 5% of the population does not have health insurance.¹ Solano County residents are enrolled in reduced-cost health plans such as Medi-Cal at a lower rate than the state average.¹⁵ Only 80% of Latino residents have access to routine healthcare, compared to 88% of Non-Hispanic White residents.¹⁵ In rural towns in Solano County, such as Rio Vista and Dixon, residents have transportation barriers and limited resource access.¹⁶

The older adult population is experiencing the highest growth among the newly unhoused.

The 2024 Point-in-Time (PIT) Count revealed that there are a total of 1,725 unhoused individuals in Solano County, which is a 46% jump from the 2022 PIT.¹⁹ The number of homeless individuals in Solano County has increased by 46% over the span of two years.¹⁹ Of the unhoused individuals 65 years and older within Solano County, 12.1% and 4.0% comprised sheltered and unsheltered populations, respectively. Within the overall homeless population, individuals over 55 accounted for 21.2% (368) of those recorded as experiencing homelessness.¹⁹



Figure 7 shows the age comparison between PIT and County Data according to the PIT Community Report 2024.¹⁹

“Once our rent keeps increasing, and we don’t have children who will take us in, we become homeless.”

— Listening Session Participant

Figure 8 shows the number of adults aged 55+ experiencing homelessness and accessing California’s Homeless Response System, Solano County.

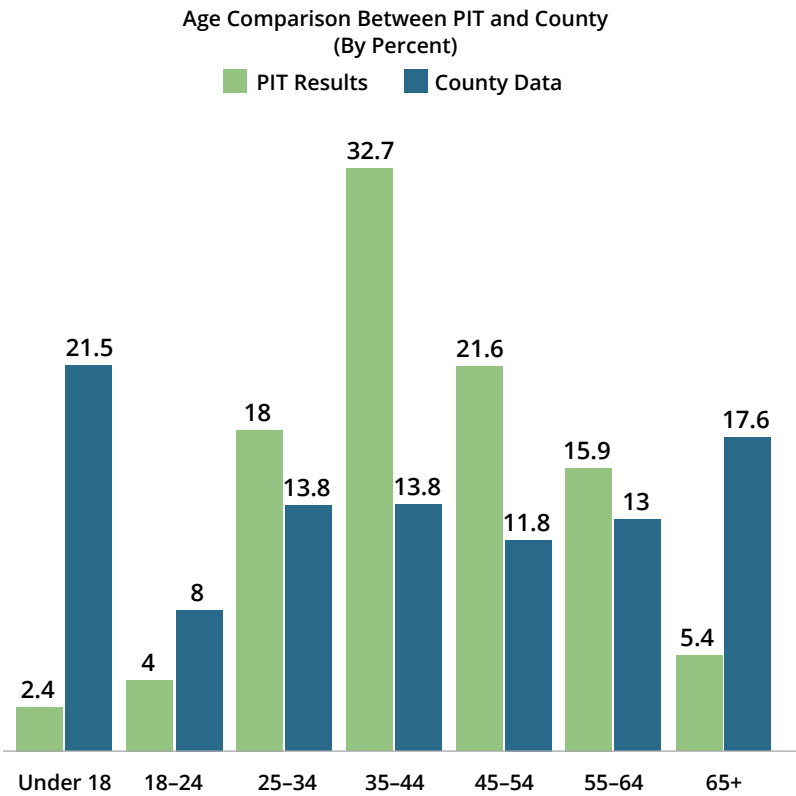


Figure 7. Age comparison between PIT and County experiencing homelessness.¹⁹

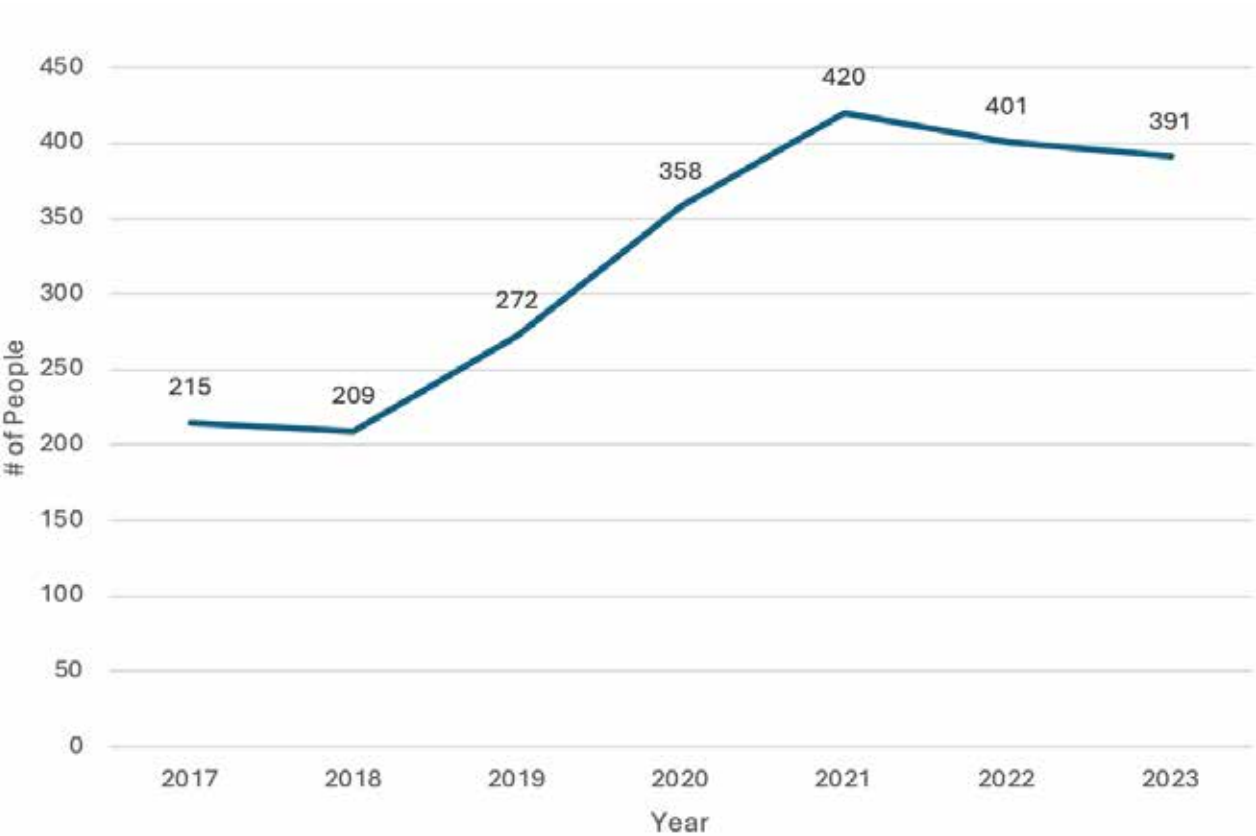


Figure 8. Adults aged 55+ experiencing homelessness and accessing California’s Homeless Response System, Solano County.²¹

Diversity, Equity, Inclusion and Belonging

Diversity, equity, inclusion, and belonging strategies must address ageism, ableism, and genderism.

The Solano County community is committed to advancing diversity, equity, inclusion, and belonging (DEIB). However, significant inequalities continue to affect the Black, Indigenous, and People of Color (BIPOC) communities, along with the Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Intersex, Asexual, or Agender, and Two-Spirit+ (LGBTQIA2S+) individuals. This also includes those who are aging or have disabilities, as well as the rural communities we serve.

Many LGBTQIA2S+ older adults are still heavily impacted by having to “go back into the closet” when they move into retirement centers. They do this out of fear of discrimination and mistreatment from staff or other residents. Often, they feel compelled to hide their sexual orientation or gender identity to access necessary care in a less accepting environment.

“Many seniors are forced back into the closet once in assisted living/nursing homes, sometimes ostracized by other residents and/or workers. Many of these seniors fought to be able to come out.”

— Listening Session Participant

As older adults and adults with disabilities live longer lives, more of them will require long-term health care and services.

Figure 9 shows the percent of older adults living with a disability in Solano County. Living with a disability is associated with higher rates of poverty. More than one quarter (26%) of adults aged 65 to 74 and nearly half (46%) of adults 75 and over in Solano County are living

with a disability.¹⁷ Older adults with disabilities constitute a segment of the Solano population that requires our support and proactive assistance.

Percent of Adults Age 65 and Over By Disability Type

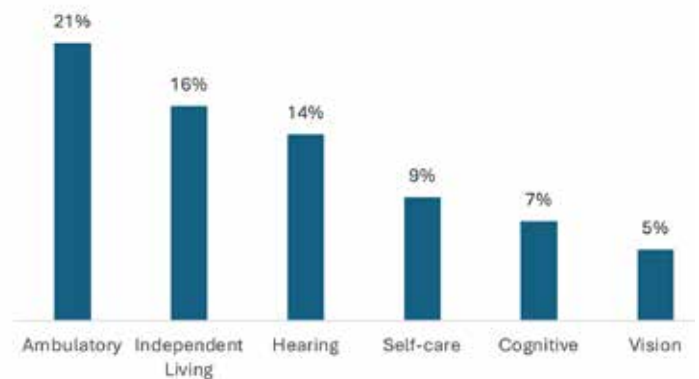


Figure 9. Percent of older adults living with a disability in Solano County¹⁸

“We did not discuss services for disabled people, such as there is not an adult day program in town (Rio Vista). My daughter has to go to one of the PACE programs in Fairfield.”

— Listening Session Participant

Solano County has made strides in reducing disparities by intentionally implementing a diversity and inclusion framework in community initiatives and strategies. However, significant racial and ethnic disparities in disability still exist, and more efforts are needed to support older adults and adults with disabilities.

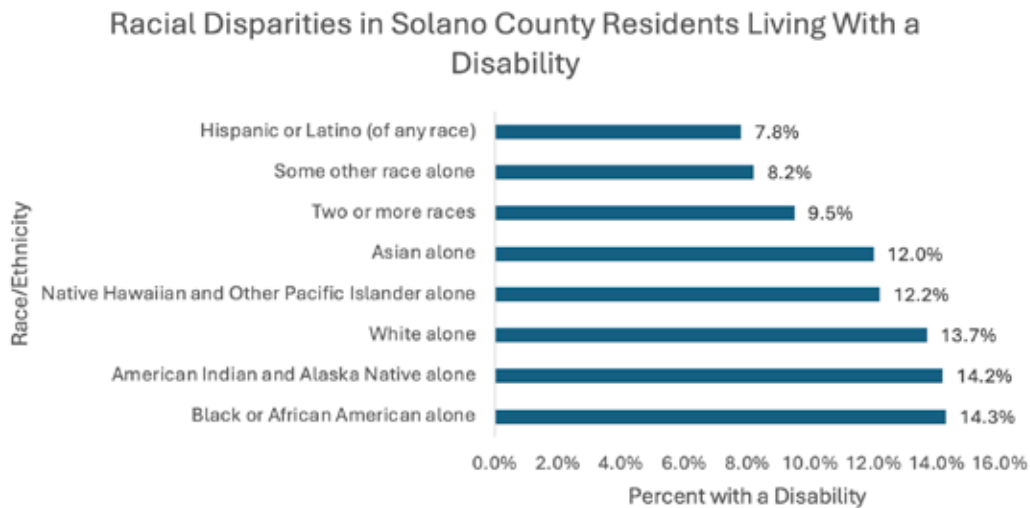


Figure 10: The percentage of individuals of all ages in Solano County living with a disability by race and ethnicity¹⁸

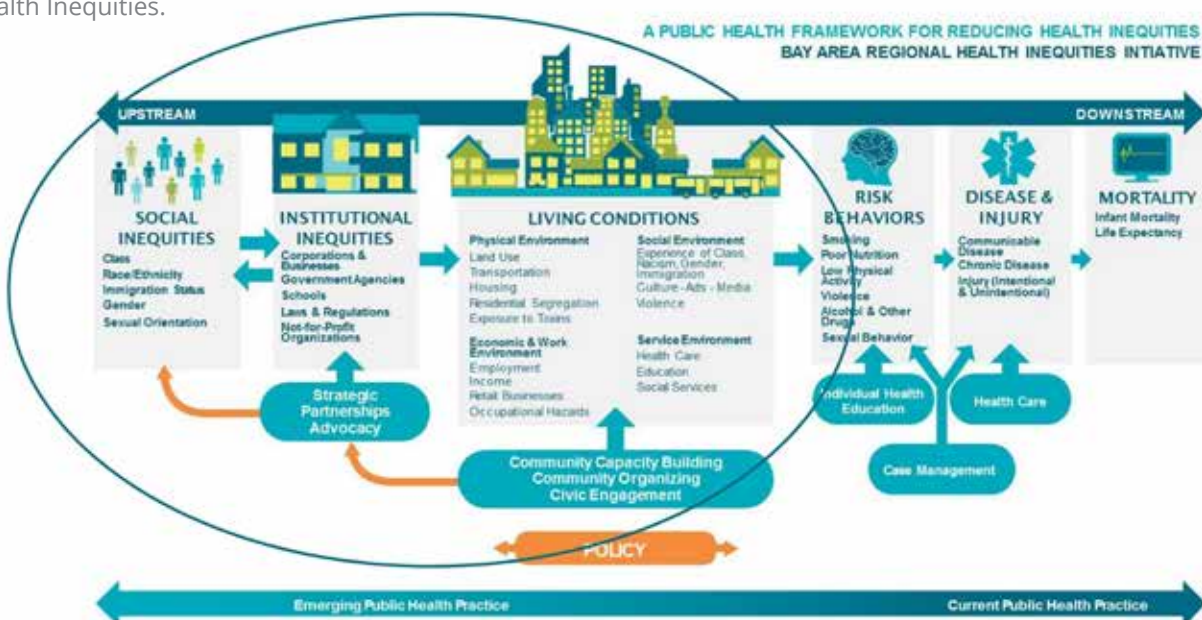
Figure 10 shows the percentage of individuals of all ages in Solano County living with a disability by race and ethnicity.¹⁸

Figure 11 shows the DEIB framework currently used in Solano County which is based on the Bay Area Regional Health Inequities Initiative (BARHII) Framework. This DEIB framework aims to reduce health inequities in marginalized populations such as BIPOC and LGBTQIA2S+.

The three consistent themes of health inequities are:

- **Racial health inequities** – Initiatives must prioritize addressing racial health and socioeconomic inequities whenever possible.
- **Social belonging** – Social recognition is essential for maintaining sound mental and physical health, especially important for marginalized communities, youth, and older and disabled adults.
- **Trauma over the life course** – It's important to recognize that the enduring effects of Adverse Childhood Experiences (ACEs) are a major source of disparities that persist as we age.

Figure 11. The Bay Area Regional Health Inequities Initiative (BARHII) Framework for Reducing Health Inequities.



Closing the Gap: Creating the Solano MPAD

The first-ever Solano Master Plan for Aging and Disability (Solano MPAD) is a framework for creating an age- and disability-friendly community for all ages and stages—a place where people of diverse backgrounds and cultures can thrive. The framework includes short-, mid-, and long-term strategies and goals. Small but significant changes can create the framework for building an inclusive community. Many recommendations focus on continuing existing programs by considering the perspectives of older adults and adults with disabilities in Solano County.

The Solano Master Plan for Aging and Disability was developed by reviewing and analyzing community assessment data, engaging with the community, and gathering input from stakeholders. The plan will serve as a blueprint to prepare for the upcoming demographic changes, aiming to create a community where people of all ages and abilities are engaged, valued, and provided with equitable opportunities to thrive as they age, how and where they choose. Moreover, the Solano MPAD aims to introduce innovative partnerships, policies, and programs to empower older adults, adults with disabilities, and caregivers.

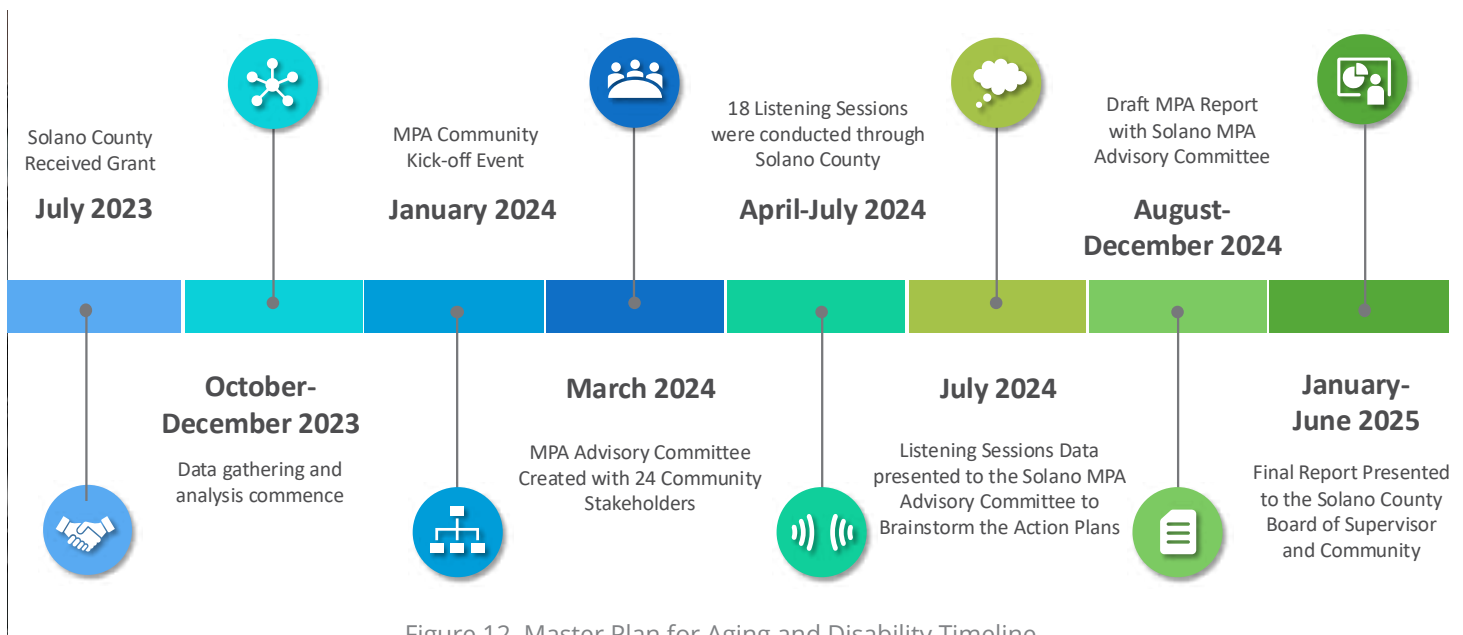


Figure 12. Master Plan for Aging and Disability Timeline.

Additionally, the Solano MPAD action plan will serve as a guide for creating a collective impact in the community to build an age- and disability-friendly Solano where older adults and adults with disabilities can choose where and how they live their lives.

The Solano MPAD Mission and Vision

The Solano MPAD's mission is to establish a framework for creating an all-inclusive Solano County for individuals of all ages and stages of life. The MPAD serves as a backdrop

for new, cross-sector collaborations, including policy changes, fostering innovation, enhancing community resources, developing inclusive services, and building collaborative partnerships across both the public and private sectors.

Our vision is for Solano County to be a community where individuals of all ages and backgrounds are engaged, living and thriving as they age with dignity, resilience, and vitality.

Solano County community members are committed to making Solano County a place where older adults and adults with disabilities can live, learn, work, play, and age with dignity.

Our partnerships with local organizations, healthcare providers, and community leaders are crucial in achieving these goals. These partnerships enable us to offer a broader range of services and support systems, ensuring every individual in Solano County can thrive.

By collaborating, resources can be pooled, expertise shared, and comprehensive programs that address the diverse needs of older adults and adults with disabilities will be created.

The Solano MPAD adheres to the following core values:

- Improve community livability for people of all ages and abilities centered on equity, cultural competency, community engagement, and disability inclusion principles and practices.
- Combat racism, ageism, ableism, heterosexism, and biases in aging and disability systems of care.
- Address physical and mental health and other inequities that can become cumulative with age.
- Elevate the strengths and voices of aging community members and/or people living with a disability.
- Communicate a clear vision and strategic priorities for building and sustaining an age- and disability-friendly community.
- Strengthen the collective capacity of the community to address the current, emerging, and future aging and disability-related needs through cross-sector collaboration, defined as the intentional collaboration between two or more sectors to accomplish community goals and achieve community-level outcomes.
- Transform the infrastructure and coordination of services and supports serving older adults, people with disabilities, and professional and family caregivers across sectors.
- Guide government and non-government programs, services, policies, and funding.
- Build, enhance, and facilitate shared leadership, partnerships, and collaborations with diverse agencies, groups, and stakeholders to identify and act on shared values, mutual goals, and opportunities.

The Solano MPAD Selected Focus Areas

The development team carefully analyzed multiple local community assessment reports spanning from 2019 to 2024 to pinpoint the key trends and focus areas for Solano MPAD. Table 1 shows the community reports reviewed.

| | |
|---|--|
| Napa/Solano AAA Area Needs Assessment & Plan, 2019–2024 | California Department of Finance Population Projections |
| Solano County Regional Housing Element Collaborative Appendix 1, 2022 | California Health Interview Survey—Solano County 2019 |
| Solano Mobility for Older Adults Study, 2017–2019 | Solano County Community Health Assessment Report (CHA), 2020 |
| American Community Survey/US Census | Community Needs Health Assessment North Bay Health Community Benefit, 2022 |
| Community Assessment for Older Adults (CASOA) 2023 | County Health Rankings, Solano County |
| Solano County Human Services Needs Assessment 2019 | Point-in Time Count Solano, 2024 |

Table 1. Solano County Community Assessment Reports 2019-2024

The Community Health Needs Assessment process identified Housing, Health and Behavioral Health, and Access to Care as critical service areas. Similarly, needs assessments specific to older adults in the past five years repeatedly identified the top needs of Housing and Finances, Physical Health, Healthcare Access, Transportation, Safety, Independent Living, and Information Services. Most recently, the Community Assessment Survey for Older Adults (CASOA) identified challenges in the areas of housing, physical health, independent living, and information about older adults services.

The Solano MPAD Six Focus Areas



Awareness of and Accessing Services and Supports



Healthcare & Physical Health



Mental Health



Housing



Safety



Transportation

How was the MPAD developed?

The strategic initiative to create the Solano MPAD to address the evolving needs of the growing population of older adults and adults with disabilities in Solano County included four phases: a review of current data, gathering community input, summarization, and strategizing and finalizing the Solano MPAD. The Solano MPAD development team involved in this process included:

The Napa/Solano Area Agency on Aging (Napa/Solano AAA), a program within the County's **Older and Disabled Adults Bureau** in the Public Health Division, was the lead.

Innovative Health Solutions (IHS) was the consultant responsible for conducting the activities and collecting the data to create the Solano MPAD.

The Solano MPAD Advisory Committee was tasked with guiding the development of a culturally inclusive Solano Master Plan for Aging and Disability. The Advisory Committee included ethnically and culturally diverse people from all parts of the county.

Assessment of Community Needs

The development team researched existing data from previous Community Health Needs Assessments.

A sample of Solano County older adults and adults with disabilities, caregivers, and service providers in Solano County were engaged in listening sessions to solicit community input on unmet needs and recommendations for solutions. The Advisory Committee identified seven subpopulations to engage in these sessions, including:

- **Filipino Americans**
- **LGBTQIA2S+**
- **Spanish-Speaking**
- **African Americans**
- **Adults with Disabilities**
- **Caregivers**
- **Service Providers**

With the identified subpopulations in mind, the Solano MPAD development team and the Advisory Committee established a recruitment plan, identifying partner

A Call to Action

The six selected focus areas were introduced to the community during multiple listening sessions. The aim was to provide older adults, adults with disabilities and caregivers in Solano County with the opportunity to engage in open conversations regarding the most pressing needs and possible solutions to develop a community-driven action plan for each focus area.

The action plans were created to guide planning decisions and to empower all older adults, adults with disabilities and caregivers in the community as they journey toward lifelong wellness. The action plans will also assist in improving access to services and resources for underserved and underrepresented ethnic and minority populations that have been historically marginalized by outdated systems.

We anticipate that leveraging the Solano MPAD to initiate a ripple effect and rally the community in collaborative endeavors to achieve a collective impact will present a multifaceted and sustained challenge. All stakeholders involved are cognizant of the complexities and are firmly dedicated to working in unison to bring this vision to fruition.

agencies and community sites serving older adults and adults with disabilities throughout Solano County that could assist with hosting listening sessions, including Community Centers, Faith-Based Centers, Adult and Recreation Centers, Healthcare Providers, Independent Living Resource Groups, and the Solano County libraries.

Eighteen 60-to 90-minute sessions were conducted between March and July 2024. The sessions were held primarily in person, with one session occurring on Zoom. The participants were based on availability sampling, and nearly all participants were aged 60 and over. Those younger than 60 were generally service providers or caregivers for older adults and adults with disabilities. Participants consented to their participation and the detailed notetaking of their session. Participation in the listening sessions was voluntary, and no monetary incentives were provided.

During the listening sessions, 241 individuals provided 1,011 captured comments. The list of listening sessions is provided in Appendix A.

Action Plans

Findings from each listening session were gathered into detailed notes that were analyzed using qualitative analysis methods, including categorizing comments into themes. Three separate development team staff coded the data into categories and subcategories. Inter-rater reliability was high, and where discrepancies were noted in a comment, a fourth evaluator reviewed the notes to make a final selection on categorization for that comment.

Themes were presented to the Solano MPAD Advisory Committee, which identified multiple recommendations to address unmet needs, incorporating community member input, existing programs and policies from other communities, and their own expertise related to Solano County and its population.

Limitations

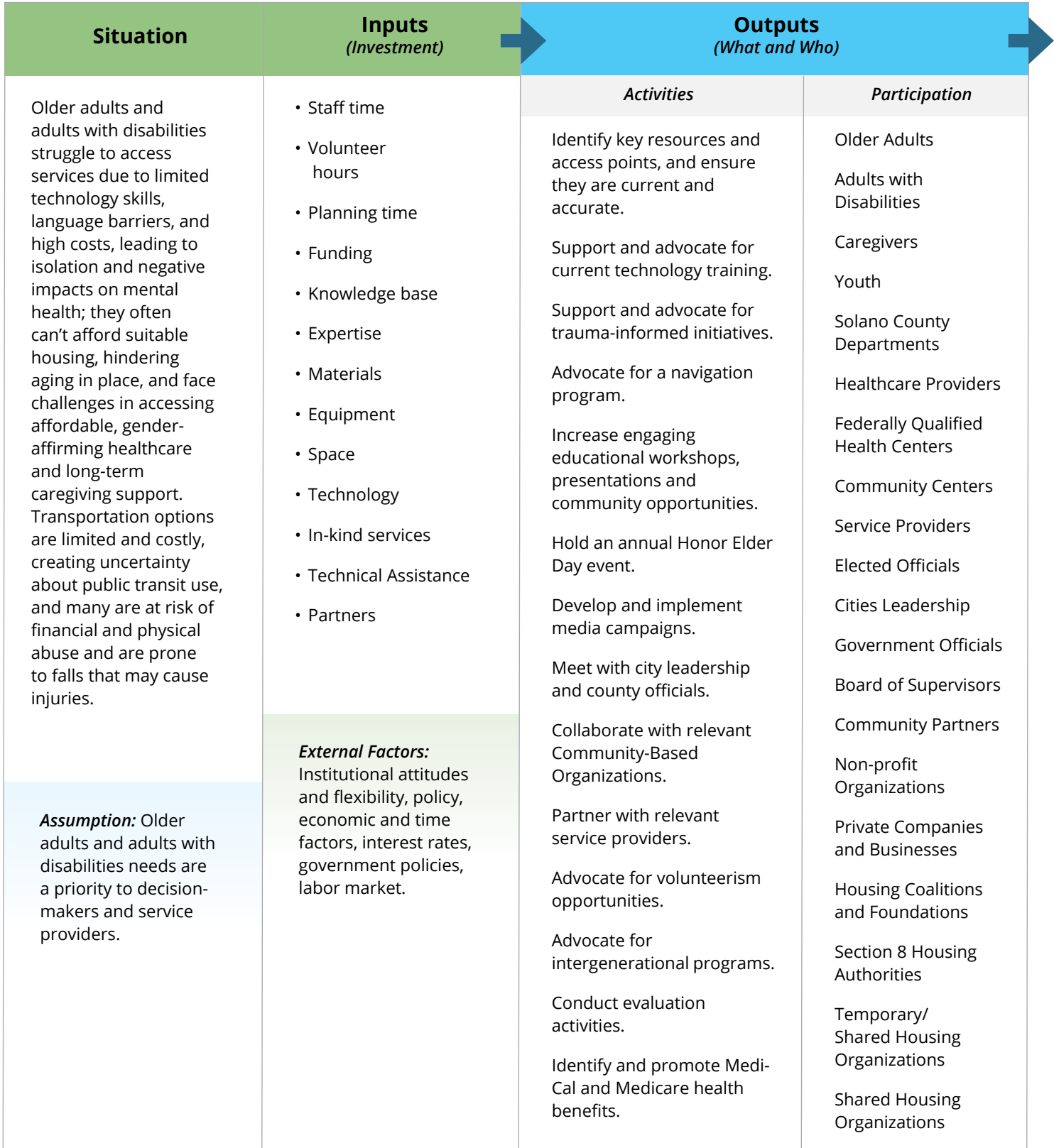
Listening session participants were not necessarily representative of the entire population of interest and were based on availability sampling. Demographic data such as gender, sexuality, income, and race/ethnicity was not collected. The Solano MPAD development team made every effort to capture a diverse and representative sample of Solano County's older adults and adults with disabilities and service providers; additional stakeholders are expected to be engaged throughout the execution of the Solano MPAD.

Pandemic Considerations

During the COVID-19 pandemic in 2020-2024, expansions in eligibility for safety net programs (Medi-Cal, CalFresh, and others) were put in place, and these have since been reduced or eliminated.¹⁸ Federally, rent and mortgage moratoriums and payment assistance, including credit card deferments, vehicle payment deferments, and stimulus payments, all impacted the economic situation for Solano's residents, as did the pandemic itself, in unprecedented ways that are hard to measure. The data available for this report may not be recent enough to capture the impact of the pandemic and associated changes to programs and services.

Solano MPAD Logic Model

The Solano MPAD logic model visually and systematically represents the current situation in Solano County, illustrating the connections between local investments, program activities, community participation, and anticipated outcomes, categorized into short-, medium-, and long-term outcomes to achieve the desired collective goal.



Envision, Engage, Empower: Shaping Solano for a Livable Tomorrow

| Outcomes <i>(Changes as a result of the outputs)</i> | | | Goal |
|---|---|---|---|
| <i>Short-Term</i> | <i>Medium-Term</i> | <i>Long-Term</i> | |
| <p>Knowledge about resources is increased.</p> <p>Resource information is more accurate and available.</p> <p>Awareness of resources is increased.</p> <p>Technology is more accessible to older adults and adults with disabilities.</p> <p>Increase awareness about the needs and challenges faced by LGBTQIA2S+ older adults and adults with disabilities.</p> <p>Community partnerships are strengthened and created.</p> <p>Businesses and private companies are engaged.</p> <p>DEIB strategies are easily incorporated into programmatic implementation.</p> | <p>Older adults and adults with disabilities know how to and have easy access to resources in the community.</p> <p>Older adults and adults with disabilities use technology to connect to resources and the community.</p> | <p>Older adults and adults with disabilities feel accepted, included and supported.</p> <p>Older adults and adults with disabilities have favorable physical and mental health outcome.</p> <p>A large safety net of resources is available and accessible to older adults and adults with disabilities.</p> <p>Policy, Systems and Environmental Changes supports older adults and adults with disabilities.</p> | <p>All older adults and adults with disabilities are empowered to engage, live, and thrive while aging with dignity, resilience, and vitality through policy changes, fostering innovation, enhancing community resources, developing inclusive services, and building collaborative partnerships across both the public and private sectors.</p> |

Loves About Solano County:



Concerns About Solano County:



Solano MPAD Focus Areas and Local Action Plans

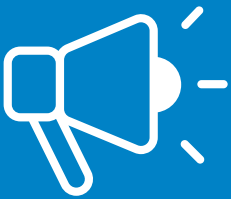
Age- and disability-friendly communities are built with intent.

The Solano MPAD will require a cross-sector approach, bringing together community members, elected officials, and government agencies. For this reason, the Solano MPAD action plans were deliberately created to deliver a collective impact that will require sustained attention and commitment from all stakeholders and community members. We recognize that this is the beginning of a long-lasting effort starting with this report.

We also acknowledge that to achieve progress, we must have a focused intent and take incremental steps toward success. For this reason, the term “disability” within the action plans will concentrate on addressing the needs of older adults with “physical” disabilities, which are defined as “a condition that limits an individual's ability to perform daily living activities, move, or interact with their environment due to a physical impairment.” These disabilities may occur at any age due to injury, illness, or aging and may require mobility aids, assistive technology, or adaptive strategies to support independence.

Through the detailed action plans, the Solano MPAD aims to implement systematic improvements in the community for all older adults and older adults with physical disabilities. Each component is designed to work together, ensuring a cohesive approach toward achieving the vision of an inclusive, equitable, and welcoming Solano County.





FOCUS AREA:

Awareness of and Accessing Services and Supports

Many services and supports exist for older adults and adults with disabilities. However, it can be difficult to take advantage of services and supports offered in the community for many different reasons.

The listening sessions yielded 261 comments from participants across 18 distinct sessions regarding awareness of and accessing services and supports. The findings revealed concerns under three subcategories: information and data access, information navigation, and service and resource provisions/allocation. Challenges in these areas cause barriers to access critical resources needed for aging well and living independently.

"Most seniors are not savvy with technology but do watch tv. If there was a station seniors could turn to for information for seniors, provide names/numbers/services, just turn on the tv anytime and see the services listed. Solano does have a station to access Board of Supervisors, but resources for seniors could be included."

- Listening Session Participant



The awareness of and accessing services and supports focus area aims to ensure that all older adults and adults with disabilities and caregivers in Solano County are well-informed and have access to services and supports to meet their needs.

This focus area aligns with the California Master Plan for Aging's bold goal of Inclusion and Equity, not Isolation.

"Many services have long call wait times. Phone trees can be really confusing."

- Listening Session Participant

Focus Area: Awareness of and Accessing Services and Supports

Goal: All older adults and adults with disabilities and caregivers in Solano County are well-informed and have easy access to services and support to meet their needs.

| Priority | Strategy | Timeframe | Outcome | Goal |
|--------------------------------|---|-------------|--|---|
| Equity & Inclusion | 1. Develop an ongoing process to disseminate and gather community input on the needs for services and resources with a focus on underrepresented populations and use the results to campaign for funding and resources to address the needs. | Short-term | Increase in awareness of community resources and services in a equitable and inclusive manner. | Increase community engagement and participation among underrepresented populations in utilizing resources and services. |
| Information | 2. Expand efforts of the Solano Aging & Disability Resources Connection (ADRC) to improve collaboration between community organizations and make it easier for older adults and adults with disabilities to access information and resources. | Short-term | Increase use of ADRC services and resources by older and differently able adults and caregivers. | Increase number of people accessing services through the ADRC. |
| Infrastructure /Systems | 3. Integrate and increase the number of reliable, accessible and user-friendly platforms among county and city departments targeting information and resources to older adults and adults with disabilities and caregivers. | Medium-term | Improve access to essential services and resources for greater independence, and overall better quality of life. | Individuals receive services in a more timely and comprehensive way. |
| Policy | 4. Advocate for a structured and comprehensive policy for the dissemination of resources and services among all service providers and caregivers within the county, ensuring equitable access and improved coordination of care. | Long-term | Facilitate the efficient sharing of resources and services among all service providers and caregivers. | County, city, and community providers are knowledgeable about services and regularly refer clients to appropriate services. |



FOCUS AREA:

Healthcare and Physical Health

Health poses the greatest risk and the biggest opportunities, as access to healthcare is essential for aging well. This includes primary and specialty care, urgent care, medications, labs, screenings, vision and dental care, and home healthcare. When good health can be sustained, individuals benefit by living a better quality of life, friends and family benefit from reduced caregiving burdens, and the community benefits from older adults' contributions.

The listening sessions yielded 103 comments from participants across 18 distinct sessions regarding healthcare and physical health. The findings revealed concerns within three subcategories: long-term caregiving support, healthcare affordability and provision, and healthy eating and active living.

"Until you need [healthcare] you really don't think about it, not part of your daily awareness. When I need it, I'm confused, and don't know where to go."

- Listening Session Participant

The healthcare and physical health focus area aims to facilitate diverse avenues for older adults and adults with disabilities and caregivers to access support to improve health outcomes.

This focus area aligns with the California Master Plan for Aging's bold goals of Reimagining Health and Caregiving that Works.

"I am having surgery soon, and I don't know how to find a caretaker. I don't have anyone to take care of me."

- Listening Session Participant



Focus Area: Healthcare and Physical Health

Goal: All older adults and adults with disabilities and caregivers in Solano County have access to affordable, convenient, and gender-affirming healthcare.

| Priority | Strategy | Timeframe | Outcome | Goal |
|--------------------------------|--|-------------|--|---|
| Equity & Inclusion | 1. Collaborate with established service provider networks to increase access to fall prevention and physical activity workshops, ensuring that offerings are available in multiple languages and accessible formats for all individuals, including those of diverse gender identities. | Short-term | Increase the resources available to diverse communities with specific language, cultural, and gender-affirming needs. | Increase outreach to recruit caregivers in the BIPOC and LGBTQIA2S+ communities. |
| Information | 2. Provide navigators to assist with basic system navigation needs, such as public benefits, retirement financial planning, long-term care options, and service referrals. | Short-term | Increase access to essential services such as public benefits and long-term care options. | Navigators are integrated into social and healthcare services and are accessible to all older adults and adults with disabilities and caregivers. |
| Infrastructure /Systems | 3. Expand and formalize partnerships between healthcare organizations and community-based organizations to improve delivery and coordination of services (e.g., leveraging CalAIM opportunities along with other opportunities) and increase number of caregivers. | Medium-term | Strengthen community partnerships to focus on addressing social determinants of health and reducing disparities in healthcare access and outcomes and increasing the number of caregivers. | Whole person care models are normalized and fully integrated. |
| Policy | 4. Advocate for healthcare providers to provide more specialized services including geriatricians and physicians specializing in LGBTQIA2S+ health issues. | Long-term | Increase access to medical professionals who understand and address needs of the older adults and adults with disabilities and gender-diverse populations. | Geriatricians and physicians specializing in LGBTQIA2S+ issues are seeing clients in Solano County. |



FOCUS AREA: Mental Health

Older adults and adults with disabilities and caregivers undergo life changes that can affect their mental health, such as dealing with an illness or the loss of loved ones. Adjusting to these changes can sometimes lead to feelings of grief, social isolation, or loneliness. If these feelings continue, they can result in mental illnesses like depression and anxiety.

The listening sessions yielded 76 comments from participants across 18 distinct sessions regarding mental health. The findings revealed concerns within two subcategories: isolation and belonging and access to mental health services and supports.

“Mental health is closely linked to physical health. Many seniors need to travel to San Francisco, Stanford, or the East Bay for gender-affirming care; there are limited options in Solano.”

- Listening Session Participant

The mental health focus area aims to ensure the well-being of older adults and adults with disabilities and their caregivers by connecting people to respite services and other resources that support mental health.

This focus area aligns with the California Master Plan for Aging’s bold goal of Reimagining Health, Inclusion, and Equity, Not Isolation.

“Mental health issues are often fed by stigma and shame.”

- Listening Session Participant



Focus Area: Mental Health

Goal: All older adults and adults with disabilities and caregivers in Solano County feel a sense of belonging in the community and are connected to services and supports for their mental health needs.

| Priority | Strategy | Timeframe | Outcome | Goal |
|--------------------------------|---|-------------|--|--|
| Equity & Inclusion | 1. Reduce social isolation by connecting low-income, homebound older adults and adults with disabilities in marginalized communities with family and friends using a multi-faceted approach. | Short-term | Marginalized homebound older adults and adults with disabilities have access to and use services and/or electronic devices to connect with family and friends. | Fewer older adults and adults with disabilities in marginalized communities experience social isolation and depression. |
| Information | 2. Advocate for the increased dissemination of mental health support services tailored for older adults and adults with disabilities, including support groups and other strategies. | Short-term | Increase utilization of mental health support and reduced stigma through open discussions about mental health. | Expansion of behavioral health services by integrating formal programs with peer support groups. |
| Infrastructure /Systems | 3. Collaborate with a diverse network of service providers and community members to develop additional avenues for older adults and adults with disabilities to access mental health services and supports. | Medium-term | Increase participation rates due to more accessible mental health services tailored for older adults and adults with disabilities. | Coordinated, person-centered care between social service providers and healthcare is routine. |
| Policy | 4. Advocate for formalizing collaborations between healthcare organizations and community-based organizations to improve the delivery and coordination of services, especially for Medi-Cal and Medicare recipients, leveraging CalAIM opportunities and other initiatives. | Long-term | Improve partnership between community organizations, and healthcare providers to better reach underserved populations, ensuring that Medi-Cal and Medicare recipients receive timely and appropriate care. | Increase integrated care models, where services are coordinated across different providers, reducing fragmentation and improving patient outcomes. |



FOCUS AREA:

Housing

Older adults and adults with disabilities and caregivers need a secure, safe, and comfortable home environment. This includes preventing homelessness, increasing affordability, providing home modifications, finding new housing, making necessary modifications to accommodate aging, and assistance with housing-related costs.

The listening sessions yielded 173 comments from participants across 18 distinct sessions regarding housing. The findings revealed concerns within six subcategories: home modifications and maintenance support to accommodate aging, rental or mortgage assistance, shared housing options, financial support for indirect housing costs (utilities, taxes, fees), affordable housing access, and general economic security and cost of living. Challenges in these areas affect the quality of life and health outcomes for older adults and adults with disabilities.

“Is rent control possible? Landlords raise the rent for seniors, and we have a fixed income. Housing costs are rising fast. How are we supposed to survive?”

- Listening Session Participant

The housing focus area aims to advocate for preventing homelessness, affordability, and home modifications for older adults and adults with disabilities so that they can remain in their homes.

This focus area aligns with the California Master Plan for Aging’s bold goals of Housing for all Ages and Stages, Affording Aging and Health Reimagined.



“It is a miracle if you are in the right place at the right time to get a housing voucher. It is confusing. I might be living on someone’s couch for 8 years before I get a housing voucher.”

- Listening Session Participant

Focus Area: Housing

Goal: All older adults and adults with disabilities and caregivers in Solano County have access to affordable, accessible, and suitable housing that meets their aging and disability needs over time.

| Priority | Strategy | Timeframe | Outcome | Goal |
|--------------------------------|---|-------------|--|---|
| Equity & Inclusion | 1. Target marginalized populations to inform about available resources to help older adults and adults with disabilities remain in their homes as aging needs change. | Short-term | Improve access to equitable and inclusive home modification services, rental assistance and utility assistance, enabling older adults and adults with disabilities to thrive in their homes. | An increasing number of older adults and adults with disabilities from marginalized populations are accessing services and are able to remain in their homes. |
| Information | 2. Expand the network of service providers and community members to disseminate information about resources and services for older adults and adults with disabilities to access affordable and sustainable housing. | Short-term | Enhance collaboration among service providers and community members to share and develop affordable and sustainable housing options. | An increasing number of older adults and adults with disabilities access services that enable them to remain in their homes as they age. |
| Infrastructure /Systems | 3. Advocate for more affordable housing options for low-income older adults and adults with disabilities including shared housing, accessory dwelling units (ADU), and adult family homes. | Medium-term | Increase research, collaboration, and planning for solutions aimed at housing affordability and sustainability. | Implement solutions for housing affordability and sustainability. |
| Policy | 4. Bring together city, county, nonprofits, and business advocates to create a county-wide strategy to include older adults and adults with disabilities and caregivers in housing plans, including providing support services to keep people housed. | Long-term | Create cross-sector plan for helping older adults remain in their homes and ways for community members to advocate for housing rights. | Written strategy for supporting older adults and adults with disabilities and caregivers with additional housing stock, services, and advocacy assistance. |



FOCUS AREA: Safety

Safety is one of the most essential components of community livability. Older adults and adults with disabilities in Solano encounter safety challenges while living independently. These challenges include the risk of falling, lack of emergency preparedness, and susceptibility to fraud, all of which create obstacles to thriving and aging well.



The listening sessions yielded 64 comments from participants across 18 distinct sessions regarding safety. The findings revealed key concerns in the areas of fraud and financial abuse; poor walkability of neighborhoods, towns, and cities; injury, falls, lack of safety at parks; crime, and violence; miscellaneous hazards including fire, dogs, trash, pests, damaged sidewalks, and speeding vehicles causing barriers to thrive and age well.

“The crossing time at intersections is not appropriate; moves too fast for seniors. In the main street in Dixon, the timing is too fast to turn red. We are forced to walk because we can’t afford to pay for transportation, and then crosswalk timing is too fast for us to cross the street.”

- Listening Session Participant

The safety focus area aims to ensure that all Solano older adults and adults with disabilities have adequate resources to support healthy, independent living and are prepared for emergencies.

This focus area aligns with the California Master Plan for Aging’s bold goal of Healthcare Reimagined, Inclusion & Equity, Not Isolation, Caregiving that Works and Affording Aging.

“The city has done a good job paving First Street, but they didn’t pave crosswalks. I’m now with a walker and it’s difficult. Someone in a wheelchair almost tipped over.”

- Listening Session Participant

Focus Area: Safety

Goal: All older adults and adults with disabilities and caregivers in Solano County are living safely and well and are free from abuse and injury.

| Priority | Strategy | Timeframe | Outcome | Goal |
|--------------------------------|--|-------------|--|--|
| Equity & Inclusion | 1. Increase emergency preparedness planning and fraud prevention services to assist older adults and adults with disabilities from marginalized communities through outreach and program coordination. | Short-term | Increase understanding of emergency preparedness and fraud schemes among older adults and adults with disabilities, leading to higher levels of alertness and preparedness. | More people feel prepared for emergency and natural disasters, due to strengthened partnerships among organizations committed to supporting marginalized communities and enhancing safety. |
| Information | 2. Create a plan to disseminate community safety information through networks and engagement for older adults and adults with disabilities and caregivers. | Short-term | Enhance trust and communication between community members and local agencies, resulting in individuals seeking help and reporting concerns more easily. | Formalized, integrated, ongoing channels of communication established among community organizations, local government, and residents to ensure dissemination of safety information. |
| Infrastructure /Systems | 3. Establish systems to enhance community safety for older adults and adults with disabilities in Solano County through networking and community engagement. | Medium-term | Increase understanding of safety concerns in local neighborhoods and available resources among older and differently abled adults, caregivers, service providers, and local organizations. | Improved collaborative networks among stakeholders, including law enforcement, healthcare providers, and community organizations, leading to improved communication and support. |
| Policy | 4. Advocate for improved sidewalks and safety measures with city officials and policymakers, urging them to prioritize these enhancements in urban areas. | Long-term | Improvement of existing sidewalks and safety measures designed to mitigate the risk of accidents for older adults and adults with disabilities. | Ongoing discussion about strategies that prioritize safety and enhance the overall quality of life for older adults and adults with disabilities as part of city planning. |



FOCUS AREA: Transportation

Transportation is important for older adults and adults with disabilities to stay socially connected and access groceries, healthcare, and other services. Transportation can include driving, getting rides from friends or community volunteers, or accessing public transit such as buses, shuttles, or taxi services. Transportation should be affordable, accessible, and convenient.

The listening sessions yielded 88 comments from participants across 18 distinct sessions regarding transportation. The findings revealed several needs regarding transportation for older adults and adults with disabilities: limited transportation options, navigation barriers to utilization, transportation to medical appointments, affordability, limited drivers and bus schedules, limited reliable transportation options, limited accessibility of transportation for wheelchair-bound adults and those with mobility needs, and difficulty using transportation apps. These issues make it harder for older adults and adults with disabilities to live independently and access critical care, such as medical appointments and other daily functions.

“It is so confusing to know the transportation resources. There should be one place to find out the options.”

- Listening Session Participant



The transportation focus area aims to ensure that all older adults and adults with disabilities in Solano County are aware of and have access to transportation resources.

This focus area aligns with the California Master Plan for Aging’s bold goals of Affordable Aging, Inclusion, and Equity, Not Isolation.

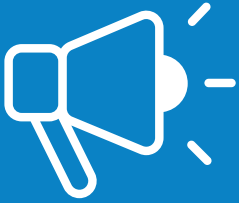
“Wheelchair transportation is essential for seniors to participate in activities and socialize with others.”

- Listening Session Participant

Focus Area: Transportation

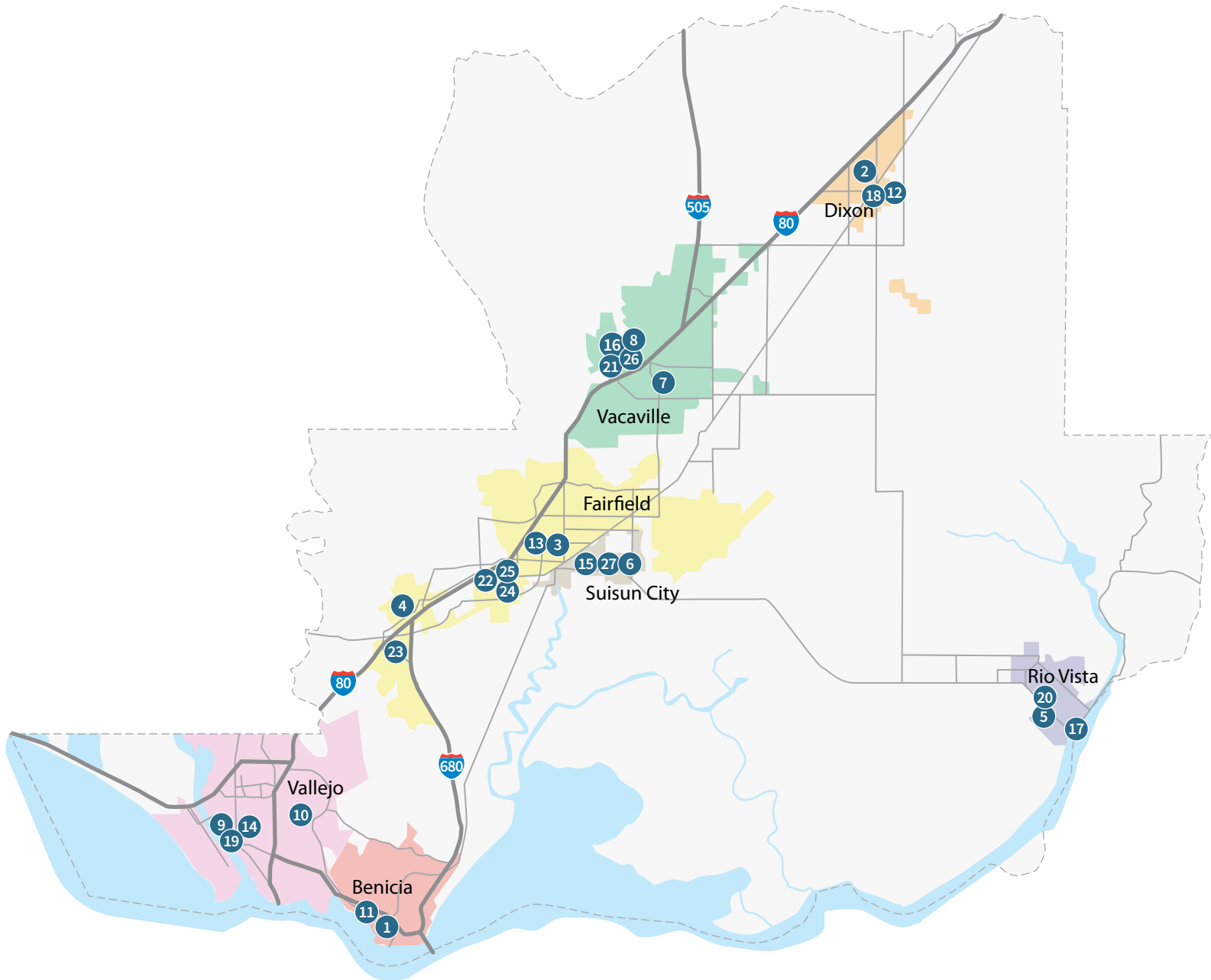
Goal: All older adults and adults with disabilities and caregivers in Solano County have equitable access to diverse transportation resources and are well informed about these options.

| Priority | Strategy | Timeframe | Outcome | Goal |
|--------------------------------|--|-------------|--|--|
| Equity & Inclusion | 1. Implement a countywide strategy to spread information about available, accessible, and affordable transportation programs in various languages. | Short-term | Higher usage rates among older adults and adults with disabilities and non-English speakers. | Enhance cultural competence among transportation providers and staff. |
| Information | 2. Promote improved navigation services and workshops that educate about available transportation options and how to use them. | Short-term | Increase the utilization of affordable and accessible modes of transportation. | An increasing number of older adults and adults with disabilities are using public transportation. |
| Infrastructure /Systems | 3. Advocate for improved transportation options including expanding vouchers and volunteer driver programs, increasing the availability of accessible vehicles, ensuring safe bus stops, and enhancing service hours and coverage areas. | Medium-term | Expand affordable transportation options for older adults and adults with disabilities. | Increased number of volunteer driver programs, on demand services, and accessible and affordable modes of transportation. |
| Policy | 4. Educate state policy officials about transportation needs for older adults and adults with disabilities and the need for additional funding for local on-demand services. | Long-term | Reduce transportation barriers for older adults and adults with disabilities. | Increased options for low and no-cost transportation solutions for older adults and adults with disabilities and caregivers. |



Awareness of and Accessing Services and Supports

Solano County offers various services and programs designed to increase awareness of and access to community services and supports that enhance the well-being of older adults and adults with disabilities. The goal is to ensure older adults and adults with disabilities have access to critical resources and support networks to maintain their health and independence.



RESOURCES

Libraries

- 1 Benicia Public Library
(707) 746-4343
150 East L St., Benicia
<https://www.benicialibrary.org/>
- 2 Dixon Library
(866) 572-7587
230 North First St., Dixon
<https://solanolibrary.com/hours-and-locations/dixon-library/>
- 3 Fairfield Civil Center Library
(866) 572-7587
1150 Kentucky St., Fairfield
<https://solanolibrary.com/hours-and-locations/fairfield-civic-center-library/>
- 4 Fairfield Cordelia Library
(866) 572-7587
5050 Business Center Dr., Fairfield
<https://solanolibrary.com/hours-and-locations/fairfield-cordelia-library/>
- 5 Rio Vista Library
(866) 572-7587
44 South Second St., Rio Vista
<https://solanolibrary.com/hours-and-locations/rio-vista-library/>
- 6 Suisun City Library
(866) 572-7587
601 Pintail Dr., Suisun City
<https://solanolibrary.com/hours-and-locations/suisun-city-library/>
- 7 Vacaville Cultural Center Library
(866) 572-7587
1020 Ulatis Dr., Vacaville
<https://solanolibrary.com/hours-and-locations/vacaville-cultural-center-library/>
- 8 Vacaville Town Square Library
(866) 572-7587
1 Town Square Pl., Vacaville
<https://solanolibrary.com/hours-and-locations/vacaville-town-square-library/>
- 9 Vallejo John F. Kennedy Library
(707) 448-2283
505 Santa Clara St., Vallejo
<https://solanolibrary.com/hours-and-locations/vallejo-john-f-kennedy-library/>
- 10 Vallejo Springstowne Library
(866) 572-7587
1003 Oakwood Ave., Vallejo
<https://solanolibrary.com/hours-and-locations/vallejo-springstowne-library/>

Senior & Community Centers

- 11 Benicia Senior Center
(707) 745-1202
187 East L St., Benicia
<https://www.ci.benicia.ca.us/seniorcenter>
- 12 Dixon Senior Center
(707) 678-7022
201 South Fifth St., Dixon
<https://www.cityofdixonca.gov/maps/location/Senior/Multi-UseCenter>
- 13 Fairfield Adult Recreational Center
(707) 428-7421
1200 Harry Price Dr., Fairfield
<https://www.fairfield.ca.gov/government/city-departments/parks-and-recreation/adult-programs>
- 14 Florence Douglas Senior Center
(707) 643-1044
333 Amador St., Vallejo
<https://www.florencedouglas.org>
- 15 Joseph Nelson Community Center
(707) 421-7300
611 Village Dr., Suisun City
<https://www.suisun.com/Departments/Recreation-Parks-Marina/Nelson-Center>
- 16 McBride Senior Center
(707) 469-6660
91 Town Square Pl., Vacaville
<https://www.cityofvacaville.gov/government/parks-and-recreation/recreation-programs/active-aging>
- 17 Rio Vista Senior Center
(707) 374-3349
25 Main St., Rio Vista
<https://riovistaseniorcenter.com/>

Family Resource Centers

- 18 Dixon Family Service
(707) 678-0442
155 North Second St., Dixon
<https://dixonfs.org>
- 19 Fighting Back Partnership Family Resource Center
(707) 648-5230
505 Santa Clara St., 3rd Floor, Fairfield
<https://www.fight-back.org/>
- 20 Rio Vista CARE Family Resource Center
(707) 374-5243
628 Montezuma St., Rio Vista
<https://riovistacare.org/>
- 21 Vacaville Family Resource Center
(707) 469-6608
650 Merchant St., Vacaville
<https://www.cityofvacaville.gov/government/family-resource-center>

Aging & Disability Resources

- 22 Aging & Disability Resource Connection
(707) 200-7116
490 Chadbourne Rd., Ste. B, Fairfield
<https://www.aaans.org/adrc>
- 23 Gone for Good—United Cerebral Palsy of the North Bay
(707) 430-4380
5100 Fulton Dr., Fairfield
<https://www.ucpn.org/employment-programs/gone-for-good>
- 24 Independent Living Resources—Solano County
(707) 435-8174
450 Chadbourne Rd., Ste. D, Fairfield
<https://www.ilrsc.org/contact-us/>
- 25 Napa/Solano Area Agency on Aging
(707) 784-8960
275 Beck Ave., Fairfield
<https://www.aaans.org/>
- 26 PACE Solano
(707) 469-8714
419 Mason St., Ste. 118, Vacaville
<https://www.pacesolano.org/>
- 27 Solano County's Department of Health & Social Services
(800) 400-6001
275 Beck Ave., Fairfield
<https://www.solanocounty.com/depts/hs/default.asp>

Outside Solano County

- ★ United Cerebral Palsy of the North Bay
(707) 766-9990
1425 N. McDowell Blvd, #200, Petaluma
<https://www.ucpn.org/>

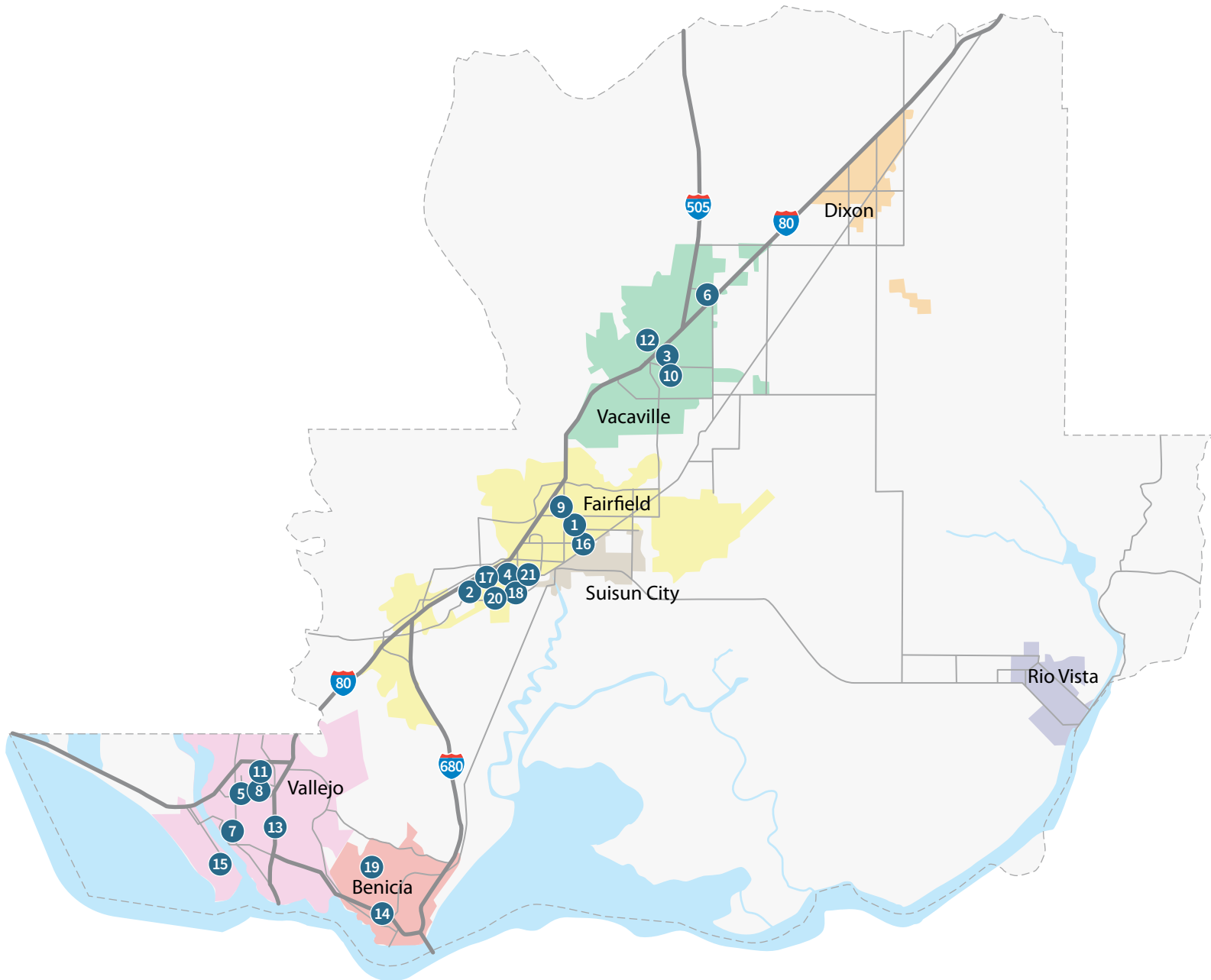
Online Services

- A Solano CARES
<https://solanocares.org/>
Search engine connecting residents to computer or internet access programs, among other essential services.
- B Solano Connected
<https://connected.solanocounty.com/>
Provide access to computers, internet connectivity, and the necessary technology skills.



Healthcare and Physical Health

Solano County provides various resources and support services designed for older adults and adults with disabilities, ensuring they receive care that aligns with their specific health needs and preferences. Several initiatives and collaborations within Solano County foster wellness and preventive care for these groups.



RESOURCES

Healthcare

- 1 CommuniCare+OLE East Fairfield
(707) 419-8990
1101 B. Gale Wilson Blvd., Fairfield
<https://communicareole.org/location/east-fairfield/>
- 2 CommuniCare+OLE West Fairfield
(707) 419-8989
470 Chadbourne Rd., Fairfield
<https://communicareole.org/location/west-fairfield/>
- 3 Community Medical Centers
(209) 373-2800
600 Nut Tree Rd., Vacaville
<https://business.vacavillechamber.com/list/member/community-medical-centers-6994>
- 4 Fairfield Adult Primary Care Center
(707) 784-2010
2201 Courage Dr., Fairfield
https://www.solanocounty.com/depts/ph/bureaus/fhs/locations_and_hours/fairfield_adult_primary_care.asp
- 5 Kaiser Permanente—Vallejo Medical Center
(707) 651-1000
975 Sereno Dr., Vallejo
<https://healthy.kaiserpermanente.org/northern-california/facilities/vallejo-medical-center-100316>
- 6 Kaiser Permanente—Vacaville Medical Center
(707) 624-4000
One Quality Dr., Vacaville
<https://healthy.kaiserpermanente.org/northern-california/facilities/vacaville-medical-center-100315>
- 7 La Clínica – Vallejo
(707) 558-2000
415 Georgia St., Vallejo
<https://laclinica.org/location/la-clinica-vallejo/>
- 8 La Clínica – North Vallejo
(707) 641-1900
220 Hospital Dr., Vallejo
<https://laclinica.org/location/la-clinica-north-vallejo/>
- 9 NorthBay Medical Center
(707) 646-5500
1200 B Gale Wilson Blvd., Fairfield
<https://www.northbay.org/patients-visitors/location-directions-directory.html>
- 10 NorthBay VacaValley Hospital
(707) 624-7000
1000 Nut Tree Rd., Vacaville
<https://www.northbay.org/about/northbay-vacavalley-hospital.html>
- 11 Sutter Solano Medical Center
(707) 554-4444
300 Hospital Dr., Vallejo
<https://www.sutterhealth.org/find-location/facility/sutter-solano-medical-center-1043247106>
- 12 Vacaville Family Health Services Center
(707) 469-4640
1119 East Monte Vista Ave., Vacaville
https://www.solanocounty.com/depts/ph/bureaus/fhs/locations_and_hours/vacaville_health_center.asp
- 13 Vallejo Family Health Services Center
(707) 553-5509
365 Tuolumne St., Vallejo
https://www.solanocounty.com/depts/ph/fhs/locations_and_hours/vallejo_primary_care_clinic.asp
- 14 Carquinez Village
(707) 297-2472
77 Solano Square #279, Benicia
<https://www.carquinezvillage.org>
- 15 Diabetes DREAM Team
(707) 638-5970
1310 Club Drive Mare Island, Vallejo
<https://tu.edu/community-outreach/diabetes-dream-team/mobec/>
- 16 Fall Prevention Program—Meals on Wheels
(707) 425-0638 x7
1000 Union Ave., Fairfield
<https://www.mealsonwheelssolano.org/fallprevention/>
- 17 Independent Living Resources—Solano County
(707) 435-8174
490 Chadbourne Rd., Fairfield
<https://www.ilrsc.org>
- 18 In-Home Supportive Services (IHSS)
(800) 400-6001
275 Beck Ave., Fairfield
https://www.solanocounty.com/depts/hss/odas/ihss_overview.asp
- 19 Innovative Health Solutions
(707) 766-0192
P.O. Box 183, Benicia
<https://www.innovativehealthsolutions.com/innovative-health-programs>
- 20 Napa/Solano Area Agency on Aging
(707) 784-8960
275 Beck Ave., Fairfield
<https://www.aaans.org>
- 21 Older and Disabled Adult Programs (ODAS)
(707) 784-8259
275 Beck Ave., Fairfield
<https://www.solanocounty.com/depts/ph/bureaus/odas/mission.asp>

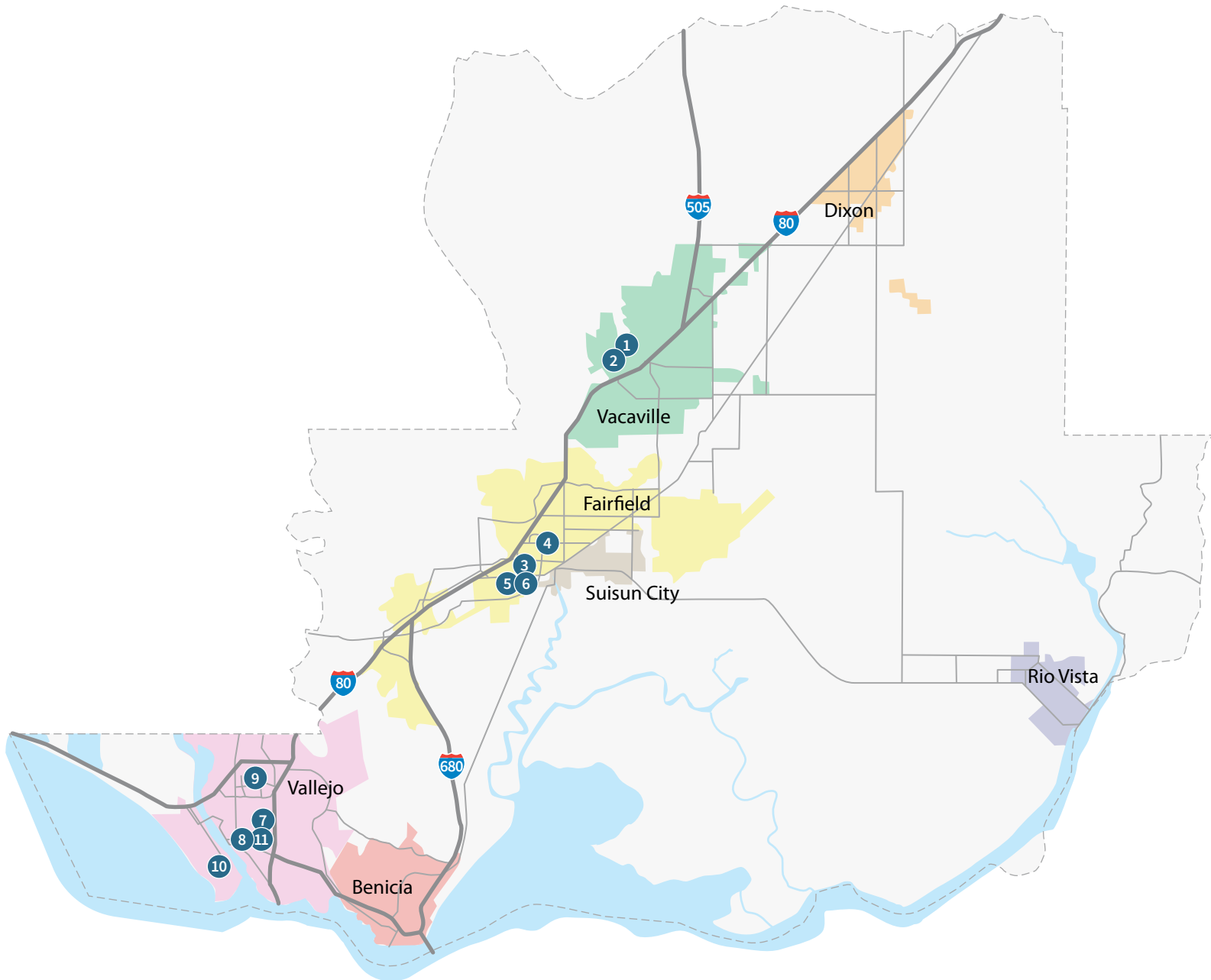
Outside Solano

- ★ Sutter Davis Hospital
(530) 756-6440
2000 Sutter Pl., Davis
<https://www.sutterhealth.org/find-location/facility/sutter-davis-hospital-1043246737>
- ★ UC Davis Medical Center
(916) 734-2011
4301 X St., Sacramento
<https://health.ucdavis.edu/medical-center/>
- ★ Health Insurance Counseling & Advocacy Program (HICAP)
(707) 526-4108
1129 Industrial Ave., Ste. 201 Petaluma
<https://cahealthadvocates.org/hicap/solano/>



Mental Health

Solano County offers various services and programs designed to increase awareness of and access to community services and supports that enhance the well-being of older adults and individuals with disabilities. The goal is to ensure older adults and adults with disabilities have access to critical resources and support networks to maintain their health and independence.



RESOURCES

- 1 Agape Counseling Center and Network
(707) 927-4282
1745 Enterprise Dr., Ste. 1 A, Fairfield
https://mentalhealth.networkofcare.org/solano/services/agency?pid=AgapeCounselingCenterandNetwork_1_49_1
- 2 CAMINAR—Vallejo
(707) 648-8121
902 Tuolumne St., Vallejo
<https://www.caminar.org/what-we-do?location=Solano+County>
- 3 CAMINAR—Fairfield
(707) 652-7316
1234 Empire St., Ste. 2130, Fairfield
<https://www.caminar.org/what-we-do?location=Solano+County>
- 4 Catholic Social Services—Yolo and Solano
(707) 644-8909
125 Corporate Pl., Ste. A, Vallejo
<https://www.ccyoso.org>
- 5 Choice in Aging—Prevention and Early Access
(707) 708-0571
1261 Travis Blvd., Ste. 210, Fairfield
<https://www.choiceinaging.org/about>
- 6 Community Health Initiative—Adult Integrated Care Clinic
(707) 469-4610
1119 E. Monte Vista Ave., Vacaville
<https://calchi.org/resource/adult-integrated-care-clinic/>
- 7 Crestwood Behavioral Health
(707) 234-2222
2201 Tuolumne St., Vallejo
<https://crestwoodbehavioralhealth.com/location/solano/>
- 8 Faith in Action
(707) 469-6675
McBride Senior Center,
91 Town Square Pl., Vacaville
<https://www.faithinactionsolano.org/senior-peer-counseling-program/>

- 9 Molly Cares Solano
(707) 224-8971
433 Soscol Ave., Napa
<https://www.mollysangels.com/programs/molly-cares-solano>
- 10 Solano County Mental Health Services
(707) 784-2080
275 Beck Avenue, Fairfield
https://www.solanocounty.com/depts/mhs/service_locations/default.asp
- 11 Solano County Behavioral Health
(707) 553-5331
2101 Courage Dr., Fairfield
<https://www.solanocounty.com/depts/bh/default.asp>
- 12 Solano Pride Center
(707) /207-3430
1234 Empire St Ste 1560 Fairfield
<https://solanopride.org/senior-programs/>

Online Services

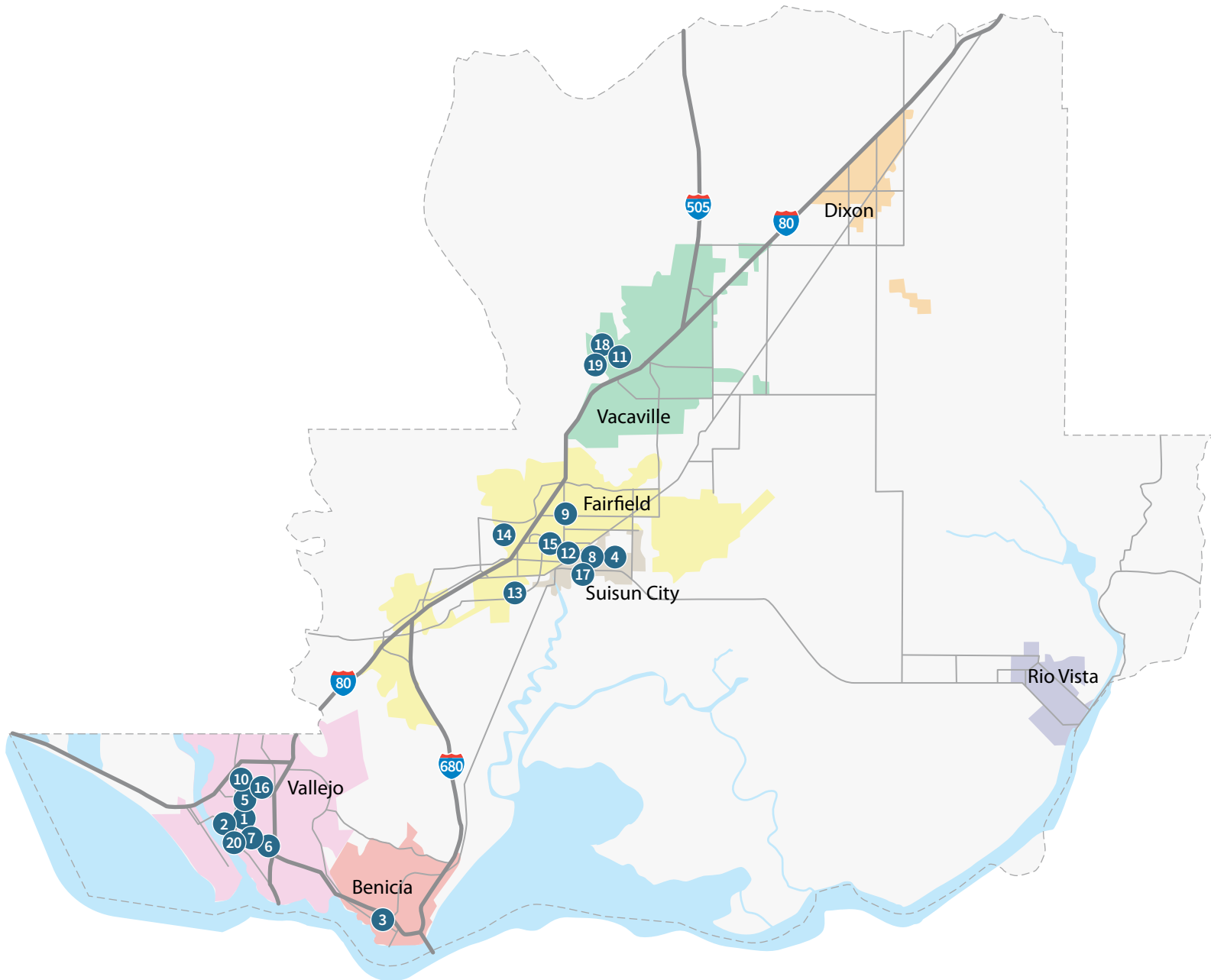
- A Friendship Line California—Institute of Aging
(888) 670-1360
<https://www.ioaging.org/friendship-line-california/>
A free crisis intervention hotline and a warmline for non-emergency emotional support calls.
- B Front Porch- Well Connected
(877) 797-7299
<https://frontporch.net/well-connected>
An online community that offers opportunities for older adults to connect with each other by phone or online.

- C Front Porch—Well Connected En Español
(877) 400-5867
<https://frontporch.net/well-connected-espanol/>
Well Connected Español conecta a adultos mayores de todo el país a una comunidad virtual como ninguna otra.
- D Solano Connex
(877) 266-6390
<https://solanconnex.org/#/>
Assistance with connecting with mental and emotional health services.
- E Solano Mobile Crisis Team Community Line
(707) 806-0866
<https://www.solanocounty.com/depts/bh/crisisandinvoluntary/cs/communitymobilecrisis/default.asp>
- F NAMI Solano
(707) 422-7792
<https://namisolano.org>
Support, advocacy, and self-help for families and individuals impacted by mental illness.
- G 988 Suicide & Crisis Lifeline
988
<https://988lifeline.org>
Lifeline counselor for help during difficult moments anytime, day or night



Housing

While Solano County faces challenges in delivering sufficient and accessible housing, it does offer some services and resources for older adults and adults with disabilities.



RESOURCES

- 1 Amador Senior Complex
306-336 Amador St., Vallejo
<https://www.after55.com/ca/vallejo/amador-senior-complex/ct7cdjf>
- 2 Ascension Arms Apartments
(707) 644-2666
301 Butte St., Vallejo
https://www.lowincomehousing.us/det/94590-5009-ascension_arms#google_vignette
- 3 Benicia Housing Authority
(707) 745-2071
28 Riverhill Dr., Benicia
<https://beniciahousingauthority.org>
- 4 Casa de Suisun
(707) 426-0481
322 Merganser Dr., Suisun City
<https://www.tccproperties.net/property/casa-de-suisun-senior-apartments>
- 5 Fairfield Housing Authority
(707) 428-7392
1525 Webster Street, Ste. A, Fairfield
<https://www.fairfield.ca.gov/government/city-departments/housing-services/housing-authority>
- 6 Legacy at Sonoma
(707) 644-7737
1825 Sonoma Blvd., Vallejo
https://www.lowincomehousing.us/det/94590-6050-casa_de_vallejo
- 7 Marina Towers Annex Senior Apartments
(707) 552-4422
575 Sacramento St., Vallejo
<https://bridgehousing.com/properties/marina-towers-annex/>
- 8 North Bay Housing Coalition
(707) 200-6553
333 Sunset Avenue, Suite 120, Suisun City
<https://northbayhousing.org>
- 9 Parkway Plaza Senior Apartments
(707) 375-3245
188 E Alaska Ave., Fairfield
<https://californiahumandevelopment.org/affordable-housing/low-income-housing/>
- 10 Redwood Shores Senior Apartments
(707) 645-1800
400 Redwood St., Vallejo
<https://www.redwoodshoresapartments.com>
- 11 Section 8 Housing
(707) 449-5675
40 Eldridge Avenue Ste. 2, Vacaville
<https://www.cityofvacaville.gov/government/housing-and-community-services/housing-authorities-section-8/>
- 12 Senior Manor Apartments
707-422-2944
1101 Union Ave., Fairfield
<https://jsco.net/property/senior-manor/>
- 13 Shelter Solano
(925) 335.0698
310 Beck Ave., Fairfield
<https://shelterinc.org/what-we-do/shelter-solano/>
- 14 Solano Affordable Housing Foundation
(707) 422-5919
1411 Oliver Rd., Ste. 220, Fairfield
<https://www.solanohousing.org>
- 15 Solano Dream Center
707-435-3995
2166 Sacramento St., Vallejo
<https://www.solanodreamcenter.org>
- 16 Solano Vista Senior Apartments
(707) 642-7231
40 Valle Vista Ave., Vallejo
<https://www.solanovistasenior.com/contact>
- 17 Suisun City Housing Authority
(707) 421-7330
707 Civic Center Blvd., Suisun City
<https://www.suisun.com/Departments/City-Manager/Suisun-City-Housing-Authority>
- 18 The Solano County Housing Authority
(707) 449-5675
40 Eldridge Ave., Ste. 2, Vacaville
<https://www.cityofvacaville.gov/government/housing-and-community-services/housing-authorities-section-8/solano-county-housing-authority>
- 19 Vacaville Housing Authority
(707) 449-5675
40 Eldridge Avenue, Ste. 2, Vacaville
<https://www.cityofvacaville.gov/government/housing-and-community-services/housing-authorities-section-8/vacaville-housing-authority>
- 20 Vallejo Housing Authority
(707) 648-4507
555 Santa Clara St., Vallejo
https://www.cityofvallejo.net/our_city/city_government/vallejo_housing_authority

Online Services

- A Resource Connect Solano
(707) 652-7311
<https://www.resourceconnectsolano.org/>
Assist individuals in navigating the housing crisis
- B Senior Housing Net
(800) 304-7152
<https://www.seniorhousingnet.com>
Provide senior housing options.



Safety

Safety plays a pivotal role in enhancing the overall livability of a community. In Solano County, resources are available to address safety concerns, particularly for older adults and adults with disabilities. These resources not only focus on ensuring physical safety but also aim to create an environment where all residents feel secure and supported.



RESOURCES

- 1 Adult Protective Services Solano
(707) 784-8259 / (800) 850-0012
275 Beck Ave., Fairfield
https://www.solanocounty.com/depts/ph/bureaus/odas/adult_protective_services.asp
- 2 Aging and Disability Resource Connection (ADRC)
(707) 200-7116
490 Chadbourne Rd., Ste.e B, Fairfield
<https://www.aaans.org/adrc>
- 3 In-Home Supportive Services (IHSS)
(707) 784-8259.
275 Beck Ave., Fairfield
https://www.solanocounty.com/depts/hss/odas/ihss_overview.asp
- 4 Empowered Aging—Ombudsman Services
(707) 644-4194
400 Contra Costa St., Vallejo
<https://empoweredaging.org/long-term-care-ombudsman/>

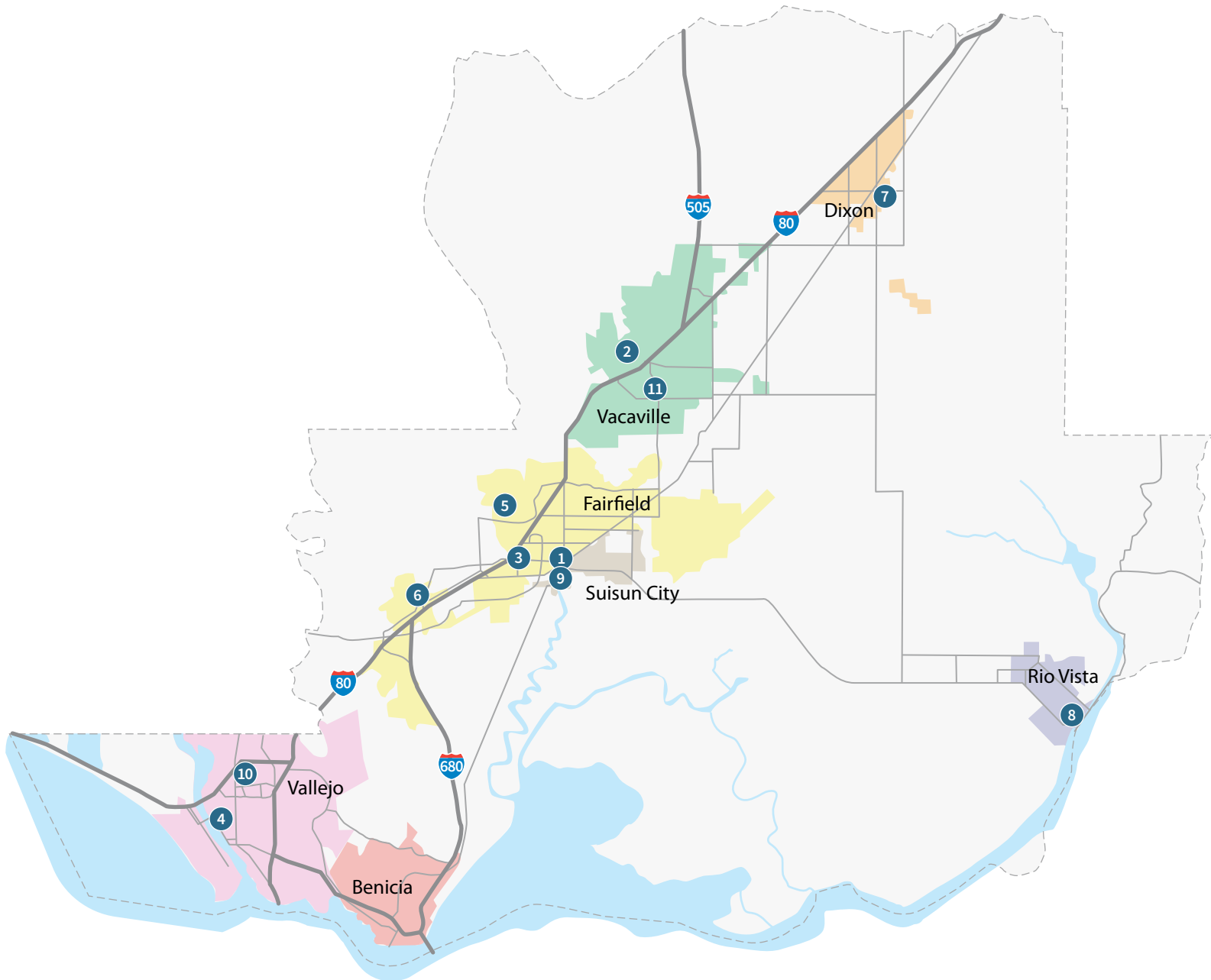
Online Services

- A Alert Solano
<https://www.solanocounty.com/depts/oes/alertsolano/information.asp>
Provide critical information in a variety of situations, including severe weather, unexpected road closures, missing persons, evacuations and natural disasters.
- B Emergencies & Disaster Preparedness
<https://www.solanocounty.com/depts/bh/emergency.asp>
Resources for emergency and disaster preparedness.
- C FindHelp.org
<https://findhelp.org/>
Search engine to connect with financial assistance, food pantries, medical care, and other free or reduced-cost supports.
- D Solano Senior Fraud Prevention Center
<https://aging.networkofcare.org/solano/Content/Index/14973>
A one-stop shop for information to prevent financial elder abuse and stop scams.
- E 211 Bay Area
<https://211bayarea.org/disaster-information/disaster-information-solano-county/>
Disaster information



Transportation

Solano County offers resources and support services specifically designed for older adults and adults with disabilities. Solano County Transit (Soltrans) has implemented an initiative that provides paratransit services to address this need. These paratransit services allow for door-to-door transportation for individuals who are unable to use fixed-route public transit due to disabilities or mobility limitations. Other services are customized for older adults experiencing mobility challenges, ensuring access to essential locations such as medical appointments, grocery stores, and community centers.



RESOURCES

- 1 Amtrak
(800) 872-7245
177 Main St., Suisun City
<https://www.amtrak.com/home.html>
- 2 Faith in Action-Ride with Pride
(707) 469-6667
91 Town Square Pl., Vacaville
<https://www.faithinactionsolano.org/ride-with-pride-program/>
- 3 FAST Transit
(707) 434-3800
2000 Cadenasso Dr., Fairfield
<https://fasttransit.org>
- 4 Ferry
(877) 643-3779
289 Mare Island Way, Vallejo
<https://sanfranciscobayferry.com/routes-schedules/vallejo/>
- 5 Kaiser Permanente—
Transportation Services
(833) 226-6760
1 Quality Dr., Vacaville
<https://homecare-scal.kaiserpermanente.org/transportation-services/>
- 6 Partnership HealthPlan—
Transportation Services
(866) 828-2303
4665 Business Center Dr., Fairfield
<https://www.partnershiphp.org/Members/Medi-Cal/Pages/Transportation-Services.aspx>
- 7 Read-Ride Golden Pass
(707) 678-5020
285 E. Chestnut St., Dixon
<https://www.cityofdixonca.gov/departments/Transit/ReadiRide>
- 8 Rio Delta Breeze
(707) 330-6063
789 St. Francis Way, Rio Vista
<https://www.riovistacity.com/deltabreeze>
- 9 Suisun Microtransit
(707) 673-2129.
423 Main St., Suisun City
<https://sta.ca.gov/programs/suisun-microtransit/>
- 10 Sol Trans
(707) 648-4666
1850 Broadway, Vallejo
<https://www.soltrans.org>
- 11 Vacaville City Coach
(707) 449-6000
1001 Allison Dr., Vacaville
<https://citycoach.com>

Online Services

- A GoGo Grandparent
(855) 464-6872 ext 39460
<https://www.gogograndparent.com>
Ride service for older adults and adults with disabilities.
- B Road to Recovery—
American Cancer Society
(800) 227-2345
<https://www.cancer.org/support-programs-and-services/road-to-recovery.html>
Free rides to cancer-related medical appointments.
- C Solano Mobility
(800) 227-2345
Programs and services for Solano County Older Adults and People with Disabilities to help keep you active and involved in your communities without having to drive.

Listening Sessions

| Recruiting Group | Date | Population | # of Participants |
|--|------------------|--|-------------------|
| Solano County Events Center 601 Texas Street, Fairfield, 94533 | January 30, 2024 | Service Providers, Community Members | 120 |
| Florence Douglas Center 333 Amador Street, Vallejo, 94590 | April 1, 2024 | Older adults & adults with disabilities | 24 |
| Dixon Senior Center 100 2nd Street, Dixon, 95620 | April 9, 2024 | Older adults & adults with disabilities | Info meeting only |
| Benicia Senior Center 187 East L Street, Benicia, 94510 | April 19, 2024 | Older adults & adults with disabilities | 13 |
| Filipino American Community of Fairfield, Suisun, and Vacaville, Inc. 532 Jackson Street, Fairfield, 94533 | April 24, 2024 | Filipino American older adults & adults with disabilities | 15 |
| Trilogy, Diablo Room 1200 Clubhouse Drive, Rio Vista, 94571 | April 29, 2024 | Older adults & adults with disabilities | 23 |
| Dixon Senior Center 100 2nd Street, Dixon, 95620 | May 1, 2024 | Older adults & adults with disabilities | 9 |
| Solano Pride Center 1234 Empire Street, Fairfield 94533 | May 3, 2024 | LGBTQIA2S+ Older adults & adults with disabilities | 16 |
| McBride Senior Center 91 Town Square Pl, Vacaville | May 10, 2024 | Older adults & adults with disabilities | 3 |
| The Youth and Community Center 45 Main Street, Rio Vista 94571 | May 13, 2024 | Older adults & adults with disabilities | 18 |
| Joseph Nelson Center 611 Village Drive, Suisun 94585 | May 14, 2024 | Older adults & adults with disabilities | 10 |
| First Presbyterian Church 1350 Amador, Vallejo 94590 In-person and Zoom | May 20, 2024 | Faith-Based/older adults & adults with disabilities | 2 |
| Fairfield Adult and Rec Center 1200 Civic Center Dr, Fairfield 94533 | May 23, 2024 | Black/African American older adults & adults with disabilities | 14 |
| La Clinica 415 Georgia Street, Vallejo 94590 | May 24, 2024 | Spanish-speaking older adults & adults with disabilities | 21 |
| Benicia Library Dona Benicia Room 150 East L Street, Benicia 94510 | May 28, 2024 | Carquinez Village staff and older adults & adults with disabilities | 15 |
| Zoom | June 5, 2024 | Older adults & adults with disabilities and caregivers | 16 |
| Parkway Plaza 188 East Alaska Ave. Fairfield 94533 | June 6, 2024 | Older adults & adults with disabilities | 15 |
| Gone for Good—United Cerebral Palsy of the North Bay 5100 Fulton Drive Fairfield, 94534 | June 20, 2024 | Older adults & adults with disabilities | 15 |
| IHSS Advisory Committee | July 15, 2024 | Older adults and adults with disabilities | 12 |

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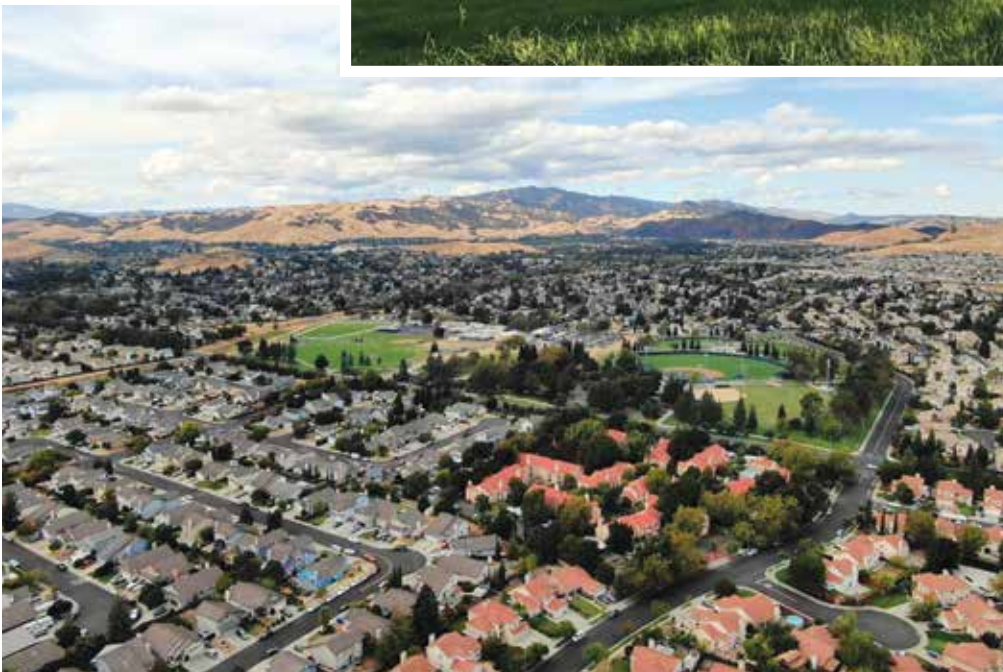
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Data USA. Solano County, CA profile. Available at: https://datausa.io/profile/geo/solano-county-ca?accessCareOptions=indicator_1. Accessed [August 28, 2024].
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DIXON



VACAVILLE



FAIRFIELD



VALLEJO



RIO VISTA



SUISUN



BENICIA

Charting Lifelong Livability

Together, We're Creating a Community
for All Ages & Stages

